



*Companies House*  
— for the record —

**AR01** (ef)

**Annual Return**



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*Company Name:* **ABSOLUTELY STARVING LTD.**

*Company Number:* **03189183**

*Date of this return:* **22/04/2011**

*SIC codes:* **7487**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **162 CLAPHAM HIGH STREET  
LONDON  
UNITED KINGDOM  
SW4 7UG**

## Single Alternative Inspection Location (SAIL)

*The address for an alternative location to the company's registered office for the inspection of registers is:*

**162 CLAPHAM HIGH STREET  
LONDON  
ENGLAND  
SW4 7UG**

*There are no records kept at the above address*

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### Officers of the company

#### *Company Secretary 1*

*Type:* **Person**  
*Full forename(s):* **MRS LAURA**

*Surname:* **WASIF**

*Former names:*

*Service Address:* **11 ARUNDEL ROAD  
CHEAM  
SURREY  
SM2 7AD**

*Company Director*    ***1***

*Type:*                      **Person**

*Full forename(s):*        **CHARMAINE**

*Surname:*                **WASIF**

*Former names:*

*Service Address:*        **11 ARUNDEL ROAD  
SUTTON  
SURREY  
SM2 7AD**

*Country/State Usually Resident:*    **ENGLAND**

*Date of Birth:*    **21/11/1979**

*Nationality:*    **BRITISH**

*Occupation:*    **DIRECTOR**

*Company Director*    **2**

*Type:*                      **Person**

*Full forename(s):*        **HEIDI**

*Surname:*                **WASIF**

*Former names:*

*Service Address:*        **11 ARUNDEL ROAD  
SUTTON  
SURREY  
SM2 7AD**

*Country/State Usually Resident:*    **ENGLAND**

*Date of Birth:*    **16/08/1978**

*Nationality:*    **BRITISH**

*Occupation:*    **DIRECTOR**

*Company Director*    **3**

*Type:*                                **Person**  
*Full forename(s):*                **MRS LAURA**

*Surname:*                         **WASIF**

*Former names:*

*Service Address:*                **11 ARUNDEL ROAD**  
   **CHEAM**  
   **SURREY**  
   **SM2 7AD**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **17/08/1946**                                *Nationality:*    **BRITISH**  
*Occupation:*    **DIRECTOR**

*Company Director*    **4**

*Type:*                            **Person**  
*Full forename(s):*            **MR SAMI**

*Surname:*                      **WASIF**

*Former names:*

*Service Address:*            **11 ARUNDEL ROAD**  
                                 **CHEAM**  
                                 **SURREY**  
                                 **SM2 7AD**

*Country/State Usually Resident:*    **ENGLAND**

*Date of Birth:*    **10/03/1947**                            *Nationality:*    **BRITISH**  
*Occupation:*    **DIRECTOR**

## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>100</b>
		<i>Aggregate nominal value</i>	<b>100</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>
<i>Prescribed particulars</i>			
<b>ONE VOTE PER ONE ORDINARY SHARE</b>			

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100</b>
		<i>Total aggregate nominal value</i>	<b>100</b>

### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 22/04/2011 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for a private or non-traded public company are shown below*

*Shareholding 1* : **0 ORDINARY shares held as at 2011-04-22**  
*Name:* **LAURA WASIF**

*Shareholding 2* : **0 ORDINARY shares held as at 2011-04-22**  
*Name:* **WASIF SAMI**

*Shareholding 3* : **0 ORDINARY shares held as at 2011-04-22**  
*Name:* **HEIDI WASIF**

*Shareholding 4* : **0 ORDINARY shares held as at 2011-04-22**  
*Name:* **CHARMAINE WASIF**

*Shareholding 5* : **100 ORDINARY shares held as at 2011-04-22**  
*Name:* **ECO INVESTMENT & LEISURE GROUP LIMITED**

## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.