

Charity No 1060063
Company No 3004224

Newcastle Healthy City Limited
(A company limited by guarantee)

Financial Statements
for the year ended 31 March 2010

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Newcastle Healthy City Limited

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Newcastle Healthy City Limited

Company Information

Charity Number	1060063	
Company Number	3004224	
Principal office	14 Great North Road Newcastle upon Tyne NE2 4PS	
Trustees/Directors	Tim Hibbert Shamshad Iqbal Iain Kitt Bill Ions John Telfer Angela Wallis Steve Whitley	(Chair) (Vice Chair) Resigned 5 th Feb 2010 (Vice Chair)
Secretary	Bill Ions	
Chief Executive Officer	Heidi Jobling Anne Burleigh Peter Kenrick	(Acting) April – May 2009 May – Dec 2009 (Interim) Jan – March 2010
Auditors	HW Chartered Accountants & Statutory Auditors Floor 11, Cale Cross House 156 Pilgrim Street Newcastle upon Tyne NE1 6SU	
Bankers	Co-operative Bank Plc Grey Street Newcastle upon Tyne Bank of Scotland 41/51 Grey Street Newcastle upon Tyne NE1 6EE	

Newcastle Healthy City Limited

Trustees' Report for the year ended 31 March 2010

The directors as trustees present their report and audited financial statements for the year ended 31 March 2010

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, it was incorporated on 21 December 1994 and registered as a charity on 10 January 1997. The company was established under a Memorandum of Association, which shows the objects and powers of the charitable company and is governed by the Articles of Association. In the event of the charitable company being wound up the members are required to contribute an amount not exceeding £1.

Appointment of trustees

The directors of the company are also charity trustees for the purpose of company law. Under the requirements of the Memorandum and Articles, the members of the Board of Directors are elected by the membership of the Charity. Each year, a third of the directors who have been the longest in office will stand down from the Board.

All members give their time voluntarily and received no benefits from the charity during the year. Any expenses reclaimed are set out in note 6 to the accounts.

Organisational structure

Newcastle Healthy City's Board of Directors have ultimate responsibility for the decisions made in the name of the organisation. They have two technical sub-groups that address the financial management and personnel policy and management. There are also steering groups for each of the projects that set the direction of the programmes. A Director and/or the Chief Executive or Deputy Chief Executive provides the link between the Board and the Steering Groups.

Trustee induction and training

All new directors have an induction meeting with the Chief Executive.

Newcastle Healthy City Limited

Trustees' Report for the year ended 31 March 2010

Public benefit

We have reviewed our objectives in line with the Charity Commission guidance and have identified that the focus of our work is of significant public benefit. This ranges from individuals volunteering their time with a project through to working with statutory partners to address health inequalities in Newcastle upon Tyne.

Our objects and funding restrict our services to the area of Newcastle upon Tyne, however we also participate in regional and national forums to raise awareness of issues and concerns.

We have a strong commitment to Equality and Diversity and, as part of this, our services are free. We recognise that there are a variety of barriers in discriminated and marginalised groups accessing services and we endeavour to reduce these barriers.

We provide a variety of services, some delivering direct services to the public, some raising awareness and campaigning and networking. We publicise our services widely and encourage participation and involvement from all groups and there is no restriction. We benefit the public by flagging up issues and collating views, we provide information and opportunities for people to share experiences. We encourage decision makers to listen to the concerns and encourage communication between the parties.

Trustees

The following trustees have held office during the year:

Tim Hibbert
Iain Kitt
Bill Ions
John Telfer
Angela Wallis
Steve Whitley

Co-opted Trustees

Mitchell Brown
Doreen Huddart
Tony Leather
Trevor Moon
Helen Robson

Newcastle Healthy City Limited

Trustees' Report for the year ended 31 March 2010

Risk management

The trustees have adopted a risk register. The trustees have agreed that the Chief Executive completes the register and submits it for review annually. The register details significant risks to which the Trust is exposed and steps to mitigate those risks. A full copy of the register is held at the Healthy City office. The register covers five areas:

- Governance and management
- Operations
- Finance and administration
- Human resources
- Physical resources

OBJECTIVES AND ACTIVITIES

Our charity's purposes as set out in the objects are:

- (i) To promote for the public benefit in and around the City of Newcastle upon Tyne ("The Project Area") good practice in public health and primary health care,
- (ii) To relieve poverty, hardship and distress associated with poor health for all those living or working within the Project Area,
- (iii) To advance education relating to the benefits of good health and to the implications for all those living or working within the Project Area of poor health amongst individuals, agencies, authorities, voluntary and community organisations, academic institutions, companies, firms and trade unions.

