

**Terminating appointment as director or secretary  
(NOT for appointment (use Form 288a) or change  
of particulars (use Form 288c))**

**Company Number**

02998874

**Company Name in full**

Care Continuums Limited

Date of termination of appointment

Day	Month	Year
3	0	0
4	2	0
	0	2

as director

X

as secretary

Please mark the appropriate box. If terminating  
appointment as a director and secretary mark  
both boxes.

**NAME**

\*Style / Title

Mr

\*Honours etc.

FCA

Forename(s)

Anthony George

Surname

Heywood

Please insert  
details as  
previously  
notified to  
Companies House.

† Date of Birth

Day	Month	Year
1	1	0
9	1	9
4	8	

**A serving director, secretary etc must sign the form below.**

**Signed**

A. Heywood

**Date**

30/4/2002

\*Voluntary details.

† Directors only.

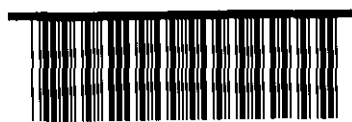
\*\*Delete as appropriate

Please give the name, address,  
telephone number, and if available,  
a DX number and Exchange, of the  
person Companies House should  
contact if there is any query.

FRESHFIELDS BRUCKHAUS DERINGER	
65 FLEET STREET, LONDON, ENGLAND, UNITED KINGDOM	
EC4Y 1HS	Tel 020 7936 4000
DX number 23	DX exchange LONDON/CHANCERY LANE

When you have completed and signed the form please send it to the  
Registrar of Companies at:

**Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff**  
for companies registered in England and Wales or  
**Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB**  
for companies registered in Scotland **DX 235 Edinburgh**



A43  
COMPANIES HOUSE

0637  
09/05/02

Form revised September 1999