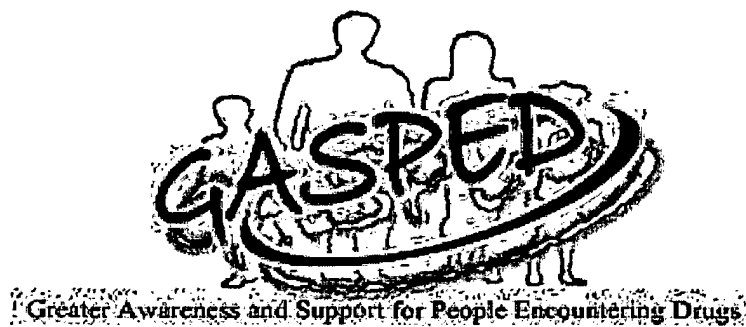


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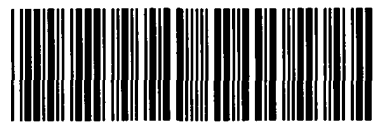
Charity number 1072174

A company limited by guarantee number 03580793

Annual Report and Financial Statements
for the year ended 31 December 2022



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GASPED

**Annual Report and Financial Statements
for the year ended 31 December 2022**

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Trustees' report for the year ended 31 December 2022

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Damien Betts	Chair	
Joan Hirst		Resigned 11 April 2022
Mirban Hussain	Treasurer	
Michael McGonnel	Vice chair	Resigned 2 March 2022
Paul Wright		
Jane Richardson		
Diana Sanha	Secretary	Resigned 2 March 2022
Kemi Dawodu		
Zafar Iqbal		Resigned 10 January 2023
Rohie Njie		
Charity number	1072174	Registered in England and Wales
Company number	03580793	Registered in England and Wales

Registered and principal address

5 - 5a Cheapside
Wakefield
WF1 2SD

Independent examiner

Fakhra Akhtar ACCA
B M Howarth Limited
Metic House
Ripley Drive
Normanton
WF6 1QT

Bankers

HSBC Bank plc
Market Place
Dewsbury
WF13 1DH

Structure, governance and management

The charity is a company limited by guarantee and was formed on 12 June 1998. It is governed by a memorandum and articles of association as amended on 2 July 2019. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £1.

Method of recruitment and appointment of trustees

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

The charity's objectives

To advance the education of the public and raise awareness about addictive behaviours, mental health and domestic abuse by providing non-judgemental supportive services to encourage those who use them to grow in confidence and raise to the challenges they face.

The charity's main activities

Gasped provides information, education, advice and support to the public and raise awareness about addictive behaviours, mental health and domestic abuse by providing non-judgemental supportive services to encourage people to grow in confidence and raise to the challenges they face. Services include counselling, complimentary therapies, creative and social activities and education.

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Trustees' report (continued) for the year ended 31 December 2022

Public benefit statement

In setting our objectives and planning our activities our trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of education for people affected by drugs and alcohol.

Achievements and performance

Gasped are very pleased with the partnership with Touchstone Leeds and Spectrum People in the delivery of a Safe Space contract from CCG, the contract started in October 2020 for 2 years with an option for another year.

Gasped are very proud of our contribution in delivering the PEAT project along with Reflections Castleford, and The Career Cabin (now changed to the Community Cabin Foundation), working with people to enable them to move closer to the jobs market. Due to the positive results, the project has now been extended to March 2023.

Gasped started delivering counselling services for 16-25 age group who live in the West Wakefield District in November 2021. This is known as the SELPH project funded by the NHS. Gasped are working with Wakefield Youth Association to help to provide emotional support for the youth of Wakefield looking for employment. This project has since been extended to March 2025.

During 2021 Gasped also started providing practical support for victims of domestic abuse who describe themselves as male. Funding by West Yorkshire police will be extended past the initial date of May 2024 based on the results.

A lottery bid was submitted in October 2021 to the lottery community fund for a project 'Man Matters'. This bid requested for funding for 3 years to deliver practical and emotional support for anyone who describes themselves as an adult male and lives in the Wakefield District.

Man Matters is aimed to get men to talk about their feelings, to be part of the solution to reduce violence against women and girls, and for men to be not be part of the problem but to be part of the solution.

