

Registered Number 03317570

PURE HEALTH LIMITED

Abbreviated Accounts

31 December 2014

Abbreviated Balance Sheet as at 31 December 2014

	Notes	2014	2013
		£	£
Fixed assets			
Intangible assets	2	3,000	3,600
Tangible assets	3	11,855	9,819
		<u>14,855</u>	<u>13,419</u>
Current assets			
Stocks		39,849	30,945
Debtors		23,544	22,427
Cash at bank and in hand		20,057	13,757
		<u>83,450</u>	<u>67,129</u>
Creditors: amounts falling due within one year		(24,464)	(11,953)
Net current assets (liabilities)		<u>58,986</u>	<u>55,176</u>
Total assets less current liabilities		<u>73,841</u>	<u>68,595</u>
Creditors: amounts falling due after more than one year		(25,618)	(42,118)
Total net assets (liabilities)		<u>48,223</u>	<u>26,477</u>
Capital and reserves			
Called up share capital	4	297	297
Profit and loss account		47,926	26,180
Shareholders' funds		<u>48,223</u>	<u>26,477</u>

- For the year ending 31 December 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 4 June 2015

And signed on their behalf by:

M J Powell, Director

Notes to the Abbreviated Accounts for the period ended 31 December 2014**1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Exemption from preparing a cash flow statement

Exemption has been taken from preparing a cash flow statement on the grounds that the company qualifies as a small company.

Turnover policy

Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible assets depreciation policy

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 20% on reducing balance

Other accounting policies

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

2 Intangible fixed assets

	£
Cost	
At 1 January 2014	18,539
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 December 2014	<u>18,539</u>
Amortisation	
At 1 January 2014	14,939
Charge for the year	600
On disposals	-
At 31 December 2014	<u>15,539</u>
Net book values	
At 31 December 2014	<u>3,000</u>
At 31 December 2013	<u>3,600</u>

3 Tangible fixed assets

	£
Cost	
At 1 January 2014	31,238
Additions	5,000
Disposals	-
Revaluations	-
Transfers	-
At 31 December 2014	<u>36,238</u>
Depreciation	
At 1 January 2014	21,419
Charge for the year	2,964
On disposals	-
At 31 December 2014	<u>24,383</u>
Net book values	
At 31 December 2014	<u>11,855</u>
At 31 December 2013	<u>9,819</u>

4 **Called Up Share Capital**

Allotted, called up and fully paid:

	<i>2014</i>	<i>2013</i>
	£	£
297 Ordinary shares of £1 each	297	297

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