

Company Registration No. 3492282 (England and Wales)

A & M TRANSPORT LIMITED
ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 JANUARY 2009

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A & M TRANSPORT LIMITED

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A & M TRANSPORT LIMITED

ABBREVIATED BALANCE SHEET

AS AT 31 JANUARY 2009

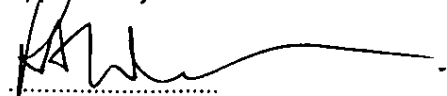
	Notes	2009 £	£	2008 £	£
Fixed assets					
Tangible assets	2		4,488		2,663
Current assets					
Debtors		35,531		59,102	
Cash at bank and in hand		9,929		10,518	
		45,460		69,620	
Creditors: amounts falling due within one year		(45,101)		(60,802)	
Net current assets			359		8,818
Total assets less current liabilities			4,847		11,481
Provisions for liabilities			-		(52)
			4,847		11,429
Capital and reserves					
Called up share capital	3		2		2
Profit and loss account			4,845		11,427
Shareholders' funds			4,847		11,429

In preparing these abbreviated accounts:

- (a) The directors are of the opinion that the company is entitled to the exemption from audit conferred by Section 249A(1) of the Companies Act 1985;
- (b) No notice has been deposited under Section 249B(2) of the Companies Act 1985, and
- (c) The directors acknowledge their responsibilities for:
 - (i) ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985, and
 - (ii) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of Section 226, and which otherwise comply with the requirements of this Act relating to accounts, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

Approved by the Board for issue on 27/10/2009.



R A Waring
Director

Company Registration No. 3492282

A & M TRANSPORT LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 31 JANUARY 2009

1 Accounting policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007).

1.2 Turnover

Turnover represents amounts receivable for goods and services net of VAT and trade discounts.

1.3 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Land and buildings Leasehold	- 20% straightline
Equipment	- 25% or 15% straight line
Motor vehicles	- 25% reducing balance

2 Fixed assets

	Tangible assets £
Cost	
At 1 February 2008	15,823
Additions	14,280
Disposals	(24,108)
At 31 January 2009	5,995
Depreciation	
At 1 February 2008	13,160
On disposals	(12,977)
Charge for the year	1,324
At 31 January 2009	1,507
Net book value	
At 31 January 2009	4,488
At 31 January 2008	2,663

3 Share capital

	2009 £	2008 £
Authorised		
1,000 Ordinary shares of £1 each	1,000	1,000
Allotted, called up and fully paid		
2 Ordinary shares of £1 each	2	2

A & M TRANSPORT LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 JANUARY 2009

4 Transactions with directors

The following directors had interest free loans during the year. The movement on these loans are as follows:

	Amount outstanding		Maximum
	2009	2008	in year
	£	£	£
Mr R A Waring	-	3,683	12,257