

Registered number  
3150505

Chinese Mental Health Association

Report and Accounts

31 March 2013



**Chinese Mental Health Association**  
**Report and accounts**  
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**Chinese Mental Health Association**  
**Registered number** 3150505  
**Directors' Report**

The directors present their report and accounts for the year ended 31 March 2013

**Reference and administrative details**

Charity number	1058934
Company number	3150505
Principal office	2nd Floor, Zenith House, 155 Curtain Road London EC2A 3QY
Independent examiner	R B Thakkar of Such & Co Associates Limited 61 Link House, New Covent Garden, Nine Elms Lane London SW8 5PA
Bankers	National Westminster Bank PLC 403 Bethnal Green Road, London E2 0AF CAF Bank Limited 25 Kings Hill Avenue, Kings Hill, West Malling Kent ME19 4JQ

**Directors and trustees**

The following served as directors and members of the council

Shun Au - OBE	- Chair
Siew Tin P'ng	- Treasurer
Lulu Langtree	- Honorary Secretary
Jason Chan	
Stephen Hiew	

Chief Executive Officer & Company Secretary - L Lee

**Structure, Governance and Management**  
**Governing Document**

Chinese Mental Health Association is a company limited by guarantee governed by its Memorandum and Articles of Association dated 4 October 2002. It is registered as a charity with the Charity Commission. Anyone over the age of 18 can become a member of the company and there are currently 5 each of whom agree to contribute £10 in the event of the charity winding up.

**Appointment of trustees**

The board of Trustees (also known as the Management Committee) is elected annually at the AGM. The board may appoint new trustees by co-option during the year. In accordance with the Articles of Association, all members of the Management Committee for the time being shall retire from office at the AGM, but are eligible to stand for re-election.

### Trustee induction and training

New trustees undergo an orientation to brief them on their legal obligations under charity and company law, the contents of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and recent financial performance of the charity. During the induction they meet key employees and other trustees. Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

### Organisation

The board of trustees, which shall have the minimum number of four, administers the charity. The board meets at least four times in a year. A Chief Executive is appointed by trustees to manage the day to day operations of the charity. To facilitate effective operations, the Chief Executive has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and the furtherance of the Charity's principle objective.

### Related parties

As far as the trustees are aware no party has influence over the financial and operational policies of the charity.

### Risk management

The trustees have a risk management strategy which comprises

- (1) an annual review of the risks the charity may face,
- (2) the establishment of systems and procedures to mitigate those risks identified in the plan, and
- (3) the implementation of procedures designed to minimise any potential impact on the charity should those risks materialise.

This work has identified only a few minor risks and it has resulted in better emergency procedures and contingency plans and has given the impetus for better planning. Particular attention has focused on non financial risks arising from fire, health and safety of its work force including volunteers and the service users. A key element in the management of financial risk is setting of a reserves policy and its regular review by trustees.

### **Objectives, achievements and performance and financial review**

Chinese Mental Health Association was established in January 1992 and its main objective for the year 2011-12 was to promote the preservation and the safeguarding of mental health and the relief of persons who are of Chinese origin suffering from mental illness or distress.

Our major important objective for the last financial year was to identify new sources of funding to sustain and expand our activities amongst the entire Chinese Community covering the broad spectrum from the young to very old.

Throughout the year Chinese Mental Health Association continued to offer a comprehensive training programme to develop its workforce to face the challenges in providing the most comprehensive services to our community.

### **Objectives, achievements and performance and financial review - Cont'd/1**

The last year has seen the Befriending project reach out to over 70 vulnerable service users across the Greater London area. More than 30 volunteers have donated their time to this project, visiting clients, calling them up and helping out with administrative work. A number of innovations have been introduced during the course of the year including a weekly outreach coffee morning at a residential home, a tele-befriending service, a volunteer buddy system, a formalised training syllabus for volunteers, stewardship and volunteer transformation training for service users.

