

REGISTERED COMPANY NUMBER: 03061079 (England and Wales)
REGISTERED CHARITY NUMBER: 1047945

**REPORT OF THE TRUSTEES AND
AUDITED FINANCIAL STATEMENTS FOR THE YEAR
ENDED 5 APRIL 2014
FOR**

CYSWLLT CONTACT LIMITED



O'Brien & Partners
Chartered Accountants
& Statutory Auditors
Highdale House
7 Centre Court
Treforest Industrial Estate
Pontypridd
Rhondda Cynon Taff
CF37 5YR

CYSWLLT CONTACT LIMITED (REGISTERED NUMBER: 03061079)

**REPORT OF THE TRUSTEES
for the Year Ended 5 April 2014**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 5 April 2014. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
03061079 (England and Wales)

Registered Charity number
1047945

Registered office
25 North Parade
Aberystwyth
Ceredigion
SY23 2JN

Trustees
W M Crockett
A Kenny
A Williams
D Isenburg
Miss S Jones-Davies
Professor A H Clark
D Lucas

Company Secretary
W M Crockett

Auditors
O'Brien & Partners
Chartered Accountants
& Statutory Auditors
Highdale House
7 Centre Court
Treforest Industrial Estate
Pontypridd
Mid Glamorgan
CF37 5YR

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

**REPORT OF THE TRUSTEES
for the Year Ended 5 April 2014**

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity is constituted as a Company limited by guarantee, and is governed by memorandum and articles of association.

The trustees, who are also the directors, meet every two months. The trustees of the charity also comprise its membership. Trustees are appointed by the existing board at each annual general meeting, being proposed by members. One third of the trustees retire by rotation at each annual general meeting (AGM). When a trustee resigns they also resign as a member. The trustees, who served during the year and up to the date of this report, are as stated on the information page.

Trustee vacancies and additional appointments may be made by the trustees, such trustees holding office only until the next following AGM.

Day-to-day management of the charity is delegated to the Director, and the management team, who attend and present to the trustees at the bi-monthly meetings.

The principal activities of the charity are to:

1. Advise and assist persons with alcohol or drug related problems, or connected personal problems associated in overcoming those problems.
2. Assist the families and dependents of such persons.
3. Advance the education of the general public with regard to the misuse of drugs, alcohol and other substances.

Public benefit

Our main activities and who we try and help are explained below. All our charitable activities focus on the prevention and treatment of addiction and are undertaken to further our charitable purposes for the public benefit. The trustees have had regard to Charity Commission guidance on public benefit. we endeavour to meet the needs of largely rural communities here in Wales and provide services covering the Dyfed Powys region.

**REPORT OF THE TRUSTEES
for the Year Ended 5 April 2014**

OBJECTIVES AND ACTIVITIES

Staff Developments

Over the year Cyswllt Contact gained and lost members of staff all of whom played a large part in the organisation and in particular in the delivery of the Peer Mentoring Wales project. These were:

Louise Esney
Zoe Griffiths
Charlotte Bury
Gareth Ladd
Wayne Gravell
John Hughes
Zoe Davies
Kevin Woodroffe
Sarah Williams
Mark Harrison
Joy Coughlan
Lawrence White
Stacey Aicoen
Mike Maynard
Sam Wanmer
Ivan Courtier
Stephanie Greest

Cyswllt Contact would like to thank all of these staff members for their hard work and contribution towards the cause we serve. Cyswllt Contact wishes to also thank Sally Woodroffe and Martin Davies for their invaluable voluntary work during the year. There was also a substantial number of volunteers, too numerous to list here, who played a significant role in Peer Mentoring Wales and without whom the project would not have been a success.

