COMPANY REGISTRATION NUMBER: 03067995 CHARITY REGISTRATION NUMBER: 1076847

Cardiff & Vale of Glamorgan Parents Federation (Learning Disabilities)

Company Limited by Guarantee
Unaudited Financial Statements
31 March 2022



CARSTON

Chartered accountants 1st Floor, Tudor House 16 Cathedral Road Cardiff CF11 9LJ

Company Limited by Guarantee

Financial Statements

Year ended 31 March 2022

	Page
Trustees' annual report (incorporating the director's report)	1
Independent examiner's report to the trustees	6
Statement of financial activities (including income and expenditure account)	7
Statement of financial position	8
Notes to the financial statements	9

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2022

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered charity name

Cardiff & Vale of Glamorgan Parents Federation (Learning

Disabilities)

Charity registration number

1076847

Company registration number

03067995

Principal office and registered

Unit 14 Sbectrym Community Centre

office .

Bwlch Road

Fairwater Cardiff CF5 3EF

The trustees

Norbert Flynn Susan McFarland

Denise Pearson

(to 10 August 2021)

Pauline Young Nicholas Davies Ann Duminil Usha Sarangi

(Appointed 9 August 2022) (Appointed 9 August 2022) (Resigned 17 August 2022)

Company secretary

John Cushen

Independent examiner

Farzana Ahmed ACCA 1st Floor, Tudor House

16 Cathedral Road

Cardiff CF11 9LJ

OBJECTIVES AND ACTIVITIES

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing Cardiff & Vale of Glamorgan Parents Federation (Learning Disabilities) aims and objectives and in planning future activities.

Our stated purpose is '...to promote the health and welfare of people with a learning disability in the areas covered by the counties of Cardiff and the Vale of Glamorgan...'.

We achieve this by offering a mix of direct support to families, an information signposting service and by coordinating effective carer representation in consultation processes.

Parents and close relatives are typically the prime source of support and assistance in a learning-disabled person's life and our services focus around supporting the family carer to be better able to face the challenges of caring. This work compliments the aims of the recent Social Services and Well Being Act (2014) and the Qualities and Sustainable Futures legislation. It also compliments the Strategic Plan for Learning Disability Services in Cardiff and the Vale of Glamorgan.

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2022

Objectives and activities (continued)

All our services are free. This includes the provision of information, literature, individual assistance, organisation membership and newsletter mailings. In addition, we co-ordinate workshops, events and informal social gatherings.

We reimburse members' expenses when attending meetings or events on our behalf in a voluntary capacity.

Support

We aim to help families and carers to be better able to continue to cope through the provision of a variety of carer-focussed support activities. During the year April 2021-March 2022 we were hampered in delivering support services by the uncertainties and legal restraints arising from the Covid 19 pandemic

This limited our coordinating carers' information workshops, social and training events but we still were able to promote activities that could benefit carers. Our annual Understanding Disability awards that celebrate the inclusion of people with a learning disability in everyday life were also cancelled.

Carers and their disabled relatives were supported to enjoy a small variety of social gatherings where they met and exchanged experiences, ideas and socialised with others. At these events, parents overcome social isolation and build confidence and skills to help them continue their caring role and increase their wellbeing.

We offer support to families that care for an adult or disabled child. For some families this extends to offering an enhanced level of signposting support to ensure that they are put in touch with appropriate sources of support.

Information and Signposting

Information on how to access support or assistance is of critical importance to a disabled individual and their relative/carer. Family carers are very often the only advocate or representative an individual can rely upon to press for the support and services that they should receive.

Our work includes liaising with families to share information, highlight new ways of doing things and promoting new opportunities. This may include entertaining the idea of families 'taking risks' by trying new or better value approaches to facing challenges in daily life.

We produce newsletters, host a website, maintain and update a detailed information guide (Where You Stand) and hold parent meetings to ascertain their views, needs and experiences.

Our website is updated on a regular basis and undergoes frequent redesigning to make it easier to follow. Our social media presence is popular and we engage with several hundred families on a daily basis.

During the year a number of projects came to an end. Difficulties arising from the pandemic have limited the impact of some projects, but we have been able to maintain a level of support for families and disabled individuals by the use of social media, regular online Zoom meetings and a number of services and online workshops.

Representation

Another aspect of our work is in pressing for better support services and increased opportunities for people with a learning disability.

This involves our working with many partner bodies and organisations to lobby for improvements, promote or instigate change and encourage new opportunities to be developed.

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2022

Objectives and activities (continued)

We support members to participate in key planning forums and networks that influence the strategic direction of existing or future services for people with a learning disability. This covers all age groups and abilities and includes participation in many cross-discipline strategic groups or frameworks at local, regional and national levels.

Members have continued representation on the Welsh Government and local authority planning groups and various other working groups by use of remote working using TEAMS and Zoom platforms. We are core members of the Learning Disability Partnership Group (LDPG) that covers both Cardiff and the Vale of Glamorgan local authorities. We are actively involved in a number of its sub and task groups as well as participating in the Autism Strategy group across Cardiff and the Vale. During 2019-20 we were involved in helping to influence the shape of a planned 5-year strategy for people with learning disabilities (and their carers) and started work on helping its implementation and scrutiny. In addition, we participate in forums that cover Advocacy services, transition Planning and Equalities.

The Federation often consults its membership for their views in various consultations and surveys to ensure that families have a means to have their views listened to. We have teamed up with the All Wales Forum (of parents and carers) to ensure that we are better able to consult with families and have a stronger cross-Wales voice. The new resources being developed will assist us in this. During the pandemic we used an online survey tool to good effect and carried out a number of carer-focussed surveys to judge their experiences and identify gaps in service provision

Some carers who had struggled with getting online benefited from free computer tablets thanks to a grant from the C Fund

Our consultation responses are recorded on the website so that members can review our consultation activity. We have improved our contact with members by the use of a SMS and emailing resource that generates messages straight to a person's mobile or computer in real-time. This is not only cost effective but allows us to target families who we feel need to be made aware of certain issues. This extends to regular texts that have embedded hyperlinks to other resources. Over 1200 carers are contacted weekly using this method.

ACHIEVEMENTS & PERFORMANCE

During the year 2021-22 services were hindered by the covid 19 crisis.

An increasing number of families and disabled individuals continue to report finding themselves unable to meet the stringent criteria for statutory sector funded support while at the same time facing losing DWP and other benefits income. This has resulted in an increased demand for our signposting and information services.

Feedback from families on the support we offer has been very positive and complimentary, suggesting that our services are well received. Feedback from professionals and agencies has been similarly positive.

Staff and volunteers have maintained a visible presence at the various online forums and in consultations throughout this time.

Our social gatherings that aim to link families and carers with one another to enable mutual support and overcome social isolation have been a great success in the past. During this period gatherings were limited to venues within the Vale of Glamorgan when it was deemed safe to do so.

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2022

FINANCIAL REVIEW

The statement of financial activities and the statement of financial position describe the state of the charitable company's finances for the year. As in previous years, the bulk of the funding is received as core grants from both Cardiff and Vale of Glamorgan councils.

Total income for the year was £54,986 (2021 £105,811), of which £nil was restricted (2021 £45,436). Total expenditure for the year was £77,420 (2021 £85,737).

This resulted in a deficit for the year of £22,434 (2021 surplus £20,074). Of this deficit, £18,064 was against restricted funds brought forward. There was a £4,370 deficit (2021 surplus £15,365) for the year on the unrestricted fund.

Reserves Policy

Reserves at the year-end stand at £41,199 (2021 £63,633), of which £7,696 (2021 £25,760) is restricted and £33,503 (2021 £37,873) is unrestricted and free reserves.

We have been able to set aside and retain a cash reserve agreed by trustees that provides a small 'buffer' in uncertain financial times. This has proven invaluable as it helps cover a cashflow shortfalls that arise and ensures that we are able to meet our financial obligations.

Going Concern

Our financial situation remains satisfactory, despite the deficit in the period. We have secured sufficient income to fund projected expenditure requirements for the coming year (2022-23) but trustees are mindful of the uncertainty of future funding and shall take whatever steps are required to ensure that expenditure stays within income at all times.

