In accordance with Section 859L of the Companies Act 2006

MR04



| | You can use the WebFiling service to file this form online Please go to www companieshouse gov uk | |
|----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
| ✓ | What this form is for You may use this form to register a statement of satisfaction in full or in part of a mortgage or charge against a company What this form is You may not use th register a statemen in full or in part of a charge against an L LD3 LD3 COM- | *L2I4TQB6* 02/10/2013 #47 PANIES HOUSE |
| 1 | Company details | (1) |
| Company number | 2 7 2 7 9 8 4 | Filling in this form Please complete in typescript or in |
| Company name in full | PACIFIC HEALTH AND FITNESS LIMITED | bold black capitals |
| | | All fields are mandatory unless specified or indicated by * |
| 2 | Charge creation • | |
| | When was the charge created? → Before 06/04/2013 Complete Part A and Part C → On or after 06/04/2013 Complete Part B and Part C | Property acquired If section 859C of the Companies Act 2006 applies, this is the date that the property was acquired |
| Part A | Charges created before 06/04/2013 | |
| A1 | Charge creation date | |
| | N the transfer of the days of | |
| Charge creation date | Please give the date of creation of the charge O O O O O O O O O O O O O O O O O O | Property acquired If section 859C of the Companies Act 2006 applies, this is the date that the property was acquired |
| Charge creation date | | If section 859C of the Companies Act 2006 applies, this is the date |
| Charge creation date | d 0 d 3 \(\bigcup_0 \) \(\bigcup_8 \) \(\bigcup_1 \) \(\bigcup_9 \) \(\bigcup_4 \) | If section 859C of the Companies Act 2006 applies, this is the date |

MR04

| | Please give the short particulars of the property or undertaking charged | Continuation page Please use a continuation page if |
|-------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|
| Short particulars | THE COMPANY AS BENEFICIAL OWNER, AS SECURITY FOR THE PAYMENT OF ALL SECURED LIABILITIES CHARGED IN FAVOUR OF THE LENDER | you need to enter more details |
| | (A) BY WAY OF A FIRST LEGAL MORTGAGE THE FREEHOLD PROPERTY SITUATE AT DUKES AVENUE, MUSWELL HILL IN THE LONDON BOROUGH OF HARINGEY CONTAINING AN AREA OF 2 14 ACRES OR THEREABOUTS COMPRISED IN A CONVEYNANCE DATED 3RD AUGUST, 1994 BETWEEN BRITISH RAILWAYS BOARD AND THE COMPANY (THE "PROPERTY") TOGETHER WITH ALL BUILDINGS AND FIXTURES AND FITTINGS (INCLUDING TRADE FIXTURES AND FITTINGS) AND FIXED PLANT AND MACHINERY, OWNERSHIP OF WHICH IS VESTED IN THE COMPANY, NOW OR IN THE FUTURE ERECTED OR PLACED ON THE PROPERTY AND INCLUDING ALL THE PROCEEDS OF SALE OF THE PROPERTY | |
| | (B) BY WAY OF A FIRST FLOATING CHARGE ALL THE COMPANY'S UNDERTAKINGS AMD ASSETS BOTH PRESENT AND FUTURE NOT OTHERWISE EFFECTIVELY MORTGAGED OR CHARGED BY WAY OF FIXED MORTGAGE OR CHARGE BY SUB-CLAUSE (A) ABOVE | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

MR04

| Part B | Charges created on or after 06/04/2013 | | |
|------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------|--|
| B1 | Charge code | | |
| | Please give the charge code This can be found on the certificate | O Charge code | |
| Charge code • | | This is the unique reference code allocated by the registrar | |
| Part C | To be completed for all charges | | |
| C1 | Satisfaction | | |
| | I confirm that the debt for the charge as described has been paid or satisfied Please tick the appropriate box In full In part | | |
| C2 | Details of the person delivering this statement and their inter | rest in the charge | |
| <u> </u> | Please give the name of the person delivering this statement | - Cott in the thange | |
| Forename(s) | JOHN MARKOS | - | |
| Surname | LYRAS | | |
| | Please give the address of the person delivering this statement | • | |
| Building name/number | 24 | - | |
| Street | BALTIC STREET | | |
| Post town | LONDON | - | |
| County/Region | | - | |
| Postcode | CCITORP. | | |
| | Please give the person's interest in the charge (e.g. chargor/chargee etc) | - | |
| Person's interest in the charge | CHARGOR | - | |
| ß | Signature | | |
| <u>المنيط</u> | Please sign the form here | | |
| Signature | Signature X | | |

MR04

| Presenter information | Important information | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|--|
| You do not have to give any contact information, but if you do, it will help Companies House if there is a query on the form The contact information you give will be | Please note that all information on this form will appear on the public record | |
| visible to searchers of the public record | ☑ Where to send | |
| Contact name Company name CORNHILL SECRETARIES LIMITED | You may return this form to any Companies House address However, for expediency, we advise you to return it to the appropriate address below | |
| COMMINE GEORETANIES ENVITED | | |
| Address 8 BADEN PLACE, CROSBY ROW, | For companies registered in England and Wales The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff | |
| | For companies registered in Scotland | |
| Post town LONDON County/Region | The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF | |
| Postrode S E 1 1 Y W | DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post) | |
| DX | For companies registered in Northern Ireland The Registrar of Companies, Companies House, | |
| Telephone | Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG | |
| ✓ Checklist | DX 481 N R Belfast 1 | |
| We may return forms completed incorrectly or with information missing | <i>t</i> Further information | |
| Please make sure you have remembered the | For further information, please see the guidance notes on the website at www companieshouse gov uk or | |
| following | email enquiries@companieshouse gov uk | |
| ☐ The company name and number match the information held on the public Register | This form is available in an | |
| Part A Charges created before 06/04/2013 | alternative format. Please visit the | |
| ☐ You have given the charge date ☐ You have completed the Description of instrument and Short particulars in Sections A2 and A3 | forms page on the website at | |
| Part B Charges created on or after 06/04/2013 ☐ You have given the charge code | www.companieshouse.gov.uk | |
| Part C To be completed for all charges You have ticked the appropriate box in Section C1 You have given the details of the person delivering this statement in Section C2 | | |
| ☐ You have signed the form | | |