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Company number: 2801788

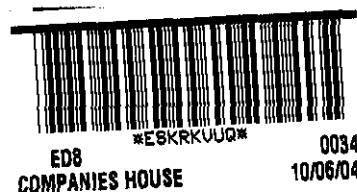
The Companies Act 1985

Company limited by shares

Special resolutions

of

Snowdon Lodge



Passed on 26th March 2004

The following resolutions were passed as special resolutions of the company at an extraordinary general meeting of the company duly convened and

held at: Life Foundation International Course Centre
date: 26 March 2004
time: 6.45 pm.

Special resolutions

Change of name

1. That the name of the company be changed to "Snowdon Lodge Limited".

Alteration of memorandum of association

2. That the draft memorandum of association produced to the meeting and signed by the chairman for the purposes of identification be adopted by the company in substitution for its existing memorandum of association with effect from the date of registration of the change of name of the company.

Alteration of articles of association

3. That the draft regulations produced to the meeting and signed by the chairman for the purposes of identification be adopted by the company in substitution for its existing articles of association with effect from the date of registration of the change of name of the company.

Chairman

Jordans Limited
21 St Thomas Street
Bristol
BS1 6JS
LEGAL/RJG/

U22810
U22810

U22810 docs May 24

THE COMPANIES ACTS 1985 AND 1989

A COMPANY LIMITED BY GUARANTEE
AND NOT HAVING A SHARE CAPITAL

MEMORANDUM OF ASSOCIATION OF

SNOWDON LODGE

(amended from the date of the change of name of the Company)

1. The Company's name is SNOWDON LODGE (hereinafter called "the Association").

2. The Association's registered office is to be situated in England.

3. The objects for which the Association is established are:

(i) To purchase, take on lease or exchange, or otherwise acquire, hold, manage, administer, work, refurbish, decorate, develop the resources of, and turn to account any estates, lands, buildings, tenements, and any other property of every description, whether of freehold leasehold or other tenure, whether situate in the United Kingdom or elsewhere in the World, and any interest in and rights connected therewith to sell lease or otherwise dispose of the whole or any part of the property of the Association, and to create sell and deal in freehold and leasehold ground rents, and to make advances upon the security of land or other property or any interests therein, and generally to deal (by way of sale lease exchange mortgage or otherwise) in or with land and house property and any other property whether real or personal on behalf of individuals, firms and incorporated companies running courses in Yoga and any associated subjects.

(ii) To assist in promoting the intellectual and spiritual understanding of Yoga, run courses in Yoga and associated subjects and generally to further in every way, interest in the Yoga, and to establish, maintain and conduct classes for the Members of the Company and their friends, to engage teachers, training officers and other staff, to provide a consultancy service and to run lectures, courses and seminars on Yoga and associated subjects; to promote improvement in standards in Yoga and to establish, amend, publish, enforce and supervise regulations; to collect, compile and circulate information, statistics and data of every description relating to all matters of all kinds effecting the Yoga or associated subjects and to provide facilities for the encouragement, research and development and improvement in connection therewith.

And the Association shall have the following powers exercisable in furtherance of its said objects but not otherwise, namely:

(A) To apply for, purchase or otherwise acquire any patents licences and like rights, conferring an exclusive or non-exclusive or limited right to use, or any secret or other information as to any invention which may seem capable of being used for any of the purposes of the Association, or the acquisition of which may seem calculated directly or indirectly to benefit the Association, and to use, exercise, develop, grant licences in respect of, or otherwise turn to account the rights and information so acquired;

(B) To purchase, take on lease or in exchange, or hire, or otherwise acquire any lands, houses, buildings, rights, properties and chattels which the Association may think to be suitable or convenient for any purposes of its business, and to purchase or otherwise acquire and undertake all or any of the business, property and liabilities of any person or company carrying on any business similar to that which this Association is authorised to carry on, or possessed of property suitable for the purpose of the Association;

(C) To sell, improve, manage, develop, lease, mortgage, dispose of, turn to account, or otherwise deal with all or any part of the undertaking or property of the Association and to sell the undertaking of the Association, or any part thereof, for such consideration as the Association may think fit;

