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Registered number
3150505

Chinese Mental Health Association

Report and Accounts

31 March 2017

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**Chinese Mental Health Association
Report and accounts
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Chinese Mental Health Association
Registered number: 3150505
Directors' Report

The directors present their report and accounts for the year ended 31 March 2017.

Reference and administrative details

Charity number: **1058934**

Company number: **3150505**

Principal office: Meritage Centre
Church End
Hendon
NW4 4JT

Independent examiner: R B Thakkar of Such & Co Associates Limited
Office D 160
New Covent Garden Market
London
SW8 5LL

Bankers: National Westminster Bank PLC
403 Bethnal Green Road, London E2 0AF
CAF Bank Limited
25 Kings Hill Avenue, Kings Hill, West Malling Kent ME19 4JQ

Directors and trustees

The following served as directors and members of the council:

-endShun Au - OBE - Chair
Siew Tin P'ng - Treasurer
Lulu Langtree - Honorary Secretary
Jason Chan
Stephen Hiew
Chief Executive Officer & Company Secretary - L Lee

Structure, Governance and Management
Governing Document

Chinese Mental Health Association is a company limited by guarantee governed by its Memorandum and Articles of Association dated 4 October 2002. It is registered as a charity with the Charity Commission. Anyone over the age of 18 can become a member of the company and there are currently 5 each of whom agree to contribute £10 in the event of the charity winding up.

Appointment of trustees

The board of Trustees (also known as the Management Committee) is elected annually at the AGM. The board may appoint new trustees by co-option during the year. In accordance with the Articles of Association, all members of the Management Committee for the time being shall retire from office at the AGM, but are eligible to stand for re-election.

Trustee induction and training

New trustees undergo an orientation to brief them on their legal obligations under charity and company law, the contents of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and recent financial performance of the charity. During the induction they meet key employees and other trustees. Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

Organisation

The board of trustees, which shall have the minimum number of four, administers the charity. The board meets at least four times in a year. A Chief Executive is appointed by trustees to manage the day to day operations of the charity. To facilitate effective operations, the Chief Executive has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and the furtherance of the Charity's principle objective.

Related parties

As far as the trustees are aware no party has influence over the financial and operational policies of the charity.

Risk management

The trustees have a risk management strategy which comprises:

- (1) an annual review of the risks the charity may face;
- (2) the establishment of systems and procedures to mitigate those risks identified in the plan; and
- (3) the implementation of procedures designed to minimise any potential impact on the charity should those risks materialise.

This work has identified only a few minor risks and it has resulted in better emergency procedures and contingency plans and has given the impetus for better planning. Particular attention has focused on non financial risks arising from fire, health and safety of its work force including volunteers and the service users. A key element in the management of financial risk is setting of a reserves policy and its regular review by trustees.

Objectives, achievements and performance and financial review

Chinese Mental Health Association was established in January 1992 and its main objective for the year 2016-17 was to promote the preservation and the safeguarding of mental health and the relief of persons suffering from mental illness or distress.

Our main objective for the last financial year was to expand our activities to serve more diverse ethnic groups which are not exclusively Chinese covering the broad spectrum from the young to very old.

Throughout the year Chinese Mental Health Association continued to offer a thorough training programme to develop its workforce to face the challenges in providing the most comprehensive services to its service users.

The year 2016-17 was both a challenging and exciting year for the CMHA. The two new projects that were rolled out last year, namely the Chinese Wellbeing Service and the Improving Access to Psychological Therapies (IAPT), grew from strength to strength. CMHA hit a new milestone this year having secured a contract from the Barnet Clinical Commissioning Group to setup and run a Wellbeing Hub for the residents of the London Borough of Barnet with wellbeing needs. This is a partnership project and the work is co-delivered by CMHA, Community Barnet, Inclusion Barnet and the Eclipse service.

Building on the groundwork from the previous year, our Chinese Wellbeing Service, supported through a grant from the Big Lottery Fund, continued to expand both the work and diversity of the services on offer. We were able to once again not only meet but exceed the three main outcomes of our service, with 286 service users who experienced improved psychological health participating in over 77 activities, 448 service users experiencing improved physical health over 237 events, and 309 service users who experienced improved interaction and integration. These were all achieved through our continued Social and Wellbeing Club event programmes, Coffee Mornings, joint Wellbeing Workshops and collaborative events promoting integration with different communities and activities, as well as the introduction of new interest groups such as Chinese Opera singing. CMHA played an active role again this year in the Altogether Burnt Oak Multicultural Parade and Festival, performing at this event and at the annual World Mental Health Day (WMHD) event. This year, the WMHD was also held at our premises with over 25 statutory, community and voluntary organisations taking part.

