

BATTLE AGAINST TRANQUILLISERS LIMITED

ACCOUNTS FOR THE YEAR ENDED

31 MARCH 2011

Company Number - 3169578
A Registered Charity Number - 1056508

WEDNESDAY



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BATTLE AGAINST TRANQUILLISERS

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BATTLE AGAINST TRANQUILLISERS LIMITED

LEGAL AND ADMINISTRATIVE DETAILS

TRUSTEES

Ms E Milne
Ms C Carolan
Ms K Fay
Ms G Dorey
Ms S Salter
Ms C Hogarth
Ms K Hogarth
Dr R Lawson (appointed 01 04 2011)

COMPANY NUMBER

3169578

CHARITY NUMBER

1056508

PRINCIPAL ADDRESS

PO Box 658
BRISTOL
BS99 1XP

PRINCIPAL BANKERS

Halifax PLC
Whiteladies Road
BRISTOL

INDEPENDENT EXAMINER

Richard Cook F C A
Harwood, Lane & Co
Chartered Accountants
Units 1 - 4 Crossley Farm Business Centre
Swan Lane
Winterbourne
BRISTOL
BS36 1RH

REPORT OF THE TRUSTEES OF BATTLE AGAINST TRANQUILLISERS LIMITED**FOR THE YEAR ENDED 31 MARCH 2011**

The Trustee's submit the statutory report and accounts for Battle Against Tranquillisers for the year ended 31 March 2011

PRINCIPAL AIMS AND ACTIVITIES

The objects of the Charity are

- * To help those who are addicted to benzodiazepines, and who wish to withdraw from them, to do so comfortably as possible, and to help them make the necessary changes in life after withdrawal
- * To educate and inform all those who may come across the problem of benzodiazepine addiction, either personally or professionally, towards an understanding of the difficulties caused by this drug's actions and the compounding of these difficulties in withdrawal
- * To influence services in their prescribing of and withdrawing patients from benzodiazepines

PUBLIC BENEFIT STATEMENT

The charity trustees have complied with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers and duties

STRUCTURE, GOVERNANCE AND MANAGEMENT

All organisation decisions are taken by the trustees at BAT's monthly management meetings. Day to day management and decision making is the responsibility of the BAT co-ordinator, Una Corbett, who is directly responsible to the Chair of Trustees. The trustees stand down and may be elected by rota, at the BAT AGM, by those who attend and as laid down in the BAT constitution.

ACHIEVEMENTS AND PERFORMANCE

The number of people benefiting from BAT services rose from 702 in 2009/10, to 805 in 2010/11. Services provided include

- groups
- drop-ins
- one-to-ones
- telephone helpline
- website email
- advocacy

The number of people benefiting from BAT training was 416

Prescribed clients have variously stabilised, reduced and completed benzodiazepine and Z drug withdrawal

Clients who use benzodiazepines and Z drugs in combination with other substances/problem drinking have benefited from the same BAT services. BAT continues to report positive outcomes for these Drug and Alcohol Clients. BAT works with generic services for this client group and signposts to a variety of statutory and voluntary sector specialist organisations.

BAT has become a stakeholder in the Department of Health's working group looking at setting up best practice benzodiazepine services throughout the UK.

BAT has continued its input into Dual Diagnosis profile-raising and service improvement.

REPORT OF THE TRUSTEES OF BATTLE AGAINST TRANQUILLISERS LIMITED

FOR THE YEAR ENDED 31 MARCH 2011

RISK MANAGEMENT

The Trustees have discussed the review of any major risks which the charity faces and have a formal risk assessment currently in place. The three main areas of risk identified by the trustees are 1) loss of co-ordination funding, 2) co-ordinator deciding to leave the post, and 3) loss of sessional workers. Following the identification of these risks, the trustees have developed a reserves policy to cover all three eventualities.

RESERVES POLICY

Following the formal risk assessment conducted by the trustees, they have decided that it is extremely important for the charity to reserve sufficient funds for the charity to be able, in all identified risks areas, to continue to run the service for a period of one year, during which time the trustees could seek additional funding. This is considered necessary for the reason of the uniquely specialist nature of the services provided by the charity, and the time implications involved.

TRUSTEES' RESPONSIBILITY STATEMENT

Charity and Company law requires the Trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of its income and expenditure for that period. In preparing the attached accounts the Trustees consider the charity has

- * used suitable accounting policies and then applied them consistently,
- * made judgements and estimates that are reasonable and prudent,
- * stated whether applicable accounting standards have been followed, subject to any material departures disclosed and explanations in the accounts, and
- * has prepared the accounts on the going concern basis

The Trustees have responsibility for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable it to ensure that the financial statements comply with the Companies Act 2006. They also have responsibility for safeguarding the assets of the charitable company and hence for taking reasonable steps to prevent and detect fraud and other irregularities.

MEMBERS OF THE BOARD

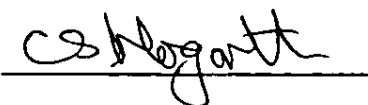
Members of the Board, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year are set out on page 3.

