

Peak Performance Group Limited

Annual Report and Unaudited Financial Statements
for the Year Ended 31 August 2019

Fuller & Roper (Accountants) Limited
Unit 12
Old Mills Industrial Estate
Paulton
Bristol
BS39 7SU

Peak Performance Group Limited

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Peak Performance Group Limited

Company Information

Directors	J S Fuller C L Small
Registered office	Unit 12 Old Mills Industrial Estate Paulton Bristol BS39 7SU
Accountants	Fuller & Roper (Accountants) Limited Unit 12 Old Mills Industrial Estate Paulton Bristol BS39 7SU

Peak Performance Group Limited

Directors' Report for the Year Ended 31 August 2019

The directors present their report and the financial statements for the year ended 31 August 2019.

This report has been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and in accordance with FRS 105 The Financial Reporting Standard applicable to the Micro-entities Regime.

Directors of the company

The directors who held office during the year were as follows:

J S Fuller

C L Small

Small companies provision statement

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

Approved by the Board on 3 March 2020 and signed on its behalf by:

.....
J S Fuller
Director

Peak Performance Group Limited

Profit and Loss Account for the Year Ended 31 August 2019

	2019 £	2018 £
Turnover	34,522	40,366
Cost of raw materials and consumables	(9,575)	(6,052)
Staff costs	(14,037)	(12,071)
Other charges	<u>(10,576)</u>	<u>(5,826)</u>
Profit before tax	334	16,417
Taxation	<u>(63)</u>	<u>(3,119)</u>
Profit for the year	<u><u>271</u></u>	<u><u>13,298</u></u>

Peak Performance Group Limited

(Registration number: 03259100)
Balance Sheet as at 31 August 2019

	2019 £	2018 £
Fixed assets	4,275	125
Current assets	25,495	29,818
Creditors: Amounts falling due within one year	(28,881)	(29,325)
Net current (liabilities)/assets	(3,386)	493
	889	618
Capital and reserves	889	618

1 General information

Peak Performance Group Limited is a private company, limited by shares, registered in England and Wales. The company's registration number is 03259100. The registered office and principal place of business is 12 Old Mills Industrial Estate, Paulton, Bristol BS39 7SU.

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime'.

These financial statements have been prepared in accordance with the micro-entity provisions of the Companies Act 2006.

For the financial year ending 31 August 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

Approved and authorised by the Board on 3 March 2020 and signed on its behalf by:

.....
J S Fuller

Director

the Companies Act 2006.