CMHA continued to deliver a range of therapeutic services as part of the IAPT programme with great success, which included Step 2 and Step 3 interventions, as well as a weekly psycho-education workshop. This year, CMHA exceeded its contractual target for Step 2 intervention by achieving 634 access against the target of 625 and meeting its 77 access target at Step 3. Our Psycho-education workshop programme is also on a steady trajectory of expansion having achieved 44 access more than the contract target. This was accomplished through a combination of hard work and perseverance from the staff team and by working closely with other third sector organisations that include but by no means limited to organisations such as the Age UK Barnet, Barnet Carers, Outreach Barnet, Barnet Voice. CMHA are on track to building a consistent and reliable track record as a delivery partner of the IAPT service.

Objectives, achievements and performance and financial review - Cont'd

The opportunity to deliver these wide ranging activities was made possible by our move into the Meritage Centre in December 2015. The team adapted to the new working environment taking the change of scenery in their stride and not only continued with their work but have begun to utilise the new facilities available. CMHA continue to share the premises with Age UK, improving the use of the facilities and space available, and this led to the development and CMHA's success in leading the development of the Barnet Wellbeing Hub.

The Wellbeing Hub is the culmination of a vision that first started a few years ago, the seeds of the concept drawn upon the development of a Wellbeing Centre. As part of the Reimagining Mental Health Programme, Barnet CCG held a number of Breakfast Club meetings and Trailblazer events involving the voluntary and community sector as well as statutory services in Barnet. The group discussed the challenges that faced mental health service provision in the borough, and identified a number of issues with the existing provision, namely ease of access and navigation of services. The CMHA team worked diligently to be at the forefront of these discussions, and we are particularly pleased in our success this year to have been chosen as a key provider of the Barnet Wellbeing Hub service, working in close partnership with the aforementioned organisations.

The Wellbeing Hub is a major developmental success for the organisation. The pilot began in October and formally launched in February. The prime objective in its initial phase is to act as a high volume, rapid access, social prescribing signposting service for the community to connect individuals to a better wellbeing. In this phase, the Wellbeing Hub does not directly deliver services to individuals. Wellbeing Navigators engage with individuals through an Emotional Health Check, an engagement process designed to help individuals focus on personal goals to tackle and work towards improving their wellbeing. Navigators provide information and the links to the relevant statutory and voluntary organisations helping the individual compile a tailored Wellbeing Plan. Over 334 individuals have already been referred to the service, a great achievement by the team in a short space of time, and the referrals continue the upward trajectory with over 100 referrals in March alone. The next phase aims to expand the reach and work with other organisations, creating partnerships and joint working and involving organisations to directly deliver their services at the Hub itself (Meritage Centre) to create a vibrant hive of community wellbeing provision.

In addition to the Meritage Centre, we have successfully moved into the Independent Living Centre (ILC) in Colindale. Despite a few initial setbacks, CMHA commenced usage of the new venue in November. The space forms part of the Barnet & Southgate College complex and CMHA share the use of the space with Inclusion Barnet and the Barnet Adult Social Care. As well as hot desk space, there are a number of private rooms that CMHA are utilising for its talking therapy and IAPT services.

CMHA remains a key member of the Multilingual Wellbeing Service (MWS), continuing to deliver the IAPT services and provide the much needed support to the black and ethnic minority population in Barnet. We are hopeful that with the new opportunities brought about by the new projects that we can continue to build on existing partnerships and develop new relationships with more collaborative work, a key factor in the development of improved wellbeing service provision.

Through the hard work of the staff, led by Leon Lee our Chief Executive, and supplemented by the invaluable volunteer team, CMHA have had another year of impressive accomplishments. Despite the numerous challenges that we have faced, the team remain unfaltering in their perseverance and diligence to deliver quality services to those in need. Our thanks must go once again to the Management Committee who have provided steadfast support and encouragement to provide the team with the confidence to tackle the new challenges on the horizon and work towards continued future successes.

