

REGISTERED NUMBER: 03592622 (England and Wales)

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2018

FOR

AMBITION HEALTH AND PERFORMANCE CLINICS
LTD

AMBITION HEALTH AND PERFORMANCE CLINICS
LTD (REGISTERED NUMBER: 03592622)

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for the Year Ended 31 July 2018

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AMBITION HEALTH AND PERFORMANCE CLINICS
LTD

COMPANY INFORMATION
for the Year Ended 31 July 2018

DIRECTOR: Mr J Murray

SECRETARY: Mr S Grange

REGISTERED OFFICE: 223 Vauxhall Bridge Road
London
SW1V 1EL

REGISTERED NUMBER: 03592622 (England and Wales)

ACCOUNTANTS: Hanburys Limited
Chartered Certified Accountants
6b Parkway
Porters Wood
St Albans
Hertfordshire
AL3 6PA

AMBITION HEALTH AND PERFORMANCE CLINICS
LTD (REGISTERED NUMBER: 03592622)

BALANCE SHEET
31 July 2018

	Notes	31.7.18 £	£	31.7.17 £	£
FIXED ASSETS					
Tangible assets	4		2,210		2,574
CURRENT ASSETS					
Debtors	5	18,487		15,505	
Cash at bank and in hand		<u>343</u>		<u>343</u>	
		18,830		15,848	
CREDITORS					
Amounts falling due within one year	6	<u>19,920</u>		<u>17,686</u>	
NET CURRENT LIABILITIES			<u>(1,090)</u>		<u>(1,838)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			1,120		736
PROVISIONS FOR LIABILITIES	8		<u>420</u>		<u>489</u>
NET ASSETS			<u>700</u>		<u>247</u>
CAPITAL AND RESERVES					
Called up share capital	9		100		100
Retained earnings	10		<u>600</u>		<u>147</u>
SHAREHOLDERS' FUNDS			<u>700</u>		<u>247</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2018.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2018 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

AMBITION HEALTH AND PERFORMANCE CLINICS
LTD (REGISTERED NUMBER: 03592622)

BALANCE SHEET - continued
31 July 2018

The financial statements have been prepared and delivered in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

In accordance with Section 444 of the Companies Act 2006, the Profit and Loss Account has not been delivered.

The financial statements were approved by the director on 23 January 2019 and were signed by:

Mr J Murray - Director

The notes form part of these financial statements

AMBITION HEALTH AND PERFORMANCE CLINICS
LTD (REGISTERED NUMBER: 03592622)

NOTES TO THE FINANCIAL STATEMENTS
for the Year Ended 31 July 2018

1. STATUTORY INFORMATION

Ambition Health and Performance Clinics Ltd is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.
Office furniture and equipment - 25% on reducing balance

Financial instruments

The company has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the company's balance sheet when the company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Classification of financial liabilities

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

Basic financial liabilities

Basic financial liabilities, including creditors, are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

AMBITION HEALTH AND PERFORMANCE CLINICS
LTD (REGISTERED NUMBER: 03592622)

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 July 2018

2. ACCOUNTING POLICIES - continued

Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Profit and Loss Account, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was 2 (2017 - 2) .

4. TANGIBLE FIXED ASSETS

	Office furniture and equipment £
COST	
At 1 August 2017	30,015
Additions	286
At 31 July 2018	<u>30,301</u>
DEPRECIATION	
At 1 August 2017	27,441
Charge for year	650
At 31 July 2018	<u>28,091</u>
NET BOOK VALUE	
At 31 July 2018	<u>2,210</u>
At 31 July 2017	<u>2,574</u>

AMBITION HEALTH AND PERFORMANCE CLINICS
LTD (REGISTERED NUMBER: 03592622)

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 July 2018

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.7.18	31.7.17
	£	£
Other debtors	6,800	5,605
Prepayments and accrued income	<u>11,687</u>	<u>9,900</u>
	<u>18,487</u>	<u>15,505</u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.7.18	31.7.17
	£	£
Bank loans and overdrafts (see note 7)	7,355	6,062
Other loans (see note 7)	6,442	-
Trade creditors	2,871	889
Social security and other taxes	411	-
Other creditors	1,665	290
Directors' current accounts	51	73
Accruals and deferred income	<u>1,125</u>	<u>10,372</u>
	<u>19,920</u>	<u>17,686</u>

7. LOANS

An analysis of the maturity of loans is given below:

	31.7.18	31.7.17
	£	£
Amounts falling due within one year or on demand:		
Bank overdrafts	7,355	6,062
Funding circle loans	<u>6,442</u>	<u>-</u>
	<u>13,797</u>	<u>6,062</u>

8. PROVISIONS FOR LIABILITIES

	31.7.18	31.7.17
	£	£
Deferred tax		
Accelerated capital allowances	<u>420</u>	<u>489</u>

	Deferred tax
	£
Balance at 1 August 2017	489
Credit to Income Statement during year	<u>(69)</u>
Balance at 31 July 2018	<u>420</u>

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NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 July 2018

9. **CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:				
Number:	Class:	Nominal value:	31.7.18	31.7.17
			£	£
100	Ordinary	£1	<u>100</u>	<u>100</u>

10. **RESERVES**

	Retained earnings
	£
At 1 August 2017	147
Profit for the year	24,453
Dividends	<u>(24,000)</u>
At 31 July 2018	<u>600</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.