In accordance with company law, as the company's directors, we certify that

- * So far as we are aware, there is no relevant accounts information of which the company's examiners are unaware, and
- * As directors of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant audit information and to establish that the charity's examiners are aware of that information.

INDEPENDENT EXAMINERS

Harwood Lane & Co were re-appointed as the charity's Independent Examiners during the year and have expressed their willingness to continue in that capacity.



Trustee

20th October 2011

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE
BATTLE AGAINST TRANQUILLISERS LIMITED**

I report on the accounts of the Charity for the year ended 31 March 2011, which are set out on pages 6 to 13

Respective responsibilities of trustees and examiners

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees

It is my responsibility to

- examine the accounts (under section 43(3)(a) of the Charities Act 1993),
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 43(7)(b) of the 1993 Act), and
- to state whether particular matters have come to my attention

Basis of independent examiners' report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

- (1) which give me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with s386 of the Companies Act 2006, and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Companies Act 2006 and the Statement of Recommended Practice Accounting and Reporting by Charities (revised 2005)
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached



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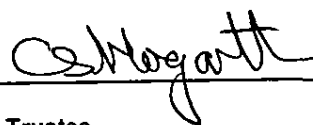
Date 21st October 2011

BATTLE AGAINST TRANQUILLISERS LIMITED**BALANCE SHEET AS AT 31 MARCH 2011**

	Notes	2011	2010
FIXED ASSETS			
Tangible Fixed Assets	8	0	0
Investments	15	0	0
CURRENT ASSETS			
Stocks	9	153	153
Debtors	7	1,265	0
Cash at Bank		197,001	176,040
		<u>198,419</u>	<u>176,193</u>
CREDITORS amounts falling due within one year	10	<u>(65,472)</u>	<u>(59,889)</u>
Net Current Assets		132,947	116,304
Total Assets Less Current Liabilities		£132,947	£116,304
CAPITAL AND RESERVES			
General Reserve	13	132,947	116,304
Restricted Reserve	13	0	0
Charity Funds		£132,947	£116,304

The Director considers that the company is entitled to exemption from the requirement to have an audit under the provisions of s 477(1) of the Companies Act 2006. Members have not required the company under s 476 of the Companies Act 2006, to obtain an audit for the year ended 31 March 2011. The Director acknowledges his responsibilities for ensuring that the company keeps accounting records which comply with s 386 and s 387 of the Companies Act 2006, and for preparing accounts which give a true and fair view of the state of affairs of the company as at 31 March 2011 and of its profit for the period then ended in accordance with the requirements of s 396, and which otherwise comply with the requirements of the Act relating to the accounts so far as applicable to the company.

The financial statements which have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006 were approved by the board on 20th October 2011 and are signed on its behalf



Trustee

The notes on page 9 to 13 form part of these accounts

BATTLE AGAINST TRANQUILLISERS LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES AND SUMMARY INCOME AND
EXPENDITURE ACCOUNT**

FOR THE YEAR ENDED 31 MARCH 2011

	Notes	Restricted Funds	General Fund	2011 Total	2010 Total
<u>INCOMING RESOURCES</u>					
<i>Incoming Resources from charitable activities</i>					
- Grants Receivable	5	8,977	61,027	70,004	50,971
<i>Incoming Resources from generated funds:</i>					
- Donations		0	1,572	1,572	6,633
- Other Income		0	1,155	1,155	51
Investment Income	4	0	119	119	808
Total Incoming Resources		8,977	63,873	72,850	58,463
<u>RESOURCES EXPENDED</u>					
Cost of Generating Funds					
Fundraising Costs	17	0	0	0	0
Charitable Activities	18	8,977	46,606	55,583	42,624
Governance Costs	19	0	624	624	599
Total Expenditure		8,977	47,230	56,207	43,223
Transfers between funds	13	0	0	0	0
		8,977	47,230	56,207	43,223
Net Incoming Resources	13	0	16,643	16,643	15,240
Other Recognised Gains and Losses					
Unrealised (Losses)/Gains on Investments		0	0	0	0
Net Movement in Funds		0	16,643	16,643	15,240
Total Funds Brought Forward	13	0	116,304	116,304	101,064
Total Funds Carried Forward	13	£0	£132,947	£132,947	£116,304

The notes on page 9 to 13 form part of these accounts

BATTLE AGAINST TRANQUILLISERS LIMITED

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2011

1 ACCOUNTING POLICIES

(a) Basis of Accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Companies Act 2006 and the Statement of Recommended Practice Accounting and Reporting by Charities issued in March 2005

(b) Incoming Resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy

(c) Resources Expended

Expenditure is recognised on an accrual basis as a liability incurred. Expenditure includes any VAT which cannot be fully recoverable, and is reported as part of the expenditure to which it relates

(d) Depreciation

Depreciation is calculated to write off the cost of assets over their useful lives by the straight line method at the following rates per annum

Equipment	-	20%
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(e) Stocks

Stocks are valued at the lower of cost and net realisable value

(e) Development Reserve

A Development Reserve has been established to set aside funds for the purpose of the on-going development of the charity

