



A U S T I N S
Chartered Accountants

REGISTRAR

ABC SPORTS INJURY PRACTICE LIMITED

DIRECTORS' REPORT AND
FINANCIAL STATEMENTS

30TH SEPTEMBER 2016

Company No: 03512611

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COMPANIES HOUSE

Pine House, Chandlers Way, Southend on Sea, Essex SS2 5SE

ABC SPORTS INJURY PRACTICE LIMITED

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DIRECTORS' REPORT

YEAR ENDED 30TH SEPTEMBER 2016

The directors present their report and the financial statements of the company for the year ended 30th September 2016. In preparing this report, the directors have taken advantage of special exemptions available to small companies.

PRINCIPAL ACTIVITIES

The company is engaged in the provision of physiotherapy and other such services, specialising in the treatment and rehabilitation of sporting injuries.

REVIEW OF THE BUSINESS

The company made a loss in the year, details of which are set out in the profit and loss account on page 4.

DIVIDENDS

The directors do not recommend the payment of a dividend.

DIRECTOR

The persons who served as directors during the year were as follows:

Mrs A J Cumine
D R G Cumine
J K Smith
Miss CA McLoughlin

DIRECTORS' RESPONSIBILITIES

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that year. In preparing those financial statements, the directors are required to:

- * select suitable accounting policies and then apply them consistently;
- * make judgements and estimates that are reasonable and prudent;
- * prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By Order of the Board

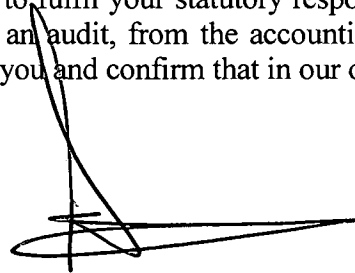
D R G CUMINE
Director



2nd May 2017

ACCOUNTANTS' REPORT TO THE DIRECTORS OF
ABC SPORTS INJURY PRACTICE LIMITED

As described on the balance sheet, you are responsible for the preparation of the accounts for the year ended 30th September 2016 set out on pages 3 to 6, and you consider that the company is exempt from an audit and a report under sections 475 and 477(2) of the Companies Act 2006. In accordance with your instructions, in order to assist you to fulfil your statutory responsibilities, we have compiled these accounts, without carrying out an audit, from the accounting records and from information and explanations supplied to us by you and confirm that in our opinion the accounts are in accordance therewith.



AUSTINS
Chartered Accountants

2nd May 2017

ABC SPORTS INJURY PRACTICE LIMITED

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PROFIT AND LOSS ACCOUNT

YEAR ENDED 30TH SEPTEMBER 2016

	<u>Notes</u>	<u>2016</u>	<u>2015</u>
TURNOVER	1	-	-
Administration costs		(1,155)	(1,277)
		<hr/>	<hr/>
OPERATING LOSS ON ORDINARY ACTIVITIES BEFORE TAXATION	2	(1,155)	(1,277)
Taxation	3	-	-
		<hr/>	<hr/>
LOSS ON ORDINARY ACTIVITIES AFTER TAXATION		(1,155)	(1,277)
ACCUMULATED BALANCE BROUGHT FORWARD		11,758	13,035
		<hr/>	<hr/>
ACCUMULATED BALANCE CARRIED FORWARD		£10,603	£11,758
		<hr/> <hr/>	<hr/> <hr/>

BALANCE SHEET

30TH SEPTEMBER 2016

	<u>Notes</u>	<u>2016</u>	<u>2015</u>
TANGIBLE FIXED ASSETS	4	564	-
CURRENT ASSETS			
Cash at bank and in hand		20,762	22,405
		<hr/>	<hr/>
CURRENT LIABILITIES			
Creditors due within one year	5	10,623	10,547
		<hr/>	<hr/>
NET CURRENT ASSETS		10,139	11,858
		<hr/>	<hr/>
NET ASSETS		£10,703	£11,858
		<hr/>	<hr/>
CAPITAL AND RESERVES			
Called up share capital	6	100	100
Profit and loss account		10,603	11,758
		<hr/>	<hr/>
SHAREHOLDERS FUNDS		£10,703	£11,858
		<hr/>	<hr/>

For the year ended 30th September 2016 the company was entitled to the exemption from audit under sections 475 and 477 (2) of the Companies Act 2006. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006. The directors acknowledge their responsibilities for:

- i) ensuring that the company keeps accounting records which comply with section 386 of the Companies Act 2006.
- ii) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 393, 394 and 395, and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

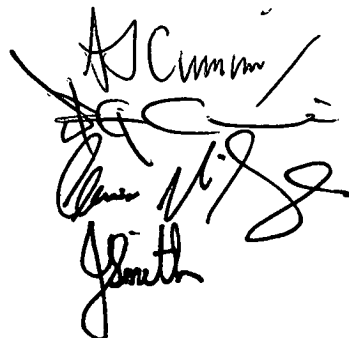
BALANCE SHEET (CONTINUED)

30TH SEPTEMBER 2016

These financial statements were prepared in accordance with the special provisions in Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2015) and were approved by the directors on 2nd May 2017.

MRS A J CUMINE)
)
D R G CUMINE)
)
MISS C A McLOUGHLIN)
)
J K SMITH)

Directors



NOTES TO THE FINANCIAL STATEMENTS

30TH SEPTEMBER 2016

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with the special provisions relating to small companies within Part VII of the Companies Act 2006 and with the Financial Reporting Standard for Smaller Entities (effective January 2015)

Turnover

Turnover represents the invoiced value of services provided, excluding value added tax, in the ordinary course of the company's continuing business.

Depreciation

Depreciation of tangible fixed assets is calculated to write off the cost of those assets over their expected useful lives. The rates currently in use are as follows:

Equipment - 33 1/3% on cost.

2. OPERATING LOSS

The operating loss is stated after taking into account the following items:

	<u>2016</u>	<u>2015</u>
Depreciation	<u>£51</u>	<u>£ -</u>

3. TAXATION

No provision has been made for corporation tax by reason of available tax losses.

4. TANGIBLE FIXED ASSETS

	Equipment
Cost	
Additions	615
At 30th September 2016	<u>615</u>
Depreciation	
Charge for the year	51
At 30th September 2016	<u>51</u>
Net book value	
At 30th September 2016	<u>£564</u>

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

30TH SEPTEMBER 2016

5.	CREDITORS amounts falling due within one year	<u>2016</u>	<u>2015</u>
	Directors' current accounts	9,838	9,738
	Accruals	785	809
		<hr/>	<hr/>
		£10,623	£10,547
		<hr/>	<hr/>
6.	SHARE CAPITAL	<u>2016</u>	<u>2015</u>
	Authorised		
	1,000 Ordinary shares of £1 each	£1,000	£1,000
		<hr/>	<hr/>
	Allotted and issued		
	100 Ordinary shares of £1 each	£100	£100
		<hr/>	<hr/>

ABC SPORTS INJURY PRACTICE LIMITED

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TRADING ACCOUNT

YEAR ENDED 30TH SEPTEMBER 2016

		<u>2016</u>	<u>2015</u>
FEES RECEIVABLE		-	-
OVERHEADS			
Home office costs	100		100
Accountancy fees	894		912
Bank charges	70		75
General expenses	40		40
Late filing fees	-		150
Computer depreciation	51	-	
		(1,155)	(1,277)
OPERATING LOSS FOR THE YEAR		£(1,155)	£(1,277)