We welcomed new members to our team who are already playing vital roles in delivering the services we pride ourselves on. These are:

Emma Goldsmith (Floating Support Team Leader)
Phil Simmons (Temporary Floating Support Worker)
Emma Lamb (Initial Contact worker)
Tina Powell (Ceredigion Outreach Worker)
Catherine Edwards (Pembrokeshire Outreach Worker)
Paul Murray (Carmarthenshire Outreach Worker)
Dave Knight (Change Step Peer Mentor)
Christopher Standen (Change Step Peer Mentor)
Steve McCreery (Change Step Peer Mentor)
Louis Shirt (Young Persons Case Worker)
Gemma Lockwood (Young Persons Case Worker)

Cyswllt Contact Services

The services delivered by Cyswllt Contact during 13/14 were

- Substance Misuse Drop-in Centres (Aberystwyth and Cardigan)
- Adult Drug and Alcohol Awareness Programme
- Adult Drug and Alcohol Structured Counselling
- Adult Drug and Alcohol Community Rehabilitation and Aftercare
- Naloxone (delivered in partnership with Ceredigion Community Drug & Alcohol Team)
- Floating Support
- Eating Disorders Recovery Programme
- Community Outreach for Drugs and Alcohol in Dyfed (from May 2013)
- Choices West Service for Young People (in partnership with Drugaid, from October 2013)
- Peer Mentoring Wales Dyfed and Powys (ended March 2014)
- Change Step Peer Mentoring Project in West Wales (began end of March 2014)

**REPORT OF THE TRUSTEES
for the Year Ended 5 April 2014**

OBJECTIVES AND ACTIVITIES

In June 2013 Cyswllt Contact was proud to receive approval as an Agored Cymru registered centre for the training and assessing delivered by its training department. Also during 2013 members of the adult drugs and alcohol service attained their BACP accreditation. Congratulations to all of them for their hard work during the year

**REPORT OF THE TRUSTEES
for the Year Ended 5 April 2014**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Peer Mentoring Wales

Peer Mentoring Wales, funded by the European Social fund, and sponsored by the Welsh Government, continued to be the biggest project on Cyswllt Contacts books. At the end of March 2014, the project came to an end after four and a half years of delivering peer mentoring across Powys, Ceredigion, Pembrokeshire and Carmarthenshire.

During the years of the project Cyswllt Contact registered almost 1400 participants, of who almost 300 achieved Agored Cymru quality assured lifelong learning units, 143 of whom entered employment, 144 entered further learning, and almost 890 achieved a positive outcome (completed an unaccredited course, attended a job interview and entered volunteering)

During the year of 13/14 Cyswllt Contact registered 348 participants, delivered 54 quality assured lifelong learning units, supported 59 participants into employment and 100 into further learning, and delivered 370 positive outcomes.

Examples of the positive affects that peer mentoring had on drug and alcohol service users, both those who volunteered to train as mentors and those who became peers, include:

Case Study 1:

"I was drinking for 45 years. I functioned while drinking for 35 years and in the last ten years it started progressing to detrimental levels where I was getting sick and was made redundant. In the last ten years I did 3 residential detoxes and countless number of community detoxes. Every time I came out of detox, the void alcohol left was always left unfilled. A year ago I came out of residential detox again and met with the Powys Peer Mentor Co-ordinator. From there I went on to the peer mentor training which really helped regain my confidence. I also completed SMI, POVA, Child Protection, First Aid and Mental Health First Aid. I am due to attend ASIST suicide training and Boundaries Training. After completing the Mentor training I met with my first peer. I have been meeting with him on a weekly basis ever since and he is now clean and we are working on his housing. I am also seeing 3 other peers, two of whom are preparing for residential detox and the other is not long out, still a bit shakey, getting used to living without drinking, but I know meeting me as a mentor is helping him in his recovery. I keep very busy with my mentoring and I find helping others through their recovery helps to maintain my own recovery and makes it stronger. I now feel I would like to go on and work within the substance mis-use field so I have started going to college to study and qualify as a Counsellor. Becoming a Peer Mentor has been the most rewarding and beneficial I have done in the whole 45years of my drinking."

Case Study 2:

"I started the Peer Mentoring 2 years ago. I started seeing my mentor for a while and managed to maintain my sobriety so I applied to come on the training for the Peer Mentoring which I completed and got certified. I also completed the Adult Protection and Child Protection Training. I decided to progress my learning and enrolled at college to do the Level 1 in Counselling training. Then I started mentoring some peers who were still drinking, I am meeting my third peer next week. I feel I am really achieving something and it is really satisfying helping other people in need."