Chinese Mental Health Association
Registered number: 3150505
Directors' Report

As part of this business planning process Chinese Mental Health Association has identified the following strategic objectives for the subsequent period:-

- (1) To continue to provide a high quality of wellbeing services to the generic population in Barnet, the Chinese Community all over London and UK, setting the highest quality standard.
- (2) To identify new sources of funding for the organisation so that it can meet the increasing demands for its services.
- (3) To promote the development of a highly qualified workforce using a comprehensive training programme.

We welcome the views and contributions of all our service users and their families. If any one wishes to comment on our strategic objectives or any other aspect of our annual report please write to:
Shun Au - OBE

Chair
Meritage Centre

Church End
Hendon
NW4 4JT

Or e-mail: info@cmha.org.uk

Investment power and policy

Under the Memorandum and Articles of Association, the charity has the power to invest in any way the trustees wish. However, bearing in mind the liquidity requirements of providing high quality direct services such as counselling, advice and information to the Charity's beneficiaries of all ages, the trustees have decided to keep available funds in an interest bearing deposit account.

Reserve Policy

The management committee has established a policy of working towards maintaining unrestricted funds which is a general fund to be available for use at the discretion of the directors/trustees in furtherance of the general charitable objectives. The directors have identified three purposes to which the unrestricted fund is earmarked and note no.14 is showing the analysis of the fund.

Plans for future periods

A significant part of our work will be directed towards increasing capacity to provide a wider range of wellbeing services to the Charity's beneficiaries and developing a fully fledged Wellbeing Centre.

Indemnity insurance

The charity has insured against loss arising from the neglect or default of any of the Management Committee Members.

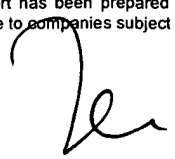
Insurance, against the possibility of claims, arising during the course of assistance provided by its workers, is already in place and is also continuing.

Directors' responsibilities

The directors are responsible for preparing the report and accounts in accordance with applicable law and regulations.

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Shun Au
Director



15 Dec 2017

Chinese Mental Health Association

Statement of Directors' Responsibilities

The directors are responsible for preparing the report and accounts in accordance with applicable law and regulations.

Company law requires the directors to prepare accounts for each financial year. Under that law the directors have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these accounts, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Chinese Mental Health Association
Independent examiner's report
to the trustees of Chinese Mental Health Association**

I report on the accounts of the company for the year ended 31 March 2017

This report is made solely to the charity's trustees, as a body, in accordance with the regulations under part 8 and section 130 to 173 of the Charities Act 2011. My work was undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinion I have formed.

Respective responsibilities of trustees and the examiner

The trustees' (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed and I am qualified to undertake the examination by being a member of the Association of Chartered Certified Accountants.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- 1) examine the accounts under section 145 of the 2011 Act;
- 2) to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- 3) to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - (a) to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities
 - (b) have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.


R B Thakkar FCCA
Such & Co Associates Limited
Association of Chartered Certified Accountants
Office D-160
New Covent Garden Market
London SW8 5LL

Dated: 30 Dec 2017

Chinese Mental Health Association
Statement of Financial Activities
for the year ended 31 March 2017

	Notes	Restricted £	Unrestricted £	TOTAL 2017 £	TOTAL 2016 £
INCOMING RESOURCES					
Income resources from generated funds:					
<i>Voluntary income</i>					
- Grants receivable		115,295	-	115,295	147,001
- Other income			152,550	152,550	79,483
- Fund raising			4,810	4,810	4,744
<i>Activities for generating funds</i>					
- Local authority contract		46,895	-	46,895	46,895
Income from grants and donations and activities	2	162,190	157,360	319,550	278,123
Bank deposit interest		-	72	72	76
		162,190	157,432	319,622	278,199
RESOURCES EXPENDED					
Cost of generating funds					
- Fundraising costs of grants and donations	3	-	(2,900)	(2,900)	2,900
Charitable activities					
- Preservation and safeguarding of mental health and of the relief care of Chinese Persons	4 & 5	(169,770)	(84,366)	(254,136)	210,046
Governance costs					
		(16,534)	(12,778)	(29,312)	48,136
		(186,304)	(100,044)	(286,348)	261,082
NET (OUTGOING)/SURPLUS		(24,114)	57,388	33,274	17,117
FUNDS BROUGHT FORWARD	13b & 14b	33,936	51,514	85,450	68,333
FUNDS CARRIED FORWARD	13a & 14a	9,822	108,902	118,724	85,450

