



Companies House

for the record

Company Name

PERSONNEL HEALTH & SAFETY
CONSULTANTS (NORTHERN)
LIMITED

Company Type

Private Company Limited By
Shares

Company Number

3043389

Information extracted from
Companies House records on
22nd March 2001

363s Annual Return

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.



Section 1: Company details

Ref: 3043389/03/10

Current details

Amended details

- > Registered Office
Address
If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.

13 Middle Row
Maidstone
Kent ME14 1TG

Address

UK Postcode

- > Register of Members
If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.

Address where the Register is held

At Registered Office

Address

UK Postcode

- > Register of Debenture
Holders
If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.

Not Applicable

Address

UK Postcode

- > Principal Business
Activities
If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.

SIC Code

Description

7484

Other business
activities

SIC CODE Description

- > Please enter additional
principal activity code(s) in
"Amended details" column.
See notes for guidance for
list of activity codes.

Section 2: Details of Officers of the Company

	Current details	Amended details
> Company Secretary <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> <i>Particulars of a new Company Secretary must be notified on form 288.</i>	Name Stephen KING Address 60 Grace Avenue Maidstone Kent ME16 0BU	Name Address UK Postcode _ _ _ _ _ Date of change _ _ / _ _ / _ _ _ _ Date Stephen KING ceased to be secretary (if applicable) _ _ / _ _ / _ _ _ _
> Director <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> <i>Particulars of a new Director must be notified on form 288.</i>	Name Nicola Catherine COOTE Address 35 Wayside Avenue Hornchurch Essex RM12 4LL Date of birth 14/03/1961 Nationality British Occupation Consultant	Name Address UK Postcode _ _ _ _ _ Date of birth _ _ / _ _ / _ _ _ _ Nationality _____ Occupation _____ Date of change _ _ / _ _ / _ _ _ _ Date Nicola Catherine COOTE ceased to be director (if applicable) _ _ / _ _ / _ _ _ _
> Director <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> <i>Particulars of a new Director must be notified on form 288.</i>	Name Stephen KING Address 60 Grace Avenue Maidstone Kent ME16 0BU Date of birth 04/08/1955 Nationality British Occupation Consultant	Name Address UK Postcode _ _ _ _ _ Date of birth _ _ / _ _ / _ _ _ _ Nationality _____ Occupation _____ Date of change _ _ / _ _ / _ _ _ _ Date Stephen KING ceased to be director (if applicable) _ _ / _ _ / _ _ _ _

Section 3: Share Capital

	Current details	Amended details
> Issued Share Capital <i>This table shows the total number of shares that have been issued by your company and their Nominal Value. If any of the details are wrong, please fill in the correct details.</i>	Class of share Ordinary A Nominal value of each share £1.00 Number of shares issued 7 Aggregate Nominal Value of issued shares £7.00	Class of share Nominal value of each share Number of shares issued Aggregate Nominal Value of issued shares
	Class of share Ordinary B Nominal value of each share £1.00 Number of shares issued 2 Aggregate Nominal Value of issued shares £2.00	Class of share Nominal value of each share Number of shares issued Aggregate Nominal Value of issued shares
> Total shares issued and value <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Total number of shares issued 9 Total Nominal value of shares issued £9.00	Total number of shares issued Total Nominal value of shares issued
> At the date of this Annual Return, if the company has altered or changed its share capital in any way or allotted new shares, please refer to the guidance notes for details of the appropriate form that should be sent with this Annual Return. Annual return guidance notes are available on the Companies House web site at www.companieshouse.gov.uk or by ringing 029 2038 0801.		

Section 4: Details of Shareholders

- > The details we hold on your company's shareholders and their shareholdings are printed below. These are based on your last Annual Return.
- > If any details have changed, or if any shares have been transferred, please fill in the details in the "Amended details" or "Shares transferred" column.
- > Please give details of any other shareholders in Section 5.

Current details		Amended details		Shares transferred		
> Shareholder Name Miss Nicola Catherine COOTE		Name 		Shares transferred by Miss Nicola Catherine COOTE		
Address 35 Wayside Avenue Hornchurch Essex RM12 4LL		Address 				
Shares held Class Ordinary B		UK Postcode _ _ _ _ _ Shares held Class 				
Number 1	Class Ordinary B	Number 	Class 			
> Shareholder Name Mr Stephen KING		Name 		Shares transferred by Mr Stephen KING		
Address 60 Grace Avenue Maidstone Kent ME16 0BU		Address 				
Shares held Class Ordinary B		UK Postcode _ _ _ _ _ Shares held Class 				
Number 1	Class Ordinary B	Number 	Class 			
> Shareholder Name PERSONNEL HEALTH & SAFETY CONSULTANTS LTD		Name 		Shares transferred by PERSONNEL HEALTH & SAFETY CONSULTANTS LTD		
Address 32 Verdant Lane Catford London SW6		Address 				
Shares held Class Ordinary A		UK Postcode _ _ _ _ _ Shares held Class 				
Number 7	Class Ordinary A	Number 	Class 			

Section 5: Details of Other Shareholders

- > Please fill in details of any persons or corporate bodies who are shareholders of the company at the date of this return, but whose details are not printed in Section 4.
- > Also, provide the details of any persons who became but have ceased to be shareholders of the company since the date of the last annual return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please copy this page if there is not enough space to enter all the company's other shareholders.

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (If appropriate)	Date of registration of transfer (If appropriate)
Name _____ Address _____ _____ _____ UK Postcode - - - - -			
Name _____ Address _____ _____ _____ UK Postcode - - - - -			
Name _____ Address _____ _____ _____ UK Postcode - - - - -			
Name _____ Address _____ _____ _____ UK Postcode - - - - -			



Companies House

— for the record —

363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

1. Declaration

- ☒ I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £15.

Signature

(Director / Secretary)

Date

07 / 04 / 2001

This date must not be earlier than the return date at 2 below

What to do now

Complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below.

2. Date of this return

- ☒ This AR is made up to 7/4/2001
- If you are making this return up to an earlier date, please give the date here

— / — / —

Note: The form must be delivered to CH within 28 days of this date

3. Date of next return

- ☐ If you wish to change your next return to a date earlier than **7th April 2002** please give the new date here:

— / — / —

4. Where to send this form

- ☒ Please return this form to:

Registrar of Companies
Companies House
Crown Way
Cardiff CF14 3UZ

OR

For members of the Hays Document
Exchange service
DX 33050 Cardiff

Have you enclosed the filing fee with the company number written on the reverse of the cheque?

Cheque ☒ Postal Order ☐ Cheque / Postal Order Number 104236

(Please complete as appropriate)

Contact Address

Please give the name and address of the person who should be contacted if there are any queries about this form.

Contact Name

Telephone number *inc code*

Address

DX number *if applicable*

JENNIFER A. COO REGISTERED COMPANY ACCOUNTANTS 13 MOOLE ROW, MAIDSTONE KENT ME11 1UD TEL: 01622 301101 FAX: 01622 301102

DX exchange

Postcode