This situation has been achieved by prudent use of limited funds and at times reducing staffing costs and overheads. In spite of the loss of key income streams we have been able to maintain a quality, visible service for our members.

The ongoing lockdowns and Covid 19 crisis resulted in our having to work flexibly and focus upon more remote working away from the office, with limited face to face support being offered. Thanks to the investment that was in place over recent years (largely as a result of the Lloyds Bank Foundation), we have been able to maintain a high profile with our member and continue to offer a service using bulk texts to members, emails and daily social media posts along with weekly zoom meetings for carers and attendance at various online forums.

Fundraising remains a priority. Trustees meet to review the financial situation as required and since the lockdown use zoom to meet and monitor budgets. Reserves,income and cash in hand should be sufficient to cover running costs in the coming year and allow for any necessary costs entailed in the eventuality of income sources reducing in coming years that lead to any cuts in staffing costs. We are confident that we shall be able to maintain core levels of service and a visible presence in the most severe of financial futures.

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2022

PLANS FOR FUTURE PERIODS

We are involved in partnership projects that are preparing bids for funding that will ensure our longer term sustainability.

Our services are constantly changing to reflect needs of our members and in order to ensure best value and efficacy while pursuing our goal of reaching even more difficult to contact families.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The organisation is a charitable company limited by guarantee and is governed by a Memorandum and Articles of Association. The company was incorporated on 14 June 1995 and amended by special resolution on 13 July 1999. The charity was registered on 2 August 1999.

The directors of the company also serve as trustees of the charity. Trustees can be voted for at the Annual General Meeting annually by the members or can be co-opted by the board of trustees at any time.

The trustees have developed a risk register and are aware of potential challenges we may face both in the short and medium term. In order to address the risk of financial loss, the trustees have a statement on reserves and aim towards building on the current level of reserves. There are procedures in place to help deal with risk in the workplace such as health, safety and security and the relevant insurance policies are in place.

Trustees have recognised the urgent need to expand membership of the board to ensure future governance. Many current trustees have been active with the charity since its early years and we have lost several in recent years. In recent years we have worked with a consultant funded through the Lloyds Bank Foundation to agree a strategy to recruit and extend the board of trustees. This work is completed and we now have a bespoke trustee training resource.

We have successfully recruited two new trustees recently and are actively seeking more carers who are willing to join us - the commitment is not too demanding and staff and fellow trustees are always there to help.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on and signed on behalf of the board of trustees by:

Michola	- P	Jang	(sign)
Trustee		· · · · · · · · · · · · · · · · · · ·	(0.9.1)
NKHULAS	7	DAVIET	(print name)

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Cardiff & Vale of Glamorgan Parents Federation (Learning Disabilities)

Year ended 31 March 2022

I report to the trustees on my examination of the financial statements of Cardiff & Vale of Glamorgan Parents Federation (Learning Disabilities) ('the charity') for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2. the financial statements do not accord with those records; or
- 3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- 4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Although the charitable company's position at the year ended 31 March 2022 shows reasonable free reserves, we draw your attention to the trustees' explanation that future funding remains insecure and of the actions they have and intend to take, as included in the financial review section of the trustees' report and also the going concern policy. However, we are satisfied that the trustees have taken all reasonable steps to control and monitor the position and we do not propose to modify our opinion on the accounts.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Farzana Ahmed ACCA Independent Examiner

1st Floor, Tudor House 16 Cathedral Road Cardiff CF11 9LJ

Date 20 December 2022

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2022

			2022		2021
		Unrestricted	Restricted		
•	Nata	funds	funds	Total funds	Total funds
Income and endowments	Note	£	£		£
Donations and legacies	5	54,779	_	54,779	102,023
Investment income	6	3 4 ,779 Δ	_	3 4 ,779	102,023
Other income	7	203	_	203	3,779
Total income		54,986		54,986	105,811
Expenditure					. 77 -0
Expenditure on charitable activities	8,9	59,356	18,064	77,420	85,737
Total expenditure		59,356	18,064	77,420	85,737
					*
Net (expenditure)/income and net movement in funds		(4,370)	(18,064)	(22,434)	20,074
movement in runus		(4,370)	(10,004)	(22,434)	20,014
Reconciliation of funds					
Total funds brought forward		37,873	25,760	63,633	43,559
Total funds carried forward		33,503	7,696	41,199	63,633