During 2022 we all saw the ending of Covid-19 restrictions which meant a gradual return to face-to-face working as and when people felt safe to meet in person and Gasped continued to deliver practical and emotional support throughout the District of Wakefield to meet the needs of local communities and re-started delivering group support.

During 2022 Gasped partnered Touchstone Leeds and Spectrum People to gain the NHS Safe Space contract for Wakefield which resulted in Gasped recruiting Olivia and Stephanie as part of Gasped contribution towards the delivery of the contract. Safe Space is an out of hours support service open from 6.00pm until midnight, designed to reduce the impact on Wakefield Hospitals Emergency Departments and Southwest Yorkshire Ambulance Service by working with people aged 16+ who require emotional support out of office hours. Safe Space was delivered at The Art House, Wakefield but during September was moved to Carduceus House Wakefield, a building which is much nearer the Accident and Emergency Department at Pinderfields Hospital, with the plan is to move the service to 7 evenings a week early 2023.

During June Gasped gained funding from Wakefield Council to deliver a pilot UK Community Renewal Funded project, which is comparable to the PEAT project supporting people towards employment, the fund had a short time frame and despite the challenges Gasped did deliver the project to plan and wish to thank Wakefield Council for their support in doing so.

Going concern

Gasped will continue to enhance our partnerships during 2023, building stronger local networks to work closer together to offset the challenges from national third sector organisations who having gained local contracts then constantly ask Gasped for advice, information or refer their clients to Gasped for services we no longer deliver, for example the excellent local partnership named Joined up Thinking made up of Humanity1st, Reflections CIC, SMASH, Spectrum People and Oasis Christian Centre who worked together during 2022 and into 2023 focussing on mental health initiatives in the most deprived areas of Wakefield sharing resources to create a bigger impact.

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Trustees' report (continued) for the year ended 31 December 2022

The trustees have reassessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that no material uncertainties exist that cast significant doubt on the charity's ability to continue as a going concern.

Financial review

The net income for the year was £70,310, which includes net income of £62,555 on unrestricted funds and £7,755 on restricted funds.

Reserves policy

The charity's free reserves at the year-end were £108,825.

The trustees aim to maintain sufficient reserve funds to cover 3 months operating expenditure in order to protect the charity from any unexpected event which requires additional spending.

Statement of trustees' responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

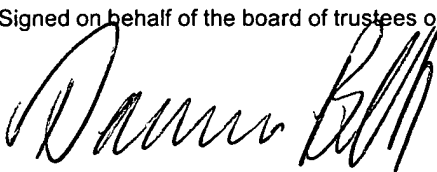
Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Signed on behalf of the board of trustees on 06/06/2023



Damien Betts (Chair)

GASPED

Independent examiner's qualified report to the trustees of GASPED

We report to the charity trustees on our examination of the accounts of the charitable company for the year ended 31 December 2022, which are set out on pages 6 to 12.

Responsibilities and basis of report

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied ourselves that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, we report in respect of our examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out our examination we have followed the directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement - matter of concern identified

We have completed our examination. We have identified a matter of concern in relation to the allocation of expenses to restricted funds. Trustees should keep a better record of how the received restricted funds have been distributed and spent. Due to this the allocation of restricted funds expenditure may not be completely accurate.

We confirm that other than the above, no material matters have come to our attention.

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Fakhra Akhtar ACCA
B M Howarth Limited
Metic House
Ripley Drive
Normanton
WF6 1QT

6 June 2023

GASPED

Statement of Financial Activities

(including summary income and expenditure account)

