In accordance with Section 854 of the Companies Act 2006

# AR01

## **Annual Return**

(For returns made up to a date on or after 1 October 2011)



Companies House

A fee is payable with this form Please see 'How to pay' on the last page You can use the WebFiling service to file this form online. Please go to www.companieshouse.gov.uk

What this form is for
You may use this form to confirm
that the company information is
correct as at the date of this return
You must file an Annual Return at
least once every year

What this form is NOT fo You cannot use this form to notice of changes to the co officers, registered office ad company type or informatic relating to the company rec



A16 20/06/2014 COMPANIES HOUSE

# Part 1 Company details

The section must be completed by all companies

Filling in this form
Please complete in typescript or in bold black capitals

		bold black capitals
		All fields are mandatory unless specified or indicated by *
A1	Company details	
Company number	03366529	• Company name change
Company name in full	BRIDGET HEALING CENTRE TITD	If your company has recently changed its name, please provide the company name as at the date of this return
A2	Return date	
	Please give the annual return made up date The return date must not be a future date The annual return must be delivered within 28 days of the date given below	O Date of this return Your company's return date is usually the anniversary of
	If you would like the company's made up date to be earlier than 1 October 2011, please complete the AR01 appropriate for earlier made up dates	incorporation or the anniversary of the last annual return filed at Companies House You may choose
Date of this return ②	1 4 BOB 12 10 11 14	an earlier return date but it must not be a later date.
А3	Principal business activity	
	Please show the trade classification code number(s) for the principal activity or activities •	Principal business activity You must provide a trade classification code (SIC code 2007)
Classification code 1		or a description of your company's
Classification code 2		A full list of the trade classification
Classification code 3		codes are available on our website www.companieshouse.gov.uk
Classification code 4		,
	If you cannot determine a code, please give a brief description of your business activity below	
Principal activity	OPERATING AS HEALING CENTRE	
description	OFFERING THERAPIES	

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	(correctants made up to a date on or direct 1 october 2011)	
A4	Company type®	<del></del>
	Please confirm your company type by ticking the appropriate box below (only one box must be ticked)  Public limited company Private company limited by shares Private company limited by guarantee Private company limited by shares exempt under section 60 Private company limited by guarantee exempt under section 60 Private unlimited company with share capital Private unlimited company without share capital	● Company type  If you are unsure of your company type, please check your latest certificate of incorporation or our website  www.companieshouse.gov.uk
A5	Registered office address <sup>©</sup>	
Building name/number Street	THE COURTYARD. 2-4 HIGH ST	Change of registered office This must agree with the address that is held on the Companies House record at the date of this return If the registered office address has
Post town	GLASTONBURY.	changed, you should complete form
County/Region	SOMERSET	AD01 and submit it together with this annual return
Postcode	BA6 904.	
	Single alternative inspection location (SAIL) of the company records (if applicable)	
Building name/number		SAIL address This must agree with the address
Street		that is held on the Companies House record at the date of this return
Post town		If the address has changed, you should complete form AD02 and
County/Region		submit it together with this annual return
Postcode		
A7	Location of company records ®	
_	Please tick the appropriate box to indicate which records are kept at the SAIL address in Section A6  Register of members Register of directors Directors' service contracts Directors' indemnities Register of secretaries.	O Location of company records If the company records are held at the registered office address, do not tick any of the boxes in this section Certain records must be kept by every company while other records are only kept by certain company types where appropriate
	Records of resolutions etc Contracts relating to purchase of own shares Documents relating to redemption or purchase of own share out of capital by private company Register of debenture holders Report to members of outcome of investigation by public company into interests in its shares Register of interests in shares disclosed to public company Instruments creating charges and register of charges England and Wales or Northern Ireland	If the records are not kept at the SAIL address, they must be available at the registered office.  If any of the company records have moved from the registered office to the address in Section A6 since the last annual return, you must complete form AD03 and submit it together with this annual return