(D) To obtain grants from any public authority for the purpose of the Association and to carry out the terms of any such grants;

(E) To enter into partnerships or into any arrangement for sharing profits, union of interests, co-operation, reciprocal concessions, or otherwise, with any person or company carrying on a business similar to or which may be conveniently carried on with any business of the Association;

(F) To borrow money and to secure the repayment of any loans or other obligations of the Association by mortgage or charge of any assets of the Association;

(G) To make, draw, accept, endorse, and negotiate bills of exchange or other negotiable instruments;

(H) To lend money to such persons, and upon such terms and subject to such condition as may seem expedient;

(I) To act as trustee of any charitable trust in connection with the purposes of the Association;

(J) To amalgamate with any other company with objects all or any of which are similar to the objects of the Association in any manner whatsoever (whether with or without a winding up of the Association);

(K) To give credit to or guarantee, or become security for the performance of any contract by any person, company or association which may seem desirable in the interests of the Association;

(L) To support or subscribe to any charitable object or any institution and to give pensions, gratuities, or assistance to any person who has served the company, whether as a Director, employee, or otherwise, and his family and dependents, to make payments towards insurance, and to form and contribute to provident, superannuation and other similar funds for the benefit of any such persons as aforesaid;

(M) To invest any of the money of the Association not immediately required for its operations in such manner, with or without security, as the Directors may determine;

(N) To construct and maintain any buildings or machinery which may be convenient for the business of the Association;

(O) To carry out all or any of the above objects as principals or agents or in partnership or conjunction with any other person, firm, association, or company or through agents or trustees, or by means of any subsidiary or auxiliary company or otherwise and in any part of the world;

(P) To do all such acts and things as are incidental or conducive to the attainment of the above objects.

Provided that:

(Q) In case the Association shall take or hold any property which may be subject to any trusts, the Association shall only deal with or invest the same in such manner as allowed by law, having regard to such trusts.

(R) The Association shall not support with its funds any object, or endeavour to impose on or procure to be observed by its members or others any regulation, restriction or condition which if an object of the Association would make it a trade union.

4. The liability of the members is limited by guarantee.

5. Every member of the Association undertakes to contribute to the assets of the Association in the event of the same being wound up while he is a member or within one year after he ceases to be a member for payment of the debts and liabilities of the Association contracted or incurred before he ceases to be a member and of the costs charges and expenses of winding up and for the adjustment of the right of the contributors among themselves the sum of one pound or such higher amount as an individual member agrees to contribute so that the total of all members' contributions aggregated together will not be less than one pound.

THE COMPANIES ACTS 1985 AND 1989

A COMPANY LIMITED BY GUARANTEE
AND NOT HAVING A SHARE CAPITAL

ARTICLES OF ASSOCIATION OF

SNOWDON LODGE

(adopted from the date of the change of name of the Company)

PRELIMINARY

1. In these Articles the words standing in the first column of the Table next hereinafter contained shall bear the meaning set opposite to them respectively in the second column thereof, if not inconsistent with the subject or context.

WORDS

MEANINGS

The Act

The Companies Act 1985 and every statutory modification and re-enactment thereof for the time being in force.

These Articles

These Articles of Association, and the Regulations of the Association from time to time in force.

The Association

The above-named Company.

The Council

The Council of Management for the time being of the Association (equivalent to the Board of Directors under the Act).

The Office

The Registered Office of the Association.

The Seal

The Common Seal of the Company.

The United Kingdom

Great Britain and Northern Ireland.

Month

Calendar Month.

In writing

Written, printed or lithographed or partly one and partly another, and other

modes of representing or reproducing words in a visible form.

And words importing the singular number shall include the plural number, and vice versa.

Words importing the masculine gender only shall include the feminine gender, and

Words importing persons shall include corporations.

Subject as aforesaid, any words or expressions defined in the Act or any statutory instruments shall, if not inconsistent with the subject or context, bear the same meanings in these Articles.