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

Company Limited by Guarantee

Statement of Financial Position

31 March 2022

		2022		2021
	Note	£	£	£
Fixed assets Tangible fixed assets	15		4,316	3,384
Current assets				
Debtors Cash at bank and in hand	16	12,477 29,255		32,711 29,673
		41,732		62,384
Creditors: amounts falling due within one year	17	4,849		2,135
Net current assets		•	36,883	60,249
Total assets less current liabilities			41,199	63,633
Net assets			41,199	63,633
Funds of the charity				
Restricted funds			7,696	25,760
Unrestricted funds			33,503	37,873
Total charity funds	19		41,199	63,633
				ANDROUGH COME C

For the year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 2° $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ and are signed on behalf of the board by:

Michael Bare (sign)

MICHOLITY P DAV JET (print name)

Trustee (print name)

Trustee (print name)

Company Registration Number: 03067995

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2022

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is Unit 14 Sbectrum Community Centre, Bwlch Road, Fairwater, Cardiff, CF5 3EF.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis. The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

As at 31 March 2022 the charitable company had reserves of £41,199, of which £33,503 was free reserves. However, as detailed in the financial review section of the trustees' report, future funding remains uncertain and the trustees have considered the going concern position in some detail and are satisfied that in the immediate future the steps they have already taken and will continue to take to reduce costs while still aiming to secure additional funding should be sufficient to keep the charity operational for at least 12 months. On this basis the trustees are satisfied that no material adjustments are required to the accounts at 31 March 2022 to reflect any uncertainty in going concern.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2022

3. Accounting policies (continued)

Incoming resources

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- income from donated goods is measured at the fair value of the goods unless this is impractical
 to measure reliably, in which case the value is derived from the cost to the donor or the
 estimated resale value. Donated facilities and services are recognised in the accounts when
 received if the value can be reliably measured. No amounts are included for the contribution
 of general volunteers.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

expenditure on charitable activities includes all costs incurred by a charity in undertaking
activities that further its charitable aims for the benefit of its beneficiaries, including those
support costs and costs relating to the governance of the charity apportioned to charitable
activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Computer equipment

20% straight line

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2022

3. Accounting policies (continued)

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Limited by guarantee

Every member of the charitable company undertakes to contribute to the assets of the charitable company, in the event of the same being wound up while he or she is a member, or within one year after he or she ceases to be a member, for payment of the debts and liabilities of the charitable company contracted before he or she ceases to be a member, and of the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributories among themselves, such amount as may be required not exceeding one pound sterling (£1).

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2022

5. Donations and legacies

7.

Connecto		Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Grants Cardiff CC Core Grant Vale of Glam Council Core Grant C3SC		28,115 26,664 -	 - -	28,115 26,664 -
Lloyds Bank GVS Community Fund		_ 	_ 	-
		54,779 Unrestricted	Restricted	54,779 Total Funds
Grants		Funds £	Funds £	2021 £
Cardiff CC Core Grant Vale of Glam Council Core Grant C3SC Lloyds Bank GVS Community Fund		27,023 26,664 2,900 - -	24,970 15,142 5,324	27,023 26,664 2,900 24,970 15,142 5,324
		56,587	45,436	102,023
Investment income				
	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Bank interest receivable	4	4	9	9
Other income			•	
	Funds £	Total Funds 2022 £	Funds £	2021 £
Other income	203	203	3,779	3,779

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2022

8. Expenditure on charitable activities by fund type

^	Unrestricted	Restricted	Total Funds
	Funds	Funds	2022
	£	£	£
Promotion of health and welfare	55,285	18,064	73,349
Support costs	4,071	. –	4,071
	59,356	18,064	77,420
	Unrestricted	Restricted	Total Funds
	Funds	Funds	2021
	£	£	£
Promotion of health and welfare	41,165	40,727	81,892
Support costs	3,845	_	3,845
	45,010	40,727	85,737
	·		

9. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2022 £	Total fund 2021 £
Promotion of health and welfare	73,349	1,834	75,183	83,624
Governance costs		2,237	2,237	2,113
	73,349	4,071	77,420	85,737

