REGISTERED COMPANY NUMBER: 3175969 (England and Wales)
REGISTERED CHARITY NUMBER: 1054535

REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019 FOR LD:NORTH EAST

Read, Milburn & Co 71 Howard Street North Shields Tyne and Wear NE30 1AF



CONTENTS OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019

	Page
Report of the Trustees	1 to 10
Independent Examiner's Report	11
Statement of Financial Activities	12
Balance Sheet	13 to 14
Cash Flow Statement	15
Notes to the Financial Statements	16 to 31
Detailed Statement of Financial Activities	32 to 33

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity's object and its principal activities are that of-

The relief of people with learning disabilities or other complex needs arising from disability, illness, disease or ageing, in particular but not exclusively by providing an advocacy service;

To alleviate the conditions of life among people who are caring or have cared for people with learning disabilities at home, and who are in necessitous circumstances;

To advance public education concerning learning disabilities and related issues and about caring amongst carers and the public.

Our Vision

That people with learning disabilities have the same rights, opportunities and quality of life as the rest of the population.

Our Mission

To believe in every person we support, encouraging people to have fun, spend time with friends and to feel good.

Significant activities

In 2018-2019 we worked with and supported over 750 people, delivering thousands of hours of support in a wide range of projects and activities. The support we provide is prioritised to meet the needs of people referred through social work processes or self referrals from individuals in receipt of direct payments, or where they qualify as a beneficiary from other specific funding or through our own fundraising and charitable activities:

Ensuring that people supported have the same opportunities as everyone else, having fun, making and keeping friends and feeling good about themselves and their lives.

Supporting people to feel safe in their community.

Helping people to maintain independence by building resilience and confidence, encouraging peer support and social networks.

Decreasing loneliness and isolation, tackling the serious negative impact it has.

Ensuring people feel included and can take part in activities and events of their choosing.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

OBJECTIVES AND ACTIVITIES

Public benefit

A learning disability can affect anyone. LD:NorthEast previously began life in 1983 as a mutual support network for families that had a member who had a learning disability. After 10 years as a support network, it was realised that the skills and the expertise were there to be able to do more practical work to alleviate the disadvantages people who have a learning disability suffer. So, in 1993, and in every year since, LDF as it was previously and LD:NorthEast as it is now has been providing wellbeing support as well as championing the cause of the learning disability community. In every project or activity we run, being user-led is at the forefront, ensuring we take an approach that does not assume what a person wants or needs but which seeks to provide an individual, personalised support at all times. We are committed to working in partnership with Local Authorities, NHS Trusts, partners in the community and voluntary sector and any others who support our client group. LD:NorthEast works with partners within the context of health and social care within the remit of our aims and objectives.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

ACHIEVEMENT AND PERFORMANCE

Charitable activities

LD:NorthEast deliver a number projects, all of which have a positive impact on the quality of life of each person, increasing opportunities in the lives of people who have a learning disability/difficulty, their families, carers and supporters. These include:

Personalised Outreach Support - Decreasing social isolation often suffered by people who have learning disabilities/difficulties and autism. People are supported to take part in group and/or individual activities, supporting their social inclusion, health and wellbeing, access to facilities and activities that many of us might take for granted. Demand continues to grow and emphasis placed on personalisation and bespoke outreach support based on individual choice ensures high quality, but at the same time can be very challenging from a staffing point of view. Our flexible approach offers greater choice and control but does have its challenges too. This relates both to group and individual support and this personalised approach will continue in the coming year as more people choose to be supported by our personalised support outreach team and we continually work to further improve our service model in order to maintain high quality.

LD:NorthEast is increasing the number of people who benefit from having more choice and control over services that support their care. As a specialist organisation, LD:NorthEast has taken on many roles to support people with direct payments and personal budgets, helping in:

Decision-making - helping people decide whether a direct payment or council-managed personal budget is right for them.

Supporting people with their assessment and resource allocation.

Working within risk management and enablement - helping people manage risks in their lives regarding their care and support and supporting them to take positive risks.

Helping families and individuals to challenge the allocation of a personal budget (where it is felt it has been insufficient to meet their needs).

Working with families/individuals in partnership with other services to identify and implement their support plan.

Keeping individual support needs under review ensuring needs are being met.

Personal Budgets with LD:NorthEast

Many people have chosen to use some or all of their personal budgets to contract with LD:NorthEast in a wide range of activities and support either in groups or in one-to-one outreach support. Some of these activities have included music and singing, swimming, walking, theatre, nights out, being with friendship based social groups, supported holidays and short breaks, personal assistant support, supported access to further education opportunities such as IT courses and vocational opportunities such as volunteering, employment and work experience as well as supporting interests in arts, crafts, cookery etc. Our personalised outreach support team also support young people through providing community based opportunities as well as connecting with other young people, encouraging friendships and peer support outreach. Support is provided across the community to take part in personalised activities, supporting the young person and at the same time offering a regular break for parents/carers. All of these areas impact positively on health and wellbeing.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Early Years Support 0-5 year olds:

Funded through BBC Children in Need, LD:NorthEast works in partnership with North Tyneside Portage service, based at Beacon Hill School, engaging with children and families, organising play based activities such as water confidence, music and movement, sign a story, playgroups, trips and outings, bringing families facing similar issues together and forming lasting friendships and peer support groups. This year is the first of a third, three year grant. A smaller, further three-year grant has also been awarded to support the brothers and sisters of those receiving support via the main grant. The new project, '#MeTime', has had significant success in its first year. This is an exciting time for our Early Years support and we were featured in Asda's BBC Children in Need partnership 'power of play' campaign, generating further interest.

