

BATTLE AGAINST TRANQUILLISERS LIMITED

ACCOUNTS FOR THE YEAR ENDED

31 MARCH 2013

Company Number - 3169578
A Registered Charity Number - 1056508

TUESDAY



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COMPANIES HOUSE

BATTLE AGAINST TRANQUILLISERS

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BATTLE AGAINST TRANQUILLISERS LIMITED

LEGAL AND ADMINISTRATIVE DETAILS

TRUSTEES

Dr R Lawson Chair
Ms C Carolan Vice Chair (Carolan)
Ms K Fay
Ms G Dorey
Ms S Salter
Ms C Hogarth
Ms K Hogarth
Ms A Gooder
Ms M Edwards
Ms E Milne (honorary trustee)

COMPANY NUMBER

3169578

CHARITY NUMBER

1056508

PRINCIPAL ADDRESS

PO Box 658
BRISTOL
BS99 1XP

PRINCIPAL BANKERS

Halifax PLC
Whiteladies Road
BRISTOL

INDEPENDENT EXAMINER

Richard Cook F C A
Harwood, Lane & Co
Chartered Accountants
Units 1 - 4 Crossley Farm Business Centre
Swan Lane
Winterbourne
BRISTOL
BS36 1RH

REPORT OF THE TRUSTEES OF BATTLE AGAINST TRANQUILLISERS LIMITED
FOR THE YEAR ENDED 31 MARCH 2013

The Trustee's submit the statutory report and accounts for Battle Against Tranquillisers for the year ended 31 March 2013

PRINCIPAL AIMS AND ACTIVITIES

The objects of the Chanty are

- * To help those who are addicted to benzodiazepines, and who wish to withdraw from them, to do so comfortably as possible, and to help them make the necessary changes in life after withdrawal
- * To educate and inform all those who may come across the problem of benzodiazepine addiction, either personally or professionally, towards an understanding of the difficulties caused by this drug's actions and the compounding of these difficulties in withdrawal
- * To influence services in their prescribing of and withdrawing patients from benzodiazepines

PUBLIC BENEFIT STATEMENT

The charity trustees have compiled with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers and duties

STRUCTURE, GOVERNANCE AND MANAGEMENT

All organisation decisions are taken by the trustees at BAT's monthly management meetings. Day to day management and decision making is the responsibility of the BAT co-ordinator, Una Corbett, who is directly responsible to the Chair of Trustees. The trustees stand down and may be elected by rota, at the BAT AGM, by those who attend and as laid down in the BAT constitution.

ACHIEVEMENTS AND PERFORMANCE

The number of people benefiting from BAT services rose from 890 in 2011/12, to 913 in 2012/13. Services provided include:

- groups
- drop-ins
- one-to-ones
- telephone helpline
- website email
- advocacy

The number of people benefiting from BAT training was 509.

Prescribed clients have variously stabilised, reduced and completed benzodiazepine and Z drug withdrawal.

The Department of Health Consensus Statement on Prescribed and Over-the Counter Medication, of which BAT was a working member, was published in January 2013. BAT wrote the Benzodiazepine Policy document this year.

BAT is working with the Royal College of GPs, developing policy and practice development.

RECOVERY AGENDA

BAT clients have made input into training sessions, and some are part of the South Gloucestershire Service User Group, where they represent both prescribed and unprescribed clients.

Clients who use Benzodiazepines and Z drugs in combination with other substances/problem drinking have benefitted from the same BAT services. BAT continues to report positive outcomes for these Drug and Alcohol Clients. BAT works with generic services for this client group and signposts to a variety of statutory and voluntary

BAT has become a stakeholder in the Department of Health's working group looking at setting up best practice Benzodiazepine services throughout the UK.

