



Companies House

— for the record —

Company Name

COUCHMAN COMMUNICATIONS
LIMITED

Company Type

Private Company Limited By
Shares

Company Number

3239247

Information extracted from
Companies House records on
16th October 2001

363s Annual Return

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.



A28
COMPANIES HOUSE

A0127569

0715
24/10/01

Section 1: Company details

Ref: 3239247/03/10

| | Current details | Amended details |
|---|--|---|
| > Registered Office Address <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> | 13C Oaklands Rise Welwyn Hertfordshire AL6 0RN | Address 61 LONDON ROAD WOOLMER GREEN HERTS UK Postcode SG3 6JE |
| > Register of Members <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> | Address where the Register is held At Registered Office | Address UK Postcode |
| > Register of Debenture Holders <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> | Not Applicable | Address UK Postcode |
| > Principal Business Activities <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> | SIC Code 7414 Description Business & management consultancy | SIC CODE Description |
| > Please enter additional principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes. | | |

Section 2: Details of Officers of the Company

| | Current details | Amended details |
|--|---|---|
| > Company Secretary <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> <i>Particulars of a new Company Secretary must be notified on form 288.</i> | Name Frances COUCHMAN Address 13C Oaklands Rise Welwyn Hertfordshire AL6 0RN | Name Address UK Postcode _ _ _ _ _ Date of change _ _ / _ _ / _ _ _ _ Date Frances COUCHMAN ceased to be secretary (if applicable) _ _ / _ _ / _ _ _ _ |
| > Director <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> <i>Particulars of a new Director must be notified on form 288.</i> | Name Nicholas William COUCHMAN Address 13C Oaklands Rise Welwyn Hertfordshire AL6 0RN Date of birth 26/10/1960 Nationality British Occupation Public Relations Consultant | Name Address UK Postcode _ _ _ _ _ Date of birth _ _ / _ _ / _ _ _ _ Nationality _ _ _ _ _ Occupation _ _ _ _ _ Date of change _ _ / _ _ / _ _ _ _ Date Nicholas William COUCHMAN ceased to be director (if applicable) _ _ / _ _ / _ _ _ _ |

Section 3: Share Capital

| | Current details | Amended details |
|--|---|--|
| > Issued Share Capital <i>This table shows the total number of shares that have been issued by your company and their Nominal Value. If any of the details are wrong, please fill in the correct details.</i> | Class of share Ordinary Nominal value of each share £1.00 Number of shares issued 100 Aggregate Nominal Value of issued shares £100.00 | Class of share _____ Nominal value of each share _____ Number of shares issued _____ Aggregate Nominal Value of issued shares _____ |
| > Total shares issued and value <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> | Total number of shares issued 100 Total Nominal value of shares issued £100.00 | Total number of shares issued _____ Total Nominal value of shares issued _____ |

- > At the date of this Annual Return, if the company has altered or changed its share capital in any way or allotted new shares, please refer to the guidance notes for details of the appropriate form that should be sent with this Annual Return. Annual return guidance notes are available on the Companies House web site at www.companieshouse.gov.uk or by ringing 0870 3333636.**

Section 4: Details of Shareholders

- > The details we hold on your company's shareholders and their shareholdings are printed below. These are based on your last Annual Return.
- > If any details have changed, or if any shares have been transferred, please fill in the details in the "Amended details" or "Shares transferred" column.
- > Please give details of any other shareholders in Section 5.

| Current details | | Amended details | | Shares transferred | | |
|---|--|---|--|--|--|--|
| > Shareholder Name Frances Louise COUCHMAN | | Name _____ | | Shares transferred by Frances Louise COUCHMAN | | |
| Address 13C Oaklands Rise Welwyn Hertfordshire AL6 0RN | | Address _____ _____ _____ | | | | |
| UK Postcode _ _ _ _ _ | | UK Postcode _ _ _ _ _ | | | | |
| Shares held Class Number Ordinary 40 | | Shares held Class Number _____ _____ _____ _____ | | | | |
| | | | | Class Number Date of transfer _____ _____ __/__/____ _____ _____ __/__/____ | | |
| > Shareholder Name Nicholas William COUCHMAN | | Name _____ | | Shares transferred by Nicholas William COUCHMAN | | |
| Address 13C Oaklands Rise Welwyn Hertfordshire AL6 0RN | | Address _____ _____ _____ | | | | |
| UK Postcode _ _ _ _ _ | | UK Postcode _ _ _ _ _ | | | | |
| Shares held Class Number Ordinary 60 | | Shares held Class Number _____ _____ _____ _____ | | | | |
| | | | | Class Number Date of transfer _____ _____ __/__/____ _____ _____ __/__/____ | | |

Section 5: Details of Other Shareholders

- > Please fill in details of any persons or corporate bodies who are shareholders of the company at the date of this return, but whose details are not printed in Section 4.
- > Also, provide the details of any persons who became but have ceased to be shareholders of the company since the date of the last annual return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please copy this page if there is not enough space to enter all the company's other shareholders.

| Shareholders details | Class and number of shares or amount of stock held | Class and number of shares or amount of stock transferred (If appropriate) | Date of registration of transfer (If appropriate) |
|---|--|--|---|
| Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _ | | | |
| Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _ | | | |
| Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _ | | | |
| Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _ | | | |



Companies House

— for the record —

363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

1. Declaration

- ☐ I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £15.

Signature

James Couchman
(Director / Secretary)

Date

19/10/2001

*This date must not be earlier than the
return date at 2 below*

What to do now

*Complete this page then send the whole of the Annual Return and the
declaration to the address shown at 4 below.*

2. Date of this return

- ☐ This AR is made up to 19/8/2001
- If you are making this return up to an earlier date, please give the date here

_ _ / _ _ / _ _ _ _

Note: The form must be delivered to CH within 28 days of this date

3. Date of next return

- ☐ If you wish to change your next return to a date earlier than 19th August 2002 please give the new date here:

_ _ / _ _ / _ _ _ _

4. Where to send this form

- ☐ Please return this form to:

Registrar of Companies
Companies House
Crown Way
Cardiff CF14 3UZ

OR

For members of the Hays Document
Exchange service
DX 33050 Cardiff

**Have you enclosed the filing fee with the company number written on the
reverse of the cheque?**

Cheque ☒ Postal Order☐ Cheque / Postal Order

Number 001928

(Please complete as appropriate)

Contact Address

Please give the name and address of the person who should be contacted if there are any queries about this form.

Contact Name

NICHOLAS COUCHMAN

Telephone number inc code

01438 812100

Address

61 LONDON ROAD

DX number if applicable

WOOLMER GREEN

DX exchange

HERTS

Postcode

SG3 6JE