The charity's objectives and principal activities are:

- To reduce health inequalities in Newcastle upon Tyne
- To support the development of community initiatives
- To encourage involvement and engagement with hard to reach out to groups

Newcastle Healthy City Limited

Trustees' Report for the year ended 31 March 2010

OBJECTIVES AND ACTIVITIES (continued)

NHC aims to promote health and reduce health inequalities by adopting a holistic view, working through multi sector partnerships and with communities. Its activities include

- Attending forums and events
- Increasing communication
- Offering opportunities for networking and sharing ideas
- Raising awareness and providing information
- Commenting on Health and Social Policy
- Providing management and support to initiatives which demonstrate a healthy city approach
- Working with sister projects through the World Health Organisation

A significant part of these objectives are met by the activities and work of the projects that provide Carers Support, Community Involvement and Engagement, Environmental lobbying and challenges, Health – Older People, Health - Black and Minority Ethnic, Healthy Eating and supporting people who are deaf or hard of hearing

The City Council has been successful in securing WHO Healthy City status for a further four years under Phase V of the WHO Healthy Cities Programme and NHC has committed itself to work closely with the Council to help achieve the objectives of the programme

NHC's Board of Directors work to develop a strategy with the core staff team to target priorities for the organisation, the appropriate delivery of services to projects, management of standards and ensuring that we have the resources to maintain them. Each of the projects is supported to work with their users to develop specific strategic plans for their area of work. These plans will be used for ongoing monitoring and evaluation

The setting up of the Citizens Assembly during the year, involving work with community groups to identify the improvements they would like to see in the City and work with service providers to bring these ideas to fruition, has provided a platform for discussion between the citizens of Newcastle and the Newcastle Partnership on city-wide issues. It has also demonstrated NHC's strong commitment to encourage growth in civic society and citizenship

NHC has embarked on a comprehensive review of its governance arrangements. A Sub Group of the Board of Directors has been set up and meets periodically to review different aspects of governance. The process is being led by the Interim Chief Executive, supported by a consultant who has considerable experience in governance review in the voluntary sector. The main part of the governance review is expected to be complete by July 2010

Newcastle Healthy City Limited

Trustees' Report for the year ended 31 March 2010

ACHIEVEMENTS AND PERFORMANCE

The work of NHC continues to address health inequalities and access in many ways. Set out below are some of the achievements of the projects over the past year.

Deaflink – the Healthy Eating and Fitness group was featured in a "See Hear" programme on BBC2, through the Citizens Assembly, Nexus was persuaded to introduce electronic displays on Metro trains, worked with the Council's Sensory Support Team to host a Direct Payments event,

Carers Centre – planned and delivered a Carers Rights Day in December 2009 on behalf of the City Council, secured funding to deliver training to health & social care workers re the National Carers Strategy,

Quality of Life Partnership – intergenerational work, invitation to be First Stop exemplar, 'Just what I need' information campaign and First Contact Advice & Information Pilot with Newcastle Housebound Readers' Service,

Community Food Initiative – production of a report on Community Based Food & Health Activities in Newcastle, production of Infood newsletters, CFI grant scheme and Food in the Community section of the Newcastle Obesity Strategy,

Health & Race Equality Forum – production of weekly electronic information bulletins about range of NHS primary and community care provision, work with Deaflink to extend access to maternity, sexual health and mental health provision, production of information in response to identified need in BME communities, equality & diversity training for a range of health professionals

The projects also work with the Citizens Assembly to provide a platform for citizens whose voices are not normally heard. 160 people attended the first Citizens Assembly event in October 2009 and 140 attended the Feedback event in March 2010. The evaluation of the Citizens Assembly by Northumbria University has been well received by the Council and the Newcastle Partnership.

