

288a

APPOINTMENT of director or secretary
(not for resignation (use form 288b) or change
of particulars (use form 288c))

Please complete in typescript, or
in bold black capitals.

Company Number

3819370

Company Name in full

ASSOCIATED STRESS CONSULTANTS LIMITED



*** F288AG30 ***

**Appointment
form**

Appointment as director

☒

as secretary

☐

Please mark the appropriate box. If appointment
is as a director and secretary mark both boxes.

NAME

* Style / Title

* Honours etc

Notes on completion

Forename(s)

DEBORAH

Surname

LANIADO

Previous Forename(s)

Previous
Surname(s)

Usual residential address

Post town

LONDON

Postcode

NW3 7MD

County / Region

Country

Nationality

BRITISH

Business occupation

DIRECTOR

Other directorships
(additional space overleaf)

I consent to act as ** director / ~~secretary~~ of the above named company

Consent signature

Deborah Laniado

Date

04/08/99

* Voluntary details.

A director, secretary etc must sign the form below.

Signed

Noted for and on behalf of
EDEN SECRETARIES LIMITED

Date

04/08/99

** Please delete as appropriate

(** a ~~director~~ / ~~secretary~~ / ~~administrator~~ / ~~administrative receiver~~ /
~~receiver-manager~~ / ~~receiver~~)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of the
person Companies House should
contact if there is any query.

Ref:/ASS

Tel

DX number

DX exchange



631 *ATIRQJEZ* 597
COMPANIES HOUSE 02/09/99

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ
for companies registered in England and Wales

DX33050 Cardiff

or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland

DX 235 Edinburgh

Form revised March 1995

FORM SUPPLIED BY PROSOFT, 18 THE ROPEWALK, NOTTINGHAM NG1 5DT - TEL (0115) 955 0008

Company Number

3819370

Other directorships

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NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years.

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant; or
- a parent company which wholly owned the company making the return; or
- another wholly owned subsidiary of the same parent company.