**Chinese Mental Health Association
Income and Expenditure Account
for the year ended 31 March 2017**

	Notes	2017 £	2016 £
INCOMING RESOURCES	2	319,550	278,123
CHARITABLE AND ADMINISTRATIVE EXPENSES		<u>(286,348)</u>	<u>(261,082)</u>
Operating surplus	7	33,202	17,041
Interest receivable		<u>72</u>	<u>76</u>
Surplus on ordinary activities before taxation		33,274	17,117
Tax on surplus on ordinary activities	8	<u>-</u>	<u>-</u>
Surplus for the financial year		33,274	17,117
Opening surplus of funds		85,450	68,333
Surplus carried forward		<u><u>£118,724</u></u>	<u><u>£85,450</u></u>

Chinese Mental Health Association
Balance Sheet
as at 31 March 2017

	Notes	2017 £	2016 £
Fixed assets			
Tangible assets	9	24,104	9,960
Current assets			
Debtors	10	811	43,279
Cash at bank and in hand		<u>113,307</u>	<u>39,722</u>
		<u>114,118</u>	<u>83,001</u>
Creditors: amounts falling due within one year	11	<u>(19,498)</u>	<u>(7,511)</u>
Net current assets		<u>94,620</u>	<u>75,490</u>
		<u>£118,724</u>	<u>£85,450</u>
Capital and reserves			
Called up share capital	12	-	-
Funds:			
- Restricted	13a&b	9,822	33,936
- Unrestricted			
Premises reserve fund		30,000	20,000
Contractual fund		10,000	10,000
Operational fund		<u>68,902</u>	<u>21,514</u>
	14a&b	<u>108,902</u>	<u>51,514</u>
Total charity fund		<u>£118,724</u>	<u>£85,450</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

Members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provision applicable to companies subject to the small companies regime.

The profit and loss account is not delivered to the Registrar of Companies


Shun Au
Director

Approved by the board on 15 December 2017

Chinese Mental Health Association
Notes to the Accounts
for the year ended 31 March 2017

1 Accounting policies

Basis of preparation

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows: a) Basis of preparation The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Reconciliation with previous Generally Accepted Accounting Practice

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was required, and it is considered that no restatement of comparatives was required.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and local authorities grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the Trust's work or for specific artistic projects being undertaken by the Trust.

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise directly attributable costs and appropriate amount of overhead incurred for that purpose.
- Expenditure on charitable activities includes directly attributable costs and appropriate level of overheads incurred in respect of promoting and the preservation and safeguarding of mental health and the relief of persons who are Chinese origin suffering from mental illness and distress .
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Chinese Mental Health Association
Notes to the Accounts
for the year ended 31 March 2017

Allocation of support costs

Support costs are those costs that assist the project and includes administration and establishment expenses incurred or attributed while carrying out the work of the project.

Tangible fixed assets

Individual fixed assets costing £150 or more are capitalised at cost.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Furniture & equipment

25% straight line

Operating leases

The charity classifies the office lease as operating lease and rental paid under the lease are charged to Revenue Account on a straight line basis over the period of the lease.

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Pensions

Existing employees of the charity were entitled to join the Workplace Pension Scheme which is funded by contributions from employee and employer. Additionally for one employee, the charity has undertaken to take out an Additional Voluntary Contribution scheme.

Legal status of the Trust

The Trust is a company limited by guarantee and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £5 per member of the charity.

Resources expended

Charitable activities:

Directly attributable costs and appropriate level of overheads incurred in respect of promoting the preservation and safeguarding of mental health and the relief of persons who are of Chinese origin suffering from mental illness and distress are treated as expenditure for charitable activities.

Chinese Mental Health Association
Notes to the Accounts
for the year ended 31 March 2017

Governance costs:

This represents expenses relating to the management, organisational administration and compliance work and include the appropriate level of overheads. Such costs are allocated to each project on the basis of revenue generated by each project and estimated appropriation of some of the overheads by each project.

Cost of generating funds:

This represents fundraising costs which include appropriate apportionment of staff members' remuneration who are engaged directly in fundraising. Also apportioned is the appropriate level of overheads.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of resources. Costs relating to particular projects on hand are allocated directly where appropriate, others are apportioned on an appropriate basis e.g labour cost, revenue or estimated usage.

