Rule 4 187

The Insolvency Act 1986

Form F102

Notice to registrar of companies of notice of disclaimer under section 178 of the Insolvency Act 1986

Please complete in typescript, or in bold black capitals

To the Registrar of Companies

Company number

3518762

Company name in full ABACUS HEACTH CARE

SERVICES

Insert full name and address of liquidator

PAUL MICHAEL MCCONNELL

of SMITH + WILLIAMJON UP MARMION HOUSE

3 COPENHAGEN STREET WOLVESTER, WEI 2HB

Insert date of disclaimer

attach a copy of a notice of disclaimer signed by me as liquidator of the above-named company on

16 JANUARY 2013

Signature

Pa - Com

Date

17/1/13

Presenter's details

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel DX

WEDNESDAY



404

23/01/2013 COMPANIES HOUSE #26

When completed and signed please send it to the Registrar of Companies at

Companies House, Crown Way, Cardiff, CF14 3UZ DX33050 Cardiff Rule 4 187 4 188 4 189

Notice of Disclaimer under Section 178 of the Insolvency Act 1986

Form 4 53A

Abacus Healthcare Services Limited

On 16 January 2013

PART 1 (a) Insert name of liquidator

I, Paul Michael McConnell

the joint liquidator of the above-named company, disclaim all the company's interest in

(b) insert full particulars of property – see notes following part 2 The leasehold property and land at Unit 1 High Carr Point, Millennium Way, High Carr Business Park, Newcastle, ST5 7XE registered under title number SF478954 and the lease dated 7 January 2009 between Mark Bernard Holt and Sarah Emma Holt and Abacus Healthcare Services Limited (company number 03518762) relating to the land and building at Unit 1 High Carr Point, Millennium Way, High Carr Business Park, Newcastle, ST5 7XE

Dated

16 January 2013

Signed

PAUL MICHAEL MCCONNELL

Name in BLOCK LETTERS Address

Smith & Williamson LLP Marmion House

3 Copenhagen Street Worcester WR1 2HB

PART 2 (c) Insert name and address of person to be sent copy notice under

Rule 4 187, 4 188

and 4 189

То

- 1 Mark Bernard Holt and Sarah Emma Holt, Dunston Dairy Farm, Dunston, Stafford, ST18 9AB
- 2 Registrar of Companies, Companies House, DX 33050 Cardiff
- 3 Chief Land Registrar, Land Registry Head Office, 32 Lincoln's Inn Fields, London, WC2A 3PH

This is a copy notice of disclaimer signed by the joint liquidator of the above named company on 16 January 2013

(d) insert date on which notice of disclaimer signed

The attention of a recipient of this notice is drawn to sections 178-182 of the Insolvency Act 1986 in the case of a winding up

NOTES 1

- 1 Part 1 is to be completed by the liquidator Part 2 is to be completed by or on behalf of the liquidator when sending out copy notices under Rule 4 187, 4 188 and 4 189
- Where the property concerned consists of land or buildings the nature of the interest should also be stated (e.g. whether leasehold, freehold, etc.)
- 3 Under Rule 4 187 a copy notice must be sent to the Registrar of Companies and where the property consists of registered land as defined in section 132 of the Land Registration Act 2002 (i.e. a registered estate or a registered charge), please include the registered title number of the property, if known and a copy of the notice should be sent to the Chief Land Registrar