



AUSTIN'S  
*Chartered Accountants*

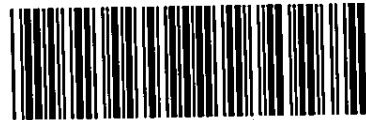
# REGISTRAR

ABC SPORTS INJURY PRACTICE LIMITED

DIRECTORS' REPORT AND  
FINANCIAL STATEMENTS

30TH SEPTEMBER 2011

WEDNESDAY



\*A18XPMFM\*

A36

27/06/2012

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COMPANIES HOUSE

Company No 03512611

*Pine House, Chandlers Way, Southend on Sea, Essex SS2 5SE*

## ABC SPORTS INJURY PRACTICE LIMITED

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DIRECTORS' REPORT

YEAR ENDED 30TH SEPTEMBER 2011

The directors present their report and the financial statements of the company for the year ended 30th September 2011. In preparing this report, the directors have taken advantage of special exemptions available to small companies.

PRINCIPAL ACTIVITIES

The company is engaged in the provision of physiotherapy and other such services, specialising in the treatment and rehabilitation of sporting injuries.

REVIEW OF THE BUSINESS

The company made a profit in the year, details of which are set out in the profit and loss account on page 4.

DIVIDENDS

The directors do not recommend the payment of a dividend.

DIRECTOR

The persons who served as directors during the year were as follows

Mrs A J Cumine

D R G Cumine

W R McLoughlin (resigned 27th May 2011)

J K Smith

Miss CA McLoughlin (appointed 27th May 2011)

DIRECTORS' RESPONSIBILITIES

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that year. In preparing those financial statements, the directors are required to

- \* select suitable accounting policies and then apply them consistently,
- \* make judgements and estimates that are reasonable and prudent;
- \* state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- \* prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

DIRECTORS' REPORT (CONTINUED)

YEAR ENDED 30TH SEPTEMBER 2011

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By Order of the Board

D R G CUMINE  
Director

11th June 2012

A handwritten signature in black ink, appearing to be 'D R G CUMINE', written over a horizontal line.

ACCOUNTANTS' REPORT TO THE DIRECTORS OF  
ABC SPORTS INJURY PRACTICE LIMITED

As described on the balance sheet, you are responsible for the preparation of the accounts for the year ended 30th September 2011 set out on pages 4 to 8, and you consider that the company is exempt from an audit and a report under sections 475 and 477(2) of the Companies Act 2006. In accordance with your instructions, in order to assist you to fulfil your statutory responsibilities, we have compiled these accounts, without carrying out an audit, from the accounting records and from information and explanations supplied to us by you and confirm that in our opinion the accounts are in accordance therewith.

11th June 2012



AUSTINS  
Chartered Accountants

## ABC SPORTS INJURY PRACTICE LIMITED

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## PROFIT AND LOSS ACCOUNT

YEAR ENDED 30TH SEPTEMBER 2011

	<u>Notes</u>	<u>2011</u>	<u>2010</u>
TURNOVER	1	44,181	44,028
Cost of sales		(32,939)	(31,363)
		<hr/>	<hr/>
GROSS PROFIT		11,242	12,665
Administration costs		(6,121)	(8,277)
		<hr/>	<hr/>
OPERATING PROFIT	2	5,121	4,388
Interest on tax		(2)	-
Loan interest payable		-	(286)
		<hr/>	<hr/>
PROFIT ON ORDINARY ACTIVITIES BEFORE TAXATION		5,119	4,102
Taxation	3	(624)	(940)
		<hr/>	<hr/>
PROFIT ON ORDINARY ACTIVITIES AFTER TAXATION		4,495	3,162
ACCUMULATED BALANCE BROUGHT FORWARD		12,084	8,922
		<hr/>	<hr/>
ACCUMULATED BALANCE CARRIED FORWARD		<u>£16,579</u>	<u>£12,084</u>

## ABC SPORTS INJURY PRACTICE LIMITED

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## BALANCE SHEET

30TH SEPTEMBER 2011

	<u>Notes</u>	<u>2011</u>	<u>2010</u>
TANGIBLE FIXED ASSETS	4	1,200	300
CURRENT ASSETS			
Debtors	5	2,789	1,555
Cash at bank and in hand		41,082	35,437
		<hr/>	<hr/>
		43,871	36,992
		<hr/>	<hr/>
CURRENT LIABILITIES			
Creditors due within one year	6	28,392	25,108
		<hr/>	<hr/>
NET CURRENT ASSETS		15,479	11,884
		<hr/>	<hr/>
NET ASSETS		£16,679	£12,184
		<hr/>	<hr/>
CAPITAL AND RESERVES			
Called up share capital	7	100	100
Profit and loss account		16,579	12,084
		<hr/>	<hr/>
SHAREHOLDERS FUNDS		£16,679	£12,184
		<hr/>	<hr/>