Both the Social and wellbeing Clubs have grown steadily since last year. The membership for both clubs has increased to 96 and 251 members respectively. The clubs operate on a co-production basis which proved popular with our members as they closely involved with the planning and organising of club events. An example of this is the gathering at Oxford House in Bethnal Green which started this year as a result of members' request.

This gathering takes place once every fortnight and takes the form of a Tai Chi self-study grouped by a service user. The wellbeing Club continues to run on a fortnightly basis in the borough of Barnet. The focus is still very much on preventative health delivered through a programme of physical exercise and health education talks delivered in both Chinese and Western medicine perspectives. The Social Club now consists of three different gatherings, all run on a bi-weekly basis to provide a platform for people with mental health problems to develop support networks of their own, improve their social skills and also to relax in a safe space where their experiences are valued rather than dismissed. The club gatherings are open to all mental health sufferers who are stable enough to attend sessions and their carers. Gatherings take place in Hackney, Barnet and Tower Hamlets. The activities are diverse and include outdoor trips, visiting museums and galleries, hosting health talks, arts and craft sessions, Tai Chi and more.

Two exciting developments are taking shape with the London Chinatown oral history project, namely Chinatown tours and a smartphone app. The tours are a guided walking tour of the London Chinatown and separate guided food tasting tour. A website has been produced (<http://experiencechinatown.com>) and it is marketed through social media channels. The walking tour is a tailored guided tour telling interesting historical and developmental stories of the area collected as part of the Oral History Project. The tasting tour, on the other hand, aims to educate and share the culinary delights that are part of our culture. The smartphone app will present the work of the oral history project with a complete self-guided tour consisting of informative and historical points of interest around the Chinatown area. Users of this app will also find discounts and offers from local businesses. These developments provide simple volunteering opportunities for the community and the platform for continuity and sustainability beyond the project lifespan.

The following are the new developments started in this financial year:

1. Supported employment Project - we are pleased to re-introduce an employment support project in Jan 2013 following the award of a continuation grant from the Trust for London. This project was previously funded by the same funder and the achievements have helped secure funding for a further two years. It will build upon the success of the previous project to deliver improved results for our service users seeking meaningful employment. It also aims to build closer links with businesses in and around the Chinatown area to raise the awareness of Corporate Social Responsibility and to seek out apprenticeships, job training and opportunities for our service users.

2. Supported Independence Fund - this project began in November 2012 as an extension of the growing Wellbeing Club. Users that would like to attend the Wellbeing club events but were not able to do so due to transport, mobility and support needs or isolation were identified and offered a free taxi service. This highly successful pilot utilises a dedicated volunteering team to take service users to medical appointments, the wellbeing Club as well as shopping trips to Chinese supermarkets and cultural activities and events that they would not normally be able to do so.

**Chinese Mental Health Association**  
**Registered number: 3150505**

## **Directors' Report**

### **Objectives, achievements and performance and financial review - Cont'd/2**

The following are the new developments started in this financial year - cont'd

3 Consortium working - CMHA is a leading member of the Multilingual Wellbeing Services (MWS), a newly formed consortium of Black, Minority Ethnic and Refugee (BMER) organisations. The founding members of MWS are Afghan Association of Pawiand, Barnet Refugee Service, Chinese Mental Health Association and Farsophone Association. The consortium was established in response to the needs of the BMER communities in Barnet following a successful completion of the Community Development Project which was funded by NHS budget. The consortium mission is to improve the mental health and Wellbeing of the BMER communities in Barnet and its neighbouring boroughs in North London. It aims to achieve this by increasing service users' knowledge and confidence in accessing support and by providing counselling services in a range of different community languages. The consortium approach brings together a range of communities that would normally come into contact with each other to share learning and as a first step into using mainstream services.

Having received a one off seed funding from Working for Wellbeing (through NHS Barnet), we are pleased to announce that it successfully secured funding from the Big Lottery Fund to continue its operation for another four years. CMHA forms part of its counselling provision.