Health and Wellbeing Project

Funded through North Tyneside Clinical Commissioning Group, the project engages and supports people with a learning disability (and their carers) to understand more about their health and seek to demystify medical/health checks and processes.

The aims of the project are as follows:

- 1. Preventative support to reduce anxieties for those fearful of visiting the GP, increasing and improving access to primary care by helping foster the practitioner-patient relationship, encourage independence and the individual's responsibilities for their own health.
- 2. Delivering informative workshops to enhance people's knowledge of their own health and wellbeing to improve their physical and mental health and wellbeing.
- 3. Facilitated signposting to improve access to services. People will be signposted and supported to services that make significant improvements to their or mental wellbeing.
- 4. To encourage people to access health and wellbeing related activities as well as make friends, which will help to improve wellbeing.
- 5. Provide people with information from health professionals in easy read formats such as hospital procedures and all other relevant health literature. Promote Hospital Passports and easy read health cards.

During the year, the project supported 154 health appointments, 318 people attended health and wellbeing focussed workshops and events, with 459 follow up sessions. 98% of all attendees stated they felt uncomfortable or embarrassed to seek medical advice and would not seek medical advice due to these reasons. However, after attending our workshops 87% of people said they felt more confident to see their GP or tell a family member should they have any concerns. We have a number of case studies which show this support to be of crucial importance, evidencing life changing and in some cases, life saving impact.

In September 2018 we organised a Health and Wellbeing event where external organisations attended to promote inclusive activities and services within North Tyneside that promote healthy lifestyles and wellbeing.

Organisations such as Active North Tyneside, Northumbria Sports, North Tyneside Health & Wellbeing Project, Age UK, Breast Screening Nurses, (Royal Victoria Infirmary), Northumbria Police, CLDT nurses, North Tyneside SIGN and VODA attended on the day.

The day was very successful with 98 people attending. Together with sporting activities and exercise demonstrations there were also smoothies and food preparation demonstrations to promote healthier snack options.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

ACHIEVEMENT AND PERFORMANCE Charitable activities

We ran a Mindfulness taster session on the day which was also well received. This then led us to delivering an 8-week Mindfulness programme at LD:NorthEast in November 2018.

During the year there have been 459 attendances to our Healthy Cooking workshops and 6 weeks of healthy cooking follow on sessions. This has been an increase of 54.9% of attendees from last year where we reported 305 attendances. This has led us to increase the delivery of the sessions to an average of 6 per week.

We continue to support clients who have specific dietary requirements such as diabetes or high cholesterol to compose their own weekly meal planners, giving them the confidence to make healthier food choices with the prospect of improving health conditions.

Case Study

Mary is 62 years of age and attended our breast screening workshop. Mary had never been to a breast screening appointment due to a lack of awareness and fear of such procedures.

Mary informed us after the workshop that she would go for the screening procedure if a member of the health and wellbeing project staff could support her. Through our close relationship with the RVI Breast Screening unit we were able to visit the unit with Mary prior to screening. It was at this visit that we established the extent of her anxieties and the evident fear of attending such an appointment. We met with Mary on a further 3 occasions to discuss in detail the procedure and to give reassurances.

We arranged with the breast screening unit that 2 members of staff would accompany her on the day of her appointment. The support and adjustments made by the breast screening unit allowed us to facilitate a smooth and stress free appointment, which helped to alleviate fears and anxieties.

Joint working is very important and crucial in order to deliver information and awareness to our target group. During the year our collaboration work has increased significantly. We continue to work closely with the Community Learning Disability Team nurses (CLDT) and have built strong relationships with Public Health England Managers and the NHS Cancer Alliance.

We continue with our attendance at the Learning Disability Health Group. (LDHG) The LDHG's aim is to improve the health and wellbeing of people with a learning disability, to raise awareness amongst people with a learning disability, carers and social care professionals and to raise awareness of public health messages regarding healthy lifestyles.

The LDHG did a scoping exercise to identify community resources that aid and promote physical activities and weight management in North Tyneside. We identified services that people could attend with carers; however, we could not fully establish services that were fully inclusive for people with learning disabilities who could attend without any form of support. This exercise has led us to work closely with Active North Tyneside and the Weight Worries Programme.

People with a learning disability are more likely than the general public to have issues around weight control. This is due to many factors such as over eating syndromes, sedentary medication and a lack of knowledge and awareness. We know that diet and exercise are important elements in achieving a healthy lifestyle and without any form of support, people with a learning disability often struggle to achieve this.

The LDHG are supporting the National Diabetes Prevention Programme to ensure that the whole population can benefit from their programme. The health and wellbeing project attended Ingeus' diabetes core sessions to feed back to the LDHG and to Ingeus to establish whether their programme was suitable for people with a learning disability.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

ACHIEVEMENT AND PERFORMANCE Charitable activities

We identified small adjustments that would be required and provisions such as extra time at sessions to be able to give further support and encouragement to people attending. To cement this, we have agreed to work with Ingeus further by supporting them to undertake an adjusted programme aimed at people with a learning disability. The feedback from the participants will aid with the adjustments and assistance individuals may require on the programme. This pilot programme will take place in September and if successful adjustments will be made and incorporated in to their general programme to ensure full inclusivity.

The project has also been working closely with the NHS Cancer Alliance and sits on the North Tyneside Cancer Plan Task & Finish Group. The North Tyneside Cancer Plan Task & Finish Group have been developing an engagement plan to aid the NHS Cancer Alliance influence the development of cancer services within North Tyneside. The North Tyneside Cancer Plan is specifically for the people of North Tyneside with aims to increase prevention, speed up diagnosis, improve the experience of patients and help people living with and beyond the disease.

An event was arranged to encourage members of the public, patients, carers and the wider public to attend. The aim of this session was to bring people together to identify how best to involve those affected by cancer in the development and delivery of the North Tyneside Cancer plan. The Health & Wellbeing Project compiled Easy Read flyers to attract people with learning disabilities to attend on the day. We were pleased to help facilitate the event and also undertook scribing of visual minutes taken during the event and compiled Easy Read Feedback forms. The event attracted 21 participants and included patients, carers, and members of the public, as well as professionals from a number of key stakeholder organisations.

Our work has significant impact on each person's health and wellbeing cutting across everything we do. We intend to accelerate specific health and wellbeing work, developing evidence that for most people, simple and often light touch support can have significant impact on someone's future life.

Tomorrows Project

Tomorrows is supported by the National Lottery Community Fund and last year was the second year of a second five-year grant. We are incredibly grateful to receive this funding for such a crucial project, supporting so many people with learning disabilities / difficulties (and their families and carers) who are growing older. This project is all about connecting people, using 'light touch' support, promoting health and wellbeing, independence, friendship, safety and so much more. High on the prevention agenda, this project also helps people to access mainstream services, offering support with everyday issues quickly, working with partners, arranging a wide range of health and wellbeing related activities and involving many volunteers. The project continues to achieve way above what was originally expected and continues to go from strength to strength in what in effect is its seventh year. Many people rely on this crucial work, supporting so many people who don't qualify for any social care assessed support. Criteria to qualify for support through social care assessments has become increasingly frustrating for many people, especially those growing older whose needs can change or increase over time. We continue to support people to understand their rights, access essential health and wellbeing support and take on opportunities to tackle loneliness and isolation which we know to be an absolute need and not what some might see as a want. Last year, the project supported 113 people to be significantly less isolated and express feeling less lonely, tackling the well documented serious health implications that loneliness and isolation can cause. 196 attendances to our hate / mate crime workshops has supported people to understand that any form of abuse to them because of who they are is unacceptable, helping people to know how they can report crimes against them and supporting people and those receiving the complaint in the process. One of the significant successes of this project respects each individual's right to live their lives as they choose and to be proud of who they are.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

FINANCIAL REVIEW

Principal funding sources

Thank you: We are grateful to all of our supporters especially those who give in kind and by private donation. The Directors of the Company and Trustees of the Charity take this opportunity to thank all those organisations and individuals who have helped finance the work of the LD:NorthEast. These include: People in receipt of a Personal Budget, the Big Lottery Community Fund, European Social Fund, North Tyneside Clinical Commissioning Group, BBC Children in Need, Garfield Weston Foundation, Northumbria Police & Crime Commissioner, and Building Connections Fund. We have also seen again this year an increase in people raising money for us through organised events, sponsorship and corporate sponsorship. We are really grateful for every contribution. We are always looking for new ways to increase the income we have available to support people. A very big thank you and congratulations to all of our staff and volunteers whose hard work is so much appreciated by the board and especially by our users and family members.

Reserves policy

Total reserves at 31 March 2019 amounted to £327,190 (£303,367 in 2017/18) of which £251,469 (£219,233 in 2017/18) are in Unrestricted Funds. The reserves are needed to meet the future requirements of the charity. The trustees are satisfied the present level of reserves available meets the target level.

Transactions and financial position

Incoming resources in the year were £965,263 (£800,012 in 2017-18). Of this £154,838 (£161,247 in 2017-18) related to project restricted activities.

The financial statement shows a surplus for the year, of £23,823 (deficit of £42,082 in 2017-18). This comprises a deficit of £8,413 (surplus of £12,995 in 2017-18) in Restricted Funds and a surplus of £32,236 (deficit of £55,077 in 2017-18) in Unrestricted Funds. This is a positive for the year, despite difficult funding conditions.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

FUTURE PLANS

2018 - 2019 has been another progressive year for LD:NorthEast as we continue to adapt and change in an effort to continue to offer personalised, value for money support and deliver over and above expectations. Trustees and management are very pleased with how the organisation has developed in recent years and are optimistic about the future. It is of course very difficult to source resources and generate income to continue to grow and develop such important support for those who need it. As a team, we are determined to develop new opportunities to ensure we achieve our mission and continue on our journey to ensure people have the same rights and opportunities as everyone else. Opportunities will continue to be explored, supported by investment in our team. We strive to continue to be an employer of choice, making bold decisions to invest and develop in our team at all levels. Trustees continue to support leadership development, such as the CEO taking on a Churchill Fellowship to explore entrepreneurial non-profit leadership and becoming a Clore Social Leadership Fellow in 2018. This also supports the development and reach of our network, crucial to our future success. Our Deputy CEO has taken on additional training and development opportunities through delivering Safeguarding training both internally and to partner organisation's staff. This collaborative approach is something for us to continue to build on. She has also overseen improvements to core training and development across our whole team, ensuring exceptional quality in our delivery of support, gaining very positive feedback from regular monitoring. The team have worked to continue to develop and expand support and new project ideas. For example, in January 2019, our new 'Healthy Connections' project started, funding through the government and National Lottery Community Fund 'Building Connections' programme. The project is about tackling isolation and building resilience and our approach was to do this through healthy living activities. The project has been a great success and we hope to build on this further as we see the huge impact of engaging people who have very little support in their lives to make friends, take part in activities supporting their health and wellbeing and hopefully continue to take part in similar activities with friends more independently in the future. We also continue to invest in our frontline staff, supporting apprenticeships and continuously looking to improve terms and conditions. This included a commitment for the following year to pay a real living wage to all of the support team.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

