



288b

Please complete in typescript, or
in bold black capitals.

CHFP036

Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

03171990

Company Name in full

ABSOLUTE HEALTH SERVICES LIMITED

Date of termination of appointment

Day		Month		Year			
0	2	0	3	2	0	0	9

as director

☐

as secretary

☒

Please mark the appropriate box. If terminating
appointment as a director and secretary mark
both boxes.

NAME

*Style / Title

MR

*Honours etc

Please insert
details as
previously
notified to
Companies House.

Forename(s)

SIMON HENRY

Surname

BOWDLER

†Date of Birth

Day		Month		Year			

A serving director, secretary etc must sign the form below.

Signed

Date

18.5.09

* Voluntary details.

† Directors only.

** Delete as appropriate

(** serving director / ~~secretary~~ / ~~administrator~~ / ~~administrative receiver~~ / ~~receiver manager~~ / ~~receiver~~)

You do not have to give any contact
information in the box opposite but
if you do, it will help Companies
House to contact you if there is a
query on the form. The contact
information that you give will be
visible to searchers of the public
register.

WALL AND PARTNERS

3/5 COMMERCIAL GATE, MANSFIELD, NOTTS

NG18 1EJ

Tel 01623 623248

DX number

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ

DX 33050 Cardiff

for companies registered in England and Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh
or LP - 4 Edinburgh



A46

AKIS09ZC

19/05/2009

366

COMPANIES HOUSE

Form revised 1/03/09