In accordance with Section 167 of the Companies Act 2006.

CH01

Change of director's details



Go online to file this information www.gov.uk/companieshouse

- ✓ What this form is for

 You may use this form to change
 the details of an individual who is a
 director.
- Y What this form is NOT for You cannot use this form to the details of a corporate of To do this, please use form 'Change of corporate direct details'.



L58RTRLC LD2 09/06/2016 COMPANIES HOUSE

#39

1	Company details	
Company number	2 9 8 9 9 7 2	→ Filling in this form Please complete in typescript or in
Company name in full	Abingdon Freight Holdings Limited	bold black capitals.
		All fields are mandatory unless specified or indicated by *
2	Director's current details on the Register	
Month/year of birth*	X X ^m 0 ^m 7 ^y 1 ^y 9 ^y 4 ^y 8	• Current details This information is used to identify
Title*	Mr	your details on the public record.
Full forename(s)	Michael	This is voluntary information and if completed it will be placed on the
Surname	Ogden	public record.
3	Date of change of details	
Date of change of details	$\begin{bmatrix} d & 0 & 0 \end{bmatrix} \begin{bmatrix} d & 1 & 0 \end{bmatrix} \begin{bmatrix} d & 0 & 0 & 0 \end{bmatrix} \begin{bmatrix} d & 0 & 0 & 0 \end{bmatrix} \begin{bmatrix} d & 0 & 0 & 0 & 0 \end{bmatrix} \begin{bmatrix} d & 0 & 0 & 0 & 0 & 0 \end{bmatrix} \begin{bmatrix} d & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{bmatrix} \begin{bmatrix} d & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 \\ d & 0 & 0 & 0 & 0 & 0 & 0 \\ d $	
	Please complete the appropriate sections to indicate which of your details have changed.	
4	Change of name details	
Title*		New name Please enter your new name.
Full forename(s) €		rease cited your reviews.
Sumame ®		
5	Change of service address ©	© Service address
Building name/number	25D	This is the address that will appear on the public record. This does not have to be your usual residential address.
Street	Copperfield Street	
		Please state 'The Company's Registered Office' if your service
Post town	London	address is recorded in the company's register of directors as the company's registered office.
County/Region	England	
Postcode	S E 1 O E N	If you provide your residential address here it will appear on the public
Country	England	record. Please complete Section 5a if your usual residential address has changed.
	I confirm that there has been no change in the company's register of directors' residential addresses.	

CH01

Change of director's details

6	Change of other details	,
Change of Country/ State of residence		
Change of nationality		
Change of business occupation		
7	Signature	
	I am signing this form on behalf of the company.	Societas Europaea If the form is being filed on behalf of a
Signature	Signature X	Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership.
	This form may be signed by: Director © Secretary, Person authorised © Administrator, Administrative receiver, Receiver, Receiver manager, Charity commission receiver and manager, CIC manager, Judicial factor.	Person authorised Under either section 270 or 274 of the Companies Act 2006.

P

Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name	
Company name	RSM
Address	Third Floor, One London Square
	Cross Lanes
Post town	Guildford
County/Region	Surrey
Postcode	G U 1 1 U N
Country	United Kingdom
DX	
Telephone	

1

Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register.
- You have completed in Section 3 the date of change of details.
- If you have changed the service address, you have ticked the no change box in Section 5 to indicate no change in your usual residential address or provided your new usual residential address in Section 5a.
- Any new address must be a physical location. They cannot be a PO Box number (unless part of a full service address), DX or LP (Legal Post in Scotland) number
- ☐ You have entered the relevant change of details.
- ☐ You have signed the form.

Important information

Please note that all information on this form will appear on the public record, apart from information relating to usual residential addresses.

Where to send

DX 33050 Cardiff.

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales: The Registrar of Companies, Companies House, Crown Way, Cardff, Wales, CF14 3LIZ.

For companies registered in Scotland:

The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF. DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post).

For companies registered in Northern Ireland:

The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG. DX 481 N.R. Belfast 1.

Section 243 exemption

If you are applying for, or have been granted a section 243 exemption, please post this whole form to the different postal address below.

The Registrar of Companies, PO Box 4082, Cardiff, CF14 3WE.

i Further information

For further information, please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse