



Companies House

— for the record —

# 88(2)

## Return of Allotment of Shares

CHFP000

Company Number

3075946

Company name in full

FITNESS FIRST PIC

### Shares allotted (including bonus shares):

Date or period during which shares were allotted

(If shares were allotted on one date enter that date in the "from" box.)

From

Day Month Year

21 03 2009

To

Day Month Year

Class of shares

(ordinary or preference etc)

ORDINARY

Number allotted

180,500

Nominal value of each share

12 1/2p.

Amount (if any) paid or due on each share (including any share premium)

15.25

List the names and addresses of the allottees and the number of shares allotted to each overleaf

If the allotted shares are fully or partly paid up otherwise than in cash please state:

% that each share is to be treated as paid up

100%.

Consideration for which the shares were allotted

(This information must be supported by the duly stamped contract or by the duly stamped particulars on Form 88(3) if the contract is not in writing)

When you have completed and signed the form send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff CF14 3UZ  
For companies registered in England and Wales

DX 33050 Cardiff

Companies House, 37 Castle Terrace, Edinburgh EH1 2EB  
For companies registered in Scotland

DX 235  
Edinburgh



A13 WAZ84TZ03\* 0359  
COMPANIES HOUSE 12/04/01

**Names and addresses of the allottees** (List joint share allotments consecutively)

Shareholder details		Shares and share class allotted	
<b>Name</b> <u>NADIA BEMOWSKI</u> <b>Address</b> <u>41, BLACKSHAW DRIVE, WALSLEY</u> <u>COVENTRY</u> <b>UK Postcode</b> <u>CV2 2PL</u>		<b>Class of shares allotted</b> <u>ORDINARY</u>	<b>Number allotted</b> <u>20,000</u>
<b>Name</b> <u>NICOLE JENNINGS</u> <b>Address</b> <u>173 CAPSTONE RD</u> <u>CHARMINSTER BOURNEMOUTH</u> <b>UK Postcode</b> <u>BH8 8RZ</u>		<b>Class of shares allotted</b> <u>ORDINARY</u>	<b>Number allotted</b> <u>5,000</u>
<b>Name</b> <u>ANNABEL GATWARD</u> <b>Address</b> <u>29 DOLPHIN HOUSE,</u> <u>SMUGGERS WAY, LONDON</u> <b>UK Postcode</b> <u>SW18 1DE</u>		<b>Class of shares allotted</b> <u>ORDINARY</u>	<b>Number allotted</b> <u>8,000</u>
<b>Name</b> <u>LINDSEY LIDDELL</u> <b>Address</b> <u>THE DRIVE, FLAT 4</u> <u>933 FULHAM ROAD, LONDON</u> <b>UK Postcode</b> <u>SW16 6LL</u>		<b>Class of shares allotted</b> <u>ORDINARY</u>	<b>Number allotted</b> <u>20,000</u>
<b>Name</b> <u>ROD HILL</u> <b>Address</b> <u>8 GLENAGLES, FAIRWAY DRIVE</u> <u>CHRISTCHURCH, DORSET</u> <b>UK Postcode</b> <u>LLLL LLL</u>		<b>Class of shares allotted</b> <u>ORDINARY</u>	<b>Number allotted</b> <u>40,000</u>

Please enter the number of continuation sheet(s) (if any) attached to this form

1

Signed

Nada

Date

10 April 2001

A director / secretary / administrator / administrative receiver / receiver manager / receiver

Please delete as appropriate

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

<u>MRS. S. CADD</u>	
<u>FITNESS FIRST PLC, 58 FLEET</u>	
<u>LANE, POOLE BH15 3BT</u>	
DX number	DX exchange
	<u>0202 845124</u>

**Names and addresses of the allottees** (List joint share allotments consecutively)

Shareholder details		Shares and share class allotted	
<b>Name</b> <u>ANN HUDSON</u>		<b>Class of shares allotted</b> <u>ORDINARY</u>	<b>Number allotted</b> <u>7500</u>
<b>Address</b> <u>5, THE CHOISTERS, HIGHTOWN</u> <u>RINGWOOD</u>			
<b>UK Postcode</b> <u>BA24 3DU</u>			
<b>Name</b> <u>SALLY GRIFFITHS</u>		<b>Class of shares allotted</b> <u>ORDINARY</u>	<b>Number allotted</b> <u>20,000</u>
<b>Address</b> <u>11, STATION ROAD</u> <u>BREKHAMSTED</u>			
<b>UK Postcode</b> <u>HP4 2EG</u>			
<b>Name</b> <u>ROD PAYNE</u>		<b>Class of shares allotted</b> <u>ORDINARY</u>	<b>Number allotted</b> <u>40,000</u>
<b>Address</b> <u>6 ASA GROVE</u> <u>LIPHOOK, HANTS</u>			
<b>UK Postcode</b> <u>GU30 7AZ</u>			
<b>Name</b> <u>SUE LADD</u>		<b>Class of shares allotted</b> <u>ORDINARY</u>	<b>Number allotted</b> <u>20,000</u>
<b>Address</b> <u>7 CHRISTIAN ROAD, CANFORD CLIFFS</u> <u>POOLE</u>			
<b>UK Postcode</b> <u>BA13 7EZ</u>			
<b>Name</b> 		<b>Class of shares allotted</b>	<b>Number allotted</b>
<b>Address</b> 			
<b>UK Postcode</b> <u>      </u>			

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Signed

Sue Ladd

Date

10 April 2001

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Please delete as appropriate

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Tel	
DX number	DX exchange