Our fundraising effort continues unabated amid a challenging economic climate where both national and local governments have significantly reduced their financial support to the charity sector. Our consistent success in fundraising and in managing and providing high quality services valued by members and their families is testament of our highly committed staff team led by Leon Lee, our Chief Executive and our selfless volunteers. Last but not least our thanks must also go to all our Management Committee members for their unflinching support throughout.

A full account of the financial result can be found towards the end of this report.

As part of this business planning process Chinese Mental Health Association has identified the following strategic objectives for the subsequent period -

- (1) To continue to provide a high quality of direct services to the Chinese Community all over London and UK, setting the highest quality standard
- (2) To identify new sources of funding for the organisation so that it can meet the increasing demands for its services
- (3) To promote the development of a highly quality workforce using a comprehensive training programme

We welcome the views and contributions of all our service users and their families. If any one wishes to comment on our strategic objectives or any other aspect of our annual report please write to

Shun Au - OBE  
Chair  
Chinese Mental Health Association  
2nd Floor, Zenith House  
155 Curtain Road  
London EC2A 3QY  
Or e-mail, [info@cmha.org.uk](mailto:info@cmha.org.uk)

### **Investment power and policy**

Under the Memorandum and Articles of Association, the charity has the power to invest in any way the trustees wish. However, bearing in mind the liquidity requirements of providing high quality direct services such as counselling, support, advice and information to the Chinese Community of all ages, the trustees have decided to keep available funds in an interest bearing deposit account.

### **Reserve Policy**

The management committee has established a policy of working towards maintaining unrestricted funds which is a general fund to be available for use at the discretion of the directors/trustees in furtherance of the general charitable objectives. The directors have identified three purposes to which the unrestricted fund is put aside and note no 14 is showing the analysis of the fund.

**Chinese Mental Health Association**  
**Registered number: 3150505**  
**Directors' Report**

### **Plans for future periods**

Significant part of our effort is directed towards securing more project grants and statutory contracts work to provide wide ranging services to the Chinese Community. Although the deteriorating funding environment under the new Coalition Government made this not an easy task starting with the anticipation of a significant loss of grant income in a number of areas. However, a combination of perseverance and hard work will see us through without having to scale back on care services.

The charity has joined HM Revenue & Customs Aid scheme so that it can recover 25 pence for every pound donated to us.

### **Indemnity insurance**

The charity has insured against loss arising from the neglect or default of any of the Management Committee Members.

Insurance, against the possibility of claims, arising during the course of assistance provided by its workers, is already in place and is also continuing.

### **Small company provisions**

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 26 Nov 2013 and signed on its behalf



Shun Au  
Director

## **'Chinese Mental Health Association Statement of Directors' Responsibilities**

The directors are responsible for preparing the report and accounts in accordance with applicable law and regulations

Company law requires the directors to prepare accounts for each financial year. Under that law the directors have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these accounts, the directors are required to

- select suitable accounting policies and then apply them consistently,
- make judgements and estimates that are reasonable and prudent,
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



**Chinese Mental Health Association**  
**Independent examiner's report**  
**to the trustees of Chinese Mental Health Association**

I report on the accounts of the company for the year ended 31 March 2013

This report is made solely to the charity's trustees, as a body, in accordance with the regulations under part 8 and section 130 to 173 of the Charities Act 2011. My work was undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinion I have formed.

**Respective responsibilities of trustees and the examiner**

The trustees' (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed and I am qualified to undertake the examination by being a member of the Association of Chartered Certified Accountants.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to

- 1) examine the accounts under section 145 of the 2011 Act,
- 2) to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act, and
- 3) to state whether particular matters have come to my attention.

**Basis of independent examiner's report**

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention

- (1) which gives me reasonable cause to believe that in any material respect the requirements
  - (a) to keep accounting records in accordance with section 386 of the Companies Act 2006, and
  - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section
  - (b) 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice Accounting and Reporting by Charitieshave not been met, or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



R B Thakkar FCCA  
Such & Co Associates Limited  
Association of Chartered Certified Accountants  
61 Link House  
New Covent Garden Market  
London SW8 5PA

Dated 16 Nov 2013

**Chinese Mental Health Association**  
**Statement of Financial Activities**  
**for the year ended 31 March 2013**

	Notes	Restricted £	Unrestricted £	TOTAL 2013 £	TOTAL 2012 £
<b>INCOMING RESOURCES</b>					
<b>Income resources from generated funds</b>					
<i>Voluntary income</i>					
- Grants receivable		212,032	-	212,032	198,510
- Other income			8,377	8,377	4,361
- Fund raising			4,629	4,629	1,913
<i>Activities for generating funds</i>					
- Local authority contract		55,342	-	55,342	49,362
Income from grants and donations and activities	2	267,374	13,006	280,380	254,146
Bank deposit interest		-	89	89	234
		267,374	13,095	280,469	254,380
<b>RESOURCES EXPENDED</b>					
<b>Cost of generating funds</b>					
- Fundraising costs of grants and donations	3	-	10,945	10,945	5,108
<b>Charitable activities</b>					
- Preservation and safeguarding of mental health and of the relief care of Chinese Persons	4 & 5	243,939	11,291	255,230	224,537
<b>Governance costs</b>					
	6	45,423	2,465	47,888	47,705
		289,362	24,701	314,063	277,350
<b>NET OUTGOINGS/(SURPLUS)</b>		(21,988)	(11,606)	(33,594)	(22,970)
<b>FUNDS BROUGHT FORWARD</b>	13b & 14b	26,646	57,031	83,677	106,647
<b>FUNDS CARRIED FORWARD</b>	13a & 14a	4,658	45,425	50,083	83,677

**Chinese Mental Health Association  
Income and Expenditure Account  
for the year ended 31 March 2013**

	Notes	2013 £	2012 £
<b>INCOMING RESOURCES</b>	<b>2</b>	280,380	254,146
<b>CHARITABLE AND ADMINISTRATIVE EXPENSES</b>		<u>(314,063)</u>	<u>(277,350)</u>
<b>Operating loss</b>	<b>7</b>	(33,683)	(23,204)
Interest receivable		<u>89</u>	<u>234</u>
<b>Loss on ordinary activities before taxation</b>		(33,594)	(22,970)
Tax on loss on ordinary activities	<b>8</b>	<u>-</u>	<u>-</u>
<b>Loss for the financial year</b>		(33,594)	(22,970)
Opening surplus of funds		83,677	106,647
<b>Surplus carried forward</b>		<u><u>£50,083</u></u>	<u><u>£83,677</u></u>

• **Chinese Mental Health Association**  
**Balance Sheet**  
**as at 31 March 2013**

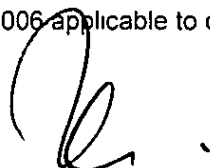
	Notes	2013 £	2012 £
<b>Fixed assets</b>			
Tangible assets	9	17,000	16,046
<b>Current assets</b>			
Debtors	10	22,468	3,029
Cash at bank and in hand		21,174	77,463
		<u>43,642</u>	<u>80,492</u>
<b>Creditors: amounts falling due within one year</b>	11	<u>(10,559)</u>	<u>(12,861)</u>
<b>Net current assets</b>		<u>33,083</u>	<u>67,631</u>
		<u>£50,083</u>	<u>£83,677</u>
<b>Capital and reserves</b>			
Called up share capital	12	-	-
<b>Funds</b>			
- Restricted	13a&b	4,658	26,646
- Unrestricted			
Premises reserve fund		30,000	30,000
Contractual fund		9,050	4,400
Operational fund		<u>6,375</u>	<u>22,631</u>
	14a&b	<u>45,425</u>	<u>57,031</u>
<b>Total charity fund</b>		<u>£50,083</u>	<u>£83,677</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006

Members have not required the company to obtain an audit in accordance with section 476 of the Act

