

REGISTERED NUMBER: 03189183 (England and Wales)

ABBREVIATED UNAUDITED ACCOUNTS FOR THE YEAR ENDED 31 OCTOBER 2013

FOR

ABSOLUTELY STARVING LTD.

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for the Year Ended 31 OCTOBER 2013**

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ABSOLUTELY STARVING LTD.

COMPANY INFORMATION
for the Year Ended 31 OCTOBER 2013

DIRECTORS:

S Wasif
L Wasif
H Wasif
C Wasif

SECRETARY:

L Wasif

REGISTERED OFFICE:

162C Stonehouse Street
London
SW4 6BE

REGISTERED NUMBER:

03189183 (England and Wales)

ACCOUNTANTS:

Pam & Co.
Chartered Certified Accountants
1559 London Road
London
SW16 4AD

**ABBREVIATED BALANCE SHEET
31 OCTOBER 2013**

	Notes	2013 £	2012 £
FIXED ASSETS			
Tangible assets	2	335,370	-
CURRENT ASSETS			
Stocks		11,473	-
Debtors		144,057	189,939
Cash at bank and in hand		114,940	1,309
		<u>270,470</u>	<u>191,248</u>
CREDITORS			
Amounts falling due within one year		(346,995)	(11,338)
NET CURRENT (LIABILITIES)/ASSETS		<u>(76,525)</u>	<u>179,910</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		258,845	179,910
CREDITORS			
Amounts falling due after more than one year	3	(12,081)	-
NET ASSETS		<u>246,764</u>	<u>179,910</u>
CAPITAL AND RESERVES			
Called up share capital	4	100	100
Profit and loss account		246,664	179,810
SHAREHOLDERS' FUNDS		<u>246,764</u>	<u>179,910</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2013.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2013 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The notes form part of these abbreviated accounts

ABSOLUTELY STARVING LTD. (REGISTERED NUMBER: 03189183)

ABBREVIATED BALANCE SHEET - continued
31 OCTOBER 2013

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 10 July 2014 and were signed on its behalf by:

S Wasif - Director

The notes form part of these abbreviated accounts

**NOTES TO THE ABBREVIATED ACCOUNTS
for the Year Ended 31 OCTOBER 2013**

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life or, if held under a finance lease, over the lease term, whichever is the shorter.

Fixtures and fittings	- 25% on reducing balance
Motor vehicles	- 25% on reducing balance
Computer equipment	- 33% on reducing balance

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Assets obtained under hire purchase contracts or finance leases are capitalised in the balance sheet. Those held under hire purchase contracts are depreciated over their estimated useful lives. Those held under finance leases are depreciated over their estimated useful lives or the lease term, whichever is the shorter.

The interest element of these obligations is charged to the profit and loss account over the relevant period. The capital element of the future payments is treated as a liability.

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
Additions	437,470
At 31 October 2013	<u>437,470</u>
DEPRECIATION	
Charge for year	102,100
At 31 October 2013	<u>102,100</u>
NET BOOK VALUE	
At 31 October 2013	<u><u>335,370</u></u>

NOTES TO THE ABBREVIATED ACCOUNTS - continued
for the Year Ended 31 OCTOBER 2013

3. CREDITORS

Creditors include the following debts falling due in more than five years:

	2013	2012
	£	£
Repayable otherwise than by instalments	<u>12,000</u>	<u>-</u>

4. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	2013	2012
			£	£
100	Ordinary	£1	<u>100</u>	<u>100</u>

5. ULTIMATE PARENT COMPANY

Eco Investment & Leisure Group Limited is the Ultimate Parent Company holding 100% of the issued share capital.

6. COMPANY MERGER

Absolutely Starving Limited and Absolutely Starving I UK Limited merged during the year and the combined entity Absolutely Starving Limited is the wholly owned by Eco Investment & Leisure Group Ltd.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.