(f) Restricted Reserve

The restricted reserve represents a grant received from the Tudor Trust for the specific use of a project/development worker to help enable BAT to strengthen and develop as an organisation

BATTLE AGAINST TRANQUILLISERS LIMITED

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2011

2	EMPLOYEE COSTS	2011	2010
	Wages and Salaries	43,071	32,392
	Social Security Costs	2,845	2,186
		£45,916	£34,578

Average number of employees	1	1
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3	DIRECTORS EMOLUMENTS	2011	2010
	The remuneration paid to the directors of the Charity was	£Nil	£Nil

4	INVESTMENT INCOME	2011	2010
	Investment Interest Receivable	119	809
	Dividends Received	0	0
		£119	£809

5	INCOMING RESOURCES FROM CHARITABLE ACTIVITIES	Unrestricted	Restricted	2011 Total	2010 Total
	South Gloucestershire Council	53,727	0	53,727	43,491
	North Somerset Council	4,000	0	4,000	4,000
	Tudor Trust	0	8,977	8,977	0
	DHI	3,300	0	3,300	3,480
		£61,027	£8,977	£70,004	£50,971

6	NET INCOMING RESOURCES	2011	2010
	Net Incoming Resources is stated after charging		
	Depreciation	0	61
	Independent Examiners Fee (inc VAT)	624	599

7	DEBTORS	2011	2010
	Other Debtors	£1,265	£0

BATTLE AGAINST TRANQUILLISERS LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2011

8	FIXED ASSETS		Equipment	
	Cost or Valuation			
	As At 1 April 2010		5,451	
	Additions		0	
	As at 31 March 2011		£5,451	
	Depreciation			
	As At 1 April 2010		5,451	
	Charge for the Year		0	
	As at 31 March 2011		£5,451	
	NET BOOK VALUE			
	As at 31 March 2010		£0	
	As at 31 March 2011		£0	
9	STOCKS	2011	2010	
	T Shirts	£153	£153	
10	CREDITORS amounts falling due within one year	2011	2010	
	Accruals	14,802	8,242	
	Income Received in Advance	50,670	51,647	
		£65,472	£59,889	
11	CAPITAL COMMITMENTS	2011	2010	
	Authorised but not contracted	£ nil	£ nil	
	Contracted but not spent	£ nil	£ nil	
12	ANALYSIS OF NET ASSETS BETWEEN FUNDS	General Funds	Restricted Funds	Total
	Tangible Fixed Assets	0	0	0
	Current Assets	195,396	3,023	198,419
	Current Liabilities	(62,449)	(3,023)	(65,472)
		£132,947	£0	£132,947

BATTLE AGAINST TRANQUILLISERS LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2011

13	RESERVES	At 01 04 10	Income	Expenditure	At 31 03 11
	<i>General Reserves</i>				
	- general funds	62,818	63,873	(47,230)	79,461
	- designated funds	53,486	0	0	53,486
		116,304	63,873	(47,230)	132,947
	<i>Restricted Funds</i>				
	- Tudor Trust	0	8,977	(8,977)	0
	Total Reserves	£116,304	£72,850	(£56,207)	£132,947

14	DESIGNATED RESERVES	2011	2010
	Designated Reserves consist of		
	Dr J Pym	27,486	27,486
	Development Reserve	26,000	26,000
		£53,486	£53,486

15 INVESTMENTS

The Charity received 247 ordinary shares in the Halifax Building Society as entitlement from the Building Societies demutualisation

The charity has included them in the balance sheet at market value

16 TAXATION

Because of its charitable status, the Charity is exempt from taxation on revenue account surpluses, provided that they are applied for charitable purposes. It does however, incur taxation on its investment income

BATTLE AGAINST TRANQUILLISERS LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2011

17	DIRECT CHARITABLE EXPENDITURE	Restricted	Unrestricted	2011 Total	2010 Total
	Fundraising Costs	£0	£0	£0	£0

18	CHARITABLE ACTIVITIES	Restricted	Unrestricted	2011	2010
	Salaries, Facilitators & Honorarium	8,977	36,940	45,917	34,578
	Postage	0	248	248	238
	Photocopying	0	2,359	2,359	2,125
	Stationery	0	110	110	211
	Hotels and AGM	0	1,227	1,227	940
	Travel	0	1,235	1,235	2,266
	Subscriptions and Publications	0	554	554	103
	Advertising/Promotion	0	355	355	0
	Training	0	217	217	155
	Telephone	0	1,813	1,813	898
	Depreciation	0	0	0	60
	Insurance	0	406	406	387
	Sundry Equipment	0	1,112	1,112	633
	Miscellaneous Expenses	0	30	30	30
		£8,977	£46,606	£55,583	£42,624

19	GOVERNANCE COSTS	Restricted	Unrestricted	2011	2010
	Independent Examination	£624	£624	£624	£599

19 TAXATION

Because of its charitable status, the Charity is exempt from taxation on revenue account surpluses, provided that they are applied for charitable purposes. It does however, incur taxation on its investment income.