LD: North East is a registered Charity and constituted as a company limited by guarantee.

Appointment and training of new trustees

Appointment of Trustees and Directors is carried out at each AGM according to the provisions for appointment within the Memorandum and Articles of Association. The Charity seeks to recruit its Directors and Trustees from local communities, from parent carers, from people with a learning disability, from organisations we work with and people with an interest in our work. Trustees and Directors have access to induction and on-going training opportunities covering roles and responsibilities, duties, company and charity registration, policies and procedures (such as code of conduct, conflict of interest, equality and diversity, confidentiality,) history of the charity, list of committees, and strategic and business planning activities.

Organisational structure

The charity is organised so that the trustees meet regularly to manage its affairs. There are 3 staff who manage the day to day administration of the charity. In addition up to 8 staff are employed on specific projects and up to 40 support staff employed on a sessional/annualised hours contract basis. The charity also relies heavily on volunteers (around 45 at any one time) many of whom have a learning disability, to assist with project activities.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

3175969 (England and Wales)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1054535

Registered office

205 Park Road Wallsend Tyne and Wear NE28 7NL

Trustees

Elaine Hill Jeff Dinning Brenda Boyd Alex Blake Amanda Hillerby Chairperson Treasurer Vice chair resigned 5 January 2019

Independent examiner

Read, Milburn & Co 71 Howard Street North Shields Tyne and Wear NE30 1AF

Bankers

Unity Trust Bank plc Nine Brindleyplace Birmingham B1 2HB

Solicitors

Mincoffs
Osbourne Road
Jesmond
Newcastle upon Tyne

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

REFERENCE AND ADMINISTRATIVE DETAILS

Contact details for general enquiries-

Telephone (0191) 262 2261
Email info@ldne.org.uk
Website www.ldne.org.uk

Staff

Chief Executive David Robinson
Deputy Chief Executive Jacqui Thompson
Finance & Resources Manager Lisa Donnalley
Personalised Support Leads Sharon May
Amanda Nelson
Holly Grieves
Lindsey Harle
Projects Manager Julie Redpath

Development Manager

Lisa Wild

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 6 September 2019 and signed on its behalf by:

Brenda Boyd - Trustee and Acting Chair

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF LD:NORTH EAST

Independent examiner's report to the trustees of LD:North East ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2019.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Nicholas J Liley, FCA.

Institute of Chartered Accountants in England and Wales

Read, Milburn & Co

71 Howard Street

North Shields

Tyne and Wear

Date: OHL Ochoba 2019

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2019

				2019	2018
		Unrestrict	Restricted	Total funds	Total funds
		ed funds	funds		
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	426	-	426	50
Charitable activities	5				
Grant income		126,514	154,738	281,252	215,491
Direct services		577,641	•	577,641	505,024
Other trading activities	3	98,541	100	98,641	71,563
Investment income	4	3,179	-	3,179	3,505
Other income		4,124		4,124	4,379
Total		810,425	154,838	965,263	800,012
EXPENDITURE ON					
Raising funds	6	4,029		4,029	3,093
Charitable activities	7	4,029	-	4,029	3,093
Staff and support costs	,	661,654	125,451	787,105	700,419
Training		2,157	1,758	3,915	3,001
Activities expenses and equipment		52,445	21,307	73,752	71,698
Premises and administration costs		65,887	6,752	72,639	63,883
Total		786,172	155,268	941,440	842,094
NET INCOME/(EXPENDITURE)		24,253	(430)	23,823	(42,082)
Transfers between funds	19	7,983	(7,983)	· <u>-</u>	
Net movement in funds		32,236	(8,413)	23,823	(42,082)
RECONCILIATION OF FUNDS					
Total funds brought forward		219,233	84,134	303,367	345,449
TOTAL FUNDS CARRIED FORWARD		251,469	<u>75,721</u>	327,190	303,367

BALANCE SHEET AT 31 MARCH 2019

EIVED ACCETS	Notes	2019 £	2018 £
FIXED ASSETS Tangible assets	15	70,307	79,040
CURRENT ASSETS Debtors Cash at bank and in hand	16	67,557 316,836 384,393	108,628 200,178 308,806
CREDITORS Amounts falling due within one year	17	(127,510)	(84,479)
NET CURRENT ASSETS		256,883	224,327
TOTAL ASSETS LESS CURRENT LIABILITIES		327,190	303,367
NET ASSETS		327,190	303,367
FUNDS Unrestricted funds Restricted funds	19	251,469 75,721	219,233 84,134
TOTAL FUNDS		327,190	303,367

BALANCE SHEET - CONTINUED AT 31 MARCH 2019

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2019 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 6 September 2019 and were signed on its behalf by:

Brenda Boyd -Trustee

Jeff Dinning -Trustee

CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2019

	Notes	2019 £	2018 £
Cash flows from operating activities:			
Cash generated from operations	22	115,774	(31,001)
Net cash provided by (used in) operating activities		115,774	(31,001)
Cash flows from investing activities: Interest received		884	1,016
Net cash provided by (used in) investing activities		884	1,016
Change in cash and cash equivalents in th	e		
reporting period		116,658	(29,985)
Cash and cash equivalents at the beginning of the reporting period	ıg	200,178	230,163
Cash and cash equivalents at the end of the reporting period	ie	316,836	200,178

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property

- in accordance with the property

Fixtures and fittings

- 20% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

2. DONATIONS AND LEGACIES

_,					
				2019	2018
		•		£	£
	Danations			£ 426	50
•	Donations			420	
2	OTHER TRADING ACTIVITIES				
3.	OTHER TRADING ACTIVITIES				
				2019	2018
				£	£
	Activities			59,704	51,228
	Fundraising			38,937	20,335
	_				
	•			98,641	71,563
					•
4.	INVESTMENT INCOME				
				2010	2010
				2019	2018
	Dont on Lorenica			£	£
	Rent and services Bank interest			2,295 113	2,489
	Building society interest			771	6 1,010
	Building society interest				1,010
				3,179	3,505
				<u> </u>	3,303
5.	INCOME FROM CHARITABLE ACTI	VITIES			
٠.					
				2019	2018
			Direct	Total	Total
		Grant	services	activities	activities
		income			
		£	£	£	£
	NHS North Tyneside	51,514	-	51,514	51,463
	North Tyneside Council	-	-	-	3,375
	Big Lottery Fund	77,268	-	77,268	75,227
	Children in Need	53,913	-	53,913	41,154
	Awards4All	-	-	-	10,000
,	Department for Education	-	-	-	7,500
	Northumbria Police	75,000	-	75.000	1,200
	Garfield Weston Foundation	75,000	-	75,000	2,000
	Big Lottery Fund and European Social	0.606		9,686	22 572
	Fund Big lottery Fund and DCMS	. 9,686 13,871	-	13,871	23,572
	Big lottery Fund and DCMS Personalised support	13,0/1	577,641	577,641	505,024
			377,041	377,041	303,024
	•	281,252	577,641	858,893	720,515
			377,071		-20,515

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

6. RAISING FUNDS

Raising donations and legacies

	2019	2018
	£	£
Fundraising costs	4,029	3,093

7. CHARITABLE ACTIVITIES COSTS

	Direct costs	Support costs	Totals
	(See note 8)	(See note 9)	
	£	£	£
Staff and support costs	616,334	170,771	787,105
Training	3,915	-	3,915
Activities expenses and equipment	73,752	-	73,752
Premises and administration costs		72,639	72,639
	694,001	243,410	937,411

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2019	2018
	£	£
Staff costs	606,733	560,278
Staff training	3,915	838
Recruitment expenses	1,750	2,356
Conferences and training	-	2,163
Staff travel	7,851	10,773
Volunteers expenses	1,373	3,829
Activities expenses	65,422	53,390
Meetings and events	-	4,368
Subscriptions and publications	220	215
Publicity	1,176	42
Professional fees	5,561	5,011
Bad debts	-	1,115
NT Parent Carers Forum		3,728
	694,001	648,106

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

9. SUPPORT COSTS

Staff and support costs Premises and administration costs		Management £ 170,771 70,299 241,070	Governance costs £	Totals £ 170,771 72,639 243,410
Support costs, included in the above,	are as follows:			
		Premises and	2019	2018
	Staff and	administratio	Total	Total
	support costs	n costs	activities	activities
	£	£	£	£
Wages	155,260	-	155,260	115,922
Social security	14,303	-	14,303	10,969
Pensions	1,208	-	1,208	121
Rent and rates	-	6,326	6,326	5,000
Insurance	-	3,768	3,768	3,479
Light heat and water	-	6,168	6,168	6,207
Telephone and computer costs	-	21,181	21,181	17,477
Postage stationery and adverts	-	7,153	7,153	5,763
Repairs and maintenance	-	6,326	6,326	4,502
Support costs	-	10,644	10,644	10,412
Depreciation of fixed assets	-	8,733	8,733	8,733
Accountancy charges		2,340	2,340	2,310

10. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2019	2018
•	£	£
Accountancy charges	2,340	2,310
Depreciation - owned assets	8,733	8,733

170,771

72,639

243,410

190,895

11. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2019 nor for the year ended 31 March 2018.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2019 nor for the year ended 31 March 2018.

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

12. STAFF COSTS

	2019	2018
	£	£
Wages and salaries	726,365	645,917
Social security costs	44,593	38,994
Other pension costs	6,546	2,379
	777,504	687,290

The charity's key management personnel comprise the Trustees the Chief Executive Officer and the Operations Manager. The total employee benefits of the key management personnel including employers national insurance were £91,032 (2018 - £88,316).

The average monthly number of employees during the year was as follows:

2019	2018
39	38
8	8
4	4
. 3	2
<u> </u>	1
54	53
	8

No employees received emoluments in excess of £60,000.