For the year ended 30th September 2011 the company was entitled to the exemption from audit under sections 475 and 477 (2) of the Companies Act 2006. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006. The directors acknowledge their responsibilities for

- i) ensuring that the company keeps accounting records which comply with section 386 of the Companies Act 2006
- ii) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 393, 394 and 395, and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

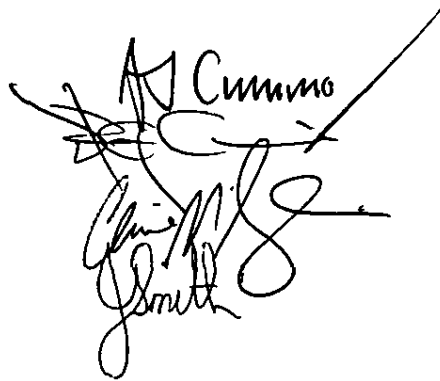
BALANCE SHEET (CONTINUED)

30TH SEPTEMBER 2011

These financial statements were prepared in accordance with the special provisions in Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008) and were approved by the directors on 11th June 2012.

MRS A J CUMINE )  
D R G CUMINE )  
MISS C A McLOUGHLIN )  
J K SMITH )

Directors

Handwritten signatures of the directors. The top signature is 'A J Cumine' with a large checkmark. Below it are two more signatures, one of which appears to be 'J K Smith'.



## NOTES TO THE FINANCIAL STATEMENTS

30TH SEPTEMBER 2011

## 1 ACCOUNTING POLICIES

## Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with the special provisions relating to small companies within Part VII of the Companies Act 2006 and with the Financial Reporting Standard for Smaller Entities (effective April 2008)

## Turnover

Turnover represents the invoiced value of services provided, excluding value added tax, in the ordinary course of the company's continuing business

## Depreciation

Fixed assets are depreciated at rates which it is estimated will write off the cost of those assets over their expected useful lives. The rates currently in use are as follows.

Equipment - 33 $\frac{1}{3}$ % on cost

## 2. OPERATING PROFIT

20112010

The operating profit has been stated after taking into account the following items:

£

£

Depreciation

600

100

Consultants' costs

15,169

15,981

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## 3 TAXATION

20112010

Corporation tax for the year

£624

£940

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## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

30TH SEPTEMBER 2011

## 4. TANGIBLE FIXED ASSETS

	<u>Equipment</u>
Cost	
At 1st October 2010	1,979
Additions	1,500
At 30th September 2011	<u>3,479</u>
Depreciation	
At 1st October 2010	1,679
Charge in year	600
At 30th September 2011	<u>2,279</u>
Net book value	
At 30th September 2011	<u>£1,200</u>
At 30th September 2010	<u>£300</u>

## 5. DEBTORS

	<u>2011</u>	<u>2010</u>
Trade debtors	£2,789	£1,555

## 6 CREDITORS amounts falling due within one year

	<u>2011</u>	<u>2010</u>
Trade creditors	2,489	3,622
Directors' current accounts	16,678	13,544
Corporation tax	624	940
Accruals	8,601	7,002
	<u>£28,392</u>	<u>£25,108</u>

## 7 SHARE CAPITAL

	<u>2011</u>	<u>2010</u>
Authorised		
1,000 Ordinary shares of £1 each	£1,000	£1,000
Allotted and issued		
100 Ordinary shares of £1 each	£100	£100

## ABC SPORTS INJURY PRACTICE LIMITED

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## TRADING ACCOUNT

YEAR ENDED 30TH SEPTEMBER 2011

	<u>2011</u>	<u>2010</u>
FEES RECEIVABLE	44,181	44,028
DIRECT COSTS		
Consultants' costs	19,669	18,081
Uniforms	-	351
Service fees	13,270	12,931
	<u>(32,939)</u>	<u>(31,363)</u>
GROSS PROFIT	11,242	12,665
OVERHEADS		
Administration fees	2,140	4,730
Telephone costs	402	396
Postage and stationery	156	50
Subscriptions	299	294
Home office costs	600	600
Accountancy fees	1,636	1,788
Bank charges	258	289
General expenses	30	30
Equipment depreciation	600	100
	<u>(6,121)</u>	<u>(8,277)</u>
OPERATING PROFIT	5,121	4,388
Interest on tax	(2)	-
Loan interest payable	-	(286)
TRADING PROFIT FOR THE YEAR	<u>£5,119</u>	<u>£4,102</u>