REGISTERED NUMBER: 03189183 (England and Wales)

ABBREVIATED UNAUDITED ACCOUNTS FOR THE YEAR ENDED 31 OCTOBER 2015

FOR

ABSOLUTELY STARVING LTD.

CONTENTS OF THE ABBREVIATED ACCOUNTS
for the Year Ended 31 OCTOBER 2015

ABSOLUTELY STARVING LTD.

COMPANY INFORMATION
for the Year Ended 31 OCTOBER 2015

DIRECTORS:	S Wasif L Wasif H Wasif C Wasif
SECRETARY:	L Wasif
REGISTERED OFFICE:	162C Stonhouse Street London SW4 6BE
REGISTERED NUMBER:	03189183 (England and Wales)
ACCOUNTANTS:	Pam & Co. Chartered Certified Accountants 1559 London Road London SW16 4AD

ABBREVIATED BALANCE SHEET
31 OCTOBER 2015

	Notes	2015 £	2014 £
FIXED ASSETS			
Tangible assets	2	432,268	361,313
CURRENT ASSETS			
Stocks		34,660	24,530
Debtors		181,430	150,835
Cash at bank and in hand		66,977	95,172
		283,067	270,537
CREDITORS			
Amounts falling due within one year		(455,131)	(354,749)
NET CURRENT LIABILITIES		(172,064)	(84,212)
TOTAL ASSETS LESS CURRENT LIABILITIES		260,204	277,101
CREDITORS			
Amounts falling due after more than one year	3	(12,000)	(12,000)
NET ASSETS		248,204	265,101
CAPITAL AND RESERVES			
Called up share capital	4	100	100
Profit and loss account		248,104	265,001
SHAREHOLDERS' FUNDS		248,204	265,101

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2015.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2015 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The notes form part of these abbreviated accounts

continued...

ABBREVIATED BALANCE SHEET - continued
31 OCTOBER 2015

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 25 July 2016 and were signed on its behalf by:

S Wasif - Director

NOTES TO THE ABBREVIATED ACCOUNTS
for the Year Ended 31 OCTOBER 2015

1. ACCOUNTING POLICIES

Accounting convention
The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover
Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on reducing balance
Motor vehicles	- 25% on reducing balance
Computer equipment	- 33% on reducing balance

Stocks
Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Deferred tax
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments
Assets obtained under hire purchase contracts or finance leases are capitalised in the balance sheet. Those held under hire purchase contracts are depreciated over their estimated useful lives. Those held under finance leases are depreciated over their estimated useful lives or the lease term, whichever is the shorter.

The interest element of these obligations is charged to the profit and loss account over the relevant period. The capital element of the future payments is treated as a liability.

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 November 2014	498,942
Additions	102,078
At 31 October 2015	601,020
DEPRECIATION	
At 1 November 2014	137,629
Charge for year	31,123
At 31 October 2015	168,752
NET BOOK VALUE	
At 31 October 2015	432,268
At 31 October 2014	361,313

continued...

NOTES TO THE ABBREVIATED ACCOUNTS - continued
for the Year Ended 31 OCTOBER 2015

3. CREDITORS

Creditors include the following debts falling due in more than five years:

	2015	2014
	£	£
Repayable otherwise than by instalments	12,000	12,000

4. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	2015 £	2014 £
100	Ordinary	£1	100	100

5. ULTIMATE PARENT COMPANY

Eco Investment & Leisure Group Limited is the Ultimate Parent Company holding 100% of the issued share capital.