Report and Unaudited Financial Statements

31 December 2010

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REPORT AND UNAUDITED FINANCIAL STATEMENTS 2010

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REPORT AND UNAUDITED FINANCIAL STATEMENTS 2010

OFFICERS AND PROFESSIONAL ADVISERS

DIRECTORS

D W Bannatyne OBE, D Sc DBA G N Armstrong FM AAT

SECRETARY

C P Watson ACMA

REGISTERED OFFICE

Power House Haughton Road Darlington Co Durham DL1 1ST

DIRECTORS' REPORT

The directors present their annual report and the unaudited financial statements for the year ended 31 December 2010

REVIEW OF DEVELOPMENTS

The company has not traded in the year It is anticipated that the company will remain dormant within the meaning of Section 1169 of the Companies Act 2006 for the foreseeable future. Key performance indicators are not considered necessary for an understanding of the development, performance or position of the company. There are no risks or uncertainties facing the company.

PROFIT AND LOSS ACCOUNT

The company did not trade during the current or preceding year and made neither a profit nor a loss, nor any other recognised gains or losses. Accordingly, neither a profit and loss account nor a statement of total recognised gains and losses have been presented.

DIRECTORS

The directors who served during the year were as follows

D W Bannatyne OBE, D Sc DBA G N Armstrong FM AAT

AUDITORS

A special resolution has been passed exempting the company from appointing auditors

Approved by the Board of Directors and signed on behalf of the Board

G N Armstrong FM AAT Director

Date 8/9/2011

BALANCE SHEET 31 December 2010

	Note	2010 £	2009 £
CURRENT ASSETS Debtors	4	2	2
TOTAL ASSETS LESS CURRENT LIABILITIES		2	2
CAPITAL AND RESERVES Called up share capital	5	2	2
SHAREHOLDERS' FUNDS – EQUITY INTERESTS		2	2

For the year ending 31 December 2010 the company was entitled to exemption from audit under Section 480 of the Companies Act 2006 relating to dormant companies

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with Section 476

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of the accounts

These financial statements of Bannatyne's Health Club (Aberdeen) Limited, registered company number 03679117, were approved by the Board of Directors and authorised for issue on & September ZON

Signed on Behalf of the Board of Directors

G N Armstrong FM Managing Director

NOTES TO THE ACCOUNTS Year ended 31 December 2010

1. ACCOUNTING POLICIES

These financial statements have been prepared under the historical cost convention, and in accordance with applicable United Kingdom law and accounting standards

2. PROFIT AND LOSS ACCOUNT

No profit and loss account is presented with these financial statements because the company has not received income, incurred expenditure or recognised any gains or losses during either the year under review or the preceding financial year. There have been no movements in shareholders' funds during the year under review or the preceding year.

3. INFORMATION REGARDING DIRECTORS AND EMPLOYEES

No emoluments were payable to the directors, who were the only employees of the company during the current and preceding financial year

4. DEBTORS

		2010 £	2009 £
	Amounts due from parent undertaking	2	2
5.	CALLED UP SHARE CAPITAL		
		2010	2009
		£	£
	Called up, allotted and fully paid		
	2 ordinary shares of £1 each	2	2

6. RELATED PARTY TRANSACTIONS

The company has taken advantage of FRS 8 which exempts subsidiaries, 100% of whose voting rights are controlled within the group, from disclosing transactions with other entities within the group

7. ULTIMATE PARENT UNDERTAKING AND CONTROLLING PARTY

The directors consider that the ultimate parent undertaking is Bannatyne Fitness Limited which is registered in England and Wales. This is the smallest and largest group containing the results for the company for which group accounts are prepared. Copies of the accounts of Bannatyne Fitness Limited are available from Power House, Haughton Road, Darlington, Co. Durham, DL1 1ST

The group is wholly owned by D W Bannatyne OBE, D Sc DBA, who is therefore the controlling party