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	50	-	50
Charitable activities			
Grant income	56,838	158,653	215,491
Direct services	505,024	-	505,024
Other trading activities	68,969	2,594	71,563
Investment income	3,505	-	3,505
Other income	4,379		4,379
Total	638,765	161,247	800,012

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

COMMITTED FOR THE STATEMENT OF	Unrestricted	Restricted	Total funds
	funds	funds	
•	£	£	£
EXPENDITURE ON	•		
Raising funds	3,093	-	3,093
Charitable activities	ŕ		•
Staff and support costs	580,662	119,757	700,419
Training	2,195	806	3,001
Activities expenses and equipment	52,985	18,713	71,698
Premises and administration costs	56,949	6,934	63,883
Total	695,884	146,210	842,094
NET INCOME/(EXPENDITURE)	(57,119)	15,037	(42,082)
Transfers between funds	2,042	(2,042)	
Net movement in funds	(55,077)	12,995	(42,082)
RECONCILIATION OF FUNDS			
Total funds brought forward	274,310	71,139	345,449
TOTAL FUNDS CARRIED FORWARD	219,233	84,134	303,367

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

14. GIFTS IN KIND

15.

During the year the charity received the following donated goods and services:-

Name of Donor	Event	Date	Donation	Value £
Whitley & Neill	Gin tasting night	09/04/2018	Gift set for door prize	30
Newcastle Eagles Tickets	Netball fundraiser	20/04/2018	2 x tickets	36
Contours day Passes	Netball fundraiser	20/04/2018	4 x day passes	20
Blakemore Cash & Carry	Grease film night	20/04/2018	Food and drink	50
Seven Stories	Teddy Bear's	24/04/2018	Family day pass	23
	picnic/summer raffle			
Northumbria Water	Teddy Bear's	19/06/2018	2 x Theatre Royal	89
	picnic/summer		tickets	
	raffle			
Holiday Cottages	Festival raffle	19/06/2018	Cottage holiday voucher	50
Experience Days	Festival raffle	19/06/2018	Experience voucher	50 .
Newcastle Racecourse	Festival raffle	19/06/2018	2 x Premier enclosure tickets	32
Andy Wood	Festival raffle	31/08/2018	Amazon echo dot	30
NE Coastal Life Magazine	Advertising	01/10/2018	Full page A4 advert	200
Whitley Bay Playhouse	Bake off raffle	20/03/2019	4 x tickets easter	56
			pantomime	
Golf Breaks	Bake off raffle	20/03/2019	4 x tickets Linden Hall	80
			ball	
Co-op	Bake off raffle	20/03/2019	Food and drink hamper	50
				<u>796</u>
TANGIBLE FIXED ASSE	CTS	_	1	
		-	vement Fixtures and	1
		s to p	roperty fittings	Totals
COST			£	£
COST	.1. 2010	1	74 (52 1 012	176 565
At 1 April 2018 and 31 Mar	ch 2019	_1	74,653 1,912	176,565
			·	
DEPRECIATION				
At 1 April 2018			95,613 1,912	97,525
Charge for year			8,733	8,733
Charge for year		_	<u> </u>	<u> </u>
At 31 March 2019		1	04,346 1,912	106,258
7 tt 51 Water 2017				100,200
NET BOOK VALUE				
At 31 March 2019			70,307	70,307
		_		
At 31 March 2018		_	79,040	<u>79,040</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

16. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Trade debtors Other debtors Prepayments and accrued income	2019 £ 59,454 240 7,863 67,557	2018 £ 101,696 - 6,932 108,628
17.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
	Trade creditors Other creditors Accrued expenses Deferred income	2019 £ 3,405 106,255 15,350 2,500 127,510	2018 £ 5,535 71,541 4,903 2,500
	Included in other creditors is deferred income as follows-	2010	2017
		2018 £	2017 £
	Sir James Knott Trust		
		<u>2,500</u>	<u>2,500</u>

18. ANALYSIS OF NET ASSETS BETWEEN FUNDS

· .	Unrestricted funds	Restricted funds	Total funds	2018 Total funds
	£	£	£	£
Fixed assets	23,474	46,833	70,307	79,040
Current assets	355,505	28,888	384,393	308,806
Current liabilities	(127,510)	<u> </u>	(127,510)	(84,479)
	251,469	75,721	327,190	303,367

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

19. MOVEMENT IN FUNDS

Unrestricted funds	At 1/4/18 £	Net movement in funds £	Transfers between funds £	At 31/3/19 £
General fund	201,402	24,661	19,871	245,934
Designated-Building Repairs	5,943	(2,418)	-	3,525
Designated-Early Years Activity Fund	11,888	-	(11,888)	-
Designated - Tomorrows Fundraising		2,010		2,010
	219,233	24,253	7,983	251,469
Restricted funds				
Big Lottery Fund-Reaching	Z 001	10.641		1.7.070
Communities-Tomorrows Project	7,231	10,641	-	17,872
Capital Fund	52,686	(5,853)	-	46,833
Children in Need-Early Years A J Fund	3,085	1,315	<u>-</u>	4,400
A J Fund Awards For All-Tomorrows Volunteers	5,037 8,726	(1,658)	-	3,379 90
Big Lottery Fund and ESF-Building	8,720	(8,636)	-	90
Better Opportunities	7,369	614	(7,983)	-
Children in Need - 'Siblings' Project	-	1,670	-	1,670
Department of Digital, Culture, Media and Spost and Big Lottery Fund -				
Building Connections		1,477		1,477
	84,134	(430)	(7,983)	75,721
				