In addition to our case studies our partner organisations and other groups in the community have been asked for their opinions on the difference that the volunteering activities make in the local community:

"Penlan is such a special site and it isn't always treated very well by the local community. It's great to see volunteers not just helping out a bit here but getting really interested and involved with the place and even getting quite protective of it." Staff member, Brecknock Wildlife Trust.

"We sometimes feel we're fighting a losing battle trying to keep this area clear of litter - which is horrendous at times - and to stop people trampling the pond edges, now protected by the new hedge. It's encouraged us that volunteers are helping." Staff member, Brecon Leisure Centre.

Cyswllt Contact would like to thank its partner in Powys, Kaleidoscope Project, who kindly shared its premises with Cyswllt Contact.

**REPORT OF THE TRUSTEES
for the Year Ended 5 April 2014**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Drug and Alcohol Treatment Services

Cyswllt Contact is funded by the Welsh Government Substance Misuse Action Fund to deliver harm reduction interventions for drugs and alcohol for adult service users in Ceredigion. Cyswllt Contact services compliment each other and in turn compliment the services delivered by the other members of the Ceredigion Drug and Alcohol Partnership; Prism Ymlaen and Drug Interventions Programme, Ceredigion Community Drug and Alcohol Team and Ceredigion County Council Substance Misuse Team. During this financial year the National Health Service commenced monthly Blood Borne Virus Clinics at the centres in Aberystwyth and Cardigan.

During the year 13/14 Cyswllt Contact delivered 246 unified assessments (gateway to less structured services) and of these 112 attended the Drug and Alcohol Awareness Programme. 54 core assessments (gateway to structured services) were delivered with 25 service users attending the abstinence based Community Rehab Programme, 14 attending the Aftercare programme and 16 attending the evening abstinence group EAGER. 77 service users accessed one to one structured counselling. Cyswllt Contact also administered the Welsh Government funded Naloxone programme with 25 service users being prescribed during the year.

Cyswllt Contact continued to do well against the Welsh Government Performance Indicators with all KPI's within the acceptable criteria of 90% or above. We increased the number of service users who engaged with services between assessment and planned ending of treatment; we achieved a waiting time of not more than 20 working days between referral and treatment; and we achieved the required percentage of cases closed as treatment completed.

Service user outcomes included examples of service users

- achieving and maintaining abstinence;
- successfully working towards, or achieving, custody of children;
- returning to further education;
- finding and maintaining accommodation;
- entering employment;
- commencing treatment for Hepatitis C;
- volunteering to help the marine conservation charity Sea Watch
- completing peer mentoring training and volunteering their time to help others start their recovery from substance misuse.

Floating Support Project

The floating support project specialises in preventing homelessness by helping people to develop their independent living skills. Support is provided for a wide range of issues including managing finances, finding or sustaining suitable accommodation and improving health and well-being. Support is offered through one to one sessions in people's homes or in multi-agency centres and all information is treated with confidence. There are 32 support places available. During the year the floating support project worked with 102 service users.

One service user wrote to Cyswllt Contact to describe his experience of the service.

"I contacted Contact in December 2013 for some support and help with some pressing personal issues. I was extremely depressed after my mother's accident and prognosis. I was also extremely worried regarding my Disability Living Allowance assessment and ongoing situation with my financial situation. Through seeing (a floating support worker) who made suggestions regarding lifestyle (eating properly, getting out and about, the importance of proper strategies for dealing with family etc) that really started to make a difference - even if it was just to make me more aware of these things. A lot of suggestions were really helpful - this helped to reduce my stress levels considerably.

My support worker helped immensely with my dealings with the Department of Work & Pensions (benefits) and prompted me to get things done - very successfully.

I am very glad that I started to see my support worker as she has really helped to see me through what was a very difficult time for me and if I need similar support in the future I will not hesitate to ask to see her again."