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime



Shun Au  
Director

Approved by the board on 26 November 2013

**Chinese Mental Health Association  
Notes to the Accounts  
for the year ended 31 March 2013**

**1 Accounting policies**

***Basis of preparation***

The accounts have been prepared under the historical cost convention and in accordance with the Statements of Recommended Practice - Accounting and Reporting by Charities (SORP 2005) issued in March 2005 and Financial Reporting Standard for Smaller Entities (effective April 2008)

***Tangible fixed assets***

Individual fixed assets costing £150 or more are capitalised at cost

***Depreciation***

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives

Furniture & equipment	30% straight line
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***Operating leases***

The charity classifies the office lease as operating lease and rental paid under the lease are charged to Revenue Account on a straight line basis over the period of the lease

***Pensions***

The company operates a defined contribution pension scheme. Contributions are charged to the profit and loss account as they become payable in accordance with the rules of the scheme

***Resources expended***

***Charitable activities***

Directly attributable costs and appropriate level of overheads incurred in respect of promoting the preservation and safeguarding of mental health and the relief of persons who are of Chinese origin suffering from mental illness and distress are treated as expenditure for charitable activities

***Governance costs***

This represents expenses relating to the management, organisational administration and compliance work and include the appropriate level of overheads. Such costs are allocated to each project on the basis of revenue generated by each project and estimated appropriation of some of the overheads by each project

***Cost of generating funds***

This represents fundraising costs which include appropriate apportionment of staff members' remuneration who are engaged directly in fundraising. Also apportioned is the appropriate level of overheads

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of resources. Costs relating to particular projects on hand are allocated directly where appropriate, others are apportioned on an appropriate basis e.g. labour cost, revenue or estimated usage

**Chinese Mental Health Association**  
**Notes to the Accounts**  
**for the year ended 31 March 2013**

<b>2 INCOME RESOURCES</b>	<b>2013</b>	<b>2013</b>	<b>2012</b>	<b>2012</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<i><b>Restricted</b></i>				
<b>Grants, donations and other income</b>				
Trust for London - Supported employment project	6,250		12,500	
Big Lottery Fund - Befriending project	83,362		85,010	
Heritage Lottery Fund - Oral history project	77,200		96,500	
City Bridge Trust - Project grant	40,000		-	
Miscellaneous projects income	<u>5,220</u>		<u>4,500</u>	
		212,032		198,510
<b>Local authority contract</b>				
Barnet council - Floating support service	46,894		49,362	
Barnet council - Supporting independence fund	<u>8,448</u>		<u>-</u>	
		55,342		49,362
<i><b>Unrestricted</b></i>				
Grants, donations and other income	8,377		4,361	
Fundraising events	<u>4,629</u>		<u>1,913</u>	
		13,006		6,274
		<u>£280,380</u>		<u>£254,146</u>
<b>3 RESOURCES EXPENDED</b>		<b>2013</b>		<b>2012</b>
		<b>£</b>		<b>£</b>
<b>Fund raising costs of Grants and Donations</b>				
Staff costs		7,765		5,000
Support costs		<u>3,180</u>		<u>108</u>
		10,945		5,108
Apportionment of Governance Costs		<u>722</u>		<u>327</u>
		<u>£11,667</u>		<u>£5,435</u>
<b>4 Charitable Activities - Restricted</b>				
Staff costs		194,956		156,678
Support costs		<u>48,983</u>		<u>49,685</u>
		243,939		206,363
Apportionment of Governance Costs		<u>45,423</u>		<u>40,071</u>
		<u>£289,362</u>		<u>£246,434</u>
<b>5 Charitable Activities - Unrestricted</b>				
Staff costs		9,376		17,832
Support costs		<u>1,915</u>		<u>342</u>
		11,291		18,174
Apportionment of Governance Costs		<u>1,743</u>		<u>7,307</u>
		<u>£13,034</u>		<u>£25,481</u>
<b>6 Analysis of Governance Costs</b>				
Staff cost		3,644		10,900
Depreciation		5,674		3,877
Support costs		2,943		-
Audit and accountancy		2,160		2,416
General office administration and establishment		<u>33,467</u>		<u>30,512</u>
		<u>£47,888</u>		<u>£47,705</u>

