

Please complete in typescript, or in bold black capitals. CHFP041

Form revised July 1998

288a

APPOINTMENT of director or secretary

(NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number	r 3598261								
Company Name in full	SHERWOOD COUNSELLING & PSYCHOTHERAPY LIMITED								
	Day Month Year Day Month Year								
Appointment Pate of appointment	Date of Dist								
Notes on completion appear on reverse. Appointment as director	r X as secretary X Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.								
NAME *Style / Title									
Forename(s)	ALISON JANE								
Surname	FOOKES								
Previous Forename(s)									
Usual residential address									
Post town	n NOTTINGHAM Postcode NG9 4DA								
County / Region	NOTTINGHAMSHIRE Country UK								
† Nationality	BRITISH THE PSYCHOTHER POIS								
[†] Other directorships (additional space overleaf)	s								
	I consent to act as †† director / secretary of the above named company								
*Voluntary details.									
† Directors only. †† Please delete as appropriate.	A director, secretary etc must sign the form below.								
Signed	d lemalitury Date 29 (8/02								
	(11 a director/secretary/administrator/administrative receiver/receiver manager/receiver)								
Planca give the name address	FRASER BROWN								
Please give the name, address, telephone number, and if available, a D;	84 FRIAR LANE, NOTTINGHAM,								
per	G1 6ED Tel 0115 947 2541								
	DX number DX exchange 10011 NOTTINGHAM								
A25 **APCFREPK*** 0177 COMPANIES HOUSE 02/10/02	/hen you have completed and signed the form please send it to the egistrar of Companies at: companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff								
COMPANIES HOUSE 06/09/02	for companies registered in England and Wales or Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB for companies registered in Scotland DX 235 Edinburgh								

	Company Number]	3
Directors only.	†Other directorships			 		 -
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NOTES

Show the full forenames. NOT INITIALS. If the director or secretary is a Corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname except:

- for a married woman the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years.

A peer or individual known by atitle may state the title instead of or in addition to the forenames and surname, and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.