2 INCOME RESOURCES	2017	2017	2016	2016
	£	£	£	£
Restricted				
Grants, donations and other income				
Lloyds TSB foundation - Supported employment - project	-		21,400	
Big Lottery Fund - Chinese Wellbeing Service	115,295		111,936	
Miscellaneous projects income	-		13,665	
		115,295		147,001
Local authority contract				
Barnet council - Floating support service		46,895	46,895	46,895
Unrestricted				
Grants, donations and other income	152,550		79,483	
Fundraising events	4,810		4,744	
		157,360		84,227
		<u>£319,550</u>		<u>£278,123</u>
3 RESOURCES EXPENDED		2017		2016
		£		£
Fund raising costs of Grants and Donations				
Staff costs		2,500		2,500
Support costs		400		400
		2,900		2,900
Apportionment of Governance Costs		399		847
		<u>£3,299</u>		<u>£3,747</u>
4 Charitable Activities - Restricted				
Staff costs		146,328		117,878
Support costs		23,442		27,530
		169,770		145,408
Apportionment of Governance Costs		16,534		26,811
		<u>£186,304</u>		<u>£172,219</u>
5 Charitable Activities - Unrestricted				
Staff costs		67,963		61,480
Support costs		16,403		3,158
		84,366		64,638
Apportionment of Governance Costs		12,373		20,465
		<u>£96,739</u>		<u>£85,103</u>
6 Analysis of Governance Costs				
Staff cost		6,535		2,922
Depreciation		4,563		2,667
Support costs		-		1,607
Audit and accountancy		2,760		2,760
General office administration and establishment		15,453		38,178
		<u>£29,311</u>		<u>£48,134</u>

Chinese Mental Health Association
Notes to the Accounts
for the year ended 31 March 2017

7 Operating surplus	2017	2016
Apportionment of Governance Costs	£	£
This is stated after charging:		
Depreciation of owned fixed assets	9,583	6,682
Pension costs	3,000	4,008
Accountancy & Independent examiner's fees	2,760	2,760
Wages and Salaries	158,059	132,793
Sessional & freelance worker	48,238	39,827
Social security costs	<u>15,786</u>	<u>11,180</u>
The average number of employees, including volunteers employed by the organisation during the year was:	50	43

8 Taxation

As the organisation's activities are exempt from taxation, no provision for corporation tax has been made.

9 Tangible fixed assets

	Office equipment and F&F
	£
Cost	
At 1 April 2016	106,992
Additions	23,727
Disposals	-
At 31 March 2017	<u>130,719</u>
Depreciation	
At 1 April 2016	97,032
Charge for the year	9,583
On disposals	-
At 31 March 2017	<u>106,615</u>
Net book value	
At 31 March 2017	<u>£24,104</u>
At 31 March 2016	<u>£9,960</u>

10 Debtors	2017	2016
	£	£
Debtors and accrued income	-	42,468
Prepayments and deposits	811	811
	<u>£811</u>	<u>£43,279</u>

11 Creditors: amounts falling due within one year	2017	2016
	£	£
Creditors and accruals	13,837	3,840
PAYE & NI	5,661	3,671
	<u>£19,498</u>	<u>£7,511</u>

12 Share capital

The company is limited by guarantee and has no share capital. Each member's liability in the event of being wound up is not exceeding ten pounds.

Chinese Mental Health Association
Notes to the Accounts
for the year ended 31 March 2017

13a Restricted funds - This year	Balance 1 April 2016 £	Grants & donations £	Staff costs £	Project costs £	Other costs £	Governance cost shared £	Balance 31 March 2017 £
Lloyds TSB foundation - Supported employment							
- project	21,400	-	(17,536)	-	(2,151)	(1,713)	-
Barnet council - Floating support service	-	46,895	(37,868)	-	(5,273)	(3,754)	-
Big Lottery Fund - Chinese Wellbeing Service	9,536	115,295	(90,924)	(976)	(12,760)	(10,349)	9,822
Barnet Council - Community Transport Service							
- (Top-up)	3,000	-	-	(2,282)	-	(718)	-
	<u>£33,936</u>	<u>£162,190</u>	<u>(146,328)</u>	<u>(3,258)</u>	<u>(20,184)</u>	<u>(16,534)</u>	<u>£9,822</u>

