



A U S T I N S
Chartered Accountants

REGISTRAR

ABC SPORTS INJURY PRACTICE LIMITED

DIRECTORS' REPORT AND
FINANCIAL STATEMENTS

30TH SEPTEMBER 2014

WEDNESDAY



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29/07/2015

#136

Company No: 03512611

COMPANIES HOUSE

Pine House, Chandlers Way, Southend on Sea, Essex SS2 5SE

ABC SPORTS INJURY PRACTICE LIMITED

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DIRECTORS' REPORT

YEAR ENDED 30TH SEPTEMBER 2014

The directors present their report and the financial statements of the company for the year ended 30th September 2014. In preparing this report, the directors have taken advantage of special exemptions available to small companies.

PRINCIPAL ACTIVITIES

The company is engaged in the provision of physiotherapy and other such services, specialising in the treatment and rehabilitation of sporting injuries.

REVIEW OF THE BUSINESS

The company made a loss in the year, details of which are set out in the profit and loss account on page 4.

DIVIDENDS

The directors do not recommend the payment of a dividend.

DIRECTOR

The persons who served as directors during the year were as follows:

Mrs A J Cumine
D R G Cumine
J K Smith
Miss CA McLoughlin

DIRECTORS' RESPONSIBILITIES

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that year. In preparing those financial statements, the directors are required to:

- * select suitable accounting policies and then apply them consistently;
- * make judgements and estimates that are reasonable and prudent;
- * prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By Order of the Board

D R G CUMINE
Director
10th June 2015

A handwritten signature in black ink, appearing to be 'D R G Cumine', with a long horizontal line extending to the right.



AUSTINS
Chartered Accountants

2.

ACCOUNTANTS' REPORT TO THE DIRECTORS OF
ABC SPORTS INJURY PRACTICE LIMITED

As described on the balance sheet, you are responsible for the preparation of the accounts for the year ended 30th September 2014 set out on pages 4 to 7, and you consider that the company is exempt from an audit and a report under sections 475 and 477(2) of the Companies Act 2006. In accordance with your instructions, in order to assist you to fulfil your statutory responsibilities, we have compiled these accounts, without carrying out an audit from the accounting records and from information and explanations supplied to us by you and confirm that in our opinion the accounts are in accordance therewith.

AUSTINS
Chartered Accountants

10th June 2015

PROFIT AND LOSS ACCOUNT

YEAR ENDED 30TH SEPTEMBER 2014

	<u>Notes</u>	<u>2014</u>	<u>2013</u>
TURNOVER	1	215	184
Cost of sales		-	-
		<hr/>	<hr/>
GROSS PROFIT		215	184
Administration costs		(837)	(2,696)
		<hr/>	<hr/>
OPERATING LOSS ON ORDINARY ACTIVITIES BEFORE TAXATION	2	(622)	(2,512)
Taxation	3	-	-
		<hr/>	<hr/>
LOSS ON ORDINARY ACTIVITIES AFTER TAXATION		(622)	(2,512)
ACCUMULATED BALANCE BROUGHT FORWARD		13,657	16,169
		<hr/>	<hr/>
ACCUMULATED BALANCE CARRIED FORWARD		£13,035	£13,657
		<hr/> <hr/>	<hr/> <hr/>
OPERATING LOSS ON ORDINARY ACTIVITIES BEFORE TAXATION			

BALANCE SHEET

30TH SEPTEMBER 2014

	<u>Notes</u>	<u>2014</u>	<u>2013</u>
TANGIBLE FIXED ASSETS	4	-	-
CURRENT ASSETS			
Cash at bank and in hand		23,574	24,795
		<hr/>	<hr/>
CURRENT LIABILITIES			
Creditors due within one year	5	10,439	11,038
		<hr/>	<hr/>
NET CURRENT ASSETS		13,135	13,757
		<hr/>	<hr/>
NET ASSETS		£13,135	£13,757
		<hr/>	<hr/>
CAPITAL AND RESERVES			
Called up share capital	6	100	100
Profit and loss account		13,035	13,657
		<hr/>	<hr/>
SHAREHOLDERS FUNDS		£13,135	£13,757
		<hr/>	<hr/>

For the year ended 30th September 2014 the company was entitled to the exemption from audit under sections 475 and 477 (2) of the Companies Act 2006. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006. The directors acknowledge their responsibilities for:

- i) ensuring that the company keeps accounting records which comply with section 386 of the Companies Act 2006.
- ii) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 393, 394 and 395, and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

ABC SPORTS INJURY PRACTICE LIMITED

5.

BALANCE SHEET (CONTINUED)

30TH SEPTEMBER 2014

These financial statements were prepared in accordance with the special provisions in Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008) and were approved by the directors on 10th June 2015.

MRS A J CUMINE)

D R G CUMINE)

MISS C A McLOUGHLIN)

J K SMITH)

Directors

The block contains four handwritten signatures in black ink. The first signature at the top is 'A J Cumine'. The second signature is 'D R G Cumine'. The third signature is 'C A McLoughlin'. The fourth signature at the bottom is 'J K Smith'.

NOTES TO THE FINANCIAL STATEMENTS

30TH SEPTEMBER 2014

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with the special provisions relating to small companies within Part VII of the Companies Act 2006 and with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents the invoiced value of services provided, excluding value added tax, in the ordinary course of the company's continuing business.

Depreciation

Fixed assets are depreciated at rates which it is estimated will write off the cost of those assets over their expected useful lives. The rates currently in use are as follows:

Equipment - 33 $\frac{1}{3}$ % on cost

2.	OPERATING LOSS	<u>2014</u>	<u>2013</u>
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The operating loss has been stated after taking into account the following items:

Depreciation	<u>£ -</u>	<u>£600</u>
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3. TAXATION

No provision has been made for corporation tax by reason of available tax losses.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

30TH SEPTEMBER 2014

4. TANGIBLE FIXED ASSETS

Equipment

Cost

At 1st October 2013

3,479

Disposals

(3,479)

At 30th September 2014

£ -

Depreciation

At 1st October 2013

3,479

Disposals

(3,479)

At 30th September 2014

£ -

Net book value

At 30th September 2014

£ -

At 30th September 2013

£-

5. CREDITORS amounts falling due within one year

20142013

Directors' current accounts

9,638

9,538

Accruals

801

1,500

£10,439£11,038

6. SHARE CAPITAL

20142013

Authorised

1,000 Ordinary shares of £1 each

£1,000

£1,000

Allotted and issued

100 Ordinary shares of £1 each

£100

£100

ABC SPORTS INJURY PRACTICE LIMITED

8.

TRADING ACCOUNT

YEAR ENDED 30TH SEPTEMBER 2014

	<u>2014</u>	<u>2013</u>
FEES RECEIVABLE	215	184
DIRECT COSTS	-	-
	<hr/>	<hr/>
GROSS PROFIT	215	184
OVERHEADS		
Telephone costs	-	120
Home office costs	100	100
Accountancy fees	632	1,686
Bank charges	65	-
General expenses	40	40
Equipment depreciation	-	600
Late filing fees	-	150
	<hr/>	<hr/>
	(837)	(2,696)
	<hr/>	<hr/>
OPERATING LOSS FOR THE YEAR	<u>£(622)</u>	<u>£(2,512)</u>