CARESSIN LIMITED

Abbreviated Accounts

30 June 2010

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CARESSIN LIMITED

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Registered number: 3219244 **Abbreviated Balance Sheet** as at 30 June 2010

	Notes		2010 £		2009 £
Fixed assets					
Tangible assets	3		895,007		895,007
Current assets					
Debtors		1,368		2,104	
Cash at bank and in hand		17,021		22,953	
		18,389		25,057	
Creditors. amounts falling o	lue				
within one year		(384,641)		(394,259)	
Net current liabilities			(366,252)		(369,202)
Total assets less current liabilities		-	528,755	_	525,805
Creditors amounts falling of after more than one year	lue		(290,158)		(306,060)
Net assets		-	238,597	_	219,745
Capital and reserves					
Called up share capital	5		11		11
Revaluation reserve			113,305		113,305
Profit and loss account			125,281		106,429
Shareholders' funds		-	238,597	-	219,745
		-		-	

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and that members have not required the company to obtain an audit in accordance with section 476 of the Act

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime

Director

Approved by the board on 1/12/2010

CARESSIN LIMITED Notes to the Abbreviated Accounts for the year ended 30 June 2010

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

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Turnover represents rental income from investment properties

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives

Plant and machinery

20% straight line

2 Investment properties

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Investment properties have been valued by the directors as at 30th June 2010 on the basis of rental income receivable. The directors do not consider the valuation to be materially different from the cost / valuation as stated in the accounts.

In accordance with the Statement Accounting Practice No19, the investment properties are revalued annually and any surplus is transferred to a revaluation reserve, any deficit is only taken to revaluation reserve to the extent that it can be offset against any previous surpluses

No depreciation is provided in respect of leasehold investment properties. This treatment as regards the company's investment properties, may be a departure from the requirements of the Companies Act concerning depreciation of fixed assets. However the properties are not held for consumption but for investment and the directors consider that systematic annual depreciation would be inappropriate. The accounting policy adopted is therefore necessary for the accounts to give a true and fair view. Depreciation is only one of many factors reflected in the annual valuation and the amount which might otherwise have been shown cannot be separately identified or quantified.

Tangible fixed assets	£
Cost / Revaluation At 1 July 2009	901,135
At 30 June 2010	901,135
Depreciation At 1 July 2009	6,128
At 30 June 2010	6,128
Net book value At 30 June 2010	895,007
At 30 June 2009	895,007

CARESSIN LIMITED Notes to the Abbreviated Accounts for the year ended 30 June 2010

4	Loans	2010 £	2009 £		
	Creditors include				
	Amounts falling due for payment after	232,636	253,758		
	Secured bank loans		-	302,718	317,189
5	Share capital	2010 No	2009 No	2010 £	2009 £
	Allotted, called up and fully paid				
	Ordinary A shares of £1 each	2	2	2	2
	Ordinary B shares of £1 each	9	9	<u> </u>	9
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