Newcastle Healthy City Limited has also continued to influence policy making and decision makers in Newcastle upon Tyne.

FINANCIAL REVIEW

Results

The fund balances carried forward at 31 March 2010 show a total of £711,332 (2009 £761,136). The majority is represented by cash balances. Of these funds £566,261 (2009 £621,867) are restricted funds.

An operating deficit of £49,804 (2009 £86,363 surplus) is shown on the Statement of Financial Activities. £56,310 (2009 £45,161 surplus) of this deficit was in relation to restricted funds, further details of which can be found in note 12.

Newcastle Healthy City Limited

Trustees' Report for the year ended 31 March 2010

Principal funding sources

Our principal sources of funding are Newcastle City Council and Newcastle Primary Care Trust. Thanks to them for their support which has enabled us to,

- continue to empower disadvantaged communities including older people, carers, deaf people and people from black minority ethnic communities,
- develop partnership infrastructure including the Quality of Life Partnership and Newcastle Carers Centre
- Address key health issues such as access to healthy food and sustainable waste management

As a result of the recession nationally, public expenditure will be significantly reduced over the next 3 years or so. This is bound to have a considerable impact on voluntary and community organisations support from public funds either through the City Council or the Primary Care Trust. Alongside the governance review, NHC is undertaking a widespread review of its funding based on different scenarios, with the aim of clarifying likely funding sources for 2011/12 onwards.

Accounting policies

The accounting policies of the charity have not changed during the year.

The trustees confirm that the accounts comply with the statutory requirements of the Charity's governing document.

Reserves policy

The trustees have agreed a policy of maintaining unrestricted reserves at a minimum of 33% of annual expenditure of the "core" project. The trustees have designated £40,000 to meet legal obligations linked to possible future redundancies, which may arise on cessation of projects or restructuring of the organisation and £50,000 as a contingency fund to cover "core" costs in the event of reduced funding. Reserves are also held by various projects operating under the umbrella of Newcastle Healthy City. These funds are restricted for planned developments within each individual project to ensure that objectives are delivered.

Investments policy

The trustees are determined to hold all unutilised balances on deposit within the Co-operative Bank Plc and the Bank of Scotland for the time being.

Political contributions

The Charity made no political contributions during the year.

Newcastle Healthy City Limited

Trustees' Report for the year ended 31 March 2010

PLANS FOR THE FUTURE

Newcastle Healthy City is facing up to the future with a wide ranging review of its governance arrangements, its budgets and its sources of funding. This work will enable us to identify clear outcomes for all aspects of our work and say how our activities help to meet the targets and outcomes of public bodies, in particular the City Council and the Primary Care Trust. These reviews will be complete by early Autumn 2010 and will enable NHC to then present a strong case for funding from April 2011 and beyond.

Working in partnership with the City Council, which now leads on WHO Healthy Cities Phase V programme, NHC will show how its projects contribute to the core WHO themes and will work with the wider voluntary and community sector, and other bodies, to help achieve the objectives of the WHO programme.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also directors of Newcastle Healthy City Limited for the purpose of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to

- select suitable accounting policies and apply them consistently,
- observe the methods and principles in the Charities SORP,
- make judgements and estimates that are reasonable and prudent,
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements,
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Newcastle Healthy City Limited

**Trustees' Report
for the year ended 31 March 2010**

STATEMENT OF TRUSTEES' RESPONSIBILITIES (continued)

In so far as the trustees are aware

- there is no relevant audit information of which the charitable company's auditors are unaware, and
- They have taken all the steps that ought to have been taken as directors in order to make themselves aware of any relevant audit information and to establish that the charity's auditors are aware of that information

AUDITORS

A resolution proposing that HW be reappointed as auditors of the company will be put to the Annual General Meeting

This report was approved by the trustees on 16 September 2010

Signed on behalf of the Board



Iain Kitt – Chair

Newcastle Healthy City Limited

Independent Auditors' Report to the Members of Newcastle Healthy City Limited

We have audited the financial statements of Newcastle Healthy City Limited for the year ended 31 March 2010 which comprise the statements of financial activities, the balance sheet, and the related notes on pages 12 to 26. These financial statements have been prepared under the accounting policies set out therein and the Financial Reporting Standard for Smaller Entities effective April 2008.

