### THE OXFORD FOUNDATION FOR ETHICS AND COMMUNICATION IN HEALTH CARE PRACTICE

#### THE ETHOX FOUNDATION

## ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2017

FRIDAY



\*A770IFRS\* A25 08/06/2018 COMPANIES HOUSE

#172

#### THE OXFORD FOUNDATION FOR ETHICS AND COMMUNICATION IN **HEALTH CARE PRACTICE** THE ETHOX FOUNDATION **LEGAL AND ADMINISTRATIVE INFORMATION**

**Trustees** 

Ms M Buchanan

Mrs A Young

Mrs B Keane-Rao

(Appointed 16 January 2017)

(Appointed 16 January Mr R P Jago

2017)

**Charity number** 

1073289

Company number

03683208

Principal and registered office

1G Network Point Range Road Windrush Park

Witney Oxfordshire **OX29 0YN** 

**Bankers** 

National Westminister Bank plc

121 High Street

Oxford **OX1 4DD** Witney Oxfordshire **OX28 4GE** 

**Independent Examiner** 

Alan Thornton FCA Morgan Cameron Limited

9 Thorney Leys Park

Witney Oxfordshire **OX28 4GE** 

	Page
Trustees' report	1 - 6
Independent examiner's report	7
Statement of financial activities	8
Balance sheet	9
Notes to the accounts	10 - 13

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2017

The trustees present their report and accounts for the year ended 31 December 2017.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's constitution, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

#### **Objectives and activities**

The aim of the charity is to improve care in health and social care environments through:

- 1. enhancing the ethical and communication skills of health and social care professionals; and
- 2. Developing effective ways in which organisations involved in the delivery of health and social care can promote high ethical standards.

In pursuit of these objects the EthOx Foundation has powers to employ its own staff on a full or part time basis; to engage consultants; to make grants; plan and manage training courses, seminars etc. alone or in cooperation with other bodies, and to provide support facilities for scholars working in the Foundation's area of interest.

#### Our aims

The Foundation is committed to improving the quality of health and social care through more informed ethical decision-making. The ethical concerns of the public, patients and carers are key to our investment decisions.

We seek to enable high standards of ethical decision-making and communication by healthcare practitioners through research, education and training, and by influencing policy.

We are aware of the importance of the influence of organisation culture, structure and processes on ethical decision-making and plan to ensure that these factors are understood and their impact taken into account.

#### Achievements and performance

The Foundation continued to review its core purpose and values, and to fund important ethical research work.

Details of the activities supported by the Foundation in 2017 are set out below:

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2017

#### (a) University of Surrey

EthOx Foundation Grant for 2017 of £18503 - for Research Interventions that Promote Ethics in Social Care (RIPE Project).

The total RIPE Project grant awarded was £196,894. Including this year's payments of £18,503, total payments amounted to £173,441, which is under budget. The Trustees will look at future plans to use the remaining budget.

The RIPE project explored the most effective ethics education intervention to promote ethics for care-workers in residential social care and was the focus of the EthOx Foundation in 2016. The main RIPE project was completed in November 2016 with some of the initial grant remaining. Therefore, the trustees took a decision to extend the term of the funding until September 2017 to enable further research to be carried out in the area of Domiciliary Care, using the techniques from RIPE. The perspectives of domiciliary caregivers, not often asked for their input, were heard. This project generated much rich data that illuminated the complexity and importance of domiciliary care practice. The everyday ethical aspects of this practice were clearly articulated with a focus on core concepts such as dignity, privacy, autonomy and vulnerability. The simulation intervention was viewed positively, providing insight into the experience of those who are more vulnerable and dependent. This pilot project ended in 2017. The complete RIPE project and findings are available on the ICE website: <a href="https://www.surrey.ac.uk/international-care-ethics-observatory/research/researching-interventions-promote-ethics-social-care">https://www.surrey.ac.uk/international-care-ethics-observatory/research/researching-interventions-promote-ethics-social-care</a>.

Professor Ann Gallagher, the lead researcher, presented a paper on the RIPE project at the International Nursing Ethics conference at the University of Leuven, Belgium in September 2017. The Foundation was acknowledged as sponsors, represented at the conference by Maura Buchanan, Chair, with trustees David Perry and Rob Jago each presenting papers on Ethical Audit and Fitness to Practice, respectively.