**REPORT OF THE TRUSTEES
for the Year Ended 5 April 2014**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Eating Disorder Recovery Programme

Cyswllt Contact continued to develop its eating disorder recovery programme and developed a second group programme to support the families and loved ones of those suffering from an eating disorder. Taking place for two hours on a Wednesday evening in Aberystwyth the group programme supported 20 people over a period of ten months to have a better understanding of the consequences of having an eating disorder and the physical, emotional and psychological effects of their relationship with food. One service user who left the area continued to access the programme using SKYPE.

One of the service users agreed to her story being written up as part of the development of the programme. The name has been changed. Here is an extract:

Ann engaged with Cyswllt Contacts Eating Disorder Recovery Programme, attending 1-1 sessions and the 8 week group. Whilst Amy found this process painful she came to understand that avoiding painful feelings, striving to be perfect and the need to be in control were driving her eating disorder. She learned how to let go, to deal with her feelings in a constructive way, and to accept herself as she is. She learnt thought challenging techniques such as compassionate mind training which helped her to challenge her harsh critical inner voice which pervaded all areas of her life, particularly her relationship with food and body image distress. Another important part of the work Ann undertook whilst attending the group and 1-1's was recognising the importance of planning around food. This helped to alleviate some of her stress and anxiety associated with meal times. She also kept food and feelings diaries, which she was initially resistant to doing. However, she soon learned that keeping diaries was a valuable source of information, which enabled Ann to identify emotional, situational and psychological trigger situations, whether to trigger was to under eat or purge. After completing the programme Ann moved abroad to continue studies for her PHD and is still in recovery.

This project is due to end in June 2014.

Community Outreach Project for Drugs and Alcohol

From May 2013 Cyswllt Contact was funded by the ESF funded WCVA Engagement Gateway to deliver assertive outreach across Dyfed and to support people to move closer to employment. As part of the project the team of four delivered Agored Cymru QALL unit Understanding Substance Misuse and a QCF qualification in Emergency First Aid.

The project began taking referrals in August 2013 and to the end of the financial year registered over 80 participants and delivered over 60 full or part qualifications. This project is due to end in June 2014.

Choices West Service for Young People (in partnership with Drugaid)

From October 2013 Cyswllt Contact worked in partnership with the Drugaid led drugs and alcohol service for young people in Dyfed. This service works with young people using substances and wanting support, with friends and family, regardless of whether the young person is in treatment, and with young people who are affected by others' substance misuse. This project continues until 2016.

Change Step Peer Mentoring Project (in partnership with Drug & Alcohol Charities Wales)

At the end of March 2014 Cyswllt Contact joined in partnership with the members of Drugs and Alcohol Charities Wales (DACW) to deliver the CAIS led peer mentoring project Change Step.

The service will be for military veterans and others with post traumatic stress disorder and a range of psychosocial problems who want to make positive changes in their lives. The service in West Wales will be delivered by a team of three peer mentors and one administrator, based in the Cyswllt Contact managed centre in Cardigan, and will aim to support those seeking help for problems encountered as a result of military or operational duty. The service will offer peer support, training opportunities and signposting to relevant health and welfare services. With funding from LIBOR and the Armed Forces Covenant this service is funded to 2016.

**REPORT OF THE TRUSTEES
for the Year Ended 5 April 2014**

FINANCIAL REVIEW

Reserves policy

The charity seeks to set aside out of its unrestricted funds an amount in order to cover any unexpected short-falls in funding, to cover staff costs of notice and redundancies and the average running costs for one month. At 5 April 2014 the amount was calculated at £84,000. At the end of the financial year there was an increase in reserves from £60,102 to £73,016. During 14/15 the charity will be reviewing its reserves policy with the aim of increasing the level of reserves to match its strategic objectives over the coming years.

Financial Position

Cyswllt Contact has contracts in relation to its core activities that provide us with confidence that the charity is sustainable in the short to medium term future. The charity continues to work on developing projects and on diversifying its funding streams as part of a proactive managed approach. Current funding streams include local authorities, the Welsh Government and private trusts. Cyswllt Contact continues to be a member of Drug and Alcohol Charities Wales (DACW) developing national projects to attract funding.

