

288a

APPOINTMENT of director or secretary

		(NOT for real resident from Sorm 200h) or		
Please complete in typescript, or in bold black capitals.		(NOT for resignation (use Form 288b) or change of particulars (use Form 288c))		
CHFP010	Company Number	2767975		
Company Name in full		Carlisle Cleaning Services Holdings Limited		
		Day Month Year Day Month Year		
Appointment form	Date of appointment	3 1 0 7 2 0 0 8 † Date of 2 2 0 4 1 9 6 9		
Notes on completion	Appointment as director	Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.		
appear on next page	NAME * Style / Title	* Honours etc		
	Forename(s)	Rebecca Jane		
	Surname	Watson		
	Previous	Previous		
	forename(s)	surname(s)		
Usual residential address		46 Wilton Avenue, Chiswick		
	Post town	London Postcode W4 2HY		
County / Region		Country		
† Nationality		British † Business occupation Solicitor		
† Other directorships (additional space next page)		See attached list		
(additional operation page)		I consent to act as ** director / secretary of the above named company		
Consent signature		Date 31/07/2008		
* Voluntary details † Directors only ** Please delete as appropriate Signed		A director, secretary etc must sign the form below.		
		Date 31/07/2008		
		(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)		
Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query		The Secretary, Impellam Group PLC		
		800 The Boulevard, Capability Green, Luton LU1 3BA		
		Tel		
		DX number DX exchange		

13/08/2008 COMPANIES HOUSE A29

When you have completed and signed the form please send it to the Registrar of Companies at DX 33050 Cardiff

Companies House, Crown Way, Cardiff, CF14 3UZ

for companies registered in England and Wales

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB DX 235 Edinburgh for companies registered in Scotland

	Company Number	2767975
† Directors only	† Other directorships	See attached list

NOTES

Show the full forenames, NOT INITIALS If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line

Give previous forenames or surname(s) except

- for a married woman, the name by which she was known before marriage need not be given
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it

Other directorships

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company



Rebecca Jane Watson

Individual Profile

Other Directorships as at 31st July 2008.

Appointments Held

Name	
BMS Limited	ABC Contract Services Limited
Bourne Security Limited	ADG Group Limited
Capitol Group plc	Argosy Recruitment Limited
Carlisle Cleaning Services Limited	Austin Benn Consultants Limited
Carlisle Cleaning Services Holdings Limited	Austin Benn Group Limited
Carlisle Cleaning Services Holdings (UK) Ptc	Austin Benn Limited
Carlisle Distribution Sector Services Limited	Blend Recruitment Limited
Carlisle Facilities Services Limited	Blue Arrow Financial Services Limited
Carlisle Facilities Group (UK) Plc	Blue Arrow Holdings Limited
Carlisle Group Plc	Blue Arrow Limited
Carlisle Support Services Limited	Blue Arrow Recruitment Solutions Ltd
Carlisle Managed Solutions Limited	Blue Arrow Services Limited
Carlisle Nominees Limited	Chrysalis Community Care (Bristol) Ltd
Carlisle Public Sector Services Limited	Chrysalis Community Care Group Limited
Carlisle Security Services Limited	CSG Healthcare Limited
Carlisle Staffing Plc	Forward Recruitment Consultants Limited
Carlisle Staffing Services Holdings Limited	Goodchild's Employment Agency Limited
Carlisle Staffing Services Limited	Greycoat Executive Resourcing Ltd
Celsian Group Limited	GW Nine Limited
Chadwick Nott (Holdings) Limited	Laybridge Limited
Hewitson Walker Limited	Medacs Healthcare Group Limited
Indigo Selection Limited	Medacs Healthcare PLC
Inter Pharma Limited	MTS Group Holdings Limited
Kennedy Clayton Limited	Multi-Staff Limited
Labstaff Limited	People Direct Recruitment Services Limited
Matrix Human Resource Limited	PRN Recruitment
Ohsea Holdings Limited	Reliance Service Bureau Limited
Praxis Executives on Assignment Limited	Southern Appointments Limited
Professional Staff Limited	STPL2 Limited
PS Interim Limited	The Corporate Services Group PLC
RD Recruit Limited	The Recruitment Group Limited
Recruit Event Services Limited	Translocation UK Limited
Recruit Limited	Workforce Solutions Limited
Recruit Retail Services Plc	Impellam Group PLC
Recruit Retail Solutions Limited	mile and a star
Science Recruitment Group Limited	
S Com Group Limited	
SRG Interesource Limited	
Tate Appointments Limited	
Unicare Services Limited	
STREET SOLFINGE	
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