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Part 2	Officers of the company				
	This section should include details of the company at the date to which this annual return is made up	Continuation pages Please use a continuation page If you need to enter more officer details.			
	<ul> <li>→ For a secretary who is an individual, go to Section B1</li> <li>→ For a corporate secretary, go to Section C1</li> <li>→ For a director who is an individual, go to Section D1</li> <li>→ For a corporate director, go to Section E1</li> </ul>	detans			
Secretary					
B1	Secretary's details •				
	Please use this section to list all the secretaries of the company For a corporate secretary, complete Section C1-C4	• Secretary appointments  You may not use this form to appoint a secretary To do this,			
Title*	M P-3	please complete form AP03 and submit it together with this annual			
Full forename(s)	JAY	return			
Surname	OAKWOOD	Corporate details Please use Section C1-C4 to enter			
Former name(s) •	Secretary's cornice address 0	Secretary details  All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete form CH03  Former name(s) Please provide any previous names which have been used for business purposes during the period of this return Married women do not need to give former names unless previously used for business purposes			
B2	Secretary's service address •				
Building name/numbe	1 CONTENT / MAY CONSTRUCT	● Service address  If you have previously notified			
Street	COMPTON STREET	Companies House that the service address is at 'The Company's Registered Office', please state 'The			
Post town	SONERTON	<ul> <li>Company's Registered Office' in the address.</li> </ul>			
County/Region	SOMERSET	This information will appear on the public record			
Postcode	TAIII 615	public record			
Country	ENLLAND				

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## **Corporate secretary**

C1	Corporate secretary's details •					
Corporate body/firm	Please use this section to list all the corporate secretaries of the company	Ocorporate secretary appointments You cannot use this form to appoint a corporate secretary To do this, please complete form APO4 and submit it together with this annual				
Building name/number		return  Corporate secretary details				
Street		All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have				
Post town		not notified us, please complete form CH04				
County/Region		This information will appear on the				
Postcode		public record				
Country						
C2	Location of the registry of the corporate body or firm					
	Is the corporate secretary registered within the European Economic Area (EEA)?  → Yes Complete Section C3 only  → No Complete Section C4 only					
C3	EEA companies ®					
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	● EEA A full list of countries of the EEA can be found in our guidance				
Where the company/ firm is registered €		www.companieshouse gov.uk  This is the register mentioned in Article 3 of the First Company Law				
Registration number		Directive (68/151/EEC)				
C4	Non-EEA companies	· · · · · · · · · · · · · · · · · · ·				
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	Non-EEA  Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in				
Legal form of the corporate body or firm		that register				
Governing law						
If applicable, where the company/firm is registered •						
If applicable, the registration number						

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## Director

D1	Director's details ®	",
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	O Director appointments  You cannot use this form to appoint a director To do this, please
Title*	-MP-)	complete form APO1 and submit it together with this annual return
Full forename(s)	✓ A1	Corporate details
Surname	OAKJOOD	Please use Section E1-E4 to enter corporate director details
Former name(s) 👁		Director details  All details must agree with those previously notified to Companies
Country/State of residence	ENFLAND	House. If you have made changes since the last annual return and have not notified us, please
Nationality	BRITUH	complete form CH01
Date of birth	26 3 1964	Please provide any previous names
Business occupation (if any)	HEALER	which have been used for business purposes during the period of this return Marned women do not need to give former names unless previously used for business purposes.
D2	Director's service address <sup>9</sup>	
Building name/number	CORNER FARM COTTALE	Service address     If you have previously notified
Street	COMPTON STREET.	Companies House that the service address is at 'The Company's Registered Office', please state 'The
Post town	SONERTAN	Company's Registered Office' in the address
County/Region	SOMERSET	This information will appear on the public record
Postcode -	TAII 1818	public record
Country	FNGLAND	