MEMBERS

2. The number of members with which the Association proposes to be registered is two, but the Council may from time to time register an increase of members.

3. The provisions of Section 352 of the Act shall be observed by the Association, and every member of the Association shall either sign a written consent to become a member or sign the register of members on becoming a member.

4. The Association is established for the purposes expressed in the Memorandum of Association.

5. The subscribers to the Memorandum of Association and such other persons as the Council shall admit to membership in accordance with the provisions hereinafter contained shall be members of the Association.

GENERAL MEETINGS

6. The Association shall hold a General Meeting in every calendar year as its Annual General Meeting, at such time and place as may be determined by the Council, and shall specify the meeting as such in notices calling it, provided that every Annual General Meeting except the first shall be held not more than fifteen months after the holding of the last preceding Annual General Meeting, and that so long as the Association holds its first Annual General Meeting within eighteen months after its incorporation it need not hold it in the year of its incorporation or in the following year.

7. All General Meetings, other than Annual General Meetings, shall be called Extraordinary General Meetings.

8. The Council may whenever they think fit convene an Extraordinary General Meeting, and Extraordinary General Meetings shall also be convened on such requisition, or in default may be convened by such requisitionists, as provided by Section 368 of the Act.

NOTICE OF GENERAL MEETINGS

9. Twenty-one days' notice in writing at the least of every Annual General Meeting and of every meeting convened to pass a Special Resolution, and fourteen days' notice in writing at the least of every other General Meeting (exclusive in every case both of the day on which it is served or deemed to be served and of the day for which it is given), specifying the place, the day and the hour of meeting, and in that case of special business the general nature of that business, shall be given in manner hereinafter mentioned to such persons (including the Auditors) as are under these Articles or under the Act entitled to receive such notices from the Association, but with the consent of all the members having the right to attend and vote thereat, or of such proportion of them as is prescribed by the Act in the case of meetings other than General Meetings, a meeting may be convened by such notice as those members may think fit.

10. The accidental omission to give notice of a meeting to, or the non-receipt of such notice by, any person entitled to receive notice thereof shall not invalidate the proceedings at that meeting.

PROCEEDINGS AT GENERAL MEETINGS

11. All business shall be deemed special that is transacted at an Extraordinary General Meeting, and all that is transacted at an Annual General Meeting shall also be deemed special, with the exception of the consideration of the income and expenditure account and balance sheet, and the reports of the Council and of the Auditors, the election of members of the Council in the place of those retiring, and the appointment of, and fixing of the remuneration of the Auditors.

12. No business shall be transacted at any General Meeting unless a quorum is present when the meeting proceeds to business. Save as herein otherwise provided *one third of the membership personally present or two members whichever is the greater shall be a quorum.*

13. If within half an hour from the time appointed for the holding of a General Meeting a quorum is not present, the meeting, if convened on the requisition of the members, shall be dissolved. In any other case it shall stand adjourned to the same day in the next week, at the same time and place, or at such other place as the Council may determine.

14. The chairman (if any) of the Council shall preside as chairman at every General Meeting, but if there be no such chairman, or if at any meeting he shall not be present within fifteen minutes after the time appointed for holding the same, or shall be unwilling to preside, the members by a show of hands shall choose some member of the Council, or if they decline to take the chair, they shall choose some member of the Association who shall be present to preside.

15. The Chairman may, with the consent of any meeting at which a quorum is present (and shall if so directed by the meeting) adjourn the meeting from time to time, and from place to place, but no such business shall be transacted at any adjourned meeting other than the business which might have been transacted at

the meeting from which the adjournment took place. Whenever a meeting is adjourned for thirty days or more, notice of that adjourned meeting shall be given in the same manner as of an original meeting. Save as aforesaid, the members shall not be entitled to any notice of an adjournment, or of the business to be transacted at an adjourned meeting.

