



Annual Return

Company Name: **BODY-SOLID LIMITED**

Company Number: **03331029**



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Company Name: **BODY-SOLID LIMITED**

Company Number: **03331029**

Date of this return: **11/03/2016**

Sic Codes: **74990**

Company Type: **Private company limited by shares**

Situation of **C/O PHILIPS ACCOUNTANTS (SOUTHGATE) LTD**

Registered Office: **286B CHASE ROAD SOUTHGATE LONDON
N14 6HF**

Officers of the company

Company Secretary 1

Type: **Person**
Full Forename(s): **FROSO**
Surname: **KITIRIS**
Service Address: **239 PRINCES AVENUE LONDON PALMERS GREEN
N13 6HH**

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Company Director 1

Type: **Person**
Full Forename(s): **MR CHRISTAKIS**
Surname: **KITIRIS**
Service Address: **239 PRINCES AVENUE LONDON
N13 6HH**

Country/State **UNITED KINGDOM**
Usually Resident:
Date of Birth: ****/10/1963** Nationality: **BRITISH**
Occupation: **DISTRIBUTOR**

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Statement of Capital (Share Capital)

Class of Shares:	ORDINARY	Number allotted	1
Currency:	GBP	Aggregate nominal value:	1
Prescribed particulars			
ORDINARY SHARES			

Statement of Capital (Totals)

Currency:	GBP	Total number of shares:	1
		Total aggregate nominal value:	1
		Total aggregate amount unpaid:	0

Full details of Shareholders

The details below relate to individuals/corporate bodies that were shareholders as at 11th March 2016 or that had ceased to be shareholders since the made up date of the previous Annual Return.

A full list of shareholders for a private or non-traded public company are shown below.

Shareholding 1: **1 ORDINARY shares held as at the date of this return**
Name: **CHRISTAKIS KITIRIS**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager,
Judicial Factor