Policies and Financial management

- The trustees are empowered by the Articles of Association to invest the funds of the Charity as they see fit. Any funds not required for immediate expenditure are placed in a separate bank account until required.
- The trustees confirm that they have identified major risks to which the charity is exposed and have established systems to mitigate these risks.
- All policies and procedures are annually reviewed to ensure they meet the needs of the charity.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Cyswllt Contact Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The O'Brien & Partners were appointed on 19 July 2013 upon the resignation of the previous auditors, Morgan Griffiths LLP. O'Brien & Partners will be proposed for re-appointment at the forthcoming Annual General Meeting.

REPORT OF THE TRUSTEES
for the Year Ended 5 April 2014

ON BEHALF OF THE BOARD :

W M Crockett

W M Crockett - Secretary

Date: *28.10.14*

**REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF
CYSWLLT CONTACT LIMITED (REGISTERED NUMBER: 03061079)**

We have audited the financial statements of Cyswllt Contact Limited for the year ended 5 April 2014 on pages twelve to twenty. The financial reporting framework that has been applied in their preparation is applicable law and the Financial Reporting Standard for Smaller Entities (effective April 2008) (United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities).

This report is made solely to the charitable company's trustees, as a body, in accordance with Section 144 of the Charities Act 2011 and regulations made under Section 154 of that Act. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditors

As explained more fully in the Statement of Trustees Responsibilities set out on page eight, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

The trustees have elected for the financial statements to be audited in accordance with the Charities Act 2011 rather than the Companies Act 2006. Accordingly we have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with regulations made under Section 154 of that Act.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Report of the Trustees to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 5 April 2014 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

**REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF
CYSWLLT CONTACT LIMITED (REGISTERED NUMBER: 03061079)**

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities Act 2011 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements ; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

O'Brien & Partners.

O'Brien & Partners
Chartered Accountants
& Statutory Auditors
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
Highdale House
7 Centre Court
Treforest Industrial Estate
Pontypridd
Mid Glamorgan
CF37 5YR

Date: *29 October 2014*

CYSWLLT CONTACT LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 5 April 2014**

	Notes	Unrestricted funds £	Restricted fund £	5.4.14 Total funds £	5.4.13 Total funds £
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income	2	121,113	-	121,113	120,417
Investment income	3	129	-	129	67
Incoming resources from charitable activities					
Grants and contracts with public bodies	4	238,292	402,228	640,520	588,429
Other incoming resources		-	-	-	2,098
Total incoming resources		<u>359,534</u>	<u>402,228</u>	<u>761,762</u>	<u>711,011</u>
RESOURCES EXPENDED					
Costs of generating funds					
Costs of generating voluntary income	5	-	-	-	14,069
Charitable activities					
Grants and contracts with public bodies	6	375,169	366,344	741,513	738,722
Governance costs	8	<u>10,306</u>	<u>2,221</u>	<u>12,527</u>	<u>18,427</u>
Total resources expended		<u>385,475</u>	<u>368,565</u>	<u>754,040</u>	<u>771,218</u>
NET INCOMING/(OUTGOING) RESOURCES					
		(25,941)	33,663	7,722	(60,207)
RECONCILIATION OF FUNDS					
Total funds brought forward		101,091	885,522	986,613	1,046,820
TOTAL FUNDS CARRIED FORWARD		<u><u>75,150</u></u>	<u><u>919,185</u></u>	<u><u>994,335</u></u>	<u><u>986,613</u></u>

The notes form part of these financial statements

CYSWLLT CONTACT LIMITED (REGISTERED NUMBER: 03061079)

BALANCE SHEET
At 5 April 2014

	Notes	Unrestricted funds £	Restricted fund £	5.4.14 Total funds £	5.4.13 Total funds £
FIXED ASSETS					
Tangible assets	12	2,134	815,336	817,470	849,982
CURRENT ASSETS					
Debtors	13	365,791	-	365,791	541,953
Cash at bank		2,134	106,311	108,445	116,323
		<u>367,925</u>	<u>106,311</u>	<u>474,236</u>	<u>658,276</u>
CREDITORS					
Amounts falling due within one year	14	(294,909)	(2,462)	(297,371)	(521,645)
NET CURRENT ASSETS		<u>73,016</u>	<u>103,849</u>	<u>176,865</u>	<u>136,631</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>75,150</u>	<u>919,185</u>	<u>994,335</u>	<u>986,613</u>
NET ASSETS		<u><u>75,150</u></u>	<u><u>919,185</u></u>	<u><u>994,335</u></u>	<u><u>986,613</u></u>
FUNDS	16				
Unrestricted funds				75,150	101,091
Restricted funds				919,185	885,522
TOTAL FUNDS				<u><u>994,335</u></u>	<u><u>986,613</u></u>