TOTAL FUNDS	303,367	23,823	-	327,190

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

19. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Timusatuistad funda	£	£	. L
Unrestricted funds	906 670	(702,000)	24 661
General fund	806,670	(782,009)	·
Designated - Tomorrows Fundraising	3,755	(1,745)	
Designated-Building Repairs		(2,418)	(2,418)
	810,425	(786,172)	24,253
Restricted funds			
Big Lottery Fund-Reaching Communities-Tomorrows			
Project	77,268	(66,627)	10,641
Children in Need-Early Years	43,913	(42,598)	•
A J Fund	100	(1,758)	
Awards For All-Tomorrows Volunteers	-	(8,636)	` ' '
Big Lottery Fund and ESF-Building Better Opportunities	9,686	(9,072)	, , ,
Children in Need - 'Siblings' Project	10,000	(8,330)	
Department of Digital, Culture, Media and Spost and	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	(-,,	,
Big Lottery Fund - Building Connections	13,871	(12,394)	1,477
Capital Fund	<u>-</u>	(5,853)	· ·
	154,838	(155,268)	(430)
TOTAL FUNDS	965,263	(941,440)	23,823

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

19. MOVEMENT IN FUNDS - continued

Comparatives for	movement	in	funds
------------------	----------	----	-------

Comparatives for movement in funds	At 1/4/17 £	Net movement in funds £	Transfers between funds £	At 31/3/18 £
Unrestricted Funds				,
General fund	256,361	(60,740)	5,781	201,402
Designated-Activity Fund	3,739	-	(3,739)	
Designated-Building Repairs	5,943	-	-	5,943
Designated-Early Years Activity Fund	8,267	3,621		11,888
	274,310	(57,119)	2,042	219,233
Restricted Funds				
Big Lottery Fund-Reaching				
Communities-Tomorrows Project	1,511	5,720	-	7,231
Capital Fund	58,539	(5,853)	-	52,686
Children in Need-Early Years	3,975	(890)	-	3,085
A J Fund	1,895	136	3,006	5,037
Northumbria Police-Supporting Victims				
Fund	5,219	-	(5,219)	-
Department for Education-Contact a				
Family	-	517	(517)	-
Awards For All-Tomorrows Volunteers	-	8,726	-	8,726
Northumbria Police-Hate Crime		(688)	688	-
Big Lottery Fund and ESF-Building			•	
Better Opportunities		<u>7,369</u>		7,369
	71,139	15,037	(2,042)	84,134
		41.		
TOTAL FUNDS	345,449	(42,082)		303,367

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

19. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	635,144	(695,884)	(60,740)
Designated-Early Years Activity Fund	3,621		3,621
	638,765	(695,884)	(57,119)
Restricted funds			
Big Lottery Fund-Reaching Communities-Tomorrows			
Project	75,227	(69,507)	5,720
Children in Need-Early Years	41,154	(42,044)	(890)
A J Fund	2,594	(2,458)	136
Department for Education-Contact a Family	7,500	(6,983)	517
Awards For All-Tomorrows Volunteers	10,000	(1,274)	8,726
Northumbria Police-Hate Crime	1,200	(1,888)	(688)
Big Lottery Fund and ESF-Building Better Opportunities	23,572	(16,203)	7,369
Capital Fund		(5,853)	(5,853)
	161,247	(146,210)	15,037
			
TOTAL FUNDS	800,012	<u>(842,094</u>)	(42,082)

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

19. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/17	Net movement in funds £	Transfers between funds £	At 31/3/19
Unrestricted funds	£	£	£	L :
General fund	256,361	(36,079)	25,652	245,934
Designated-Activity Fund	3,739	(30,077)	(3,739)	243,754
Designated-Activity Fund Designated-Building Repairs	5,943	(2,418)	(3,732)	3,525
Designated-Early Years Activity Fund	8,267	3,621	(11,888)	5,525
Designated - Tomorrows Fundraising	0,207	2,010	(11,000)	2,010
Designated - Tomorrows I undraising	_	2,010		2,010
Restricted funds				
Big Lottery Fund-Reaching			•	
Communities-Tomorrows Project	1,511	16,361	-	17,872
Capital Fund	58,539	(11,706)	_	46,833
Children in Need-Early Years	3,975	425	-	4,400
A J Fund	1,895	(1,522)	3,006	3,379
Northumbria Police-Supporting Victims	_,	(-,)	-,	-,-
Fund	5,219	_	(5,219)	-
Department for Education-Contact a	- ,		(-,,	
Family	-	517	(517)	-
Awards For All-Tomorrows Volunteers	-	90	-	90
Northumbria Police-Hate Crime	-	(688)	688	•
Big Lottery Fund and ESF-Building		` /		
Better Opportunities	-	7,983	(7,983)	-
Children in Need - 'Siblings' Project	-	1,670	-	1,670
Department of Digital, Culture, Media		•		•
and Spost and Big Lottery Fund -				*
Building Connections	-	1,477	-	1,477
č				
	71,139	14,607	(10,025)	75,721
				