13b Restricted funds - Last year	Balance 1 April 2015 £	Grants & donations £	Staff costs £	Project costs £	Other costs £	Governance cost shared £	Balance 31 March 2016 £
Lloyds TSB foundation - Supported employment							
- project		21,400	-		-	-	21,400
Barnet council - Floating support service	-	46,895	(36,909)		(2,067)	(7,919)	-
MWS - Counselling service	-	13,665	(8,025)	(2,108)	(1,224)	(2,308)	-
City Bridge Trust - Core grant		-	-		-	-	
Big Lottery Fund - Chinese Wellbeing Service	9,259	111,936	(72,944)	(7,631)	(14,500)	(16,584)	9,536
Barnet Council - Community Transport Service							
(Top-up)	3,000	-	-	-	-	-	3,000
	<u>12,259</u>	<u>£193,896</u>	<u>£(117,878)</u>	<u>£(9,739)</u>	<u>£(17,791)</u>	<u>£(26,811)</u>	<u>33,936</u>

Chinese Mental Health Association
Notes to the Accounts
for the year ended 31 March 2017

14a Unrestricted Funds - This year

	Balance 1 April 2016 £	Grants & donations £	Staff costs £	Project and other costs £	Funds Reallocated £	Governance cost shared £	Balance 31 March 2017 £
Interpretation, collection, donations - and miscellaneous income	43,734	152,550	(67,963)	(16,403)		(12,373)	99,545
Bank deposit interest	8,180	72	-	-		(6)	8,246
Fund raising	(400)	4,810	(2,500)	(400)		(399)	1,111
	<u>£51,514</u>	<u>£157,432</u>	<u>£(70,463)</u>	<u>£(16,803)</u>	<u>-</u>	<u>£(12,778)</u>	<u>£108,902</u>

14b Unrestricted Funds - Last year

	Balance 1 April 2015 £	Grants & donations £	Staff costs £	Project costs £	Funds Reallocated £	Governance cost shared £	Balance 31 March 2016 £
Interpretation, collection, donations - and miscellaneous income	49,354	79,483	(61,480)	(3,158)		(20,465)	43,734
Bank deposit interest	8,117	76	-	-		(13)	8,180
Fund raising	(1,397)	4,744	(2,500)	(400)		(847)	(400)
	<u>£56,074</u>	<u>£84,303</u>	<u>£(63,980)</u>	<u>(3,558)</u>	<u>-</u>	<u>£(21,325)</u>	<u>£51,514</u>

Chinese Mental Health Association
Detailed income and expenditure account
for the year ended 31 March 2017

	2017	2016
	£	£
GRANT AND OTHER INCOME		
Barnet council - Floating support service	46,895	46,895
Barnet Clinical Commissioning Group - Barnet Wellbeing Hub	76,015	-
Unrestricted - Grants, donations & miscellaneous income	1,388	2,443
Fundraising events	4,810	4,744
MWS - Barnet IAPT service	75,147	77,040
Big Lottery Fund - Chinese Wellbeing Service	115,295	111,936
MWS - Counselling service	-	13,665
Lloyds TSB foundation - Supported employment project	-	21,400
Bank deposit interest	72	76
	<u>319,622</u>	<u>278,199</u>
Less: Projects costs	<u>(12,098)</u>	<u>(11,714)</u>
	<u>307,524</u>	<u>266,485</u>
Administrative expenses		
Accountancy & Independent examiner's fees	2,760	2,760
Legal and professional	-	1,656
Bank charges	226	364
Depreciation	9,583	6,682
Employers national insurance	15,786	11,180
Pension cost	3,000	4,008
Wages and Salaries	158,059	132,792
Staff recruitment and welfare	-	-
Sessional, freelance worker and volunteer	48,238	39,827
Computer & software supplies	-	664
Printing postage & stationery	35	1,473
Information and publication	-	-
Rent and rates	6,220	31,266
Sundry expenses	5,282	1,839
Office removal and relocation	-	1,284
Membership and subscription	-	-
Fund raising	-	320
Insurance	2,824	2,185
Staff training and welfare	10,311	1,102
Telephone and fax	8,864	6,027
Travel and subsistence	3,062	3,939
	<u>274,250</u>	<u>249,368</u>
Surplus for the year	<u><u>33,274</u></u>	<u><u>17,117</u></u>