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditors

The trustees' (who are also directors of Newcastle Healthy City Limited for the purposes of company law) responsibilities for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and for being satisfied that the financial statements give a true and fair view are set out in the Statement of Trustees' Responsibilities.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view, have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice and have been prepared in accordance with the Companies Act 2006. We also report to you whether in our opinion the information given in the Trustees' Annual Report is consistent with the financial statements.

In addition we report to you if, in our opinion, the charity has not kept adequate accounting records, if the financial statements are not in agreement with the accounting records and returns, if we have not received all the information and explanations we require for our audit, or if certain disclosures of trustees' remuneration specified by law are not made.

We read the Trustees' Annual Report and consider the implications for our report if we become aware of any apparent misstatements within it.

Basis of audit opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charity's circumstances, consistently applied and adequately disclosed.

Newcastle Healthy City Limited

**Independent Auditors' Report (continued .)
to the Members of Newcastle Healthy City Limited**

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud, other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

Opinion

In our opinion

- the financial statements give a true and fair view of the state of the charitable company's affairs as at 31 March 2010, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended,
- the financial statements have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities,
- the financial statements have been prepared in accordance with the Companies Act 2006,
- the information given in the Trustees' Annual Report is consistent with the financial statements

D Bulmer

**D Bulmer (Senior Statutory Auditor)
For and behalf of HW**

20 September 2010

Chartered Accountants &
Statutory Auditors

Floor 11, Cale Cross House
156 Pilgrim Street
Newcastle upon Tyne
NE1 6SU

Newcastle Healthy City Limited

**Statement of Financial Activities (including Income and Expenditure Account)
for the year ended 31 March 2010**

	Notes	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total Funds 2010 £	Total Funds 2009 £
Incoming Resources						
Incoming resources from generated funds						
Investment income	3	6,490	-	2,593	9,083	21,751
Incoming resource from charitable activities						
	2	225,177	-	749,549	974,726	1,035,982
Total incoming resources		231,667	-	752,142	983,809	1,057,733
Resources expended						
Charitable activities	4	217,612	-	808,452	1,026,064	962,838
Governance costs	5	7,549	-	-	7,549	8,532
Total resources expended		225,161	-	808,452	1,033,613	971,370
Net (outgoing)/incoming resources before transfers						
		6,506	-	(56,310)	(49,804)	86,363
Transfers		(704)	-	704	-	-
Net movement in funds		5,802	-	(55,606)	(49,804)	86,363
Reconciliation of funds						
Total funds brought forward		49,269	90,000	621,867	761,136	674,773
Total funds carried forward		55,071	90,000	566,261	711,332	761,136

All incoming resources and resources expended derive from continuing activities
There have been no recognised gains or losses other than the deficit for the year

The notes on pages 14 to 26 form part of these financial statements

Newcastle Healthy City Limited

Balance Sheet
as at 31 March 2010

	Notes	Unrestricted £	Designated £	Restricted £	2010 £	2009 £
Fixed assets						
Tangible assets	9	2,191	-	1,812	4,003	14,694
Current assets						
Debtors	10	32,768	-	124,169	156,937	23,770
Cash		26,692	90,000	499,193	615,885	733,188
		59,460	90,000	623,362	772,822	756,958
Creditors amounts falling due within one year	11	(6,580)	-	(58,913)	(65,493)	(10,516)
Net current assets		52,880	90,000	564,449	707,329	746,442
Total assets less current liabilities		55,071	90,000	566,261	711,332	761,136
Funds		55,071	90,000	566,261	711,332	761,136

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime of the Companies Act 2006