REPORT OF THE TRUSTEES OF BATTLE AGAINST TRANQUILLISERS LIMITED
FOR THE YEAR ENDED 31 MARCH 2013

It is also working with the Royal College of GP's on benzodiazepine policy and practice

BAT has continued its input into Dual Diagnosis profile-raising and service improvement

RISK MANAGEMENT

Last year the Trustees discussed the review of any major risks which the charity faces and developed an assessment. The three main areas of risk identified by the trustees were 1) loss of coordinator funding 2) coordinator deciding to leave the post, 3) Loss of development worker and 4) loss of sessional workers. Following the identification of these risks, the trustees developed a reserves policy to cover all four eventualities, and this was put in place.

RESERVES POLICY

Following the formal risk assessment conducted by the trustees, they decide that it was extremely important for the charity to have sufficient funds for the charity to be able, in all identified risk areas, to continue to run the service for the period of one year, during which the trustees could seek additional funding. This is considered necessary for the reason of the uniquely specialist nature of the services provided by the charity, and the time implications involved.

TRUSTEES' RESPONSIBILITY STATEMENT

Charity and Company law requires the Trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of its income and expenditure for that period. In preparing the attached accounts the Trustees consider the charity has

- * used suitable accounting policies and then applied them consistently,
- * made judgements and estimates that are reasonable and prudent,
- * stated whether applicable accounting standards have been followed, subject to any material departures disclosed and explanations in the accounts, and
- * has prepared the accounts on the going concern basis

The Trustees have responsibility for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable it to ensure that the financial statements comply with the Companies Act 2006. They also have responsibility for safeguarding the assets of the charitable company and hence for taking reasonable steps to prevent and detect fraud and other irregularities.

MEMBERS OF THE BOARD

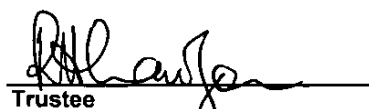
Members of the Board, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year are set out on page 3.

In accordance with company law, as the company's directors, we certify that

- * So far as we are aware, there is no relevant accounts information of which the company's examiners are unaware, and
- * As directors of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant audit information and to establish that the charity's examiners are aware of that information.

INDEPENDENT EXAMINERS

Harwood Lane & Co were re-appointed as the charity's Independent Examiners during the year and have expressed their willingness to continue in that capacity.


Trustee
Name Dr R Lawson

13 December 2013

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE
BATTLE AGAINST TRANQUILLISERS LIMITED**

I report on the accounts of the Company for the year ended 31 March 2013, which are set out on pages 17 to 13

Respective responsibilities of trustees and examiners

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act, and
- to state whether particular matters have come to my attention

Basis of independent examiners' report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the statement below.

Independent examiner's statement


In connection with my examination, no matter has come to my attention

(1) which give me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with s386 of the Companies Act 2006, and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice Accounting and Reporting by Charities

have not been met, or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

Richard Cook F C A. 
Harwood, Lane & Co
Chartered Accountants
Units 1 - 4
Crossley Farm Business Centre
Swan Lane
Winterbourne
BRISTOL
BS36 1RH

Date 16 December 2013

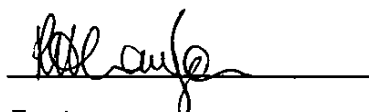
BATTLE AGAINST TRANQUILLISERS LIMITED

BALANCE SHEET AS AT 31 MARCH 2013

	Notes	2013	2012
FIXED ASSETS			
Tangible Fixed Assets	2	0	0
CURRENT ASSETS			
Stocks	3	153	153
Debtors	4	275	661
Cash at Bank		161,597	200,717
		<hr/>	<hr/>
		162,025	201,531
CREDITORS amounts falling due within one year	5	(16,705)	(63,751)
		<hr/>	<hr/>
Net Current Assets		145,320	137,780
Total Assets Less Current Liabilities		£145,320	£137,780
CAPITAL AND RESERVES			
General Reserve	11	145,320	137,780
Restricted Reserve	11	0	0
Charity Funds		£145,320	£137,780

The Director considers that the company is entitled to exemption from the requirement to have an audit under the provisions of s 477 of the Companies Act 2006. Members have not required the company under s 476 of the Companies Act 2006, to obtain an audit for the year ended 31 March 2013. The Director acknowledges his responsibilities for ensuring that the company keeps accounting records which comply with s 386 and s 387 of the Companies Act 2006, and for preparing accounts which give a true and fair view of the state of affairs of the company as at 31 March 2013 and of its profit for the period then ended in accordance with the requirements of s 396, and which otherwise comply with the requirements of the Act relating to the accounts so far as applicable to the company.