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### Director

D1	Director's details <sup>9</sup>				
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	Director appointments     You cannot use this form to     appoint a director To do this, please			
Title*	MR	complete form APO1 and submit it together with this annual return			
Full forename(s)	KESTREL	Corporate details			
Surname	a A K wood	Please use Section E1-E4 to enter corporate director details			
Former name(s)		Director details  All details must agree with those previously notified to Companies  House. If you have made changes			
Country/State of residence	ENGLAND	since the last annual return and have not notified us, please			
Nationality		complete form CH01			
Date of birth	(° 8 ° 0 ° 8 ° 0 ° 8 ° 0 ° 0 ° 0 ° 0 ° 0	<ul> <li>Former name(s)</li> <li>Please provide any previous names</li> </ul>			
Business occupation (if any)	HEALER	which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.			
D2	Director's service address €				
Building name/number	CORNER FARM COTTAGE	Service address If you have previously notified			
Street	CONPTON STREET	Companies House that the service address is at 'The Company's Registered Office', please state 'The			
Post town	SOMERION	Company's Registered Office' in the address			
County/Region	SONEFSET	This information will appear on the public record			
Postcode .	TADI GRS	μαινία τεκοια			
Country					

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## **Corporate director**

E1	Corporate director's details •	*4	
	Please use this section to list all the corporate director's of the company	Ocorporate director appointments You cannot use this form to appoint a corporate director To do this,	
Corporate body/firm name		please complete form APO2 and submit it together with this annual return	
Building name/number		Corporate director details  All details must agree with those	
Street		previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete	
Post town		form CH02	
County/Region		This information will appear on the public record	
Postcode			
Country			
E2	Location of the registry of the corporate body or firm		
_	Is the corporate director registered within the European Economic Area (EEA)?  → Yes Complete Section E3 only  → No Complete Section E4 only		
E3	EEA companies ®		
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	● EEA  A full list of countries of the EEA can be found in our guidance	
Where the company/ firm is registered ©		This is the register mentioned in Article 3 of the First Company Law	
Registration number		Directive (68/151/EEC)	
E4	Non-EEA companies		
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	Non-EEA  Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in	
Legal form of the corporate body or firm		that register	
Governing law			
If applicable, where the company/firm is registered •			
If applicable, the registration number			

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Part 3	Statement	of capital o	,				
	→ Yes Com	have share capital? iplete the sections below Part 5 (Signature).	ow and the following Part	nd the following Part 4 capital		ould reflect the company's status at the made up date of inual return	
F1	Share capital in	pound sterling (	£)				
Please complete the ta If all your issued capita			ld in pound sterling and then go to Section F4				
Class of shares (E g Ordinary/Preference etc	)	Amount paid up on each share ②	Amount (if any) unpaid on each share	Number of sha	res 😉	Aggregate nominal value 10	
ORDINA	ry	山山		300	۵	£ 3000	
					·	£	
						£	
			Totals			13000	
F2	Share capital ir	other currencies	<u> </u>	<u>:</u>		<u> </u>	
Please complete the ta Please complete a sepa			d in other currencies				
Currency							
Class of shares (E g Ordinary/Preference etc.)		Amount paid up on each share 🕏	Amount (if any) unpaid on each share	Number of sha	res 🖲	Aggregate nominal value	
	<del>-</del>	_ <u> </u>		<u> </u>			
			Totals				
Currency			<u> </u>		<del></del>		
Class of shares (E g Ordinary/Preference etc	)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of sha	res 😉	Aggregate nominal value 4	
			Totals	<u> </u> 			
F3	Totals			1			
_	Please give the tot issued share capita		nd total aggregate nominal	value of	Please	aggregate nominal value list total aggregate values in	
Total number of shares	different currencies consentable to						
Total aggregate nominal value 😉	t30	00	, 				
<ul> <li>Including both the noming share premium</li> <li>Total number of issued s</li> </ul>		Number of shares issured nominal value of each	share Ple	ntinuation Pag ase use a Stater ge if necessary		oital continuation	

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F4	Statement of capital (Voting rights)				
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in Sections F1 and F2				
Class of share	ORDINARY.				
Voting rights	ORDINARY. ONE VOTE PER SHARE				
Class of share					
Voting rights					
Class of share					
Voting rights					
Class of share					
Voting rights					

