

ABLEBODIED LIMITED

**Company Registration Number:
02832857 (England and Wales)**

Abbreviated (Unaudited) Accounts

Period of accounts

Start date: 01st August 2011

End date: 31st July 2012

SUBMITTED

ABLEBODIED LIMITED

Company Information for the Period Ended 31st July 2012

Director:	C M Connelly
Registered office:	Unit 1 Lupton Road Thame Oxfordshire OX9 3SE
Company Registration Number:	02832857 (England and Wales)

ABLEBODIED LIMITED

Abbreviated Balance sheet As at 31st July 2012

	Notes	2012 £	2011 £
Fixed assets			
Tangible assets:	3	542,900	552,233
Total fixed assets:		<u>542,900</u>	<u>552,233</u>
Current assets			
Stocks:		51,561	50,109
Debtors:	4	314,919	292,212
Cash at bank and in hand:		-	34,879
Total current assets:		<u>366,480</u>	<u>377,200</u>
Creditors			
Creditors: amounts falling due within one year	5	401,014	417,300
Net current assets (liabilities):		<u>(34,534)</u>	<u>(40,100)</u>
Total assets less current liabilities:		508,366	512,133
Creditors: amounts falling due after more than one year:	6	112,519	141,223
Total net assets (liabilities):		<u><u>395,847</u></u>	<u><u>370,910</u></u>

The notes form part of these financial statements

ABLEBODIED LIMITED

Abbreviated Balance sheet As at 31st July 2012 continued

	Notes	2012 £	2011 £
Capital and reserves			
Called up share capital:	7	2	2
Revaluation reserve:		115,000	115,000
Profit and Loss account:		280,845	255,908
Total shareholders funds:		<u>395,847</u>	<u>370,910</u>

For the year ending 31 July 2012 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Directors on 10 April 2013

SIGNED ON BEHALF OF THE BOARD BY:

Name: C M Connelly
Status: Director

The notes form part of these financial statements

ABLEBODIED LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st July 2012

1. Accounting policies

Basis of measurement and preparation of accounts

Historical cost convention

Turnover policy

Turnover represents the invoiced amount of work done net of value added tax

ABLEBODIED LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st July 2012

3. Tangible assets

	Total
Cost	£
At 01st August 2011:	894,105
Additions:	52,675
Disposals:	61,445
At 31st July 2012:	885,335
Depreciation	
At 01st August 2011:	341,872
Charge for year:	42,540
On disposals:	41,977
At 31st July 2012:	342,435
Net book value	
At 31st July 2012:	542,900
At 31st July 2011:	552,233

ABLEBODIED LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st July 2012

4. Debtors

	2012 £	2011 £
Trade debtors:	221,018	223,477
Other debtors:	92,921	67,755
Prepayments and accrued income:	980	980
Total:	<u>314,919</u>	<u>292,212</u>

ABLEBODIED LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st July 2012

5. Creditors: amounts falling due within one year

	2012 £	2011 £
Bank loans and overdrafts:	201,824	191,170
Amounts due under finance leases and hire purchase contracts:	25,722	25,722
Trade creditors:	94,788	99,175
Taxation and social security:	40,789	55,768
Accruals and deferred income:	1,600	1,600
Other creditors:	36,291	43,865
Total:	<u>401,014</u>	<u>417,300</u>

ABLEBODIED LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st July 2012

6. Creditors: amounts falling due after more than one year

	2012 £	2011 £
Bank loans and overdrafts:	92,489	110,745
Amounts due under finance leases and hire purchase contracts:	20,030	30,478
Total:	<u>112,519</u>	<u>141,223</u>

ABLEBODIED LIMITED

Notes to the Abbreviated Accounts for the Period Ended 31st July 2012

7. Called up share capital

Allotted, called up and paid

Previous period			2011
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	2	1.00	2
Total share capital:			<u>2</u>
Current period			2012
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	2	1.00	2
Total share capital:			<u>2</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.