**Chinese Mental Health Association**  
**Notes to the Accounts**  
**for the year ended 31 March 2013**

<b>7 Operating surplus</b>	<b>2013</b>	<b>2012</b>
Apportionment of Governance Costs	£	£
This is stated after charging		
Depreciation of owned fixed assets	8,174	6,877
Pension costs	4,224	4,452
Accountancy & Independent examiner's fees	2,160	2,416
Wages and Salaries	179,405	162,768
Sessional & freelance worker	18,220	6,278
Social security costs	<u>13,891</u>	<u>15,281</u>

The average number of employees, including volunteers employed by the organisation during the year was

**43** **43**

**8 Taxation**

As the organisation's activities are exempt from taxation, no provision for corporation tax has been made

**9 Tangible fixed assets**

	<b>Office equipment and F&amp;F</b>
	<b>£</b>
<b>Cost</b>	
At 1 April 2012	88,818
Additions	9,129
Disposals	-
At 31 March 2013	<u>97,947</u>
<b>Depreciation</b>	
At 1 April 2012	72,772
Charge for the year	8,175
On disposals	-
At 31 March 2013	<u>80,947</u>
<b>Net book value</b>	
At 31 March 2013	<u>£17,000</u>
At 31 March 2012	<u>£16,046</u>

<b>10 Debtors</b>	<b>2013</b>	<b>2012</b>
	<b>£</b>	<b>£</b>
Debtors and accrued income	19,918	479
Prepayments and deposits	<u>2,550</u>	<u>2,550</u>
	<u>£22,468</u>	<u>£3,029</u>

**Chinese Mental Health Association**  
**Notes to the Accounts**  
**for the year ended 31 March 2013**

<b>11 Creditors' amounts falling due within one year</b>	<b>2013</b>	<b>2013</b>	<b>2012</b>	<b>2012</b>
	£	£	£	£
Creditors and accruals		6,657		8,516
PAYE & NI		<u>3,902</u>		<u>4,345</u>
		<u><u>£10,559</u></u>		<u><u>£12,861</u></u>

**12 Share capital**

The company is limited by guarantee and has no share capital. Each member's liability in the event of being wound up is not exceeding ten pounds.



Chinese Mental Health Association  
Notes to the Accounts  
for the year ended 31 March 2013

13a Restricted funds - This year	Balance 1 April 2012 £	Grants & donations £	Staff costs £	Project costs £	Other costs £	Governance cost shared £	Balance 31 March 2013 £
Trust for London - Supported employment project	-	6,250	(3,753)	-	(396)	(2,101)	-
Barnet council - Floating support service	-	46,894	(28,051)	(58)	(6,794)	(11,991)	-
Barnet council - Supporting independence fund	-	8,448	(3,087)	-	(208)	(5,153)	-
Big Lottery Fund - Befriending project	8,847	83,362	(66,257)	(4,781)	(12,010)	(9,161)	-
Heritage Lottery Fund - Oral history project	17,799	77,200	(53,808)	(17,575)	(4,267)	(14,691)	4,658
Miscellaneous projects income	-	5,220	-	-	(2,894)	(2,326)	-
City Bridge Trust - Project grant	-	40,000	(40,000)	-	-	-	-
	<u>£26,646</u>	<u>£267,374</u>	<u>£(194,956)</u>	<u>£(22,414)</u>	<u>£(26,569)</u>	<u>£(45,423)</u>	<u>£4,658</u>

13b Restricted funds - Last year	Balance 1 April 2011 £	Grants & donations £	Staff costs £	Project costs £	Other costs £	Governance cost shared £	Balance 31 March 2012 £
Trust for London - Supported employment project	-	12,500	(9,856)	-	(145)	(2,499)	-
Barnet council - Floating support service	-	49,362	(30,568)	(490)	(6,270)	(12,034)	-
Big Lottery Fund - Befriending project	8,973	85,010	(54,260)	(2,939)	(15,915)	(12,022)	8,847
Heritage Lottery Fund - Oral history project	16,235	96,500	(43,931)	(16,507)	(5,756)	(12,507)	17,799
Miscellaneous projects income	-	4,500	(18,063)	(907)	(756)	(1,009)	-
	<u>25,208</u>	<u>£247,872</u>	<u>£(156,678)</u>	<u>£(20,843)</u>	<u>£(28,842)</u>	<u>£(40,071)</u>	<u>26,646</u>