The financial statements which have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006 were approved by the board on 13th December 2013 and are signed on its behalf



Trustee
Name Dr R Lawson

The notes on page 9 to 13 form part of these accounts

BATTLE AGAINST TRANQUILLISERS LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES AND SUMMARY INCOME AND
EXPENDITURE ACCOUNT**

FOR THE YEAR ENDED 31 MARCH 2013

	Notes	Restricted Funds	Unrestricted Fund	2013 Total	2012 Total
<u>INCOMING RESOURCES</u>					
<i>Incoming Resources from charitable activities</i>					
- Grants Receivable	14	15,000	106,395	121,395	75,430
<i>Incoming Resources from generated funds</i>					
- Donations		0	1,280	1,280	1,050
- Other Income		0	3,000	3,000	0
Investment Income	15	0	267	267	95
Total Incoming Resources		15,000	110,942	125,942	76,575
<u>RESOURCES EXPENDED</u>					
Cost of Generating Funds					
Fundraising Costs	16	0	0	0	0
Charitable Activities	17	15,000	101,491	116,491	71,100
Governance Costs	18	0	1,911	1,911	642
Total Expenditure		15,000	103,402	118,402	71,742
Transfers between funds	11	0	0	0	0
		15,000	103,402	118,402	71,742
Net Incoming Resources	8	0	7,540	7,540	4,833
Other Recognised Gains and Losses					
Unrealised (Losses)/Gains on Investments		0	0	0	0
Net Movement in Funds		0	7,540	7,540	4,833
Total Funds Brought Forward	11	0	137,780	137,780	132,947
Total Funds Carried Forward	11	£0	£145,320	£145,320	£137,780

The notes on page 9 to 13 form part of these accounts

BATTLE AGAINST TRANQUILLISERS LIMITED

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2013

1 ACCOUNTING POLICIES

(a) Basis of Accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Companies Act 2006 and the Statement of Recommended Practice Accounting and Reporting by Charities issued in March 2005

(b) Incoming Resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy

(c) Resources Expended

Expenditure is recognised on an accrual basis as a liability incurred. Expenditure includes any VAT which cannot be fully recoverable, and is reported as part of the expenditure to which it relates

Costs of generating funds comprise the costs associated with attracting voluntary income

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiners fees and costs linked to the strategic management of the charity

(d) Depreciation

Depreciation is calculated to write off the cost of assets over their useful lives by the straight line method at the following rates per annum

Equipment	-	20%
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(e) Stocks

Stocks are valued at the lower of cost and net realisable value

(e) Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes

Restricted funds are subject to restrictions on their expenditure imposed by the donor or through the terms of an appeal

BATTLE AGAINST TRANQUILLISERS LIMITED

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2013

2	FIXED ASSETS		Equipment
	Cost or Valuation		
	As At 1 April 2012		5,451
	Written Down Fully		(5,451)
	As at 31 March 2013		0
	Depreciation		
	As At 1 April 2012		5,451
	Charge for the Year		(5,451)
	As at 31 March 2013		£0
	NET BOOK VALUE		
	As at 31 March 2012		£0
	As at 31 March 2013		£0
3	STOCKS	2013	2012
	T Shirts	£153	£153
4	DEBTORS	2013	2012
	Other Debtors	£275	£661
5	CREDITORS amounts falling due within one year	2013	2012
	Accruals	16,705	13,104
	Income Received in Advance	0	50,647
		£16,705	£63,751

BATTLE AGAINST TRANQUILLISERS LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2013

6	EMPLOYEE COSTS	2013	2012
	Wages and Salaries	80,370	48,438
	Social Security Costs	8,079	3,815
		£88,449	£52,253

No employees received emoluments of more than £60,000

Average number of employees	4	3
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7 TRUSTEES REMUNERATION AND RELATED PARTY TRANSACTIONS