Approved by the Board on 16 September 2010 and signed on its behalf



Iain Kitt
Chair

Company Number 3004224

The notes on pages 14 to 26 form part of these financial statements

Newcastle Healthy City Limited

Notes to the Financial Statements for the year ended 31 March 2010

1. Accounting Policies

The financial statements have been prepared in accordance with the applicable accounting standards, the Companies Act 2006 and the Statement of Recommended Practice, Accounting and Reporting by Charities issued in March 2005

The company has taken advantage of the exemption from preparing a cash flow statement as confirmed by Financial Reporting Standards No 1 (revised 1996) on the ground that it is a small company under the Companies Act 2006

a) Accounting Convention

The financial statements have been prepared under the historical cost convention

b) Incoming Resources

Donations

Income from donations is included in incoming resources when they are receivable

Grants from Government, Local and Health Authorities

Grant income from government, local and health authorities are included in incoming resources when they are receivable

Investment Income (Interest Receivable)

Interest is included when receivable by the charity

Deferred Income

Incoming resources subject to donor imposed conditions that specify the time period in which the expenditure of resources can take place are recognised over the time period imposed

c) Resources Expended

Resources expended are brought into the financial statements as they are incurred on an accruals basis

Certain expenditure is directly attributable to specific activities and has been included in those cost categories. Certain other costs, which are attributable to more than one project, are apportioned on the basis of the number of full time staff employed by the project

Newcastle Healthy City Limited

Notes to the Financial Statements (continued...) for the year ended 31 March 2010

d) Grants Payable

Grants payable are charged in the year that they are approved by the trustees and agreed with the other party

e) Cost of Managing and Administering the Charity

These represent costs incurred attributable to the management of the charity's assets, organisational administration and compliance with constitutional and statutory requirements

f) Depreciation

Depreciation of fixed assets is calculated to write off their cost less any residual value over their useful economic lives as follows

Fixtures and fittings	25% straight line
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g) Pensions

Contributions are charged to the income and expenditure account as they become payable in accordance with the rules of the scheme Refer to note 7 for further details

h) Operating leases

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged to the income and expenditure account as incurred

i) Fund accounting

Funds held by the charity are either

- Unrestricted general funds – these are funds which can be used in accordance with the charitable objects at the discretion of the trustees
- Restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the charity Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes
- Designated funds – these are funds that have been designated for specific purposes as outlined in note 13

Newcastle Healthy City Limited

Notes to the Financial Statements (continued. .) for the year ended 31 March 2010

2. Incoming resources from charitable activities

The sources of material grants and the category of income in which the grants are reported are set out below -

	Unrestricted Funds	Restricted Funds	Total 2010	Total 2009
	£	£	£	£
Local Authorities	180,045	368,772	548,817	661,580
Newcastle Primary Care Trust	44,961	202,942	247,903	185,223
County Durham Primary Care Trust	-	15,548	15,548	13,426
Northern Rock Foundation	-	-	-	28,624
Other	171	162,287	162,458	147,129
	<u>225,177</u>	<u>749,549</u>	<u>974,726</u>	<u>1,035,982</u>

3. Investment income

	Unrestricted Funds	Restricted Funds	Total 2010	Total 2009
	£	£	£	£
Interest received	6,490	2,593	9,083	21,751
	<u>6,490</u>	<u>2,593</u>	<u>9,083</u>	<u>21,751</u>

Newcastle Healthy City Limited

Notes to the Financial Statements (continued. .)
for the year ended 31 March 2010

