

Registered Number 03036600

HEALTH CARE EXPRESS LIMITED

Abbreviated Accounts

31 March 2016

Abbreviated Balance Sheet as at 31 March 2016

	Notes	2016	2015
		£	£
Fixed assets			
Tangible assets	2	150,481	151,534
		<u>150,481</u>	<u>151,534</u>
Current assets			
Debtors		2,082	3,172
Cash at bank and in hand		35,193	45,591
		<u>37,275</u>	<u>48,763</u>
Creditors: amounts falling due within one year		(14,217)	(14,050)
Net current assets (liabilities)		<u>23,058</u>	<u>34,713</u>
Total assets less current liabilities		<u>173,539</u>	<u>186,247</u>
Creditors: amounts falling due after more than one year		(36,807)	(52,129)
Total net assets (liabilities)		<u>136,732</u>	<u>134,118</u>
Capital and reserves			
Called up share capital	3	100	100
Profit and loss account		136,632	134,018
Shareholders' funds		<u>136,732</u>	<u>134,118</u>

- For the year ending 31 March 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 13 December 2016

And signed on their behalf by:

K K AU, Director

Notes to the Abbreviated Accounts for the period ended 31 March 2016**1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Tangible assets depreciation policy

Depreciation is provided to write-off the cost, less estimated residual values of all tangible assets over their expected useful lives at the following rate:

Fixtures & fittings - 25% reducing balance

2 Tangible fixed assets

	£
Cost	
At 1 April 2015	211,116
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 March 2016	<u>211,116</u>
Depreciation	
At 1 April 2015	59,582
Charge for the year	1,053
On disposals	-
At 31 March 2016	<u>60,635</u>
Net book values	
At 31 March 2016	<u>150,481</u>
At 31 March 2015	<u>151,534</u>

As the freehold property is an investment property, no provision has been made for depreciation of freehold property.

3 Called Up Share Capital

Allotted, called up and fully paid:

	2016	2015
	£	£
100 Ordinary shares of £1 each	100	100

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