

BATTLE AGAINST TRANQUILLISERS LTD
TRUSTEES AND DIRECTORS REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2015

Charity no: 1056508

Company no: 03169578 (England and Wales)

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BATTLE AGAINST TRANQUILLISERS LIMITED

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BATTLE AGAINST TRANQUILLISERS LIMITED

ANNUAL REPORT

FOR THE YEAR ENDED 31 MARCH 2015

The Trustees present their annual report and financial statements for the year ended 31 March 2015 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charities Act 2011, the Companies Act 2006, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standing applicable in the UK and Republic of Ireland published on 16 July 2014.

Objectives and Activities

Purposes and Aims

The charity's objectives are:

- To help those addicted to benzodiazepines, and who wish to withdraw from them, to do so comfortably as possible, and to help them make the necessary changes in life after withdrawal.
- To educate and inform all those who may come across the problem of benzodiazepine addiction, either personally or professionally, towards an understanding of the difficulties caused by this drug's actions and the compounding of these difficulties in withdrawal.
- To influence services in their prescribing of and withdrawing patients from benzodiazepines.

How our activities deliver public benefit.

Our main activities and who we try to help are described below. All our charitable activities focus on the promotion of health and wellbeing and are undertaken to further our charitable purposes for the public benefit.

Achievements and Performance

Who used and benefited from our services?

The number of people benefiting from BAT services rose from 940 in 2013/14 to 950 in 2014/15. Services provided include: groups, drop-ins, one-to-ones, telephone helpline, website e mail and advocacy.

The number of people benefiting from BAT training was 561.

Prescribed clients have variously stabilised, reduced and completed benzodiazepine and Z drugs withdrawal.

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BAT's work continues. The BAT prison support group continues to run. BAT has been available to the women in Eastwood Park Prison HMP at health fairs and at this year's amnesty event.

The Bristol prison programme has progressed, and BAT training for the non-medical workers has happened. BAT plans to extend this.

BAT continues to work with the Department of Health, the Royal College of GP's and the British Medical Association.

BAT's training programme this year has expanded significantly in line with the national prescribed and over the counter medication agenda.

Recovery Agenda

Service users continue to represent BAT in various settings. They are part of BAT training sessions, wherever possible. Both prescribed and illicit Benzo-use experiences are part of these sessions as are service users with polydrug use and those with a dual diagnosis.

Clients, who use Benzodiazepines and Z drugs in combination with other substances/problem drinking, have benefitted from the same BAT services. BAT continues to report positive outcomes for these Drug and Alcohol clients. BAT works with generic services for this client group and signposts to a variety of statutory and voluntary

BAT has continues to be a stakeholder in the Department of Health's working group looking at setting up best practice Benzodiazepine services throughout the UK.

BAT has continued its input into Dual Diagnosis profile-raising and service improvement and BAT's coordinator is the Dual Diagnosis lead for South Gloucestershire Drug and Alcohol Services.' add

This year BAT has been involved in policy-making for the Crisis Care Concordat which works together to ensure that a 'joined up' approach is adopted for anyone in Mental Health Crisis. BATs coordinator is the Dual Diagnosis lead for South Gloucestershire Drug and Alcohol services.

Financial Review

Battle Against Tranquillisers Ltd ends the year with a surplus.

We maintain good relationships with the statutory organisations that fund us and continue to look for new sources of funding for new projects to meet service users' needs. The finances are reviewed regularly at an operational and governance level.

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Principal Funding Sources

In the year 2014-15 our principle funding sources were South Gloucestershire Council and North Somerset Council.

Investment Policy

BAT operates a policy of non-investment, other than keeping BAT reserves in high interest bank accounts.

Reserves Policy

BAT recognises the importance of maintaining an appropriate level of reserves to allow for contingency planning or action.

The trustees are aware of the extreme importance for the charity to have sufficient funds for the charity to be able, in all identified risk areas, to continue to run the service for the period of at least one year, during which the trustees could seek additional funding. This is considered necessary for the reason of the uniquely specialist nature of the services provided by the charity, and the time implications involved.

Plans for Future Periods

The Board and Staff team aim to continue the services offered by the charity with the overall aim of the expansion of the current services and the reaching of more individuals in need of these charities services.

