# 3197736 (CHARITY NO 1056073)

# ST. LUKE'S TRUST

# TRUSTEES' REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2005

DAVID RICHARDSON & CO.
CHARTERED ACCOUNTANTS
REGISTERED AUDITORS
4A LONDON ROAD
STROUD
GLOUCESTERSHIRE
GL5 2AG

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# FOR THE YEAR ENDED 31 MARCH 2005

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### LEGAL AND ADMINISTRATIVE INFORMATION

Company Number:

3197736 (charity no 1056073)

**Directors/ Trustees** 

J West S Porter M Allan

Secretary:

P Curwen

Registered Office:

57 Cainscross Road

Stroud

Gloucestershire GL5 4EX

**Auditors:** 

David Richardson & Co. Chartered Accountants

4A London Road

Stroud

Glouce stershire

GL5 2AG

Bankers:

Lloyds TSB

Rowcroft Stroud

Solicitors:

Goldinghams

2 Rowcroft

Stroud

Glos. GL5 3BB

#### DIRECTORS' AND TRUSTEES' REPORT

#### FOR THE YEAR ENDED 31 MARCH 2005

The Trustees present their report with the financial statements of the charity for the year ended 31 March 2005. The financial statements have been prepared in accordance with the accounting policies set out in the notes to the financial statements and comply with the charity's trust deed, applicable law and the requirements of the Statement of Recommended Practice, "Accounting and Reporting by Charities" issued in October 2000.

### Principal activities and objects of the charity

The principal objectives and activities of the charity are:-

- i) The relief of sickness and the safeguarding of health by means of anthroposophical medicine.
- ii) The advancement of the education of the public in the field of anthroposophical medicine.
- iii) To conduct research into the above, and to disseminate the results widely.

In pursuance of the above objectives, as stated in the Memorandum the charity supports the activities of The St. Luke's Medical and Therapy Centre, and also operates a residential home at Gannicox House, Stroud.

#### **Trustees**

The trustees who served during the year were as follows:-

J West

S Porter

M Van Boeschoten (resigned 27/1/05)

M Allan (appointed 27/1/05)

#### Development, activities and achievements

In the Stroud Medical Centre, the year was one of consolidation. Patient numbers increased, and the medical and therapeutic team continued to provide anthroposophical medicine and therapies to the public.

The Gannicox Camphill community began the major renovation project to partially rebuild and substantially extend and improve the building, making it more appropriate for the residential provision provided. The community continued to develop a holistic and inclusive therapeutic environment, within the Supporting People regulatory framework.

Problems finding a suitable site for the planned new Tuffley medical centre delayed much progress on this front. However, the Trust is mindful of the need for a more appropriate setting, and continues to search for such a site.

The Charity Commission had challenged the charitable nature of anthroposophical medicine, and in response the Trust engaged legal advice to help respond, and entered into a process of establishing the charitable nature of its objects. This culminated in the Charity Commission accepting St Luke's Trust's charitable status. The Trust has joined with Camphill charities in an ongoing dialogue with the Charity Commission to adopt a new model constitution, and St Luke's Trust intends to retain its existing objects, and formally adopt the Camphill object from the model constitution in order to finalise the process of expanding its objects; all subject of course to Charity Commission approval.

### **DIRECTORS' AND TRUSTEES' REPORT** (Continued)

#### FOR THE YEAR ENDED 31 MARCH 2005

### **Future Developments and Capital Commitments**

Having completed the first phases of the renovation project at Gannicox, the Trust intends to substantially complete the remaining works in the coming year.

#### Fixed assets

Changes in fixed assets during the year are set out in the notes to the financial statements.

### Risk review and Reserves Policy

The trustees have examined the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks. The trust, in conformance with prudent financial control, operates with the intention to maintain reserves to fund ongoing operations for between six and nine months.

### Statement of Trustees responsibilities

The trustees are required to prepare financial statements for each financial year which give a true and fair view of the financial activities of the charity and of its financial position at the end of that year. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the policies adopted are in accordance with the Companies Act 1985 and with applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in existence.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the board of directors and trustees on 9 February 2006 and signed on its behalf.

P. Curwen - Company Secretary

P. Curren

### INDEPENDENT AUDITORS REPORT

### TO THE MEMBERS OF ST. LUKE'S TRUST

#### FOR THE YEAR ENDED 31 MARCH 2005

We have audited the financial statements on pages 6 to 13. These financial statements have been prepared under the historical cost convention and the accounting policies set out therein.

