



AUSTINS

Chartered Accountants

REGISTRAR

ABC SPORTS INJURY PRACTICE LIMITED

DIRECTORS' REPORT AND
FINANCIAL STATEMENTS

30TH SEPTEMBER 2015

Company No: 03512611

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COMPANIES HOUSE

Pine House, Chandlers Way, Southend on Sea, Essex SS2 5SE

ABC SPORTS INJURY PRACTICE LIMITED

CONTENTS	Page
Report of the Directors	1
Report of the Accountants	2
Profit and Loss Account	3
Balance Sheet	4 & 5
Notes to the Financial Statements	6
Trading Account	7

DIRECTORS' REPORT

YEAR ENDED 30TH SEPTEMBER 2015

The directors present their report and the financial statements of the company for the year ended 30th September 2015. In preparing this report, the directors have taken advantage of special exemptions available to small companies.

PRINCIPAL ACTIVITIES

The company is engaged in the provision of physiotherapy and other such services, specialising in the treatment and rehabilitation of sporting injuries.

REVIEW OF THE BUSINESS

The company made a loss in the year, details of which are set out in the profit and loss account on page 4.

DIVIDENDS

The directors do not recommend the payment of a dividend.

DIRECTOR

The persons who served as directors during the year were as follows:

Mrs A J Cumine
D R G Cumine
J K Smith
Miss CA McLoughlin

DIRECTORS' RESPONSIBILITIES


Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that year. In preparing those financial statements, the directors are required to:

- * select suitable accounting policies and then apply them consistently;
- * make judgements and estimates that are reasonable and prudent;
- * prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By Order of the Board

D R G CUMINE
Director
21st April 2016





AUSTINS
Chartered Accountants

2.

ACCOUNTANTS' REPORT TO THE DIRECTORS OF
ABC SPORTS INJURY PRACTICE LIMITED

As described on the balance sheet, you are responsible for the preparation of the accounts for the year ended 30th September 2015 set out on pages 3 to 6, and you consider that the company is exempt from an audit and a report under sections 475 and 477(2) of the Companies Act 2006. In accordance with your instructions, in order to assist you to fulfil your statutory responsibilities, we have compiled these accounts, without carrying out an audit, from the accounting records and from information and explanations supplied to us by you and confirm that in our opinion the accounts are in accordance therewith.

AUSTINS
Chartered Accountants

21st April 2016

ABC SPORTS INJURY PRACTICE LIMITED

3.

PROFIT AND LOSS ACCOUNT

YEAR ENDED 30TH SEPTEMBER 2015

	<u>Notes</u>	<u>2015</u>	<u>2014</u>
TURNOVER	1	-	215
GROSS PROFIT			
Administration costs		(1,277)	(837)
		<hr/>	<hr/>
OPERATING LOSS ON ORDINARY ACTIVITIES BEFORE TAXATION		(1,277)	(622)
Taxation	2	-	-
		<hr/>	<hr/>
LOSS ON ORDINARY ACTIVITIES AFTER TAXATION		(1,277)	(622)
ACCUMULATED BALANCE BROUGHT FORWARD		13,035	13,657
		<hr/>	<hr/>
ACCUMULATED BALANCE CARRIED FORWARD		£11,758	£13,035
		<hr/> <hr/>	<hr/> <hr/>

BALANCE SHEET

30TH SEPTEMBER 2015

	<u>Notes</u>	<u>2015</u>	<u>2014</u>
CURRENT ASSETS			
Cash at bank and in hand		22,405	23,574
		<hr/>	<hr/>
CURRENT LIABILITIES			
Creditors due within one year	4	10,547	10,439
		<hr/>	<hr/>
NET CURRENT ASSETS		11,858	13,135
		<hr/>	<hr/>
NET ASSETS		£11,858	£13,135
		<hr/>	<hr/>
CAPITAL AND RESERVES			
Called up share capital	6	100	100
Profit and loss account		11,758	13,035
		<hr/>	<hr/>
SHAREHOLDERS FUNDS		£11,858	£13,135
		<hr/>	<hr/>

For the year ended 30th September 2015 the company was entitled to the exemption from audit under sections 475 and 477 (2) of the Companies Act 2006. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006. The directors acknowledge their responsibilities for:

- i) ensuring that the company keeps accounting records which comply with section 386 of the Companies Act 2006.
- ii) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 393, 394 and 395, and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

BALANCE SHEET (CONTINUED)

30TH SEPTEMBER 2015

These financial statements were prepared in accordance with the special provisions in Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008) and were approved by the directors on 21st April 2016.

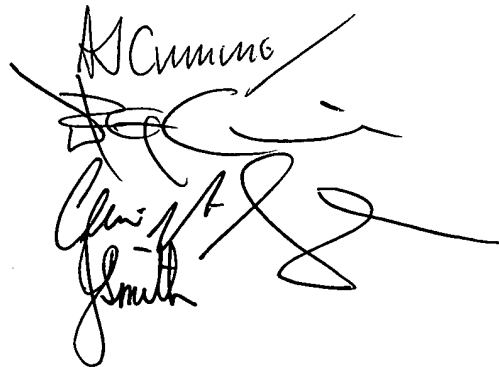
MRS A J CUMINE)

D R G CUMINE)

MISS C A McLOUGHLIN)

J K SMITH)

Directors

The block contains four handwritten signatures in black ink. The first signature at the top is 'A J Cumine'. Below it is a signature that appears to be 'D R G Cumine'. The third signature is 'C A McLoughlin'. The fourth and bottom signature is 'J K Smith'. The signatures are written in a cursive, flowing style.

NOTES TO THE FINANCIAL STATEMENTS

30TH SEPTEMBER 2015

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with the special provisions relating to small companies within Part VII of the Companies Act 2006 and with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents the invoiced value of services provided, excluding value added tax, in the ordinary course of the company's continuing business.

2. TAXATION

No provision has been made for corporation tax by reason of available tax losses.

3. CREDITORS amounts falling due within one year	<u>2015</u>	<u>2014</u>
Directors' current accounts	9,738	9,638
Accruals	809	801
	<hr/>	<hr/>
	£10,547	£10,439
	<hr/>	<hr/>

4. SHARE CAPITAL	<u>2015</u>	<u>2014</u>
Authorised		
1,000 Ordinary shares of £1 each	£1,000	£1,000
	<hr/>	<hr/>
Allotted and issued		
100 Ordinary shares of £1 each	£100	£100
	<hr/>	<hr/>

ABC SPORTS INJURY PRACTICE LIMITED

7.

TRADING ACCOUNT

YEAR ENDED 30TH SEPTEMBER 2015

		<u>2015</u>	<u>2014</u>
FEES RECEIVABLE		-	215
OVERHEADS			
Home office costs	100		100
Accountancy fees	912		632
Bank charges	75		65
General expenses	40		40
Late filing fees	150		-
		(1,277)	(837)
OPERATING LOSS FOR THE YEAR		<u>£(1,277)</u>	<u>£(622)</u>