**Chinese Mental Health Association**  
**Notes to the Accounts**  
**for the year ended 31 March 2013**

**14a Unrestricted Funds - This year**

Interpretation, collection, donations  
- and miscellaneous income  
Bank deposit interest  
Fund raising

Balance 1 April 2012 £	Grants & donations £	Staff costs £	Project costs £	Other costs £	Governance cost shared £	Balance 31 March 2013 £
46,812	8,377	(9,376)	(1,057)	(858)	(1,743)	42,155
7,988	89	-	-	-	-	8,077
2,231	4,629	(7,765)	-	(3,180)	(722)	(4,807)
<u>£57,031</u>	<u>£13,095</u>	<u>£(17,141)</u>	<u>£(1,057)</u>	<u>£(4,038)</u>	<u>£(2,465)</u>	<u>£45,425</u>

**14b Unrestricted Funds - Last year**

Interpretation, collection, donations  
- and miscellaneous income  
Bank deposit interest  
Fund raising

Balance 1 April 2011 £	Grants & donations £	Staff costs £	Project costs £	Other costs £	Governance cost shared £	Balance 31 March 2012 £
67,932	4,361	(17,832)	(342)	-	(7,307)	46,812
7,754	234	-	-	-	-	7,988
5,753	1,913	(5,000)	-	(108)	(327)	2,231
<u>£81,439</u>	<u>£6,508</u>	<u>£(22,832)</u>	<u>£(342)</u>	<u>£(108)</u>	<u>£(7,634)</u>	<u>£57,031</u>

**Chinese Mental Health Association**  
**Detailed income and expenditure account**  
**for the year ended 31 March 2013**

	2013 £	2012 £
<b>GRANT AND OTHER INCOME</b>		
Trust for London - Supported employment project	6,250	12,500
Barnet council - Floating support service	46,894	49,362
Barnet council - Supporting independence fund	8,448	-
Unrestricted - Grants, donations & miscellaneous income	8,377	4,361
Fundraising events	4,629	1,913
Big lottery fund - Befriending project	83,362	85,010
City Bridge Trust - Project grant	40,000	-
Miscellaneous project income	5,220	-
Heritage Lottery Fund - Oral history project	77,200	96,500
Miscellaneous income	-	4,500
Bank deposit interest	89	234
	<u>280,469</u>	<u>254,380</u>
Less Projects costs	<u>(26,414)</u>	<u>(20,843)</u>
	<u>254,055</u>	<u>233,537</u>
<b>Administrative expenses</b>		
Accountancy & Independent examiner's fees	2,160	2,416
Legal and professional	2,688	224
Bank charges	407	333
Depreciation	8,174	6,877
Employers national insurance	13,891	15,281
Pension cost	4,224	4,452
Wages and Salaries	179,406	162,768
Staff recruitment expenses	492	1,631
Sessional & freelance worker	18,220	6,278
Evaluation and monitoring	-	1,900
Website development and evaluation		
- previous year's overprovision written back		(2,300)
Seminar & conference	-	785
Computer & software supplies	-	-
Printing postage & stationery	5,842	3,671
Information and publication	-	-
Rent and rates	28,210	23,748
Sundry expenses	1,055	1,130
Membership and subscription	871	1,216
Fund raising	3,180	108
Insurance	1,525	2,457
Staff training and welfare	6,492	11,550
Telephone and fax	8,072	7,055
Travel and subsistence	2,740	4,927
	<u>287,649</u>	<u>256,507</u>
<b>Deficit for the year</b>	<u><u>(33,594)</u></u>	<u><u>(22,970)</u></u>