Risk Management

The risks to BAT remain; 1) loss of coordinator funding 2) coordinator deciding to leave the post, 3) loss of the development worker, 4) loss of sessional workers and 5) loss of administrative support. There is a reserves policy to cover these eventualities.

Structure, Governance and Management

Governing Document

The organisation is a charitable company limited by guarantee incorporated on 08 March 1996 and registered as a charity on 01 July 1996. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.00.

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Recruitment and Appointment of Trustees

The number of trustees shall be not less than three but shall not be subject to any maximum. At each annual general meeting, one third of the trustees who are subject to retirement by rotation, or if their number is not three or a multiple of three, the number nearest to one third shall retire from office; but if there is only one trustee who is subject to retirement by rotation, he shall retire. The trustees to retire by rotation shall be those who have been longest in office.

Trustee Induction and Training

New trustees are provided with a full induction to the organisation, covering the roles and responsibilities of Board members, operational, financial and health and safety policies, services and activities, and the Strategic Plans of the Charity.

Reference and Administrative Details of the Charity.

Battle Against Tranquillisers Ltd is a company limited by guarantee and a registered Charity.

Registered office: 35 Timber Dene
Stapleton
Bristol
BS16 1TJ

Registered Company No: 03169578

Registered Charity No: 1056508

Trustees and Directors at March 31st 2015

Dr Lawson – chair
Ms C Carolan – vice chair
Ms K Fay
Ms G Dorey
Ms S Salter
Ms C Hogarth
Ms K Hogarth
Ms A Gooder
Ms M Edwards
Ms E Milne – honorary trustee

Treasurer Mrs H Furnivall

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FOR THE YEAR ENDED 31 MARCH 2015

Bankers Coventry Building Society
 Economic House
 PO Box 9
 High Street
 Coventry
 CV1 5QN

Examiners Harwood, Lane & Co
 Chartered Accountants and Registered Auditors
 Units 1-4 Crossley Farm Business Centre
 Swan Lane, Winterbourne
 BRISTOL, BS36 1RH

Statement of trustees' responsibilities

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Accepted Accounting Practices).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is in appropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011 and the applicable Charities (Accounts and Reports) Regulations. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

BATTLE AGAINST TRANQUILLISERS LIMITED

ANNUAL REPORT

FOR THE YEAR ENDED 31 MARCH 2015

Members of the Board

Members of the Board of Trustees, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 6.

In accordance with company law, as the company's directors, we certify that:

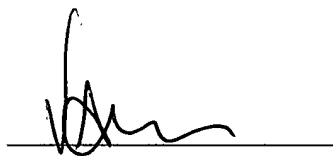
- so far as we are aware, there is no relevant accounts information of which the independent examiners are unaware
- as the directors of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant accounts information and to establish that the charity's examiners are aware of that information.

Independent Examiners

Harwood Lane & Co were the charitable company's independent examiners for the year and have expressed their willingness to continue in that capacity.

Approval

This report was approved by the Board of Trustees on 15 October 2015 and signed on its behalf.



Name: V. Morris
Chair of Trustees

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE

BATTLE AGAINST TRANQUILLISERS LIMITED

I report on the accounts of the Company for the year ended 31 March 2015, which are set out on pages 10 to 18.

Respective responsibilities of trustees and examiners

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiners' report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

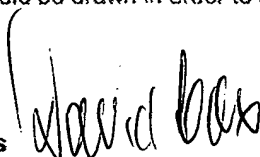
- (1) which give me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with s386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

David Cox F.C.A.
For and on behalf of Harwood Lane & Co
Chartered Accountants and Statutory Auditors
Units 1 - 4
Crossley Farm Business Centre
Swan Lane
Winterbourne
BRISTOL
BS36 1RH



Date: 16 October 2015

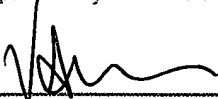
BATTLE AGAINST TRANQUILLISERS LIMITED

BALANCE SHEET AS AT 31 MARCH 2015

	Notes	2015	2014
CURRENT ASSETS			
Stocks	2	153	153
Debtors	3	684,439	748
Cash at Bank		63,350	113,822
		<hr/>	<hr/>
		747,942	114,723
CREDITORS: amounts falling due within one year			
	4	(5,321)	(13,789)
		<hr/>	<hr/>
Net Current Assets		742,621	100,934
Total Assets Less Current Liabilities		£742,621	£100,934
CAPITAL AND RESERVES			
General Reserve	10	742,621	100,934
Restricted Reserve	10	0	0
Charity Funds		£742,621	£100,934