The notes form part of these financial statements

BALANCE SHEET - CONTINUED

At 5 April 2014

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 5 April 2014.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been audited under the requirements of Section 144 of the Charities Act 2011.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Board of Trustees on 28.10.14 and were signed on its behalf by:



W M Crockett - Trustee

CYSWLLT CONTACT LIMITED

Notes to the Financial Statements for the Year Ended 5 April 2014

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, including grants for the purchase of fixed assets, donations and gifts and is included in full in the statement of financial activities when receivable. Grants provided for use in a specific period are recognised in that period. Other grants are recognised when the charity becomes unconditionally entitled to grant.

Donated services and facilities are included at the value of the charity where this can be quantified. The value of training time provided to clients by other agencies is quantified on the basis of teaching hours provided. The value of services provided by volunteers has not been included.

The charity commissions certain services from other agencies on behalf of its clients. Where these services are funded by a third party and paid in cash by the third party directly to the commissioned agency, the value of these services are not included in the charity's accounts.

Income raised to fund the budgeted expenditure of future periods is treated as deferred income in the current period.

Income from investments is included in the year in which it is receivable.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds compromise the costs associated with attracting voluntary income.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resources. Costs relating to a particular activity are allocated directly. Support costs are apportioned on an appropriate basis as described in Note 8.

Where the administrative burden of identifying particular support costs to be charged to a restricted fund is too onerous then these are charged in total to the restricted fund.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Land and buildings	- 2% on cost
Plant and machinery etc	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

CYSWLLT CONTACT LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED for the Year Ended 5 April 2014

1. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. VOLUNTARY INCOME

	5.4.14 £	5.4.13 £
Donations	-	1,764
Grants receivable - government	94,830	95,903
Grants from trusts and businesses	26,283	22,750
	<u>121,113</u>	<u>120,417</u>

3. INVESTMENT INCOME

	5.4.14 £	5.4.13 £
Bank interest receivable	129	67
	<u>129</u>	<u>67</u>

4. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Activity	5.4.14 £	5.4.13 £
Supporting people	Grants and contracts with public bodies	106,368	106,368
DIP	Grants and contracts with public bodies	-	10,244
Ceredigion SMAF	Grants and contracts with public bodies	82,716	100,947
Powys SMAF	Grants and contracts with public bodies	20,000	20,000
WCVA Local Mental Health Scheme	Grants and contracts with public bodies	7,658	6,624
CCC Social Services	Grants and contracts with public bodies	12,309	12,459
Home Office	Grants and contracts with public bodies	-	43,914
ESF Lot 3 Dyfed	Grants and contracts with public bodies	279,555	211,074
ESF Lot 8 Powys	Grants and contracts with public bodies	67,706	69,299
Comic Relief	Grants and contracts with public bodies	15,000	7,500
Engagement Gateway	Grants and contracts with public bodies	49,208	-
		<u>640,520</u>	<u>588,429</u>

CYSWLLT CONTACT LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 5 April 2014

5. COSTS OF GENERATING VOLUNTARY INCOME

	5.4.14	5.4.13
	£	£
Staff costs	-	7,229
Telephone	-	561
Support staff travel	-	1,532
Premises rent and utilities	-	1,235
Equipment repairs	-	649
Office expenses	-	272
Computer costs	-	405
Depreciation	-	2,186
	<u>-</u>	<u>14,069</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct costs	Support costs (See note 7)	Totals
	£	£	£
Grants and contracts with public bodies	<u>556,983</u>	<u>184,530</u>	<u>741,513</u>