4. Total resources expended

	Unrestricted Funds £	Restricted Funds £	Total 2010 £	Total 2009 £
Charitable activities expenditure				
Salaries & related costs (note 6)	176,644	482,537	659,181	699,717
Indirect salary costs	-	135,674	135,674	40,819
Grants (note 16)	-	11,004	11,004	20,728
Sub-contractor costs	16,326	61,226	77,552	46,167
Meetings & attending conferences	7,275	3,611	10,886	11,288
Rent	22,809	-	22,809	11,645
Rates, light and heat	8,360	-	8,360	8,745
Insurance	2,327	-	2,327	2,272
Travel	1,412	9,678	11,090	8,160
Telephone	3,036	5,323	8,359	7,715
Project expenses	-	9,069	9,069	13,774
Equipment	1,152	1,893	3,045	1,247
Advertising, brochures and PR	-	-	-	8,843
Printing, postage and stationery	13,778	10,325	24,103	21,607
Fundraising resources	-	12,662	12,662	13,553
Recruitment costs	-	1,294	1,294	6,175
Training	572	4,453	5,025	8,972
Repairs, maintenance and IT support	5,986	868	6,854	8,346
Publications and subscriptions	77	518	595	539
Depreciation	2,338	1,586	3,924	17,312
Bank charges	224	40	264	184
Cleaning	1,911	2,095	4,006	3,312
Sundry expenses	486	370	856	1,718
Loss on disposal of fixed assets	-	7,125	7,125	-
Recharge of overheads	(47,101)	47,101	-	-
	<u>217,612</u>	<u>808,452</u>	<u>1,026,064</u>	<u>962,838</u>

Newcastle Healthy City Limited

Notes to the Financial Statements (continued)
for the year ended 31 March 2010

4. Total resources expended (continued...)

Included within restricted funds are the following activities

	Carers support £	Community empowerment £	Environment £	Health older people £	Health BME £	Others £	Total £
Salaries & related costs	240,733	16,828	4,921	98,767	40,983	80,305	482,537
Indirect salary costs	135,674	-	-	-	-	-	135,674
Grants (note 16)	6,513	-	389	-	-	4,102	11,004
Sub-contractor costs	27,182	-	10,233	-	1,180	22,631	61,226
Meetings & attending conferences	2,087	-	206	98	460	760	3,611
Travel	7,907	64	-	109	89	1,509	9,678
Telephone	288	-	55	-	172	4,808	5,323
Project expenses	7,953	-	-	26	1,068	22	9,069
Equipment	659	-	30	-	-	1,204	1,893
Advertising	-	-	-	-	-	-	-
Printing, postage and stationery	6,357	-	649	-	98	3,221	10,325
Fundraising resources	8,708	-	-	-	-	3,954	12,662
Recruitment costs	-	-	-	-	647	647	1,294
Training	3,927	-	-	-	150	376	4,453
Maintenance and IT support	601	-	-	-	97	170	868
Publications and subscriptions	-	-	272	-	-	246	518
Depreciation	877	-	208	-	-	501	1,586
Bank charges	40	-	-	-	-	-	40
Cleaning	2,095	-	-	-	-	-	2,095
Sundry expenses	149	94	-	100	-	27	370
Loss on disposal of fixed assets	-	6,727	-	-	57	341	7,125
Recharge of overheads	16,500	-	1,626	6,000	7,000	15,975	47,101
	<u>468,250</u>	<u>23,713</u>	<u>18,589</u>	<u>105,100</u>	<u>52,001</u>	<u>140,799</u>	<u>808,452</u>

Newcastle Healthy City Limited

**Notes to the Financial Statements (continued...)
for the year ended 31 March 2010**

4. Total resources expended (continued...)

Included within direct costs are support costs of

	Unrestricted Funds £	Restricted Funds £	Total 2010 £	Total 2009 £
Staff costs	66,352	7,699	74,051	94,847
	<hr/>	<hr/>	<hr/>	<hr/>

5. Governance Costs

Figures are inclusive of VAT

	Unrestricted Funds £	Restricted Funds £	Total 2010 £	Total 2009 £
Audit and Accountancy (note 8)	6,689	-	6,689	7,032
Annual report	860	-	860	1,500
	<hr/>	<hr/>	<hr/>	<hr/>
	7,549	-	7,549	8,532
	<hr/>	<hr/>	<hr/>	<hr/>

Newcastle Healthy City Limited

Notes to the Financial Statements (continued .) for the year ended 31 March 2010

6. Staff Costs

	2010 £	2009 £
Wages and salaries	550,519	587,092
Social security costs	45,684	45,111
Pension contributions	62,978	67,514
	<u>659,181</u>	<u>699,717</u>

