



C O M P A N I E S   H O U S E

THE REGISTRAR OF COMPANIES  
COMPANIES HOUSE  
CROWN WAY  
CARDIFF  
CF4 3UZ



NAT 000080  
363s  
Annual Return

of company number 02854347

B

company name  
M. D. HOLDINGS LIMITED

company type  
PRIVATE COMPANY LIMITED BY SHARES

**This form should be completed in black.**

The information printed below is taken from Companies House records as at 21/08/99  
If this information requires amendment use the spaces opposite.

**Date of this return** (See note 1)

The information in this return should be made up to a date not later than

Day	Month	Year
17	09	99

**Date of next return** (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Day	Month	Year

Day	Month	Year

**Registered Office** (See note 3)

This is the address registered by Companies House.

UNIT 1A  
SHAKESPEARE INDUSTRIAL ESTATE  
SHAKESPEAR STREET WATFORD  
HERTFORDSHIRE WD2 5HF

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**Principal business activities** (See note 4)

Trade classification is  
7415 MANAGEMENT ACTIVITIES HOLDING COMPS

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If the code cannot be determined from the notes, give a brief description of principal activity.

02854347

**Register of members** (See note 5)

The register is kept at  
REGISTERED OFFICE

If the information shown needs amendment, give details below and, for secretary and director particulars, the date of any change.

**Register of debenture holders** (See note 6)

Any register of debenture holders (or duplicate) is kept at

**Company Secretary** (See note 7)

Particulars of a new secretary **must** be notified on form 288.

ALNUR GULAMHUSEIN ABDULRASUL  
MERALI  
2 SHELLEY CLOSE  
NORTHWOOD  
MIDDLESEX HA6 3HX

Day	Month	Year

 Date of any change.

If this person has ceased to be secretary, please state when.

Day	Month	Year

 Date of resignation.

**Directors** (See note 7)

Particulars of a new director **must** be notified on form 288.

ALNUR GULAMHUSEIN ABDULRASUL  
MERALI  
2 SHELLEY CLOSE  
NORTHWOOD  
MIDDLESEX HA6 3HX

Day	Month	Year

 Date of any change.

Date of Birth:— 11/07/60  
Nat:BRITISH  
Occ:DIRECTOR

If this person has ceased to be director, please state when.

Day	Month	Year

 Date of resignation.

Show any relevant current and previous directorships.

NAIROBI COFFEE & TEA COMPANY LTD  
M.D.COMMODITIES LTD

02854347

## Directors - continued

### Particulars.

GULAMHUSEIN ABDULRASUL  
MERALI  
35 BEDFORD ROAD  
MOOR PARK  
NORTHWOOD  
MIDDLESEX HA6 2AX

Date of Birth:- 16/10/36  
Nat:BRITISH  
Occ:COMPANY DIRECTOR

If this person has ceased to be director, please  
state when.

Show any relevant current and previous directorships.

If the information shown needs amendment,  
give details below and the date of any change.

Day Month Year  
Date of any change.

Day Month Year  
Date of resignation.

NAIROBI COFFEE & TEA COMPANY LTD  
M.D.COMMODITIES LTD  
ASSOCIATED COFFEE MERCHANTS (INTERNATIONAL)

### Particulars.

SHAMSHEER GULAMHUSEIN ABDULRASUL  
MERALI  
35 BEDFORD ROAD  
MOOR PARK  
NORTHWOOD  
MIDDLESEX HA6 2AX

Date of Birth:- 19/02/68  
Nat:BRITISH  
Occ:DIRECTOR

If this person has ceased to be director, please  
state when.

Show any relevant current and previous directorships.

Day Month Year  
Date of any change.

Day Month Year  
Date of resignation.

NAIROBI COFFEE & TEA COMPANY LTD  
M.D.COMMODITIES LTD

### Particulars.

NO MORE DIRECTORS - ADDITIONAL SECRETARIES  
OR DIRECTORS MUST BE NOTIFIED ON FORM 288a.

Day Month Year  
Date of any change.

If this person has ceased to be director, please  
state when.

Show any relevant current and previous directorships.

Day Month Year  
Date of resignation.

**Issued Share Capital** (See note 8)

Enter details of all shares in issue at the date of this return.

Class (eg Ordinary/ Preference etc)	Number of shares issued	Aggregate nominal value (ie Number of shares issued multiplied by nominal value per share)
ORDINARY	550	£ 550,000.00
<b>Totals</b>	<b>550</b>	<b>£ 550,000.00</b>

**List of past and present members**

(See note 9)

(Use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

Please mark the appropriate box.

There were no changes in the period ☐

The last full members list was at 17/09/98

	on paper	not on paper
A list of changes is enclosed	<input type="checkbox"/>	<input type="checkbox"/>
A full list of members is enclosed	<input type="checkbox"/>	<input type="checkbox"/>

**Elective resolutions** (See note 10)

(Private companies only)

If an elective resolution is in force at the date of this return to dispense with annual general meetings, *mark this box*.

☒

If an elective resolution is in force at the date of this return to dispense with laying accounts in general meetings, *mark this box*.

☒
**Certificate**

I certify that the information given in this return is true to the best of my knowledge and belief.

I enclose the fee of **£15**.

Cheques should be made payable to **Companies House**.

**Signed**

*[Signature]*

Secretary/Director \*  
(delete as appropriate)

**Date**

26/9/99

This return includes ..... continuation sheets.  
(enter number)

**Please ensure that you have completed all sections on this page.**

To whom should Companies House direct any enquiries about the information shown in this return?----->

*Registered Office*

.....

Postcode .....

Telephone ..... Ext .....