7. SUPPORT COSTS

	Management £
Grants and contracts with public bodies	<u>184,530</u>

8. GOVERNANCE COSTS

	5.4.14	5.4.13
	£	£
Staff costs	-	8,677
Accountancy	3,429	3,493
Audit	4,000	3,528
Legal and professional fees	5,098	-
Support staff - other	-	550
Premises costs	-	494
Equipment repairs	-	259
Support - telephone	-	224
Office expenses	-	162
Computer costs	-	109
Other governance costs	-	56
Depreciation	-	875
	<u>12,527</u>	<u>18,427</u>

9. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting):

	5.4.14	5.4.13
	£	£
Depreciation - owned assets	<u>32,512</u>	<u>43,734</u>

CYSWLLT CONTACT LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 5 April 2014

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 5 April 2014 nor for the year ended 5 April 2013.

Trustees' expenses

There were no trustees' expenses paid for the year ended 5 April 2014 nor for the year ended 5 April 2013.

11. STAFF COSTS

	5.4.14	5.4.13
	£	£
Wages and salaries	427,549	407,509
Social security costs	24,711	31,970
Other pension costs	16,933	23,072
	<u>469,193</u>	<u>462,551</u>

The average monthly number of employees during the year was as follows:

	5.4.14	5.4.13
Chief executive	1	1
Programme activities	23	15
Administration and support	5	5
	<u>29</u>	<u>21</u>

No employees received emoluments in excess of £60,000.

12. TANGIBLE FIXED ASSETS

	Land and buildings £	Plant and machinery etc £	Totals £
COST			
At 6 April 2013 and 5 April 2014	<u>849,308</u>	<u>108,687</u>	<u>957,995</u>
DEPRECIATION			
At 6 April 2013	16,986	91,027	108,013
Charge for year	<u>16,986</u>	<u>15,526</u>	<u>32,512</u>
At 5 April 2014	<u>33,972</u>	<u>106,553</u>	<u>140,525</u>
NET BOOK VALUE			
At 5 April 2014	<u>815,336</u>	<u>2,134</u>	<u>817,470</u>
At 5 April 2013	<u>832,322</u>	<u>17,660</u>	<u>849,982</u>

CYSWLLT CONTACT LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 5 April 2014

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	5.4.14	5.4.13
	£	£
Trade debtors	105,804	5,232
Other debtors	259,987	536,721
	<u>365,791</u>	<u>541,953</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	5.4.14	5.4.13
	£	£
Bank loans and overdrafts	34,089	109,171
Trade creditors	29,094	33,207
Taxation and social security	-	16,477
Other creditors	234,188	362,790
	<u>297,371</u>	<u>521,645</u>

15. OPERATING LEASE COMMITMENTS

The following operating lease payments are committed to be paid within one year:

	5.4.14	5.4.13
	£	£
Expiring:		
Between one and five years	-	7,990
	<u>-</u>	<u>7,990</u>

16. MOVEMENT IN FUNDS

	At 6.4.13	Net movement	Transfers	At 5.4.14
	£	in funds	between funds	£
		£	£	
Unrestricted funds				
General fund	60,102	(10,415)	23,329	73,016
Fixed Asset Reserve	40,989	(15,526)	(23,329)	2,134
	<u>101,091</u>	<u>(25,941)</u>	<u>-</u>	<u>75,150</u>
Restricted funds				
Restricted	885,522	33,663	-	919,185
	<u>986,613</u>	<u>7,722</u>	<u>-</u>	<u>994,335</u>
TOTAL FUNDS				
	<u>986,613</u>	<u>7,722</u>	<u>-</u>	<u>994,335</u>

CYSWLLT CONTACT LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 5 April 2014

16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	359,534	(369,949)	(10,415)
Fixed Asset Reserve	-	(15,526)	(15,526)
	<u>359,534</u>	<u>(385,475)</u>	<u>(25,941)</u>
Restricted funds			
Restricted	402,228	(368,565)	33,663
	<u>402,228</u>	<u>(368,565)</u>	<u>33,663</u>
TOTAL FUNDS	<u><u>761,762</u></u>	<u><u>(754,040)</u></u>	<u><u>7,722</u></u>