This report is made solely to the company's members, as a body, in accordance with Section 235 of the Companies Act 1985. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

### Respective responsibilities of the Trustees and auditors

The Trustees' responsibilities for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards are set out in the Statement of Trustees' Responsibilities.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and United Kingdom Auditing Standards. We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Act 1985. We also report to you if, in our opinion, the Trustees' Annual Report is not consistent with the financial statements, if the charity has not kept proper accounting records, if we have not received all the information and explanations we require for our audit, or if information specified by law regarding trustees' remuneration and transactions with the company is not disclosed.

We read the Trustees' Annual Report, and consider the implications for our report if we become aware of any apparent misstatements within it.

#### Basis of audit opinion

We conducted our audit in accordance with United Kingdom Auditing Standards issued by Auditing Practices Board. An audit includes examination, on a test basis of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgments made by the Trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charity's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatements, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

### INDEPENDENT AUDITORS REPORT

## TO THE MEMBERS OF ST. LUKE'S TRUST (Continued)

### FOR THE YEAR ENDED 31 MARCH 2005

### Opinion

In our opinion the financial statements give a true and fair view of the state of the charity's affairs as at 31 March 2005 and of its incoming resources and application of resources, including its income and expenditure, in the yearthen ended and have been properly prepared in accordance with the provisions of the Companies Act 1985.

David Richardson & Co. Chartered Accountants Registered Auditors 4A London Road Stroud Gloucestershire GL5 2AG

9 February 2006

# **BALANCE SHEET**

# AT 31 MARCH 2005

|  | Note |                              | 2005                |                              | 2004               |
|--|------|------------------------------|---------------------|------------------------------|--------------------|
|  |      | £                            | £                   | £                            | £                  |
| Tangible fixed assets Tangible assets                  | 3    |                              | 1,416,405           |                              | 955,656            |
| Current assets Debtors Cash at Bank and in Hand        | 4    | 22,553<br>482,027<br>504,580 |                     | 13,489<br>731,581<br>745,070 |                    |
| Creditors Amounts falling due within one year          | 5    | 57,739                       |                     | 25,033                       |                    |
| Net current assets                                     |      |                              | 446,841             |                              | 720,037            |
| Total assets less current liabilities                  |      |                              | 1,863,246           |                              | 1,675,693          |
| Creditors Amounts falling due after more than one year | 5    |                              | (459,975)           |                              | (469,558)          |
| Net assets   |      |                              | 1,403,271           |                              | 1,206,135          |
| Capital funds Restricted funds Unrestricted funds      |      |                              | 59,101<br>1,344,170 |                              | 501,508<br>704,627 |
| Total funds  |      |                              | 1,403,271           |                              | 1,206,135          |
|  |      |                              |                     |                              |                    |

Approved by the trustees on 9 February 2006 and signed on its behalf by:

J West

True

The annexed notes form part of these financial statements.

ST. LUKE'S TRUST
STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2005

|  | Unrestricted<br>Funds<br>£ | Restricted Income Funds | Total<br>Funds<br>2005 | Total<br>Funds<br>2004<br>£ |
|--|----------------------------|-------------------------|------------------------|-----------------------------|
| Incoming resources   | r                          | L                       | £                      | r                           |
| Donations, legacies & similar incoming resources             | 35,586                     | -                       | 35,586                 | 51,141                      |
| Incoming Resources from operating activities of the charity: |                            |                         |                        |                             |
| Activities in furtherance of the charity's objects           | 317,540                    | -                       | 317,540                | 254,498                     |
| Investment income  | 1,693                      | 21,120                  | 22,813                 | 18,171                      |
| Other incoming resources                                     | 86,136                     | •                       | 86,136                 | 74,540                      |
| Total incoming resources                                     | 440,955                    | 21,120                  | 462,075                | 398,350                     |
| Resources expended   |                            |                         |                        |                             |
| Costs of generating funds                                    | 4,308                      |                         | 4,308                  | 1,659                       |
| Charitable expenditure:                                      |                            |                         |                        |                             |
| Grants payable in furtherance of the charity's objects       | -                          | -                       | -                      | 750                         |
| Costs of activities in furtherance of the charity's objects  | 251,478                    | -                       | 251,478                | 221,990                     |
| Resources expended on managing and administering the charity | 9,153                      | -                       | 9,153                  | 5,017                       |
| Total resources expended                                     | 264,939                    | -                       | 264,939                | 229,416                     |
| Net movement in funds Gross transfers between funds          | 176,016<br>463,527         | 21,120<br>(463,527)     | 197,136                | 168,934                     |
| Total funds brought forward                                  | 704,627                    | 501,508                 | 1,206,135              | 1,037,201                   |
| Total funds carried forward                                  | 1,344,170                  | 59,101                  | 1,403,271              | 1,206,135                   |

Details of Incoming resources and resources used are given in the notes to the financial statements.

