

ABLEBODIED LIMITED

**Company Registration Number:
02832857 (England and Wales)**

Abbreviated (Unaudited) Accounts

Period of accounts

Start date: 01st August 2014

End date: 31st July 2015

SUBMITTED

ABLEBODIED LIMITED

Company Information for the Period Ended 31st July 2015

Director:	C M Connelly
Registered office:	Unit 1 Lupton Road Thame Oxfordshire OX9 3SE
Company Registration Number:	02832857 (England and Wales)

ABLEBODIED LIMITED

Abbreviated Balance sheet As at 31st July 2015

	Notes	2015 £	2014 £
Fixed assets			
Tangible assets:	2	647,464	611,053
Total fixed assets:		<u>647,464</u>	<u>611,053</u>
Current assets			
Stocks:		47,540	49,546
Debtors:	3	316,530	271,735
Cash at bank and in hand:		8,763	7,073
Total current assets:		<u>372,833</u>	<u>328,354</u>
Creditors			
Creditors: amounts falling due within one year	4	452,017	367,539
Net current assets (liabilities):		<u>(79,184)</u>	<u>(39,185)</u>
Total assets less current liabilities:		568,280	571,868
Creditors: amounts falling due after more than one year:	5	75,098	101,430
Total net assets (liabilities):		<u><u>493,182</u></u>	<u><u>470,438</u></u>

The notes form part of these financial statements

ABLEBODIED LIMITED

Abbreviated Balance sheet As at 31st July 2015 continued

	Notes	2015 £	2014 £
Capital and reserves			
Called up share capital:	6	2	2
Revaluation reserve:		115,000	115,000
Profit and Loss account:		378,180	355,436
Total shareholders funds:		<u>493,182</u>	<u>470,438</u>

For the year ending 31 July 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Directors on 20 February 2016

SIGNED ON BEHALF OF THE BOARD BY:

Name: C M Connelly
Status: Director

The notes form part of these financial statements

ABLEBODIED LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st July 2015

1. Accounting policies

Basis of measurement and preparation of accounts

Historical cost convention

ABLEBODIED LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st July 2015

2. Tangible assets

	Total
Cost	£
At 01st August 2014:	961,039
Additions:	75,574
Disposals:	157,735
At 31st July 2015:	878,878
Depreciation	
At 01st August 2014:	349,986
Charge for year:	39,163
On disposals:	157,735
At 31st July 2015:	231,414
Net book value	
At 31st July 2015:	647,464
At 31st July 2014:	611,053

ABLEBODIED LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st July 2015

3. Debtors

	2015 £	2014 £
Trade debtors:	237,595	209,396
Other debtors:	77,955	61,359
Prepayments and accrued income:	980	980
Total:	<u>316,530</u>	<u>271,735</u>

ABLEBODIED LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st July 2015

4. Creditors: amounts falling due within one year

	2015 £	2014 £
Bank loans and overdrafts:	179,076	140,575
Amounts due under finance leases and hire purchase contracts:	13,367	18,755
Trade creditors:	140,153	111,532
Taxation and social security:	60,179	40,989
Accruals and deferred income:	1,600	1,600
Other creditors:	57,642	54,088
Total:	452,017	367,539

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Notes to the Abbreviated Accounts for the Period Ended 31st July 2015

5. Creditors: amounts falling due after more than one year

	2015	2014
	£	£
Bank loans and overdrafts:	39,696	58,030
Amounts due under finance leases and hire purchase contracts:	35,402	43,400
Total:	<u>75,098</u>	<u>101,430</u>

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Notes to the Abbreviated Accounts for the Period Ended 31st July 2015

6. Called up share capital

Allotted, called up and paid

Previous period			2014
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	2	1.00	2
Total share capital:			<u>2</u>
Current period			2015
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	2	1.00	2
Total share capital:			<u>2</u>