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Part 4	Shareholders				
	Does your company have share capital?  → Yes go to Section G1 'Companies with share capital'  → No Go to Part 5 (Signature)				
G1	Companies with share capital				
Question 1	Were any of the company's shares admitted to trading on a market at any time during this return period? Please tick the appropriate box below   ■ No go to Section G2 'Past and present shareholders'  ■ Yes go to Question 2	A market is one established under the rules of a UK recognised investment exchange or any other regulated markets in or outside of the UK, or any other market outside			
Question 2	Please only refer to Question 2 below if you have answered 'Yes' to Question 1 If you answered 'No', please go to Section G2 'Past and present shareholders'	of the UK The current UK recognized investment exchanges and regulated markets can be found at www.fsa.gov.uk/register/exchanges.do			
	Did the company, throughout the return period, have any shares admitted to trading on a relevant market and was it, throughout the return period, an issuer to which DTR5 applies? Please tick the appropriate box below   No go to Section G4 'Shareholders who hold at least 5% of any class of shares of the company as at the made up date of the return'  Yes go to Part 5 'Signature'	◆ DTR5 refers to the Vote Holder and Issuer Notification Rules contained in Chapter 5 of the Disclosure and Transparency Rules source book issued by the Financial Services Authority Notification is required when the percentage acquisition of a shareholder in the company has			
63		reached a certain threshold (starting at 3%)			
G2	List of past and present shareholders ®				
	The company is required to provide a full list of past and present shareholders if one was not included with either of the last two returns. Please tick the appropriate box below  There were no shareholder changes in this period. Go to Part 5 (Signature)  A full list of shareholders is enclosed.  A list of shareholder changes is enclosed.	This section only applies to companies answering 'No' in Section G1  Section G1			
	How is the list of shareholders enclosed. Please tick the appropriate box below  The list of shareholders is enclosed on paper. Go to Section G3. 'List of past and present shareholders'.				
	The list of shareholders is enclosed in another format. Go to Part 5 (Signature).				

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(For returns made up to a date on or after 1 October 2011)

### G3

## List of past and present shareholders ®

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

 Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders

Please use a 'List of past and present shareholders' continuation page if necessary

This section only applies to companies answering 'No' to Question 1 in Section G1

ı		Shares or stock currently held	Shares or stock transfern	ed (rf appropnate)
Shareholder's Name (Address not required)	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer
KESTREZ O AKWOOD	ORDINARY	1350		1 1
JAY OAKWOOD	OFDINARY	1350		1 1
MAJOJIA CHELMWSKI	ORPINARY	30A		1 1
				/ /
,				1 1
				, ,
				, ,
•				1 1
				1 1
,				1 1
				1 1
				1 1
			<u> </u>	

### Annual Return

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**G4** 

### Shareholders who hold at least 5% of any class of share(s) of the company as at the made up date of this return

This section should show only the shareholders that hold at least 5% of any class of share(s) of the company at the date of this return

It should only be completed by companies that have answered 'Yes' to Question 1 in Section G1, and 'No' to Question 2 in Section G1

If there were no shareholders holding at least 5% of any class of share(s) at the date of this return, this section may be left blank

→ Go to Part 5 (Signature)

This section only applies to companies answering 'No' to Question 2 in Section G1

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

**Further shareholders** 

Please use a 'Shareholders who hold at least 5% of any class of share(s) of the company as at the made up date of this return' continuation page if necessary

		Shares or stock currently held		
Shareholder's name	Shareholder's address	Class of share	Number of shares or amount of stock	
	·			
•				

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Part 5	Signature	•
	This must be completed by all companies  I am signing this form on behalf of the company	● Societas Europaea  If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership  ● Person authorised Under either section 270 or 274 of the Companies Act 2006
Signature	X V aakwaa	
	This form may be signed by Director , Secretary, Person authorised , Charity commission receiver and manager, CIC manager, Judicial factor	

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Please note that all information on this form will appear on the public record  E How to pay  A fee of £40 is payable to Companies House	
A fee of £40 is payable to Companies House	
in respect of an Annual Return	
Make cheques or postal orders payable to 'Companies House'	
☑ Where to send	
You may return this form to any Companies Hous address, however for expediency we advise you t return it to the appropriate address below.	
For companies registered in England and Wales The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff	
For companies registered in Scotland The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2,	
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post)  For companies registered in Northern Ireland The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG DX 481 N R Belfast 1	
<i>i</i> Further information	
For further information, please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk	
This form is available in an alternative format. Please visit the forms page on the website at	