TOTAL FUNDS	345,449	(18,259)	-	327,190
-				

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

19. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,441,814	(1,477,893)	(36,079)
Designated-Early Years Activity Fund	3,621	-	3,621
Designated - Tomorrows Fundraising	3,755	(1,745)	•
Designated-Building Repairs	-	(2,418)	•
	1,449,190	(1,482,056)	(32,866)
	1,449,190	(1,402,030)	(32,800)
Restricted funds			
Big Lottery Fund-Reaching Communities-Tomorrows			
Project	152,495	(136,134)	16,361
Children in Need-Early Years	85,067	(84,642)	•
A J Fund	2,694	(4,216)	
Department for Education-Contact a Family	7,500	(6,983)	
Awards For All-Tomorrows Volunteers	10,000	(9,910)	90
Northumbria Police-Hate Crime	1,200	(1,888)	(688)
Big Lottery Fund and ESF-Building Better Opportunities	33,258	(25,275)	7,983
Children in Need - 'Siblings' Project	10,000	(8,330)	1,670
Department of Digital, Culture, Media and Spost and			
Big Lottery Fund - Building Connections	13,871	(12,394)	1,477
Capital Fund		(11,706)	(11,706)
	316,085	(301,478)	14,607
TOTAL FUNDS	1,765,275	(1,783,534)	(18,259)

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

19. MOVEMENT IN FUNDS - continued

Capital Fund

The capital fund represents the grants received to renovate the charity's current premises and is being amortised in line with the property improvements depreciation.

A J Fund

This fund was originally from donations and a £3,000 legacy from Jean Henderson, current funding is derived from external fundraising.

Big Lottery Fund

This funding was from the Big Lottery Fund's Reaching Communities and funded the Tomorrows project. The project was to have concluded on the 2nd May 2017 but a continuation grant was received for a further 5 years.

Children in Need

Children in Need are funding the Early Years project which provides play activities and support to disabled children and their families.

Big Lottery Fund and European Social Fund

This funding was for the Wise Steps project building better opportunities for Tyne and Wear. The project was completed in July 2018.

Awards For All

The Tomorrows Volunteers project funding was for developing volunteering opportunities for people with learning disabilities and ASD through offering support to people over a 12 month period.

Children in Need

Children in Need are funding a 3 year 'Siblings' project to support brothers and sisters of children with learning disabilities to allow them to take part in some fun activities.

Big Lottery Fund and Department of Digital, Culture, Media and Sport

The funding is from the Building Connections Fund for a Healthy Connections North Tyneside project a programme of healthy activities to improve well-being and bring people together.

Transfers between funds

Transfers between funds comprise management costs and remaining funds on the completion of a project.

20. RELATED PARTY DISCLOSURES

During the year the Treasurer provided accounting services to the value of £1,280.

21. ULTIMATE CONTROLLING PARTY

The charitable company is under the control of the trustees.

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

22. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2019 £	2018 £
Net income/(expenditure) for the reporting period (as per the statement of financial activities)	23,823	(42,082)
Adjustments for:		
Depreciation charges	8,733	8,733
Interest received	(884)	(1,016)
Decrease/(increase) in debtors	41,071	(23,367)
Increase in creditors	43,031	_26,731
Net cash provided by (used in) operating activities	115,774	(31,001)

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2019

	2019 £	2018 £
INCOME AND ENDOWMENTS		
Donations and legacies Donations	426	50
Other trading activities		
Activities Fundraising	59,704 38,937	51,228 20,335
Tundraising		
	98,641	71,563
Investment income		
Rent and services	2,295 113	2,489
Bank interest Building society interest	771	6 1,010
	3,179	3,505
Charitable activities		
Personalised support	577,641	505,024
NHS North Tyneside	51,514	51,463
North Tyneside Council	-	3,375
Big Lottery Fund	77,268	75,227
Children in Need	53,913	41,154
Awards4All Department for Education	-	10,000 7,500
Department for Education Northumbria Police	<u>-</u>	1,200
Garfield Weston Foundation	75,000	2,000
Big Lottery Fund and European Social Fund	9,686	23,572
Big lottery Fund and DCMS	13,871	
	858,893	720,515
Other income		
Miscellaneous	4,124	4,379
Total incoming resources	965,263	800,012
EXPENDITURE		
Raising donations and legacies Fundraising costs	4,029	3,093

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2019

	2019	2018
	£	£
Charitable activities		
Wages	571,105	529,995
Social security	30,290	28,025
Pensions	5,338	2,258
Staff training	3,915	838
Recruitment expenses	1,750	2,356
Conferences and training	-	2,163
Staff travel	7,851	10,773
Volunteers expenses	1,373	3,829
Activities expenses	65,422	53,390
Meetings and events	-	4,368
Subscriptions and publications	220	215
Publicity	1,176	42
Professional fees	5,561	5,011
Bad debts	-	1,115
NT Parent Carers Forum		3,728
	694,001	648,106
Support costs		
Management		
Wages	155,260	115,922
Social security	14,303	10,969
Pensions	1,208	121
Rent and rates	6,326	5,000
Insurance	3,768	3,479
Light heat and water	6,168	6,207
Telephone and computer costs	21,181	17,477
Postage stationery and adverts	7,153	5,763
Repairs and maintenance	6,326	4,502
Equipment and maintenance	3,877	2,815
Bank charges	1,071	1,120
Garden maintenance	671	450
Cleaning	1,921	1,777
Professional fees	3,104	4,250
Improvements to property	8,733	8,733
	241,070	188,585
Governance costs	211,070	100,505
Accountancy charges	2,340	2,310
Total resources expended	941,440	842,094
Net income/(expenditure)	23,823	(42,082)