

Peak Performance Group Limited

Unaudited Abbreviated Accounts

for the Year Ended 31 August 2016

Fuller & Roper Limited
Chartered Accountants
The Counting House
Church Farm Business Park
Corston
Bath
BA2 9AP

Peak Performance Group Limited
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Peak Performance Group Limited
(Registration number: 03259100)
Abbreviated Balance Sheet at 31 August 2016

	Note	2016 £	2015 £
Fixed assets			
Investments		1,125	1,125
Current assets			
Debtors		6,456	10,670
Cash at bank and in hand		7,499	9,175
		13,955	19,845
Creditors: Amounts falling due within one year		(13,427)	(20,157)
Net current assets/(liabilities)		528	(312)
Net assets		1,653	813
Capital and reserves			
Called up share capital	<u>3</u>	600	600
Profit and loss account		1,053	213
Shareholders' funds		1,653	813

For the year ending 31 August 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime .

Approved by the Board on 17 May 2017 and signed on its behalf by:

.....
J S Fuller
Director

The notes on pages 2 to 3 form an integral part of these financial statements.

Peak Performance Group Limited
Notes to the Abbreviated Accounts for the Year Ended 31 August 2016
..... continued

1 Accounting policies

Basis of preparation

The full financial statements, from which these abbreviated accounts have been extracted, have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (Effective January 2015).

Turnover

Turnover represents amounts chargeable in respect of the sale of goods and services to customers.

Fixed asset investments

Fixed asset investments are stated at historical cost less provision for any diminution in value.

Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities. Where shares are issued, any component that creates a financial liability of the company is presented as a liability in the balance sheet. The corresponding dividends relating to the liability component are charged as interest expense in the profit and loss account.

2 Fixed assets

	Investments £	Total £
Cost		
At 1 September 2015	1,125	1,125
At 31 August 2016	1,125	1,125
Depreciation		
At 31 August 2016	-	-
Net book value		
At 31 August 2016	1,125	1,125
At 31 August 2015	1,125	1,125

Details of undertakings

Details of the investments in which the company holds 20% or more of the nominal value of any class of share capital are as follows:

Peak Performance Group Limited
Notes to the Abbreviated Accounts for the Year Ended 31 August 2016

..... continued

Undertaking	Country of incorporation	Holding	Proportion of voting rights and shares held	Principal activity
Subsidiary undertakings				
BiM Limited	Gibraltar	Ordinary	100%	Non-trading
The Fuller Group Limited	England	Ordinary	100%	IP ownership
Fuller Accountants Limited	England	Ordinary	100%	Dormant
Blencathra Nominees Limited	England	Ordinary	100%	Dormant
Associates				
SoHotels Limited	England	Ordinary	30%	Internet services

3 Share capital

Allotted, called up and fully paid shares

	2016		2015	
	No.	£	No.	£
A Ordinary of £1 each	50	50	50	50
B Ordinary of £1 each	50	50	50	50
C Ordinary of £1 each	500	500	500	500
	<u>600</u>	<u>600</u>	<u>600</u>	<u>600</u>

4 Control

The company is controlled by J S Fuller.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.