The Directors considers that the company is entitled to exemption from the requirement to have an audit under the provisions of s.477 of the Companies Act 2006. Members have not required the company under s.476 of the Companies Act 2006, to obtain an audit for the period ended 31 March 2015. The Directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with s.386 and s.387 of the Companies Act 2006, and for preparing accounts which give a true and fair view of the state of affairs of the company as at 31 March 2015 and of its profit for the period then ended in accordance with the requirements of s.396, and which otherwise comply with the requirements of the Act relating to the accounts so far as applicable to the company.

The financial statements which have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006 were approved by the board on 15 October 2015 and are signed on its behalf.



Trustee
Name: V. MORRIS

The notes on page 13 to 18 form part of these accounts

BATTLE AGAINST TRANQUILLISERS LIMITED

STATEMENT OF FINANCIAL ACTIVITIES FOR THE PERIOD ENDED 31 MARCH 2015

SUMMARY INCOME AND EXPENDITURE ACCOUNT

<u>INCOMING RESOURCES</u>	Notes	Restricted Funds	Unrestricted Fund	2015 Total	2014 Total
Income from Charitable Activities	13	0	72,047	72,047	63,808
<i>Donations and Legacies</i>		0	684,097	684,097	94
<i>Income from other trading activities</i>	14	0	700	700	0
Investment Income	15	0	150	150	278
Total Incoming Resources		0	756,994	756,994	64,180
<u>RESOURCES EXPENDED</u>					
Cost of Generating Funds					
Fundraising Costs	16	0	0	0	0
Charitable Activities	17	0	115,307	115,307	108,566
Total Expenditure		0	115,307	115,307	108,566
Transfers between funds	10	0	0	0	0
		0	115,307	115,307	108,566
Net Incoming/(Outgoing) Resources for the year	7	0	641,687	641,687	(44,386)
Transfers between Funds		0	0	0	0
Balance brought forward	10	0	100,934	100,934	145,320
Total Funds Carried Forward	10	£0	£742,621	£742,621	£100,934

The notes on page 13 to 18 form part of these accounts

BATTLE AGAINST TRANQUILLISERS LIMITED

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2015

	Notes	Total Funds 2015	Prior Year 2014
Net Cash used in operating activities	18	633,117	(48,053)
Cash Flow from investing activities:			
Interest and dividends		150	278
Purchase of furniture and equipment		0	0
Proceeds from sale of investments		0	0
Net cash provided by investing activities		150	278
Cash Flow from financing activities:			
Repayment of borrowing		0	0
Receipt of expendable endowment		0	0
Net cash provided by financing activities		0	0
Change in cash and cash equivalents in the year		633,267	(47,775)
Cash and cash equivalent brought forward		113,822	161,597
Cash and cash equivalent carried forward		£747,089	£113,822

BATTLE AGAINST TRANQUILLISERS LIMITED

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2015

1. Accounting policies

(a) Basis of Accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Companies Act 2006 and the Statement of Recommended Practice: Accounting and Reporting by Charities issued in March 2005

(b) Incoming Resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

(c) Resources Expended

Expenditure is recognised on an accrual basis as a liability incurred. Expenditure includes any VAT which cannot be fully recoverable, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiners fees and costs linked to the strategic management of the charity.

(d) Stocks

Stocks are valued at the lower of cost and net realisable value.

(e) Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Restricted funds are subject to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

BATTLE AGAINST TRANQUILLISERS LIMITED

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2015

2	Stocks	2015	2014
	T Shirts	£153	£153
3	Debtors	2015	2014
	Legacy Income	683,097	0
	Other Debtors	1,342	748
	Other Debtors	£684,439	£748
4	Creditors: amounts falling due within one year	2015	2014
	Accruals	5,321	13,189
	Income Received in Advance	0	600
		£5,321	£13,789

BATTLE AGAINST TRANQUILLISERS LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2015

5	Employee costs	2015	2014
	Wages and Salaries	84,480	83,688
	Social Security Costs	5,323	5,642
		£89,803	£89,330

No employees received emoluments of more than £60,000.