for the year ended 31 December 2022

	Notes	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2021 Total funds £
Income from:					
Grants and donations	(2)	64,314	185,686	250,000	78,253
Contracts		3,650	-	3,650	5,286
Other income		250	-	250	1,135
Total income		<u>68,214</u>	<u>185,686</u>	<u>253,900</u>	<u>84,674</u>
Expenditure on:					
Cost of sales		-	32,868	32,868	-
Salaries and NICs	(3)	3,475	101,204	104,679	75,981
Travel expenses		-	4,912	4,912	2,619
Staff and volunteer training		-	1,571	1,571	200
Rent		-	11,000	11,000	11,000
Utilities		-	2,052	2,052	1,311
Office administration costs		-	8,192	8,192	3,697
Printing, postage and stationery		-	-	-	177
Telephone		-	1,778	1,778	2,249
Repairs and maintenance		590	720	1,310	463
Insurance		-	1,708	1,708	1,291
Professional fees		640	-	640	920
Independent examination		792	648	1,440	1,200
Activities expenditure		-	-	-	250
Website costs		-	2,881	2,881	-
Consultancy		-	8,397	8,397	6,862
Bank charges		162	-	162	66
Total expenditure		<u>5,659</u>	<u>177,931</u>	<u>183,590</u>	<u>108,286</u>
Net income / (expenditure)		<u>62,555</u>	<u>7,755</u>	<u>70,310</u>	<u>(23,612)</u>
Fund balances brought forward		<u>46,270</u>	<u>10,489</u>	<u>56,759</u>	<u>80,371</u>
Fund balances carried forward	(4)	<u>108,825</u>	<u>18,244</u>	<u>127,069</u>	<u>56,759</u>

All incoming resources and resources expended derive from continuing activities.

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Balance sheet

as at 31 December 2022

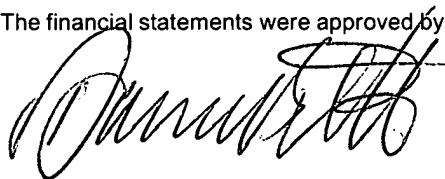
	Notes	2022	2022	2022	2021
		Unrestricted	Restricted	Total	Total
		£	£	£	£
Current assets					
Debtors and prepayments	(5)	4,294	-	4,294	594
Cash at bank and in hand	(6)	114,004	18,244	132,248	65,830
Total current assets		<u>118,298</u>	<u>18,244</u>	<u>136,542</u>	<u>66,424</u>
Current liabilities:					
amounts falling due within one year					
Creditors and accruals	(7)	9,473	-	9,473	9,665
Total current liabilities		<u>9,473</u>	<u>-</u>	<u>9,473</u>	<u>9,665</u>
Net current assets		<u>108,825</u>	<u>18,244</u>	<u>127,069</u>	<u>56,759</u>
Net assets		<u>108,825</u>	<u>18,244</u>	<u>127,069</u>	<u>56,759</u>
Funds					
Unrestricted funds		108,825	-	108,825	46,270
Restricted funds		-	18,244	18,244	10,489
Total funds		<u>108,825</u>	<u>18,244</u>	<u>127,069</u>	<u>56,759</u>

For the year ending 31 December 2022 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102.

The financial statements were approved by the board of trustees on 06/06/2023



Damien Betts (Chair)

GASPED

Notes to the accounts continued for the year ended 31 December 2022

1 Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Expenditure and liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Pensions

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

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Notes to the accounts continued for the year ended 31 December 2022

2 Grants and donations	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2021 Total funds £
Nova	19,535	-	19,535	-
PEAT	1,000	3,000	4,000	20,594
Wakefield Metropolitan District Council	20,876	-	20,876	12,282
Coalfields Regeneration Trust	-	-	-	3,582
Screwfix Foundation	1,000	-	1,000	-
West Yorkshire Community Foundation	4,095	28,662	32,757	32,714
Spooner Charitable Trust	-	-	-	1,000
Arnold Clark Automotive	1,000	-	1,000	1,000
Touchstone	6,355	44,490	50,845	6,559
CAF22	319	-	319	482
Anglia Giving	-	-	-	40
Amazon	7	-	7	-
Groundwork	1,545	-	1,545	-
Community Cabin Foundation	3,774	9,290	13,064	-
Conexus Health	3,400	-	3,400	-
NHS Wakefield	-	51,337	51,337	-
St Georges	50	-	50	-
Humanity	1,200	-	1,200	-
Man Matters	-	48,907	48,907	-
Other Donation	158	-	158	-
	<u>64,314</u>	<u>185,686</u>	<u>250,000</u>	<u>78,253</u>

3 Staff costs and numbers

	2022 £	2021 £
Gross salaries	101,800	74,685
Social security costs	1,483	42
Pensions	1,396	1,254
	<u>104,679</u>	<u>75,981</u>

The average number of employees during the year was 7 (2021:5). There were no employees with emoluments above £60,000.