# STATEMENT OF FINANCIAL ACTIVITIES

# **DETAILED ANALYSIS OF MOVEMENTS IN FUNDS**

# FOR THE YEAR ENDED 31 MARCH 2005

|                                 | 2005        |           | 2004        |           |
|---------------------------------|-------------|-----------|-------------|-----------|
|                                 | £           | £         | £           | £         |
| General Fund                    |             |           |             |           |
| Opening Balance                 | 704,627     |           | 546,992     |           |
| Surplus for the year            | 176,016     |           | 151,849     |           |
| Transfer from Hobbs Legacy Fund | 463,527     |           | 5,786       |           |
|                                 | <del></del> |           |             |           |
|                                 |             | 1,344,170 |             | 704,627   |
| Hobbs Legacy Fund               |             |           |             |           |
| Opening Balance                 | 501,508     |           | 490,209     |           |
| Interest received               | 21,120      |           | 17,085      |           |
| Transfer to General Fund        | (463,527)   |           | (5,786)     |           |
|                                 | ·           | 59,101    | <del></del> | 501,508   |
|                                 |             |           |             |           |
| Total funds at 31 March 2005    |             | 1,403,271 |             | 1,206,135 |
|                                 |             |           |             |           |

### NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 31 MARCH 2005

### 1. Accounting policies

The financial statements have been prepared under the historical cost convention and in accordance with applicable accounting standards. In preparing the financial statements the charity follows best practice as set out in the Statement of Recommended Practice "Accounting and Reporting by Charities (SORP) issued in October 2000.

### **Incoming resources**

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

#### Resources expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with use of the resources.

### Depreciation and diminution in value of assets

Tangible fixed assets are stated at cost less depreciation

Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Motor vehicles 25% reducing balance basis Fixtures and fittings 25% reducing balance basis

Depreciation has not been provided on freehold property.

#### Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees for particular purposes, the aim and use of each designated fund is set out in the notes to the financial statements.

### 2. Operating profit

|                                | 2005<br>£ | 2004<br>£ |
|--------------------------------|-----------|-----------|
| This is stated after charging: |           |           |
| Depreciation                   | 6,255     | 7,181     |
| Auditors' remuneration         | 1,704     | 1,528     |

# NOTES TO THE FINANCIAL STATEMENTS (Continued)

### FOR THE YEAR ENDED 31 MARCH 2005

# 3. Tangible fixed assets

|                     | Land<br>and<br>Buildings<br>£ | Fixtures<br>and<br>Fittings<br>£ | Motor<br>Vehicles<br>£ | Total<br>£  |
|---------------------|-------------------------------|----------------------------------|------------------------|-------------|
| Cost:               | ♣                             | *                                | <b></b>                | ٠           |
| At 1 April 2004     | 934,112                       | 40,372                           | 25,700                 | 1,000,184   |
| Additions           | 463,527                       | 3,477                            | -                      | 467,004     |
| At 31 March 2005    | 1,397,639                     | 43,849                           | 25,700                 | 1,467,188   |
| Depreciation:       | <del></del>                   |                                  |                        | <del></del> |
| At 1 April 2004     | -                             | 32,768                           | 11,760                 | 44,528      |
| Charge for the year | -                             | 2,770                            | 3,485                  | 6,255       |
| At 31 March 2005    | -                             | 35,538                           | 15,245                 | 50,783      |
| Net book value:     | <del></del>                   |                                  |                        |             |
| At 31 March 2005    | 1,397,639                     | 8,311                            | 10,455                 | 1,416,405   |
|                     | <del></del>                   |                                  |                        |             |
| At 31 March 2004    | 934,112                       | 7,604                            | 13,940                 | 955,656     |
|                     |                               |                                  |                        |             |

Land and buildings are freehold.

Included within the above land and buildings are freehold properties which have not been depreciated as follows:-

| 55 Cainscross Road       | 83,547  | 83,547  |
|--------------------------|---------|---------|
| Medical & Therapy Centre | 698,895 | 698,895 |
| Gannicox House           | 615,197 | 151,670 |

The cost of Gannicox House includes renovation and improvement expenditure during the year of £463,527.

# NOTES TO THE FINANCIAL STATEMENTS (Continued)

### FOR THE YEAR ENDED 31 MARCH 2005

# Debtors and prepayments

|               | 2005   | 2004   |
|---------------|--------|--------|
|               | £      | £      |
| Prepayments   | 599    | 540    |
| Taxation      | 1,445  | 1,445  |
| Other debtors | 20,509 | 11,504 |
|               | 22,553 | 13,489 |
|               |        | ====   |
| Creditors     |        |        |

### 5.

Amounts falling due within one year:-

|                              | 2005<br>£ | 2004<br>£ |
|------------------------------|-----------|-----------|
| Bank Loans                   | 9,500     | 8,748     |
| Sundry Creditors             | 39,010    | 7,322     |
| Accruals And Deferred Income | 9,229     | 8,963     |
|                              | 57,739    | 25,033    |
|                              |           |           |

Amounts falling due after more than one year:-

| Other loans Bank Loans | 14,768<br>445,207 | 14,768<br>454,790 |
|------------------------|-------------------|-------------------|
|                        | 459,975           | 469,558           |

Of the creditors falling due within one year £9,500 is secured.