Average number of employees	4	4
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6 Trustees remuneration and related party transactions

No members of the board of trustees received any remuneration during the year.

No trustees or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year (2014 - Nil).

7	Net incoming resources	2015	2014
	Net Incoming Resources is stated after charging:		
	Depreciation	0	0
	Independent Examiners Fee (inc VAT)	702	684

8	Capital commitments	2015	2014
	Authorised but not contracted	£ nil	£ nil
	Contracted but not spent	£ nil	£ nil

9	Analysis of net assets between funds	General Funds	Restricted Funds	Total
	Current Assets	747,942	0	747,942
	Current Liabilities	(5,321)	0	(5,321)
		£742,621	£0	£742,621

BATTLE AGAINST TRANQUILLISERS LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2015

10	Reserves	At 01.04.14	Income	Expenditure	At 31.03.15
	<i>General Reserves</i>				
	- general funds	47,448	756,994	(115,307)	689,135
	- designated funds	53,486	0	0	53,486
		100,934	756,994	(115,307)	742,621
	<i>Restricted Funds</i>	0	0	0	0
	Total Reserves	£100,934	£756,994	(£115,307)	£742,621

11	Designated reserves	2015	2014
	Designated Reserves consist of:		
	Dr J. Pym	27,486	27,486
	Development Reserve	26,000	26,000
		£53,486	£53,486

Purpose of Restricted Funds

There were no restricted funds during the year.

Purpose of Designated Funds

Dr J. Pym

This reserve is consists of donations made from Dr J Pym. No decision has been made as to how these donations will be spent.

Development Reserve

A Development Reserve has been established to set aside funds for the purpose of the on-going development of the charity.

12 Taxation

As a charity, Battle Against Tranquillisers is exempt from tax on income and gains falling within current tax legislation to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

BATTLE AGAINST TRANQUILLISERS LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2015

13	Income from charitable activities	Restricted	Unrestricted	2015 Total	2014 Total
	South Gloucestershire Council	0	55,728	55,728	55,728
	North Somerset Council	0	12,299	12,299	4,000
	DHI	0	4,020	4,020	4,080

£0	£72,047	£72,047	£63,808
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14	Income from other trading activities	Restricted	Unrestricted	2015 Total	2014 Total
	Training	£0	£700	£700	£0

15 Investment income

All of the charities investment income of £150 (2014 £278) arises from money held in interest bearing current and deposit accounts.

16	Direct charitable expenditure	Restricted	Unrestricted	2015 Total	2014 Total
	Fundraising Costs	£0	£0	£0	£0

17	Charitable activities	Restricted	Unrestricted	2015	2014
	Salaries	0	89,803	89,803	89,330
	Sessional Workers	0	3,461	3,461	1,555
	Sessional Workers 2011/12	0	(1,095)	(1,095)	0
	Honorarium	0	3,225	3,225	2,335
	Postage	0	432	432	365
	Photocopying and Printing	0	4,985	4,985	407
	Stationery	0	270	270	717
	Hotels and AGM	0	852	852	32
	Travel	0	4,383	4,383	5,517
	Subscriptions and Publications	0	144	144	198
	Advertising/Promotion	0	770	770	720
	Training	0	477	477	1,305
	Telephone	0	1,922	1,922	1,888
	Rent	0	3,442	3,442	2,573
	Insurance	0	941	941	472
	Sundry Equipment	0	786	786	113
	Payroll Bureau	0	409	409	348
	Miscellaneous Expenses	0	40	40	7
	Independent Examination	0	702	702	684
	Independent Examination 2012/13	0	(642)	(642)	0
		£0	£115,307	£115,307	£108,566

BATTLE AGAINST TRANQUILLISERS LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2015

**18 Reconciliation of net movements in funds to net cash
flow from operating activities**

	2015	2014
Net Movement in funds	641,687	(44,386)
Deduct interest income	(150)	(278)
Decrease (increase) in debtors	(594)	(473)
Increase (decrease) in creditors	(7,826)	(2,916)
Net cash used in operating activities	£633,117	(£48,053)