16. At any General Meeting a resolution put to the vote of the meeting shall be decided on a show of hands, unless a poll is, before or upon the declaration of the result of the show of hands, demanded by the Chairman or by at least two members present in person or by proxy and representing one-tenth of the total voting rights of all the members having the right to vote at the meeting, and unless a poll be so demanded a declaration by the Chairman of the meeting that a resolution has been carried, or carried unanimously or by a particular majority, or lost, or not carried by a particular majority, and an entry to that effect in the minute book of the Association shall be conclusive evidence of the fact without proof of the number or proportion of the votes recorded in favour of or against the resolution, the demand for a poll may be withdrawn.

17. Subject to the provisions of Article 18, if a poll be demanded in manner aforesaid, it shall be taken at such time and place, and in such manner, as the Chairman of the meeting shall direct, and the result of the poll shall be deemed to be the resolution of the meeting at which the poll was demanded.

18. No poll shall be demanded on the election of a Chairman of a meeting, or on any question of adjournment.

19. In the case of an equality of votes, whether on a show of hands or on a poll, the Chairman of the Meeting shall be entitled to a second or casting vote.

20. The demand for a poll shall not prevent the continuance of a meeting for the transaction of any business other than the question on which a poll has been demanded.

21. Subject to the provisions of the Act a resolution in writing signed by all the members for the time being entitled to receive notice of and to attend and vote at General Meeting (or being corporations by their duly authorised representatives) shall be as valid and effective as if the same had been passed at a General Meeting of the Association duly convened and held.

VOTES OF MEMBERS

22. Every member shall have one vote, save as provided by Article 19.

23. Save as herein expressly provided, no member other than a member duly registered, who shall have paid every subscription and other sum (if any) which shall be due and payable to the Association in respect of his membership, shall be entitled to vote on any question either personally or by proxy, or as a proxy for another member, at any General Meeting.

24. Votes may be given on a poll either personally or by proxy. On a show of hands a member present only by proxy shall have no vote, but a proxy for a

corporation may vote on a show of hands. A corporation may vote by its duly authorised representative appointed as provided by Section 375 of the Act. A proxy need not be a member.

25. The instrument appointing a proxy shall be in writing under the hand of the appointer or his attorney duly authorised in writing, or if such appointer is a corporation under its common seal, if any, and if none, then under the hand of some officer duly authorised in that behalf.

26. The instrument appointing a proxy and the power of attorney or other authority (if any) under which it is signed or a notarially certified or office copy thereof shall be deposited at the office not less than forty-eight hours before the time appointed for holding the meeting or adjourned meeting at which the person named in the instrument proposes to vote, or in the case of a poll not less than twenty-four hours before the time appointed for the taking of the poll, and in default the instrument of proxy shall not be treated as valid. No instrument appointing a proxy shall be valid after the expiration of twelve months from the date of its execution.

27. A vote given in accordance with the terms of an instrument of proxy shall be valid notwithstanding the previous death or insanity of the principal or revocation of the proxy or of the authority under which the proxy or of the authority under which the proxy was executed, provided that no intimation in writing of the death, insanity or revocation as aforesaid shall have received at the office before the commencement of the meeting or adjourned meeting at which the proxy is used.

28. Any instrument appointing a proxy shall be in the following form or as near thereto as circumstances will admit:-

"I
"of
"a member of
"hereby appoint
"or
"and failing him
"of
"to vote for me on my behalf at the (Annual or Extraordinary, or Adjourned, as the
"case may be) General Meeting of the Association
"to be held on day of
"and at the adjournment thereof.

"As witness my hand this day of 19 ."

The instrument appointing a proxy shall be deemed to confer authority to demand or join in demanding a poll.

COUNCIL OF MANAGEMENT

29. The maximum number of members of the Council shall be determined by the Company in General Meeting, but unless so fixed there shall be no maximum number and the minimum number of members of the Council shall be three.

30. The first members of the Council shall be as named in the Statement delivered to the Registrar of Companies pursuant to Section 10 of the Act.

31. The Council may from time to time and at any time appoint any member of the Association as a member of the Council, either to fill a casual vacancy or by way of addition to the Council, provided that the prescribed maximum be not thereby exceeded. Any member so appointed shall retain his office only until the next Annual General Meeting, but he shall then be eligible for re-election.

