Company Registration number 03795163

THE HUMAN OFFICE LIMITED

Abbreviated Accounts

For the year ended 28 February 2013

WEDNESDAY

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23/10/2013 COMPANIES HOUSE #23

Financial statements for the year ended 28 February 2013

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Abbreviated balance sheet as at 28 February 2013

	<u>Notes</u>	<u>2013</u> €	2012 £
Fixed assets			
Tangible assets	3	20,893	27,565
Current assets			
Stock Debtors Cash at bank and in hand		43,929 250,756 77,728	34,945 278,383 36,037
Creditors: amounts falling due within one year		372,413 (351,997)	349,365 (361,016)
Net current assets/(2012 liabilities)		_20,416	(11,651)
Total assets less current liabilities		41,309	15,914
Provision for liabilities		(895)	(2,133)
		40,414	13,781
Capital and reserves			
Called up share capital Profit and loss account	4	20,800 19,614	800 12,981
Shareholders' funds		40,414	13,781

For the financial year ended 28 February 2013 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies

Director's responsibilities

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with Section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and the Financial Reporting Standard for Smaller Entities (effective April 2008)

Approved by the board of directors on 2/10/13 and signed on its behalf

L J Creen - Director

Company Registration No: 03795163

The notes on pages 2 to 4 form part of these financial statements

Notes to the abbreviated accounts for the year ended 28 February 2013

1 Accounting policies

a) Basis of accounting

The financial statements are prepared on the historical cost basis of accounting and have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

The company has taken advantage of the exemption, conferred by Financial Reporting Standard 1, from presenting a cash flow statement as it qualifies as a small company

b) Turnover

Turnover represents net invoiced sales of goods and services, excluding value added tax

c) Depreciation of tangible fixed assets

Depreciation is provided on all tangible fixed assets at rates calculated to write off the full cost or valuation less estimated residual value of each asset over its estimated useful life. The principal rates in use are

Leasehold property

Motor vehicles

Equipment, fixtures and fittings

Plant and machinery

Over the period of the lease
25% on net book value
on net book value
25% on net book value

d) Stocks

Stock and work in progress is valued at the lower of cost and estimated net realisable value

Cost of raw materials is determined on the first in first out basis. In the case of work in progress and finished goods, cost includes all direct expenditure and production overheads based on the normal level of activity. Net realisable value is the price at which the stock can be released in the normal course of business, less further costs to completion of sale.

e) Deferred taxation

Deferred tax is provided in respect of the tax effect of all timing differences that have originated but not reversed at the balance sheet date

A deferred tax asset is regarded as recoverable and therefore recognised only when, on the basis of all available evidence, it can be regarded as more likely than not that there will be suitable taxable profits from which the future reversal of the underlying timing differences can be deducted

Deferred tax is measured on a nondiscounted basis, at the average tax rates that are expected to apply in the periods in which the timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the balance sheet date

f) Pension scheme

The company operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the company. The annual contributions payable of £481 are charged to the profit and loss account (2012 £481).

Notes to the abbreviated accounts for the year ended 28 February 2013 (continued)

2 Intangible fixed assets

				<u>Goodwill</u> £	
	Cost ⁻ At 1 March 2012			150,000	
	At 28 February 2013			150,000	
	Amortisation: At 1 March 2012			150,000	
	At 28 February 2013			(150,000)	
	Net book value: At 28 February 2013			-	
	At 29 February 2012			-	
	The net book value of land and buildings at 28 February 2013 is made up as follows				
			<u>2013</u> £	2012 £	
	Short-term leasehold premises		2,165	2,599	
3	Fixed assets				
		Intangible fixed assets	Tangıble fixed assets	<u>Total</u>	
	Conti	£	£	£	
	Cost ⁻ At 1 March 2012	150,000	140,307	290,307	
	Depreciation. At 1 March 2012 Provision for the year	150,000	112,742 6,672	262,742 6,672	
	At 28 February 2013	150,000	119,414	269,414	
	Net book value: At 28 February 2013	•	20,893	20,893	
	At 29 February 2012	•	27,565	27,565	

Notes to the abbreviated accounts for the year ended 28 February 2013 (continued)

4 Called-up share capital

	2013 £	2012 £
Allotted, called up and fully paid		
Equity shares.		
Class A ordinary shares of £1 each	100	100
Class B ordinary shares of £1 each	700	700
Class D ordinary shares of £1 each	100	100
	900	900
Non-equity shares:		
Preference shares of £1 each	20,000	
	20,900	900

5 Controlling party

The company is under the control of Mr L Creen, director and the majority shareholder

6 Transactions with directors

Advances and credits to directors

	Interest <u>Rate</u> %	Opening <u>Balance</u> £	Amounts Advanced £	Interest Charged £	Amounts <u>Repaid</u> £	Closing Balance £
Loan		(75,699)	76,407	-	(66,027)	(65,319)
Loan		517	26,383	-	(26,900)	-
Rent			34,800		(34,800)	
		<u>(75,182)</u>	137,590		(127,727)	<u>(65,319</u>)