10. Analysis of support costs

	Analysis of		
	support costs	Total 2022	Total 2021
	£	£	£
Human resources	1,585	1,585	1,522
Finance costs	249	249	210
Governance costs	2,237	2,237	2,113
Þ	4,071	4,071	3,845

11. Net (expenditure)/income

Net (expenditure)/income is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation of tangible fixed assets	945	90
	-	

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2022

12. Independent examination fees

	2022	2021
	£	£
Fees payable to the independent examiner for:		
Independent examination of the financial statements	2,100	2,100

13. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2022	2021
	£	£
Wages and salaries	47,164	60,209
Social security costs	3,181	3,780
Employer contributions to pension plans	4,958	6,021
	55,303	70,010

The average head count of employees during the year was 3 (2021: 4). The average number of full-time equivalent employees during the year is analysed as follows:

	2022	2021
	No.	No.
Direct charitable staff	3	4

No employee received employee benefits of more than £60,000 during the year (2021: Nil).

Key Management Personnel

Key management personnel include all persons that have authority and responsibility for planning, directing and controlling the activities of the charity. The total compensation paid to key management personnel for services provided to the charity was £25,796 (2021: £25,339).

14. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

No trustee claimed expenses during the year.

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2022

15. Tangible fixed assets

			Equipment £
	Cost At 1 April 2021 Additions		5,806 1,877
	At 31 March 2022		7,683
	Depreciation At 1 April 2021 Charge for the year		2,422 945
	At 31 March 2022		3,367
	Carrying amount At 31 March 2022		4,316
	At 31 March 2021		3,384
16.	Debtors		
	Prepayments and accrued income	2022 £ 733	2021 £ 969
	Other debtors	11,744	31,742
		12,477	32,711
17.	Creditors: amounts falling due within one year		
		2022 £	2021 £
	Trade creditors Accruals and deferred income	2,100	- 2 125
	Acciuais and deferred income	2,749	2,135
		4,849	2,135

18. Pensions and other post-retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £4,958 (2021: £6,021).

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2022

19. Analysis of charitable funds

Unrestricted funds						
Occasion for de	At 1 April 2021 £	Income £	Expenditure £	£		
General funds	37,873	54,986	(59,356)	33,503		
•	At 1			At 31		
	April 2020	Income	Expenditure	March 2021		
General funds	£ 22,508	£ 60,375	£ (45,010)	£ 37,873		
Restricted funds						
	At 1		_	At 31		
	April 2021 £	Income £	Expenditure £	March 2022 £		
Lloyds Bank	19,934	_	(17,119)	2,815		
GVS	592	_		592		
Community Foundation Wales	5,234	_	(945)	4,289		
	25,760	<u>-</u>	(18,064)	7,696		
	At 1			At 31		
	April 2020	Income	Expenditure	March 2021		
•	£	£	£	£		
Lloyds Bank	20,429	24,970				
GVS	622	15,142	(15,172)	592		
Community Foundation Wales		5,324	(90)	5,234		
	21,051	45,436	(40,727)	25,760		

Lloyds Bank have provided a grant to fund the salary and office costs of a Development Officer.

Glamorgan Voluntary Services (GVS) is a grant that will fund support to family carers of people with lifelong or life-limiting conditions.

The Community Foundation Wales grant was provided as funding towards tablets and licences to enable more capacity for supporting those that need more intense 1:1 support.

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2022

20. Analysis of net assets between funds

i e e e e e e e e e e e e e e e e e e e	Unrestricted Funds	Restricted Funds	Total Funds 2022
	£	£	£
Tangible fixed assets	_	4,316	4,316
Current assets	38,352	3,380	41,732
Creditors less than 1 year	(4,849)	-	(4,849)
Net assets	33,503	7,696	41,199
	Unrestricted	Restricted	Total Funds
	Funds	Funds	2021
	£	£	£
Tangible fixed assets	_	3,384	3,384
Current assets	39,978	22,406	62,384
Creditors less than 1 year	(2,105)	(30)	(2,135)
Net assets	37,873	25,760	63,633

21. Related parties

There are no transactions with related parties requiring disclosure in the accounts.