32. Any person who is approved by the Council and who has consented to act shall be eligible to stand for election or re-election as a member of the Council.

POWERS OF THE COUNCIL

33. The business of the Association shall be managed by the Council who may pay all such expenses of, and preliminary and incidental to, the promotion, formation, establishment and registration of the Association as they think fit, and may exercise all such powers of the Association, and do on behalf of the Association all such acts as may be exercised and done by the Association, and as are not by Act or by these Articles required to be exercised or done by the Association in General Meeting, subject nevertheless to any regulation of these Articles, to the provisions of the Acts and to such regulations, being not inconsistent with the aforesaid regulations or provisions, as may be prescribed by the Association in General Meeting, but no regulation made by the Association in General Meeting shall invalidate any prior act of the Council which would have been valid if such regulation had not been made.

34. The members for the time being of the Council may act notwithstanding any vacancy in their body; provided always that in case the member of the Council shall at any time be or be reduced in number to less than the minimum number prescribed by or in accordance with these Articles, it shall be lawful for them to act as the Council for the purpose of admitting persons to membership of the Association, filling up vacancies in their body, or of summoning a General Meeting, but not for any other purpose.

35. The members of the Council shall not be required to retire by rotation.

SECRETARY

36. Subject to Section 10 of the Act the secretary shall be appointed by the Council for such time and such remuneration as they may think fit, and any Secretary so appointed may be removed by them. The provisions of Sections 283 and 284 of the Act shall apply and be observed. The Council may from time to time by resolution appoint an assistant or deputy secretary and any person so appointed may act in place of the Secretary if there be no Secretary or no Secretary capable of acting.

THE SEAL

37. The Seal of the Association shall not be affixed to any instrument except by the authority of a resolution of the Council, and in the presence of at least two

members of the Council and of the Secretary, and the said member and Secretary shall sign every instrument to which the seal shall be so affixed in their presence, and in favour of any purchaser or person bona fide dealing with the Association. Such signatures shall be conclusive evidence of the fact that the seal has been properly affixed.

DISQUALIFICATION OF MEMBERS OF THE COUNCIL

38. The office of member of the Council shall be vacated:-

(a) If a receiving order is made against him or he makes any arrangements or composition with his creditors.

(b) If he becomes of unsound mind.

(c) If he ceases to be a member of the Association.

(d) If by notice in writing to the Association he resigns his office.

(e) If he ceases to hold office by reason of any order made under Section 295 of the Act.

(f) If he is removed from office by a resolution duly passed pursuant to Section 303 of the Act.

(g) If he ceases to be a member by virtue of Section 293 of the Act.

39. In addition and without prejudice to the provisions of Section 303 of the Act, the Association may by Extraordinary Resolution remove any member of the Council before the expiration of this period of office, and may by Ordinary Resolution appoint another qualified member in his stead; but any person so appointed shall retain his office so long as the member in whose place he is appointed would have held the same if he had not been removed.

PROCEEDINGS OF THE COUNCIL

40. The Council may meet together for the dispatch of business, adjourn and otherwise regulate their meeting as they think fit, but should meet at least once each quarter. The quorum shall not be less than one-third of the members of the Council. Questions arising at any meeting shall be decided by a majority of votes. In the case of an equality of votes the Chairman shall have a second or casting vote.

41. A member of the Council may, and on the request of a member of the Council the Secretary shall, at any time, summon a meeting of the Council by notice served upon the several members of the Council. A member of the Council who is absent from the United Kingdom shall not be entitled to notice of a meeting. The Council may exclude from a meeting of the Council or that part of such a meeting at which the Council considers personal matters concerning individual clients of the Association or individual members of the staff of the Association or such members who are clients of the Association.

42. The Council shall from time to time elect a Chairman who shall be entitled to preside at all meetings of the Council at which he shall be present, and may determine for what period he is to hold office, but if no such chairman be elected or if at any meeting the Chairman be not present within five minutes after the time appointed for holding the meeting or unwilling to preside, the members of the Council present may choose one of their number to be Chairman of the meeting.

