



COMPANIES HOUSE

Please complete in typescript,
or in bold black capitals.

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

3605672

Company Name in full

THE LONDON SHAMBHALA MEDITATION
CENTRE LIMITED



F288A018

Date of appointment Day Month Year
27 07 98

†Date of Birth Day Month Year
23 08 48

Appointment form Appointment as director

☒

as secretary

Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes.

NAME *Style / Title

MR

*Honours etc

Notes on completion
appear on reverse.

Forename(s)

RICHARD

Surname

REOCH

Previous
Forename(s)

Previous
Surname(s)

Usual residential
address

FLAT 4, 53 TOLLINGTON PARK

Post town

LONDON

Postcode

N4 3QP

County / Region

Country

UK

†Nationality

CANADIAN

†Business occupation

TEACHER

†Other directorships
(additional space overleaf)

NGO FORUM ON SRI LANKA LTD
PEARLGRADE LTD

I consent to act as ** director / secretary of the above named company

Consent signature

Richard Reoch

Date

27. 7. 98.

* Voluntary details.
† Directors only.

A director, secretary etc must sign the form below.

Signed

Richard Reoch

Date

27. 7. 98.

** Please delete as appropriate

(*a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query.

BRITISH TAXPAYERS ASSOCIATION LTD
66 CHERWELL DRIVE, OXFORD OX3 6LZ
Tel 01865 722600
DX number DX exchange

C



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COMPANIES HOUSE 14/08/98

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
or companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh

Company Number

3605572

† Directors only.

† Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.