The trustees believe that their investment in this project has delivered an important contribution to public benefit. With an ageing population and increasing pressures on health and social care services, the RIPE project is timely in providing research to support ethical care delivery both in care homes and in the domiciliary sectors.

The Foundation has continued to support further development at the International Care Ethics Observatory (ICE) at the University of Surrey through mentorship and input to a strategy that aims to improve understanding of ethical issues in various care sectors.

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2017

#### (b) The University of Oxford - EthOx Centre

The EthOx Centre, a cutting-edge research and teaching centre within the University of Oxford, was established in 1998, with funding from the University of Oxford and the EthOx Foundation. The Foundation and Centre both share the aim of improving the care of patients by enhancing the skills of health professionals and by helping organisations involved in the delivery of healthcare to promote high ethical standards. They also work to promote an understanding of the ethical concerns of patients and carers among all of those involved in the provision and management of healthcare.

The Centre's work has three strands: research, education and training, and ethics support. The aim of the research, which involves the use of empirical ethics methods – the process of gathering and analysing 'real life' evidence as opposed to theoretical problem-solving – is to improve understanding of the issues arising for patients, carers and health professionals in day-to-day healthcare practice.

In 2017 a final grant of £6,887, out of a total Scholarship award of £36,000, was paid to the Ethox Centre for the Caroline Miles Visiting Scholarships. Dr Michael Parker, the Ethox Centre Director, has authored the following report on the Scholarship:

#### Caroline Miles Scholarship Report 2010-2017

The Caroline Miles Scholarship Scheme, supported by funding from the Ethox Foundation, has been running for almost 7 years with great success. A number of excellent scholars working in the areas of clinical, research and public health ethics have visited Ethox since 2010.

Over this period, the scheme has received more than 150 applications and has awarded 24 scholarships funded by the Ethox Foundation. These visiting scholars have greatly contributed to the academic life of the Ethox centre by bringing in new ideas but also have gained from the great variety of expertise that exists within Ethox. The scholarship has enabled visiting scholars to work on new publications, improve work in progress, and also develop new research ideas. Above all, it has helped them to come to see and value the importance of research close to practice and relevant to the experiences of patients.

The scholarship has led to a great number of positive outputs including publications, research proposals, collaboration and fellowships.

#### TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

#### FOR THE YEAR ENDED 31 DECEMBER 2017

#### Scholars

The Caroline Miles Scholars supported by the Ethox Foundation between 2010 and 2017 are as follows:

#### 2010-2011

Jonathan Ives, Centre for Biomedical Ethics, University of Birmingham, UK Richard Huxtable, Centre for Ethics in Medicine, University of Bristol, UK

#### 2011-2012

Katerina Sideri, University of Crete, Greece

Sridhar Venkatapuram, Global Health and Development, London School of Hygiene and Tropical Medicine, UK

Ruth Horn, Centre for Ethics in Medicine, University of Bristol, UK Marie Gaille, Université Paris Descartes, France Neema Sofaer, King's College London, UK

#### 2012-13

Agonomi Ganguli Mitra, Institute of Biomedical Ethics, University of Zurich, Germany Zuzana Deans, Centre for Ethics in Medicine, University of Bristol, UK Ralf Jox, Institute of Ethics, Ludwig-Maximillians University Munich, Germany Jessica Wheeler, Cambridge Intellectual & Developmental Disabilities Research Group, University of Cambridge, UK

#### 2013-14

Sabine Salloch, Ruhr-Universitaet Bochum, Germany Ignacio Mastroleo, Latin American School of Social Sciences, Argentina Maureen Kelley, Department of Pediatrics, Bioethics Division, University of Washington, USA Kristin Voigt, Institute for Health and Social Policy, McGill University, Canada

#### 2014-15

Emma C. Bullock, King's College London, UK Clair Morrissey, Occidental College, Los Angeles, USA Annette Rid, King's College London, UK Joanna, Różńska, University of Warsaw, Poland

#### 2015 - 16

Christine Lu – Harvard Public Health, USA Gry Webster – Bergen University, Norway

#### 2016-17

Matthew McCoy – University of Pennsylvania, USA Laura Bothwell – Harvard Medical School, USA Aisling McMahon – Durham University, UK

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

#### FOR THE YEAR ENDED 31 DECEMBER 2017

#### Feedback from the Scholars

"Wonderful. It is a very friendly, supportive and challenging environment. The opportunity to present my work in progress, and receive very thoughtful, constructive comments and criticisms, was invaluable. I also found it was an excellent networking opportunity, and I had the time to make contacts, develop friendships, with new people whom I am likely to work with in the future." Jon Ives, CM Scholar 2010-11

"I was very happy to find that all the people I met at Ethox were friendly, curious and willing to spend time to talk with me. I learned something new in almost every conversation, and I look forward to keeping in touch with Ethox and opportunities to work together." Shridhar Venkatapuram, CM Scholar 2011-12

"My experience at the Ethox Centre was extremely positive, it actually exceeded my hopes and expectations. The discussions, meetings and lectures I attended were very stimulating for my research and personal career plans. The most remarkable experience of my stay, however, was the friendliness, openness and helpfulness of all staff members at Ethox. Thank you all for being so supportive and attentive!" Ralf Jox, CM Scholar 2012-13

"I had a wonderful, relaxing and fruitful time there. Colleagues were very helpful and went out of their way to make the arrangements for my stay as smooth as possible." Agomoni Ganguli Mitra, CM Scholar, 2012-13

"I really enjoyed the atmosphere in the office, which was extremely friendly, welcoming and productive." Kristin Voigt, CM Scholar, 2013-14

#### Financial review

At 31 December 2017, general reserves stood at £69,767. The Board regularly compares planned and committed expenditure with the level of the reserves to ensure that activities can continue for the length of the commitment or at least two years ahead, whichever is the longer.

#### Investment strategy

The Foundation conducts a risk averse investment strategy. Funds were held in a deposit fund with the leading investment manager for charities in the UK. A decision was made to close the Charity Bank account and funds transferred into the main NWB account in May 2017. The low prevailing interest rates have led to a fall in investment income in 2017.

#### Risk review

The Foundation continues to use the Charity Commission's document 'Charity and Risk Management'. This is used to identify risk areas, their potential impact and mitigation. Relevant training courses for Trustees are circulated as part of an ongoing process. It has been agreed that matching funding for training is obtained from other charities when Trustees are also trustees of those other charities. A conflict of interest policy is in place.

#### Structure, governance and management

The organisation is a charitable company limited by guarantee, incorporated on 14 December 1998 and registered as a charity on 13 January 1999.

The company was established under a Memorandum of Association which established the objects and powers of the charitable company, and is governed under its Articles of Association. Under these Articles, the Trustees must retire at each AGM, but are eligible for re-election.

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

#### FOR THE YEAR ENDED 31 DECEMBER 2017

The trustees, who are also the directors for the purpose of company law, and who served during the year were:

Ms M Buchanan

Mr G Pritchard (Retired 16 January 2017)
Mr D W Perry (Retired 11 December 2017)

Mrs A Young

Mrs B Keane-Rao (Appointed 16 January 2017)
Prof G Hunt (Appointed 16 January 2017)
Mr R P Jago (Appointed 16 January 2017)

The charity is managed by the trustees, and has no paid employees.

#### **Our strategy**

The Foundation will continue to support work in health and social care ethics as this is an area of public concern given the ageing population and the disparity of current care provision. With the new Board in place, it is timely to reconsider our strategic direction in order to make the greatest difference to ethical standards in the health and social care sectors.

#### Small company provisions

This report has been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities, and the small companies regime under the Companies Act 2006.

The trustees' report was approved by the Board of Trustees.

Ms M Buchanan

Trustee

Dated: 25 April 2018

INDEPENDENT EXAMINER'S REPORT

#### TO THE TRUSTEES OF THE OXFORD FOUNDATION FOR ETHICS AND COMMUNICATION IN HEALTH CARE PRACTICE

I report to the trustees on my examination of the accounts of The Oxford Foundation For Ethics And Communication In Health Care Practice (the charity) for the year ended 31 December 2017.

#### Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the accounts of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act;
- 2 the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Alan Thomton FCA

Morgan Cameron Limited 9 Thomey Leys Park Witney Oxfordshire **OX28 4GE** 

Dated 5 JUNE 2018

# THE OXFORD FOUNDATION FOR ETHICS AND COMMUNICATION IN HEALTH CARE PRACTICE THE ETHOX FOUNDATION STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2017

lancama from	Notes	2017 £	2016 £
Income from: Investments	2	60	381
Expenditure on: Charitable activities	3	21,169	58,161
Other		-	201
Total resources expended		21,169	58,362
Net expenditure for the year/ Net movement in funds		(21,109)	(57,981)
Fund balances at 1 January 2017		90,876	148,857
Fund balances at 31 December 2017		69,767	90,876

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

#### AS AT 31 DECEMBER 2017

		2017		2016	
	Notes	£	£	£	£
Current assets					
Debtors	7	79		79	
Cash at bank and in hand		71,188		99,174	
		71,267		99,253	
Creditors: amounts falling due within one year	8	(1,500)		(8,377)	
Net current assets			69,767 <del></del>		90,876
Income funds					
Unrestricted funds			69,767		90,876
			<del></del>		
			69,767		90,876
					<del></del>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 December 2017. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The trustees' responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The accounts were approved by the Trustees on 25 April 2018

Ms M Buchanan

**Trustee** 

Company Registration No. 03683208

## THE OXFORD FOUNDATION FOR ETHICS AND COMMUNICATION IN HEALTH CARE PRACTICE THE ETHOX FOUNDATION NOTES TO THE FINANCIAL STATEMENTS

#### FOR THE YEAR ENDED 31 DECEMBER 2017

#### 1 Accounting policies

#### **Charity information**

The charity is a company limited by guarantee and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of a winding up.

#### 1.1 Accounting convention

The accounts have been prepared in accordance with "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

#### 1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

#### Investment income

Interest on deposits is recognised when receivable.

#### 1.5 Resources expended

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category.

#### Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### Grant provisions

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

#### FOR THE YEAR ENDED 31 DECEMBER 2017

#### 1 Accounting policies

(Continued)

#### 1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

#### Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs. Financial assets classified as receivable within one year are not amortised.

#### Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price. Financial liabilities classified as payable within one year are not amortised.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities.

#### 1.8 Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### 2 Investments

	2017	2016
	£	£
Interest receivable on bank deposits	60	381

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

#### FOR THE YEAR ENDED 31 DECEMBER 2017

3	Charitable activities		
		2017 £	2016 £
	Depreciation and impairment Independent examiner's fee	- 1,500	67 - 1,146
	Legal and professional fees	330	121
	Insurance	317	312
	Travel and subsistence Bank charges	430 60	348 66
	Printing, postage and stationery	29	-
	<b>3</b> , <b>7</b> • • • • <b>9</b>	2,666	2,060
	Grant funding of activities (see note 4)	18,503	56,101
			50.404
		21,169 ———	58,161 ———
4	Grants payable		
		2017	2016
		£	£
	Grants to institutions:		6 977
	University of Oxford University of Surrey	18,503	6,877 49,224
		18,503	<del></del> 56,101
	-	4	
5	Net movement in funds	2017 £	2016 £
	Net movement in funds is stated after charging/(crediting)	-	
	Depreciation of owned tangible fixed assets		67
	Loss on disposal of tangible fixed assets	-	201

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

#### FOR THE YEAR ENDED 31 DECEMBER 2017

#### 6 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

During the year the charity made the following transactions with trustees:

#### Ms M Buchanan

£776 (2016: £348) of expenses were reimbursed to Ms M Buchanan during the year. This represented travel expenses in connection with her duties as a trustee and £317 for an insurance renewal paid on behalf of the charity.

#### 7 Debtors

	Amounts falling due within one year:	2017 £	2016 £
	Prepayments and accrued income	79 	79 ——
8	Creditors: amounts falling due within one year	2017 £	2016 £
	Accruals and deferred income	1,500	8,377

#### 9 Company limited by guarantee

Members of the company guarantee to contribute an amount not exceeding £1 to the assets of the company in the event of winding up. The total number of guarantees at 31 December 2017 was 6.