43. A meeting of the Council at which a quorum is present shall be competent to exercise all the authorities, powers and discretions by or under the regulations of the Association for the time being vested in the Council generally.

44. The Council may delegate any of their powers to committees consisting of such member or members of the Council as they think fit, and any committee so formed shall, in the exercise of the powers so delegated, conform to any regulations imposed on it by the Council. All acts and proceedings of such committees to whom such powers are delegated shall be reported back to the Council as soon as possible.

45. All acts done *bona fide* by any meeting of the Council or of any committee of the Council, or by any person acting as a member of the Council, shall notwithstanding it be afterwards discovered that there was some defect in the appointment or continuance in office of any such member or person acting as aforesaid, or that they or any of them were disqualified, be as valid as if every such person had been duly appointed or had duly continued in office and was qualified to be a member of the Council.

46. The Council shall cause proper minutes to be made of all appointments of officers made by the Council and of the proceedings of all meetings of the Association and of the Council, and of committees of the Council, and all business transacted at such meetings, and any such minutes of any meeting, if purporting to be signed by the Chairman of such meeting, or by the Chairman of the next succeeding meeting, shall be sufficient evidence without any further proof of the facts therein stated.

47. A resolution in writing signed by all the members for the time being of the Council or of any committee of the Council who are entitled to receive notice of a meeting of the Council or of such committee shall be as valid and effectual as if it had been passed at a meeting of the Council or such committee duly convened and held.

ACCOUNTS

48. The Council shall cause accounting records to be kept in accordance with the requirements of the Act.

49. The accounting records shall be kept at the office, or, subject to the provision of the Act, at such other place or places as the Council shall think fit, and shall always be open to the inspection of the officers of the Association.

50. The Council shall from time to time determine whether and to what extent and at what times and places and under what conditions or regulations the

accounts and books of the Association or any of them shall be open to the inspection of members not being officers of the Association, and no member (not being an officer) shall have the right of inspecting any account, book or document of the Association except as conferred by the Act or authorised by the Council or by the Association in General Meeting.

51. At the Annual General Meeting in every year the Council shall in accordance with the provisions of the Act lay before the Association a proper income and expenditure account for the period since the last preceding account (or in the case of the first account since the incorporation of the Association) made up to a date not more than four months before such meeting, together with a proper balance sheet made up as at the same date. Every such balance sheet shall be accompanied by proper reports of the Council and the Auditors, and copies of such account, balance sheet and report (all of which shall be framed in accordance with any statutory requirements for the time being in force) and of any other documents required by law to be annexed or attached thereto or to accompany the same shall not be less than twenty-one clear days before the date of the meeting subject nevertheless to the provisions of Section 240(4) of the Act, be sent to the Auditors and to all other persons entitled to receive notices of General Meetings in the manner in which notices are hereinafter directed to be served.

AUDIT

52. In accordance with the provisions of the Act once at least in every year the accounts of the Association shall be examined and the correctness of the income and expenditure account and balance sheet ascertained by properly qualified Auditor or Auditors.

53. Auditors shall be appointed and their duties regulated in accordance with the provisions of the Act, the members of the Council being treated as the Directors mentioned in those provisions.

NOTICES

54. A notice may be served by the Association upon any member, either personally or by sending it through the first class post in a pre-paid letter, addressed to such member at his registered address as appearing in the register of members.

55. Any member described in the register of members by an address not within the United Kingdom, who shall from time to time give the Association an address within the United Kingdom at which notices may be served upon him, shall be entitled to have notices served upon him at such address, but, save as aforesaid and as provided by the Act, only those members who are described in the register of members by an address within the United Kingdom shall be entitled to receive notices from the Association.

56. Any notice, if served by post, shall be deemed to have been served on the day following that on which the letter containing the same is put into the post, and in proving such service it shall be sufficient to prove that the letter containing the

notice was properly addressed and put into the post office as a first-class pre-paid letter.