

Abbreviated Unaudited Accounts for the Year Ended 30 June 2016

for

Bodygold Limited

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for the Year Ended 30 June 2016

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Bodygold Limited

Company Information
for the Year Ended 30 June 2016

DIRECTOR: Mrs C L Hollis

SECRETARY: Ms L M Hollis

REGISTERED OFFICE: Aroma House
Kingsnorth Industrial Estate
Ashford
Kent
TN23 6LN

REGISTERED NUMBER: 03012456 (England and Wales)

ACCOUNTANTS: Aspreys Chartered Certified Accountants
22 Fauchons Lane
Bearsted
Maidstone
Kent
ME14 4AH

Abbreviated Balance Sheet
30 June 2016

	Notes	30.6.16 £	£	30.6.15 £	£
FIXED ASSETS					
Tangible assets	2		293		645
CURRENT ASSETS					
Stocks		7,045		12,200	
Debtors		27,011		42,519	
Cash at bank		217		764	
		<u>34,273</u>		<u>55,483</u>	
CREDITORS					
Amounts falling due within one year		<u>4,884</u>		<u>42,469</u>	
NET CURRENT ASSETS			<u>29,389</u>		<u>13,014</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>29,682</u>		<u>13,659</u>
CAPITAL AND RESERVES					
Called up share capital	3		100		100
Profit and loss account			<u>29,582</u>		<u>13,559</u>
SHAREHOLDERS' FUNDS			<u>29,682</u>		<u>13,659</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2016 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 22 March 2017 and were signed by:

Mrs C L Hollis - Director

Notes to the Abbreviated Accounts
for the Year Ended 30 June 2016

1. **ACCOUNTING POLICIES**

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Plant and machinery 25% reducing balance basis

Fixtures, fittings & equipment 33% reducing balance basis

Motor vehicles 25% reducing balance basis

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

2. **TANGIBLE FIXED ASSETS**

COST

At 1 July 2015

and 30 June 2016

Total
£

6,324

DEPRECIATION

At 1 July 2015

5,679

Charge for year

352

At 30 June 2016

6,031

NET BOOK VALUE

At 30 June 2016

293

At 30 June 2015

645

3. **CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

Number:

Class:

Nominal
value:

30.6.16
£

30.6.15
£

100

Ordinary

1

100

100

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.