Defined contribution pension scheme

	2022 £	2021 £
Pension charge to profit and loss	<u>1,396</u>	<u>1,254</u>

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Notes to the accounts continued

for the year ended 31 December 2022

4 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
Coalfields Regeneration Trust	6,689	-	6,689	-	-
Screwfix Foundation	3,800	-	3,800	-	-
PEAT	-	3,000	3,000	-	-
Touchstone	-	44,490	44,490	-	-
W.Y. Community Association	-	28,662	28,662	-	-
Community Cabin Foundation	-	9,290	9,290	-	-
NHS Wakefield	-	51,337	36,000	-	15,337
Man Matters	-	48,907	46,000	-	2,907
	<u>10,489</u>	<u>185,686</u>	<u>177,931</u>	<u>-</u>	<u>18,244</u>

Fund name	Purpose of restriction
Coalfields Regeneration Trust	Partnership with Career Cabin 50% supporting people into employment.
Screwfix Foundation	For repairs to property.
Touchstone	For crisis intervention.
W.Y. Community Association	For male victims domestic abuse.
Community Cabin Foundation	Supporting people into employment.
NHS Wakefield	Promoting health incentives.
Man Matters	Practical and emotional support for males

5 Debtors and prepayments	2022	2021
	£	£
Debtors	3,700	-
Prepayments	594	594
	<u>4,294</u>	<u>594</u>

6 Cash at bank and in hand	2022	2021
	£	£
Cash at bank and in hand	132,248	65,830
	<u>132,248</u>	<u>65,830</u>

7 Creditors and accruals	2022	2021
	£	£
Accruals	4,691	6,872
PAYE	4,782	2,563
Pension	-	230
	<u>9,473</u>	<u>9,665</u>

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Notes to the accounts continued
for the year ended 31 December 2022

8 Related party transactions

Name of trustee	Legal authority	2022	2021
		£	£
Damien Betts	Governing document	11,000	11,000
		11,000	11,000

Damien Betts owns the property at Cheapside and charged the charity with the amounts shown above as rent.

The key management personnel of the charity include the trustees and Chief Officer. The total employee benefits received by the Chief Officer was £11,000 (2021: £11,000).

No trustee received any remuneration or benefit in this capacity during this or the previous year.

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Statement of Financial Activities including comparatives for all funds (including summary income and expenditure account) for the year ended 31 December 2022

	2022 Unrestricted funds £	2021 Unrestricted funds £	2022 Restricted funds £	2021 Restricted funds £	2022 Total funds £	2021 Total funds £
Income						
Grants and donations	64,314	54,560	185,686	23,693	250,000	78,253
Contracts	3,650	5,286	-	-	3,650	5,286
Other income	250	1,135	-	-	250	1,135
Total income	68,214	60,981	185,686	23,693	253,900	84,674
Expenditure						
Cost of sales	-	-	32,868	-	32,868	-
Salaries and NICs	3,475	41,789	101,204	34,192	104,679	75,981
Travel expenses	-	2,209	4,912	410	4,912	2,619
Staff and volunteer training	-	200	1,571	-	1,571	200
Rent	-	6,050	11,000	4,950	11,000	11,000
Utilities	-	-	2,052	1,311	2,052	1,311
Office administration costs	-	-	8,192	3,697	8,192	3,697
Printing, postage and stationery	-	177	-	-	-	177
Telephone	-	1,237	1,778	1,012	1,778	2,249
Repairs and maintenance	590	311	720	152	1,310	463
Insurance	-	1,291	1,708	-	1,708	1,291
Bank Charges	162	66	-	-	162	66
Professional fees	640	920	-	-	640	920
Independent examination	792	1,200	648	-	1,440	1,200
Activities expenditure	-	250	-	-	-	250
Website costs	-	-	2,881	-	2,881	-
Consultancy	-	6,862	8,397	-	8,397	6,862
Total expenditure	5,659	62,562	177,931	45,724	183,590	108,286
Net income / (expenditure)	62,555	(1,581)	7,755	(22,031)	70,310	(23,612)
Transfers between funds	-	-	-	-	-	-
Net movement in funds	62,555	(1,581)	7,755	(22,031)	70,310	(23,612)
Fund balances brought forward	46,270	47,851	10,489	32,520	56,759	80,371
Fund balances carried forward	108,825	46,270	18,244	10,489	127,069	56,759