No employees earned more than £60,000 p a (2009 none)

The average number of persons employed during the year was -

	2010 No.	2009 No.
Programme development and support	23	24
Management and administration	3	3
	<u>26</u>	<u>27</u>

No remuneration to trustees or expense reimbursements were made during the year (2009 Nil)

7. Pension Scheme

The trust participates in the Tyne and Wear Pension Fund for its employees

Under the definitions set out under Financial Reporting Standard 17 (Retirement Benefits), the Tyne and Wear Pension Fund is a multi-employer pension scheme. The trust is unable to identify its share of the underlying assets and liabilities of the scheme. Accordingly, the trust has taken advantage of the exemption in FRS 17 and has accounted for its contributions as if it were a defined contributions scheme.

The Tyne & Wear Pension Fund (the lead body) is valued every three years by a professionally qualified independent actuary using the projected unit method for most employers or the attained age method for some employers closed to new entrants. The rates of contribution payable are calculated by the actuary. The latest actuarial assessment of the fund was at 31 March 2007. The assumptions and other data that have the most significant effect on contribution levels are as follows -

Newcastle Healthy City Limited

Notes to the Financial Statements (continued...) for the year ended 31 March 2010

7. Pension Scheme - Continued

	Current Valuation 31/3/07	Previous Valuation 31/3/04
Assumptions		
Price inflation	3.20%	2.90%
Salary scale increases per annum	4.70%	4.50%
Pension increases per annum	3.20%	2.90%
Investment returns per annum		
Equity/Property assets	5.70%	6.45%
Bonds	4.70%	5.20%
Other Data		
Market value of assets (£million)	3,726.5	2,355.7
Proportion of members' accrued benefits covered by the actuarial value of the assets	79.0%	64.0%

Pension contributions payable for the year ended 31 March 2010 amounted to £62,978 (2009: £67,514) and there were 13 employees (2009: 19) participating in the scheme during the year.

On 23 March 2010 additional pension contributions of £7,225 were agreed with the Tyne and Wear Pension Fund payable in financial year 2010/11 to reduce the pension deficit.

8. Movement in Total Funds For The Year

	2010 £	2009 £
This is stated after charging		
Depreciation	3,924	17,312
Auditors' remuneration		
external audit	3,296	3,226
other services	3,393	3,814
	<hr/>	<hr/>

Newcastle Healthy City Limited

**Notes to the Financial Statements (continued ..)
for the year ended 31 March 2010**

9. Tangible Fixed Assets

	Fixtures & Fittings £
Cost	
At 1 April 2009	70,587
Additions	358
Disposals	(38,098)
At 31 March 2010	<u>32,847</u>
Depreciation	
At 1 April 2009	55,893
Charge for the year	3,924
Disposals	(30,973)
At 31 March 2010	<u>28,844</u>
Net Book Value	
At 31 March 2010	<u>4,003</u>
At 31 March 2009	<u>14,694</u>

10 Debtors

	2010 £	2009 £
Grants receivable	155,624	22,500
Prepayments	1,313	1,270
	<u>156,937</u>	<u>23,770</u>

Newcastle Healthy City Limited

**Notes to the Financial Statements (continued...)
for the year ended 31 March 2010**

11. Creditors: amounts falling due within one year

	2010	2009
	£	£
Accruals	65,493	10,516
Deferred income	-	-
	<u>65,493</u>	<u>10,516</u>