Of the creditors falling due after one year £445,207 is secured.

| Bank Loan repayable by instalments       | 454,707 | 463,538 |
|--|---------|---------|
| Other Loans not repayable by instalments | 14,768  | 14,768  |

# NOTES TO THE FINANCIAL STATEMENTS (Continued)

# FOR THE YEAR ENDED 31 MARCH 2005

| 6. | Incoming resources                                 |             |           |           |
|----|--|-------------|-----------|-----------|
|    |  | 2005<br>£   | 2005<br>£ | 2004<br>£ |
|    | Donations, legacies & similar incoming resources   |             |           |           |
|    | Donations and gifts                                | 35,586      |           | 51,141    |
|    |  | <del></del> | 35,586    | 51,141    |
|    | Activities in furtherance of the charity's objects |             |           |           |
|    | Residential care income                            | 288,521     |           | 224,482   |
|    | Therapy income                                     | 29,019      |           | 30,016    |
|    |  | <del></del> | 317,540   | 254,498   |
|    | Investment income                                  |             |           |           |
|    | Bank interest                                      | 1,693       |           | 1,086     |
|    |  | <del></del> | 1,693     | 1,086     |
|    | Other incoming resources                           |             |           |           |
|    | Sundry income                                      | 13,844      |           | 12,864    |
|    | Rent receivable                                    | 36,017      |           | 36,017    |
|    | Contributions to overheads                         | 36,275      |           | 25,659    |
|    |  |             | 86,136    | 74,540    |
|    | Total incoming resources                           |             | 440,955   | 381,265   |
|    |  |             |           |           |
| 7. | Costs of generating funds                          |             |           |           |
|    |  | 2005        | 2005      | 2004      |
|    |  | £           | £         | £         |
|    | Books etc. for resale                              | 2,230       |           | 1,361     |
|    | Other fundraising and publicity expenses           | 2,078       |           | 298       |
|    |  |             | 4,308     | 1,659     |
|    |  |             |           |           |

# NOTES TO THE FINANCIAL STATEMENTS (Continued)

# FOR THE YEAR ENDED 31 MARCH 2005

| 8.  | Grants payable in furtherance of the            |         |         |         |
|-----|---|---------|---------|---------|
|     | charity's objects                               |         |         |         |
|     |   | 2005    | 2005    | 2004    |
|     |   | £       | £       | £       |
|     | Donations and Grants                            | -       |         | 750     |
|     |   |         |         | <u></u> |
|     |   |         | -       | 750     |
|     |   |         |         |         |
|     |   |         |         |         |
| 9.  | Costs of activities in furtherance of           |         |         |         |
|     | charity's objects                               |         |         |         |
|     |   | 2005    | 2005    | 2004    |
|     |   | £       | £       | £       |
|     | Residents and Helpers costs                     | 134,399 |         | 109,903 |
|     | Rates, Water and Insurance                      | 9,377   |         | 7,537   |
|     | Repairs and Maintenance                         | 7,953   |         | 12,225  |
|     | Heating and Lighting                            | 6,235   |         | 4,079   |
|     | Professional fees                               | 3,701   |         | 6,256   |
|     | Therapists fees and expenses                    | 38,673  |         | 32,216  |
|     | Landscaping and gardening                       | 3,383   |         | 3,433   |
|     | Depreciation                                    | 6,255   |         | 7,181   |
|     | Loan interest and charges                       | 37,130  |         | 36,006  |
|     | Training expenses                               | 1,462   |         | 1,037   |
|     | Telephone                                       | 2,910   |         | 2,117   |
|     |   |         | 251,478 | 221,990 |
|     |   |         |         |         |
| 10. | Resources expended on managing and              |         |         |         |
|     | administering the charity                       | A00#    | 4005    | 2004    |
|     |   | 2005    | 2005    | 2004    |
|     | 70  | £       | £       | £       |
|     | Resources expended on managing and              |         |         |         |
|     | administering the charity                       | 495     |         | 448     |
|     | Bank charges                                    | 970     |         | 706     |
|     | Telephone<br>Legal and Professional fees        | 3,255   |         | 700     |
|     | Administration expenses                         | 2,729   |         | 2,335   |
|     | Administration expenses  Auditor's remuneration | 1,704   |         | 1,528   |
|     | Additors remaineration                          |         |         |         |
|     |   |         | 9,153   | 5,017   |
|     |   |         |         |         |