No members of the board of trustees received any remuneration during the year

No trustees or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year (2012 - Nil)

8	NET INCOMING RESOURCES	2013	2012
	Net Incoming Resources is stated after charging		
	Depreciation	0	0
	Independent Examiners Fee (inc VAT)	660	642

9	CAPITAL COMMITMENTS	2013	2012
	Authorised but not contracted	£ nil	£ nil
	Contracted but not spent	£ nil	£ nil

10 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	General Funds	Restricted Funds	Total
Tangible Fixed Assets	0	0	0
Current Assets	162,025	0	162,025
Current Liabilities	(16,705)	0	(16,705)
	£145,320	£0	£145,320

BATTLE AGAINST TRANQUILLISERS LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2013

11	RESERVES	At 01 04 12	Income	Expenditure	At 31.03 13
	<i>General Reserves</i>				
	- general funds	84,294	110,942	(103,402)	91,834
	- designated funds	53,486	0	0	53,486
		137,780	110,942	(103,402)	145,320
	<i>Restricted Funds</i>				
	- Tudor Trust	0	15,000	(15,000)	0
	Total Reserves	£137,780	£125,942	(£118,402)	£145,320

12	DESIGNATED RESERVES	2013	2012
	Designated Reserves consist of		
	Dr J Pym	27,486	27,486
	Development Reserve	26,000	26,000
		£53,486	£53,486

Purpose of Restricted Funds

The restricted fund regarding the Tudor Trust is a grant given specifically towards the funding of an additional member of staff

Purpose of Designated Funds

Dr J Pym

This reserve is consists of donations made from Dr J Pym No decision has been made as to how these donations will be spent

Development Reserve

A Development Reserve has been established to set aside funds for the purpose of the on-going development of the charity

13 TAXATION

As a charity, Battle Against Tranquillisers is exempt from tax on income and gains falling within current tax legislation to the extent that these are applied to its charitable objects
No tax charges have arisen in the Charity

BATTLE AGAINST TRANQUILLISERS LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2013

14	INCOMING RESOURCES FROM CHARITABLE ACTIVITIES	Restricted	Unrestricted	2013	2012
				Total	Total
	South Gloucestershire Council	0	103,195	103,195	53,727
	North Somerset Council	0	0	0	8,000
	Tudor Trust	15,000	0	15,000	12,023
	DHI	0	3,200	3,200	1,680
		£15,000	£106,395	£121,395	£75,430
15	INVESTMENT INCOME	Restricted	Unrestricted	2013	2012
				Total	
	Investment Interest Receivable	0	267		95
	Dividends Received	0	0	0	0
		£0	£267	£0	£95
16	DIRECT CHARITABLE EXPENDITURE	Restricted	Unrestricted	2013	2012
				Total	Total
	Fundraising Costs	£0	£0	£0	£0
17	CHARITABLE ACTIVITIES	Restricted	Unrestricted	2013	2012
	Salaries, Facilitators & Honorarium	15,000	80,632	95,632	58,965
	Postage	0	484	484	226
	Photocopying	0	2,287	2,287	2,296
	Stationery	0	190	190	352
	Hotels and AGM	0	655	655	732
	Travel	0	6,762	6,762	2,836
	Subscriptions and Publications	0	330	330	323
	Advertising/Promotion	0	2,400	2,400	0
	Training	0	640	640	426
	Telephone	0	2,339	2,339	2,173
	Rent	0	2,800	2,800	1,380
	Insurance	0	711	711	532
	Sundry Equipment	0	1,237	1,237	859
	Miscellaneous Expenses	0	24	24	0
		£15,000	£101,491	£116,491	£71,100
18	GOVERNANCE COSTS	Restricted	Unrestricted	2013	2012
	Independent Examination	0	660	660	642
	Legal Fees	0	1,251	1,251	0
		£0	£1,911	£1,911	£642