

ABLEBODIED LIMITED

**Company Registration Number:
02832857 (England and Wales)**

Abbreviated (Unaudited) Accounts

Period of accounts

Start date: 01st August 2013

End date: 31st July 2014

SUBMITTED

ABLEBODIED LIMITED

Company Information for the Period Ended 31st July 2014

Director:	C M Connelly
Registered office:	Unit 1 Lupton Road Thame Oxfordshire OX9 3SE
Company Registration Number:	02832857 (England and Wales)

ABLEBODIED LIMITED

Abbreviated Balance sheet As at 31st July 2014

	Notes	2014 £	2013 £
Fixed assets			
Tangible assets:	2	611,053	551,539
Total fixed assets:		611,053	551,539
Current assets			
Stocks:		49,546	49,546
Debtors:	3	271,735	250,514
Cash at bank and in hand:		7,073	4,210
Total current assets:		328,354	304,270
Creditors			
Creditors: amounts falling due within one year	4	367,539	340,352
Net current assets (liabilities):		(39,185)	(36,082)
Total assets less current liabilities:		571,868	515,457
Creditors: amounts falling due after more than one year:	5	101,430	82,861
Total net assets (liabilities):		470,438	432,596

The notes form part of these financial statements

ABLEBODIED LIMITED

Abbreviated Balance sheet As at 31st July 2014 continued

	Notes	2014 £	2013 £
Capital and reserves			
Called up share capital:	6	2	2
Revaluation reserve:		115,000	115,000
Profit and Loss account:		355,436	317,594
Total shareholders funds:		<u>470,438</u>	<u>432,596</u>

For the year ending 31 July 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Directors on 28 February 2015

SIGNED ON BEHALF OF THE BOARD BY:

Name: C M Connelly

Status: Director

The notes form part of these financial statements

ABLEBODIED LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st July 2014

1. Accounting policies

Basis of measurement and preparation of accounts

Historical cost

ABLEBODIED LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st July 2014

2. Tangible assets

	Total
Cost	£
At 01st August 2013:	867,941
Additions:	102,057
Disposals:	8,959
At 31st July 2014:	961,039
Depreciation	
At 01st August 2013:	316,402
Charge for year:	38,062
On disposals:	4,478
At 31st July 2014:	349,986
Net book value	
At 31st July 2014:	611,053
At 31st July 2013:	551,539

ABLEBODIED LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st July 2014

3. Debtors

	2014 £	2013 £
Trade debtors:	209,396	187,616
Other debtors:	61,359	61,918
Prepayments and accrued income:	980	980
Total:	<u>271,735</u>	<u>250,514</u>

ABLEBODIED LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st July 2014

4. Creditors: amounts falling due within one year

	2014 £	2013 £
Bank loans and overdrafts:	140,575	154,978
Amounts due under finance leases and hire purchase contracts:	18,755	8,860
Trade creditors:	111,532	64,949
Taxation and social security:	40,989	68,034
Accruals and deferred income:	1,600	1,600
Other creditors:	54,088	41,931
Total:	367,539	340,352

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Notes to the Abbreviated Accounts for the Period Ended 31st July 2014

5. Creditors: amounts falling due after more than one year

	2014	2013
	£	£
Bank loans and overdrafts:	58,030	75,679
Amounts due under finance leases and hire purchase contracts:	43,400	7,182
Total:	<u>101,430</u>	<u>82,861</u>

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Notes to the Abbreviated Accounts for the Period Ended 31st July 2014

6. Called up share capital

Allotted, called up and paid

Previous period			2013
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	2	1.00	2
Total share capital:			<u>2</u>
Current period			2014
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	2	1.00	2
Total share capital:			<u>2</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.

