

Please complete in typescript, or in bold black capitals.

COMPANIES HOUSE 14/08/98

Form revised March 1995

288a

DX 33050 Cardiff

DX 235 Edinburgh

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

	or particulars (ass refin 2000))
Company Number	3605572
Company Name in full	
1 1 1 2 3 1 1 1 2 3 1 1 1 1 1 1 1 1 1 1	THE LONGO SHANDHALA MEDITATION
	Central Limited
* F 2 8 8 A O 1 8 * C	Day Month Year Day Month Year
	ntment 27 07 98. †Date of Birth 19 08 63.
Appointment Appointment as director	as secretary Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.
form NAME *Style / Title	LIS *Honours etc
Notes on completion appear on reverse. Forename(s)	DEBORAH
Surname	COATS.
Previous Forename(s)	Previous Surname(s)
Usual residential	
address	46 Comber House, Comber 66012
Post town	LONDON Postcode SESOGT
County / Region	Country
[†] Nationality	BRITISH †Business occupation NURSE
†Other directorships	
(additional space overleaf)	
Consent signature * Voluntary details.	
d Discotors and a	A director, secretary etc must sign the form below.
Signed	Date 27.7.98
** Please delete as appropriate	(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)
Please give the name, address,	BRITISH TAXPAMERS ASSOCIATION LTD
telephone number and, if available,	
a DX number and Exchange of the person Companies House should	Tal
contact if there is any query.	Tel 01865 722600
	DX number DX exchange
	When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ for companies registered in England and Wales

for companies registered in Scotland

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB