

Please complete in typescript,
or in bold black capitals.

Appointment of director or secretary**Company Number**

3022144

Company Name in full

AC AC Ltd.



F288AC40

Date of appointment	Day	Month	Year	†Date of Birth	Day	Month	Year
	31	01	96		28	12	31

Appointment form

Appointment as director



as secretary



Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes.

NAME

*Style / Title

*Honours etc

Notes on completion
appear on reverse.

Forename(s)

ROY

Surname

FORMAN

Previous
Forename(s)Previous
Surname(s)**Usual residential
address**

THE BEACON COTTAGE, CRIPPS CORNER ROAD

Post town

STAPLECROSS

Postcode

TN32 5QR

County / Region

EAST SUSSEX

Country

U.K.

†Nationality

BRITISH

†Business occupation

COMPANY
DIRECTOR

†Other directorships
(additional space overleaf)

AGE CONCERN ENTERPRISES LTD,
AGE CONCERN INSURANCE SERVICES LIMITEDI consent to act as ** director / ~~secretary~~ of the above named company**Consent signature**X *R Forman*

Date

X 21.01.96.

* Voluntary details.

† Directors only.

A director, secretary etc must sign the form below.**Signed***CD Davies*

Date

30.01.96

** Please delete as appropriate

(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query.



CAROLYN DAVIES

LINHAM HOUSE, ASHBURTON, DEVON.

TQ13 7UP

Tel (01364) 654321

DX number

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff

for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

Company Number

3022144

† Directors only.

† Other directorships

GENERAL HEALTHCARE GROUP PLC
DENPLAN DEVELOPMENTS LIMITED

DENPLAN LIMITED DENPLAN GROUP PLC
FAMILY HEALTH PLAN LIMITED

PRINCIPAL INVESTMENT MANAGEMENT LIMITED
PRIPLAN INVESTMENTS LIMITED

PRINCIPAL MANAGEMENT SERVICES LIMITED
PPP FINANCIAL SERVICES LIMITED

PPP INSURANCE SERVICES LIMITED
PRIVATEPATIENTS PLAN LIMITED

PPP LIFETIME PLC

THE PROVIDENT ASSOC. FOR MEDICAL
CARE LIMITED.

PPR LIMITED

THE ORERA COMPANY

APP MEDIPLAN LIMITED

THE HORDER CENTRE FOR ARTHRITIS

PPP SALES LIMITED

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or preceded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.