12. Restricted funds

	Balance At 31 March 2009 £	Incoming Resources £	Resources Expended £	Transfers	Balance At 31 March 2010 £
Senior Citizens in Newcastle	35,225	863	(2,333)	-	33,755
Quality of Life Partnership	10,425	111,280	(102,767)	-	18,938
HAREF	61,683	51,330	(52,001)	-	61,012
Community Food Initiative	23,686	52,785	(45,118)	-	31,353
BAN Waste	8,492	4,586	(11,882)	-	1,196
Deaf Link	24,882	91,534	(87,549)	-	28,867
CDW – Innovation account	3,000	-	(2,648)	-	352
WHO Conference	434	-	(434)	-	-
Community Empowerment Network	25,011	-	(23,713)	(1,298)	-
Newsletter	-	-	(2,002)	2,002	-
North Public Health	439	-	-	-	439
Carers Centre	419,895	435,925	(468,250)	-	387,570
Exhibition Park	(63)	3,839	(1,473)	-	2,303
Little Wasters	3,000	-	(3,000)	-	-
Save the Green	2,234	-	(2,234)	-	-
Friends of Persian Library	476	-	-	-	476
Tall Ships Event	3,048	-	(3,048)	-	-
	<u>621,867</u>	<u>752,142</u>	<u>(808,452)</u>	<u>704</u>	<u>566,261</u>

All restricted funds are for projects to promote the health of citizens and reduce the inequalities in health between communities within the City of Newcastle upon Tyne. Sufficient funds exist to meet the requirements of the above projects.

Newcastle Healthy City Limited

**Notes to the Financial Statements (continued...)
for the year ended 31 March 2010**

13. Designated funds

	Balance At 31 March 2009 £	Incoming Resources £	Resources Expended £	Transfers	Balance At 31 March 2010 £
Restructuring	40,000	-	-	-	40,000
Contingency	50,000	-	-	-	50,000
	<u>90,000</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>90,000</u>

Restructuring fund to meet legal obligations linked to possible future redundancies and pension obligations

Contingency fund to cover "core" costs in the event of reduced funding

Newcastle Healthy City Limited

Notes to the Financial Statements (continued .)
for the year ended 31 March 2010

14 Analysis of net assets between funds

	Fixed Assets £	Debtors £	Cash/ Bank £	Creditors £	Total £
Unrestricted fund	2,191	32,768	26,692	(6,580)	55,071
Designated funds					
Restructuring	-	-	40,000	-	40,000
Contingency	-	-	50,000	-	50,000
	-	-	90,000	-	90,000
Restricted funds					
Senior Citizens in Newcastle	-	-	33,755	-	33,755
Quality of Life Partnership	-	7,000	11,938	-	18,938
HAREF	-	7,150	53,862	-	61,012
Community Food Initiative	120	-	31,233	-	31,353
BAN Waste	23	-	1,173	-	1,196
Deaf Link	15	368	28,484	-	28,867
CDW – Innovation account	-	-	352	-	352
WHO Conference	-	-	-	-	-
Community Empowerment Network	-	-	-	-	-
Newsletter	-	-	-	-	-
North Public Health	-	-	439	-	439
Carers Centre	1,654	109,651	335,178	(58,913)	387,570
Exhibition Park	-	-	2,303	-	2,303
Little Wasters	-	-	-	-	-
Save the Green	-	-	-	-	-
Friends of Persian Library	-	-	476	-	476
Tall Ships Event	-	-	-	-	-
	1,812	124,169	499,193	(58,913)	566,261
Total	4,003	156,937	615,885	(65,493)	711,332

Newcastle Healthy City Limited

Notes to the Financial Statements (continued...) for the year ended 31 March 2010

15. Operating lease commitments

The amounts payable in the next year in respect of operating leases are shown below, analysed according to the expiry date of the leases

	2010		2009	
	Premises	Equipment	Premises	Equipment
	£	£	£	£
Between two and five years	-	1,598	23,672	1,598
Over five years	10,900	-	-	-
	<u>10,900</u>	<u>1,598</u>	<u>23,672</u>	<u>1,598</u>

16 Grants payable

The following grants above £1,000 have been made to the following institutions in the year ended 31 March 2010 to help assist the promotion of a healthy city

	2010	2009
	£	£
The McCrory Foundation	-	3,000
EaASSG	1,002	-
Newcastle City Council	-	1,000
Elders Council of Newcastle	-	3,666
West End Refugee Services	1,000	-
	<u>2,002</u>	<u>7,666</u>
Grants less than £1,000	9,002	13,062
(2010 34, 2009 57)	<u>11,004</u>	<u>20,728</u>

17 Control

The charity is controlled by the Board of Trustees